



# Instructions for Use

Peak Flow Meter AM3

Option BT+

781199

Version 01.00

for Firmware  $\geq 9.40$





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Subject to technical modifications.



If you have any questions or problems with your device please contact your responsible physician.

## Indications for Use

The Asthma Monitor AM3/AM3 BT/AM3 GSM/G+/BT+ is an electronic measurement device to monitor the lung function (determination of the respiratory flows and volume) with high reproducibility wherever and whenever there is a need of. The AM3 measures the flow during expiration serving for the calculation of further parameters as FEV1.

The AM3 is used to monitor the respiratory status of adult human beings in the areas of asthma, chronic obstructive pulmonary disorder and in areas like occupational medicine, clinical trials and disease management.

The patient is informed of the results by numeric values for the selected parameters (e.g. PEF, FEV1). Furthermore, a visual control unit, displayed in the form of traffic lights, allows an immediate indication of the measurement based on criteria defined by the patient's physician.

The device saves the results of a measurement (always with date and time) automatically in an internal database. In addition, questionnaire functionality can be called up by the use of a software (AMOS) to record e.g. the "Quality of Life" status.

When enabled, the AM3 can be programmed with a couple of questions, where the patient can then select from a couple of different answers. This information is also stored in the internal database and can be transmitted for evaluation using the software AMOS.

The AM3 is designed to replace an ordinary peak flow meter, diary and pencil by a single system. Easy handling, sturdy and handy design allow the Asthma Monitor AM3 to be used in healthcare, clinical and home use environments/settings.



US FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A PHYSICIAN. (Rx only)

The application of this system is restricted to trained users who can guarantee for the correct usage of the device.

The AM3 is powered with a Lithium-ion battery. No energy is transferred to the users.

## Notes on Safety in Instructions for Use

Following the **ANSI** recommendations (American National Standards Institute) for safety notes, specific passages of the instruction manual are clearly marked as safety notes.

| Degree of Danger                                                                  | Injury to Persons | Damage to Property | Use in case of:                                                                                                                                                                            |
|-----------------------------------------------------------------------------------|-------------------|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | X                 |                    | <b>DANGER</b> indicates an imminently hazardous situation which, if not avoided, will result in death or serious injury. This signal word is to be limited to the most extreme situations. |
|  | X                 |                    | <b>WARNING</b> indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.                                                                 |
|  | X                 | (X)                | <b>CAUTION</b> indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury. It may also be used to alert against unsafe practices.           |

Additional icons shown in the instruction manual:

|                                                                                   |  |  |                                                                                                 |
|-----------------------------------------------------------------------------------|--|--|-------------------------------------------------------------------------------------------------|
|  |  |  | Important and useful information. Information does not warn of dangerous or harmful situations. |
|  |  |  | Hints for use.                                                                                  |

## Declaration of Conformity



The original document of the Declaration of Conformity can be found in the Accompanying Documents.

# 1. The Peak Flow Meter AM3

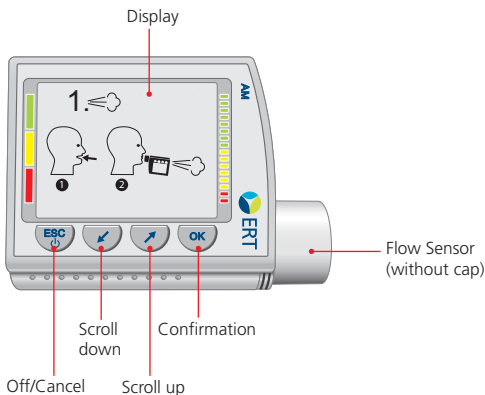
The AM3 Equipment comprises of:

- AM3
- Power supply
- Bag



Before using the AM3 for the first time, the batteries must be charged for 30 minutes (see chapter "Power Management").

The AM3 is a medical device that combines a spirometer with a symptom diary. This device displays questions concerning asthma symptoms to be answered twice a day and measures and evaluates the Peak Flow (PEF = Peak Expiratory Flow [l/min] and/or FEV1 (FEV = Forced Expiratory Volume) as well as other expiratory parameters.





### Warning

The AM3 can assist in monitoring airway function on a day-to-day basis, but it is not supposed to provide an entire diagnosis of your state of health. The use of the AM3 will not replace a medical examination or other tests if you are not feeling well.

You should call your study doctor **immediately** if you show any symptoms of

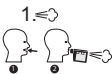
- severe trouble breathing
  - severe cough that will not stop
  - trouble talking or walking
  - severe chest tightness or wheezing
  - over-inflated chest or ribs
  - lips or fingernails which are bluish rather than pink
- or if you
- require treatment with oral or parenteral glucocorticosteroids.
  - have been admitted to hospital (including emergency room treatment).
  - are concerned about your condition during the study.



Trouble-free operation of the AM3 is guaranteed for temperatures from +10° to +40°C (50° to +104°F).

It is recommended NOT to perform measurements in direct sunlight, as the sensor could be damaged.

## 1.1 Display Symbols

| Symbol                                                                            | Explanation                       |
|-----------------------------------------------------------------------------------|-----------------------------------|
|  | Assessment                        |
|  | Repeat measurement                |
|  | Data transfer in progress         |
|  | Data transfer successful          |
|  | Data transfer failed              |
|  | Memory capacity almost full (80%) |
|  | Memory capacity full              |
|  | Battery low                       |

## 2. Lung Function Measurements with the AM3

### 2.1 Preparing for the Measurement

Prior to starting the measurement, place the flow sensor into the AM3 as shown below and remove the sealing cap from the flow sensor.

When inserting the flow sensor into the AM3, medical assistants must adhere to the general hygiene standards valid for hospitals and private practices.

If the flow sensor is inserted into the AM3, the notes on cleaning as described under the chapter “Cleaning” must be followed.



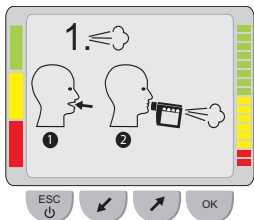
The flow sensor can be used multiple times but should only be used by the same person to prevent contamination.

## 2.2 Switching on

The AM3 is switched on by pressing  for at least one second and then releasing the button.

If the display does not show the faces as below, please contact your doctor!

If you are already assigned to the device, the following display appears:



**The Peak Expiratory Flow (PEF) measurement will start.**

### **Please note:**

Depending on your device configuration, only a **predefined** number of measurements (sessions) can be performed within a preconfigured time window. Your doctor or study nurse can inform you about the specific settings, for example number of measurements and any active time window.

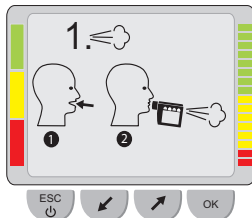
An audible reminder may be set for your AM3 to remind you to perform the measurement.

## 2.3 Measurement



**It is recommended NOT to perform measurements in direct sunlight, as the sensor could be damaged.**

1. The following is displayed:



Please note: The measurement has to be performed within the next 10 seconds.



2. Take the AM3 in your hand.
3. Inhale deeply and hold your breath until you have positioned the inlet of the flow sensor into your mouth.



**Do not breathe in through the AM3.**

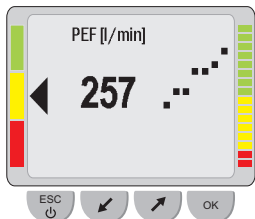
Now you must exhale as hard as possible for **at least 2 seconds** to obtain a satisfactory measurement.



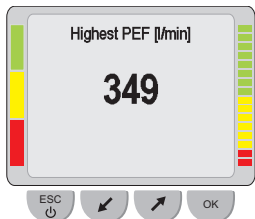
You should

- pause for about a second and then blow out hard and fast as you can.
- not cough.
- not block the inlet of the flow sensor with your tongue.
- not block the outlet of the flow sensor with your hand.

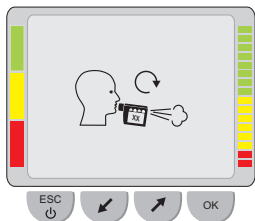
If you do not follow these instructions, the correctness of the measurement values cannot be guaranteed.



4. Wait until you hear a beep. Your measured value (here PEF) is displayed. Depending on the configuration the marker will also point to the corresponding color code.



After performing as many measurements as configured, the highest value measured will be displayed and automatically saved.



If the measurement does not qualify as acceptable the following screen will be shown. Please press  and repeat the measurement.

## 2.4 Results

The peak flow value "PEF" \*\* is displayed in liters per minute. If enabled, the "traffic light function" indicates the relationship between the measured value and your personal best value and possibly necessary measures. An arrow points to the respective color.



 **Arrow points to red: Danger!**

 Repeat the measurement and follow the instructions of your physician or case manager.

 **Arrow points to yellow: Attention!**

 Repeat the measurement and follow the instructions of your physician or case manager.

 **Arrow points to green: OK**

 Follow the instructions of your physician or case manager.

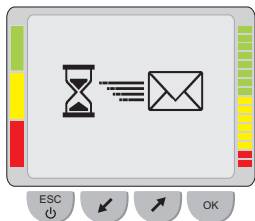
Press  to perform another measurement. See "Measurement".

\*\*Depends on the measuring mode set by your physician.

Further available parameters: FEV<sub>1</sub> = Forced Expiratory Volume after one second

### 3. Data Transfer

Depending on your configuration a data transfer may start automatically after the measurement sequence is finished or - in case the device is switched off - manually by pressing .



#### 3.1 Data Transfer via Bluetooth

If used in combination with other devices your AM3 comes already configured for automated data transfer. Please contact your care provider for further information.



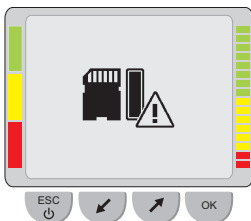
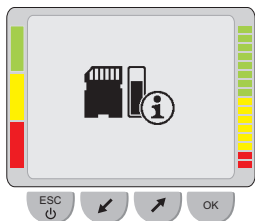
If your AM3 is connected via bluetooth to a host device, data of the current measurement will be automatically transmitted immediately afterwards.



The maximum distance between the AM3 and the connecting device is 5 meters.

## 4. Memory Capacity

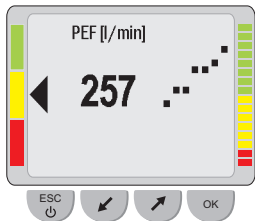
The following message will appear on the screen to indicate that the memory of the AM3 is almost full (80%) or completely full (no further data can be stored on the AM3).



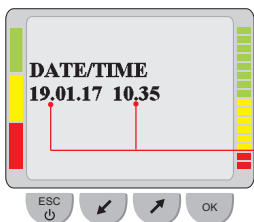
Please bring your device to each study visit to avoid reaching full memory capacity.

## 5. Trend

Depending on your configuration and in addition to the displayed value a graphical trend of the last seven days may be displayed.



## 6. Display Date and Time

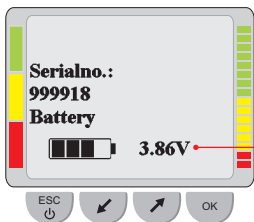


When the AM3 is switched off, press and simultaneously to enter the date and time menu. Press to exit the date/time display. Please contact your physician or case manager in case date and time need to be corrected.

Date and Time

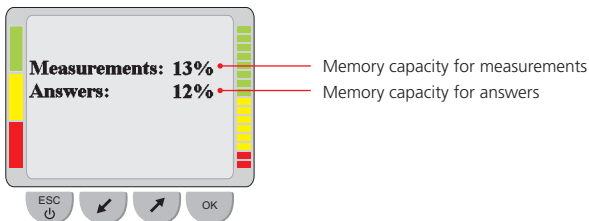
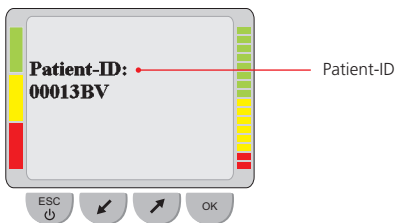
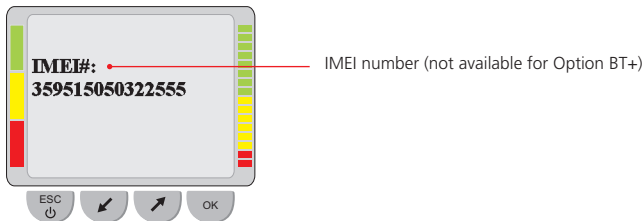
While date/time is displayed, press .

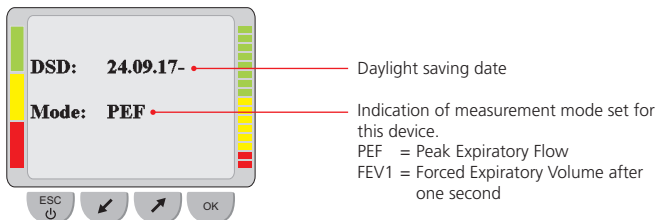
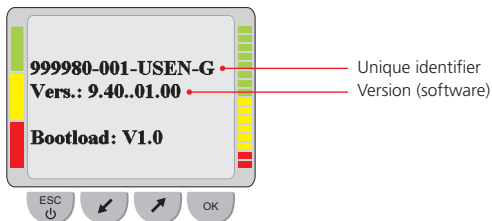
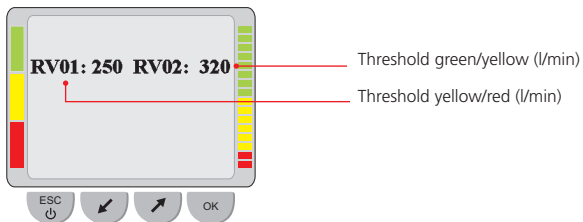
## 7. Display Settings and Information



Battery voltage

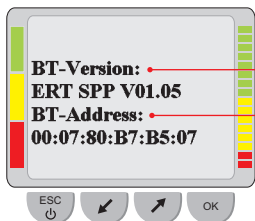
Press and subsequent displays can be shown. Press to abort the program.







Alarm times to remind the patient to perform a measurement.



BT-Version

BT-Address

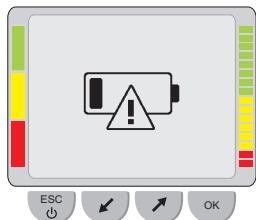
## 8. Power Management

The AM3 GSM/G+/BT+ has a Li-Ion polymer battery and a power supply to charge the battery.



Before using the AM3 for the first time, the battery must be charged for 30 minutes.

When the battery is low (at approx. 5%), the following message will be displayed:



At this point of discharge you have 24 hours to connect the AM3 to the power supply before the battery is fully discharged.



The internal clock will stop after about 5 days when the internal battery is fully discharged.

### How to charge the battery

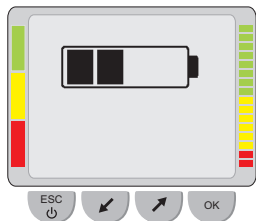
Plug one end of the wall adapter into the USB interface of the AM3 and the other end into a wall socket.



Only the original power supply delivered with the AM3 must be used for charging the device.



If you switch on the AM3 while the plug-in power supply is connected, the following message will be displayed:



The battery symbol indicates the state of charge.



To perform a session, please disconnect any cables from the AM3.

## 9. Error Checklist

| Error Description                             |           | Reason                                                                                                                 | Action                                                                                                                                                  |
|-----------------------------------------------|-----------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>No response during power ON</b>            | <b>A.</b> | AM3 battery is empty                                                                                                   | Charge the AM3                                                                                                                                          |
|                                               | <b>B.</b> | The  button is not pressed correctly. | Press the  button for at least one second and then release the button. |
| <b>Result of measurements is questionable</b> | <b>A.</b> | Flow Sensor is not inserted correctly                                                                                  | Insert Flow Sensor correctly                                                                                                                            |
|                                               | <b>B.</b> | Flow Sensor is dirty                                                                                                   | Clean Flow Sensor according to cleaning instructions                                                                                                    |
|                                               | <b>C.</b> | Flow Sensor is faulty                                                                                                  | Replace Flow Sensor                                                                                                                                     |



If the proposed actions do not lead to perfect recovery of the AM3's normal functionality, please contact your study doctor.

## 10. Cleaning

### 10.1 Cleaning of Sensor

To clean the rotary flow sensor, release and remove sensor, rinse it with mild cleansing agent, e.g. Instruton E by ANTISEPTICA Dr. Hans-Joachim Molitor GmbH according to instructions of manufacturer, and then rinse with clean distilled water. Shake off any remaining water on the sensor. Air-dry and reinsert the sensor. Any minor discoloration in the sensor does not affect the performance of the AM3.

The Cleaning of the sensor should be performed every week or more frequently if often heavily polluted. Furthermore, it is recommended to exchange the rotary flow sensory with a new one after one year of use or 2000 measurements. If the sensor is heavily polluted frequently, the exchange with a new sensor should be performed every six months or as required. If there are any doubts that the measurement values are correct, the rotary flow sensor has to be exchanged immediately.



The sensor is intended for single patient use, only. If the AM3 is passed on to another patient, the AM surfaces will have to be cleaned and disinfected with a disinfectant. See 10.4 for cleaning of housing.  
See below for information on disposal of a used sensor.



**DO NOT** use alcohol or any type of household cleaner!

### 10.2 Checking the Sensor

If your AM3 does not measure accurately, exchange the sensor or contact the responsible Monitor or ERT Customer Care Helpdesk.

## 10.3 Disposal of Sensor and Mouthpiece



It is absolutely vital to avoid the patient, medical assistant or sensor becoming contaminated with sputum during disassembly of the disposable sensor.

Therefore, release and remove the sensor by pulling the disposable sensor downwards (see picture). Dispose of it immediately.



## 10.4 Cleaning of Housing

If the device is polluted or passed on to another patient, the AM surfaces have to be cleaned and disinfected with a disinfectant. We recommend combined cleansing and disinfecting agents with basic substance quaternary ammonium compound, for example "Cleanisept Wipes" by Dr. Schumacher GmbH.

The method of application provided by the disinfectant manufacturer have to be considered.

## 11. Safety Precautions AM3



**The Instructions for Use is regarded to be a part of the instrument, and should always be kept on hand.**

The instruction manual describes the present state of the device/system including software and accessories with regard to the fundamental requirements of the MDD 93/42/EEC. Exact adherence to the instructions issued is a prerequisite for perfect and intended functioning of **ERT** instruments.

### **Deviation from Intended Use**

Any non-observance of the procedures (such as preparing for the measurement and methods, disinfecting procedures, use of accessories and replacement parts etc.) described in the Instructions for Use results in a deviation from intended use.

In case of a deviation from intended use the operator/user has to supply proof of meeting all corresponding fundamental requirements. This is possible by performing a corresponding conformity assessment procedure within in-house manufacture (see § 12, paragraph 1 last sentence of MPG (= Medizinproduktegesetz/ Medical Products Act).

The operator/user is, however, not only responsible for performing the conformity assessment correctly but is also completely liable for defective products - i.e. the operator/user is not only liable for his/her modification of the medical product.

**ERT** only guarantees for the safety, reliability and functioning of the device if:

- installation, extension, modifications, and repairs are exclusively carried out by personnel authorized for these tasks by **ERT**.
- the ambient conditions at the place of installation are suitable for the device.
- the device is used according to the Instructions for Use.
- Unpack your medical device. Please check if the unit is damaged. If so, do not use it and return it for a replacement.



**The user has to follow the instructions. If the user doesn't obey the safety precautions this can lead to hazardous situations which can lead to injury or death of the patient and/or destruction of the device.**



## Electrical Safety

The AM3 is powered from an internal Lithium-Ion rechargeable battery, the battery can be charged over a direct plug-in power supply (unit).

### Attention:

- Only the original power supply delivered with the AM3 must be used for charging the device.
- Do not perform measurements if the AM3 is connected to another device.
- Data transfer is not permitted during measurement.



## Patient Safety according to EN 60601-1

The subject has to keep a distance of at least 1,5 m from a connected modem or notebook to avoid any contact with electrical voltage.



## Valid for all ERT Devices

Additional equipment connected to medical electrical equipment must comply with the respective EN or ISO standards (e.g. EN 60950 for data processing equipment). Furthermore all configurations shall comply with the requirements for medical electrical systems. Anybody connecting additional equipment to medical electrical equipment configures a medical system and is therefore responsible that the system complies with the requirements for medical electrical systems. Attention is drawn to the fact that local laws take priority over the above mentioned requirements. If in doubt, consult your local representative or the ERT Customer Care.



## Radiated Interference

The ERT device meets the regulations according to EN 60601-1-2 regarding interference radiated and received. It is recommended not performing a measurement with the device directly next to other equipment or in combination with other devices in a stacked form, as this may result in faulty operation.



However, if performing a measurement is required in the manner described above, the devices should be observed to ensure they work properly.

The device should not be installed in the vicinity of high-frequency devices, X-ray equipment, motors or transformers with high installed power rating, since electric or magnetic interference fields may falsify the results of measurements or make taking measurements impossible. Due to this, the vicinity of power lines is to be avoided as well.

Existing environmental interferences may cause deviations of the measuring values without impairing the device's function. Therefore, it is recommended to keep a distance of about 2 meters from possible error sources when using the device.

Use ERT approved accessories or spare parts for this medical device only. Use of unapproved equipment can result in increased electromagnetic interference or reduced electromagnetic immunity of the medical device and can lead to faulty operation.

Other portable RF communication equipment (including their accessories, such as antenna cables and external antennas) should not be spaced less than 30 cm (or 12 inches) from the parts and leads of the AM3. Failure to do so may result in a reduction in the performance of the AM3.



### **Ambient Conditions**

AM3 must not be operated in rooms or in the presence of flammable anaesthetic mixture with air or flammable anaesthetic mixture with oxygen or nitrous oxide. AM3 has to be effectively protected against moisture. Therefore, it is required that the AM3 is always stored in the corresponding bag. The device corresponds to IP 22 degree of protection. Measurements in the rain or in the shower are not allowed.



### **Measuring Mode**

As the combination with an IEC 60950-1 proofed PC or modem can lead to a summation of the leakage current, the AM3 must not be connected to a PC or modem during the measurement.

Should the measuring values of the AM3 be changed after a longer period of use, a new sensor should be used.



## Interfaces

The AM3 must only be connected to a PC that corresponds to EN 60950 standards. If the connection cable is defective, it has to be replaced by a new one. The operator must not touch the Interfaces during measurement.



## Medical Supervision

A qualified physician has to reassess all AM3 measurements. An interpretation by the AM3 is only important if it is considered in connection with other clinical findings.



## Contraindications and possible adverse effects:

According to "ATS/ERS TASK FORCE: STANDARDISATION OF LUNG FUNCTIONTESTING" (ERS Journals Ltd 2005) performing lung function tests can be physically demanding for a minority of subjects. It is recommended that subjects should not be tested within 1 month of a myocardial infarction. In rare cases spirometry testing can lead to syncope due to extensive exhalation. Furthermore, the following conditions probably lead to suboptimal lung function results:

- Chest or abdominal pain of any causes,
- Oral or facial pain exacerbated by a mouthpiece,
- Stress incontinence,
- Dementia or disorientation.

According to "German Airway League, German Respiratory Society and German Society of Occupational and Environmental Medicine, 2015" (S2 guideline "Spirometry") forced manoeuvres should not be performed in case of:

- acute, life threatening diseases of every description (e.g. acute fulminant pulmonary embolism, large ascending aortic aneurysm, tension pneumothorax)
- massive pneumothorax (within the first weeks)
- abdominal or thoracic surgery (depending on the findings 1 to 4 weeks postoperatively)
- surgery of the eyes, brain, or ears (variable, consultation with the surgeon)
- Special care must be taken when dealing with hemoptysis of unknown origin



## Putting the Device into Operation

Temperature changes may give rise to condensation in the device. Consequently, the device has to adapt to the ambient temperature before putting it into operation.



## Cleaning and Hygiene

Prior to every application, all parts which come in contact with the patient and which are intended for reuse must be cleaned or disinfected (unless otherwise instructions are available). During cleaning, the AM3 must not be connected to a PC or modem. Referring to humidity and water which may get into the device, AM3 corresponds to the safety degree IP 22. This means, the device can be cleaned with a damp (in no case dripping wet) cloth which does not produce fluff. More detailed information can be found under "Cleaning". Chemicals required for operation or care of the unit have to be used in accordance with instructions of the manufacturer and must always be stored, prepared and made available in specially marked vessels to prevent any mistakes.



## Maintenance

The device doesn't require to perform preventive inspection, maintenance and calibration. No part of the AM3 should be replaced by the subject/doctor.

Use ERT approved accessories and spare parts for this medical device, only.

If the device/applied part has been exposed to extreme mechanical stress, a function test has to be performed. If function is lost, the defective part is to be replaced.

Damaged and frayed plugs, receptacles and housing or the display glass (if available) should be replaced by an authorized specialist or engineer of the **ERT** Customer Care. Device must not be opened. If it is opened without authorization, the guarantee entitlement expires. In case of service contact ERT.

 **CAUTION**

Before turning on the device, you should always check whether the device is free from defects. **Immediate** maintenance is necessary, if:

- the display glass bursts or breaks: **Caution: risk of injury**
- the device has been mechanically stressed in the extreme (e.g. impact, damage to the housing).
- liquid got into the device.
- the connection cable is defective. The connection cable has to be replaced by a new one.
- coverings have fallen off.

 **WARNING**

Children should neither get in contact with disposables, accessories and packing material nor with cleaning and disinfection substances.

 **CAUTION**

## **Recycling**

Adhere to the national law in your country when disposing the medical device and its accessories. Improper disposal of the device and/or its accessories can result in serious environmental hazard.

## 11.1 Safety Precautions for Lithium Ion Rechargeable Batteries

The AM3 is powered from an internal Lithium-Ion Polymer battery.

The following safety precautions are valid for Lithium-Ion batteries:

- Do not waste the battery.
- Do not short-circuit the battery.
- Protect the battery against excessive heat!
- Protect the battery against direct sun light!
- Protect the battery against fire!
- Do not dismantle or manipulate the battery.
- Do not replace the battery.
- The fluid of the battery is toxic and flammable - leaky batteries or batteries with dents must not be used any longer!

- Do not come in contact with the fluid in the battery. If the fluid comes in contact with your skin, immediately rinse the affected part with water and contact a doctor!
- To charge the AM3, use only the charger specified by ERT and observe the instructions in the manual!

## 11.2 Safety Precautions for Wireless Communication

For the efficient and safe operation of your AM3, please read the following information carefully.

### **Safety and Hazards**

Do not operate the AM3 with wireless communication in areas where blasting is in progress, where explosive atmospheres may be present, near life support equipment, or any equipment which may be susceptible to any form of radio interference. In such areas, the wireless communication module **MUST BE POWERED OFF**. The AM3 with enabled wireless communication can transmit signals that could interfere with this equipment. Do not operate the wireless communication module any aircraft, whether the aircraft is on the ground or in flight. In aircraft, the wireless communication module **MUST BE SWITCHED OFF**. When operating, the wireless communication module can transmit signals that could interfere with various onboard systems.

Note: Some airlines may permit the use of cellular phones while the aircraft is on the ground and the door is open. The wireless communication module may be used at this time.

### **EXPOSURE TO RF ENERGY**

There has been some public concern about possible health effects from using wireless communication terminals. Although research on health effects from RF energy has focused on the current RF technology for many years, scientists have begun research regarding newer radio technologies. After existing research had been reviewed, and after compliance to all applicable safety standards had been tested, it has been concluded that the product was fit for use. If you are concerned about exposure to RF energy there are things you can do to minimize exposure.

## EFFICIENT TERMINAL OPERATION

For your wireless communication terminal to operate at the lowest power level, consistent with satisfactory transfer quality:

Do not hold the device when the transfer is in progress. Holding the antenna affects transfer quality and may cause the wireless communication module to operate at a higher power level than needed.

## **General Safety**

### ELECTRONIC DEVICES

Most electronic equipment, for example in hospitals and motor vehicles, is shielded from RF energy. However, RF energy may affect some improperly shielded electronic equipment.

### MEDICAL ELECTRICAL EQUIPMENT

Turn your wireless communication module OFF in health care facilities when any regulations posted in the area instruct you to do so. Hospitals or health care facilities may be using RF monitoring equipment.

## Graphical Symbols



Follow Instructions for Use



Caution!



General warning sign



Switch the device ON and OFF



Year of production



Manufacturer



Applied Part of Type BF



Disposal in compliance with WEEE



Barometric pressure limits

**IP 22**

Protection against intrusion of solid objects with a diameter  $\geq 12,5\text{mm}$ ; dripping water when tilted up to  $15^\circ$

**SN**

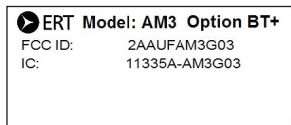
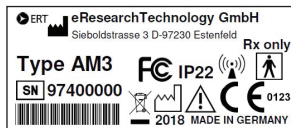
Serial Number



CE sign with code number of the Notified Body.  
The certified quality management system of **eResearchTechnology GmbH** corresponds to the international standard of ISO 13485.



The typeplate can be found at the rear side of the device.



**Rx  
only**

CAUTION:  
FEDERAL U.S. LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE  
ORDER OF A PHYSICIAN.



Possible source of interference



This device complies with Part 15 of the FCC Rules



The radiation intensity of the bluetooth module is below the SAR  
limits which are demanded by the EC Directive 1999/519/EEC.

### **Approval Notes:**

“Approved in accordance to RED directive transmitter module marked  
by CE and manufactured by Silicon Labs incorporated OEM.”

“This device complies with Part 15 of the FCC Rules. Operation is sub-  
jected to the following two conditions: (1) this device may not cause  
harmful interference, and (2) this device must accept any interference  
received, including that may cause undesired operation.”

This device contains FCC-ID 2AAUFAM3G03.



### **Information to the User related to the optional wireless communication module:**

Changes or modifications on the radiator not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

IC: 11335A-AM3G03

## 11.3 Notes on EMC according to EN60601-1-2

The use of accessories not recommended by ERT may result in an increased electromagnetic radiation or a reduced interference immunity of the AM.

| <b>Guidance and Manufacturer's Declaration –<br/>Electromagnetic Emissions and Immunity</b>                                                                                                                                                                                                                                                                              |                                                                                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| The AM3 uses RF energy for internal function. Therefore, its RF emissions are very low and are not likely to cause any interference to nearby electronic equipment. The AM3 is suitable for use in all establishments including domestic and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes. |                                                                                                                                                                                    |
| <b>IEC 60601 directive</b>                                                                                                                                                                                                                                                                                                                                               | <b>Compliance level</b>                                                                                                                                                            |
| RF emissions CISPR 11                                                                                                                                                                                                                                                                                                                                                    | Group 1 Class B                                                                                                                                                                    |
| Electrostatic discharge (ESD)<br>IEC 61000-4-2                                                                                                                                                                                                                                                                                                                           | ± 8 kV indirect contact<br>± 15 kV direct air<br>direct contact not possible                                                                                                       |
| Radiated RF<br>IEC 61000-4-3                                                                                                                                                                                                                                                                                                                                             | 10 V/m from 80 MHz to 2700 MHz applied to 4 devices<br>orientations each with vertical and horizontal antenna<br>polarisation                                                      |
| Electrical fast transient/burst<br>IEC 61000-4-4                                                                                                                                                                                                                                                                                                                         | ± 2 kV for power supply lines<br>± 1 kV for input/output lines                                                                                                                     |
| Surge<br>IEC 61000-4-5                                                                                                                                                                                                                                                                                                                                                   | 0.5 kV differential mode<br>1 kV differential mode                                                                                                                                 |
| Conducted RF<br>IEC 61000-4-6                                                                                                                                                                                                                                                                                                                                            | 3 V(rms) from 150 kHz to 80 MHz<br>6 V(rms) in ISM bands                                                                                                                           |
| Voltage dips<br>IEC 61000-4-11                                                                                                                                                                                                                                                                                                                                           | tested at 100 and 240 V power supply input lines<br>< 5% @ 0.5 cycles and 45 degree sync angle steps<br>< 5% @ 1 cycle<br><70% @ 25 cycles and 50 Hz<br><70% @ 30 cycles and 60 Hz |
| Short interruptions and voltage<br>variations<br>IEC 61000-4-11                                                                                                                                                                                                                                                                                                          | tested at 100 and 240 V power supply input lines<br>< 5% @ 250 cycles and 50 Hz<br>< 5% @ 300 cycles and 60 Hz                                                                     |

ERT can provide further information on EMC properties on request.

## 12. Technical Data

|                                                 |                                                                                            |                                                                                  |
|-------------------------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>Principle:</b>                               | Determination of respiratory flow and volume via exchangeable infrared rotary flow sensor. |                                                                                  |
| <b>Range:</b>                                   | Flow                                                                                       | 0 - 840 l/min                                                                    |
|                                                 | Volume                                                                                     | 0.5 - 8 l                                                                        |
| <b>Accuracy:</b>                                | Flow                                                                                       | ± 5 % or ± 20 l/min                                                              |
|                                                 | Volume                                                                                     | ± 3 % or ± 0.05 l                                                                |
| <b>Storage capacity:</b>                        | 1200 measurements, 400 sets of questionnaires (max. 20 questions each)                     |                                                                                  |
| <b>Power supply:</b>                            | Built-in rechargeable lithium-ion battery 3.7 V, 1700 mAh                                  |                                                                                  |
|                                                 | Battery will last under standard operating conditions for about 40 days.                   |                                                                                  |
|                                                 | Full charging:                                                                             | 2 h                                                                              |
|                                                 | Cycle life:                                                                                | 80% of rated capacity after 300 cycles<br>60% of rated capacity after 500 cycles |
| <b>Dimensions:</b>                              | Length x width x height                                                                    | 112 x 82 x 37 mm                                                                 |
|                                                 | Weight                                                                                     | 150 g (battery included)                                                         |
| <b>Ambient conditions:</b>                      | Temperature                                                                                | +10 °C to +40 °C                                                                 |
|                                                 | Relative humidity                                                                          | 15 % to 95 %, not condensing                                                     |
|                                                 | Barometric pressure                                                                        | 700 to 1060 hPa                                                                  |
| <b>Transport and storage conditions:</b>        | Temperature                                                                                | -20 °C to +50 °C                                                                 |
|                                                 | Relative humidity                                                                          | 15 % to 95 %, not condensing                                                     |
|                                                 | Barometric pressure                                                                        | 600 to 1200 hPa                                                                  |
| <b>Moisture protection:</b>                     | IP 22                                                                                      |                                                                                  |
| <b>Medical classification:</b>                  | Active Medical Device Class IIa                                                            |                                                                                  |
| <b>Applied part:</b>                            | Type BF (whole device)                                                                     |                                                                                  |
| <b>Protection class:</b>                        | Battery Device                                                                             |                                                                                  |
| <b>Mode of operation:</b>                       | Continuous operation                                                                       |                                                                                  |
| <b>Max. resistance:</b>                         | 0.002 kPa/l/min at 720 l/min                                                               |                                                                                  |
| <b>Interface:</b>                               | USB 2.0                                                                                    |                                                                                  |
|                                                 | Bluetooth 4.2 Smart Ready                                                                  |                                                                                  |
| <b>Medical Power supply (battery charging):</b> | WR9QA1200MUNMRVG2773                                                                       |                                                                                  |
|                                                 | Model GTM41134-0605                                                                        |                                                                                  |
|                                                 | Input                                                                                      | 100-240 Vac, 50/60 Hz, 0.3 A                                                     |
|                                                 | Output                                                                                     | 5 V, 1.2 A                                                                       |
|                                                 | Cable length                                                                               | 1500 mm                                                                          |

The expected operational lifetime of the AM3 is 5 years.

AM corresponds to the recommendations of ATS/ERS.

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