

English

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Touch scree	n	Wrist strap Power button (Press and hold the Power button for 5 seconds to turn it on Press the power button to wake the screen or return
Charging port		Heart rate sensor
		🥮 ——Charging cable
Wearing		
Tip: If you wear the agust the agust the agust the agust the boost the agust the agust the agust the agust the sensor may b	ne strap too loose, the	e data acquisition of he
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