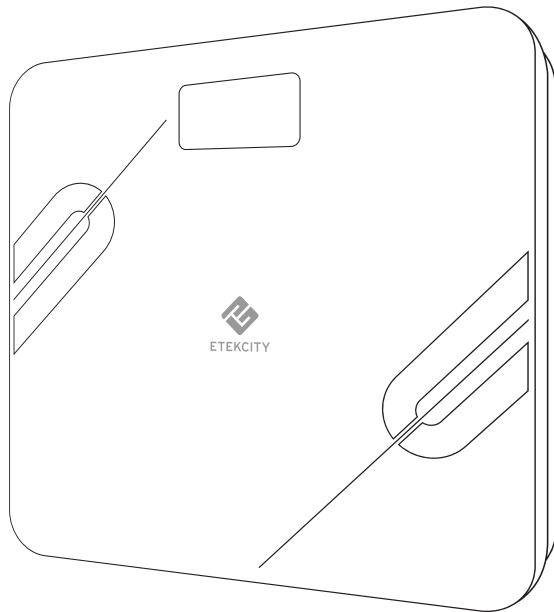




Digital bluetooth body fat scale

Model No.: FG830LB



Thank You.

Thank you for purchasing the FG830LB Digital bluetooth body fat scale by Etekcity. We are dedicated to providing our customers with quality products for building a better living. Should you have any questions or concerns about using your new product, feel free to reach out to our helpful Customer Support Team at (855) 686-3835 or by email at **support@etekcity.com**. We hope you enjoy your new product!

Package Contents

1 x Digital bluetooth body fat scale
3 x 1.5V AAA Batteries (Pre-Installed)
1 x User Manual

Specifications

Weight Capacity	400 lb / 28 st / 180 kg
Graduation	0.2 lb (0.1 kg)
Weight Units	lb / st / kg
Platform	Tempered Glass
Dimensions	11.8 x 11.8 x 1.0 in (300 x 300 x 24 mm)
Battery	3 x 1.5V AAA Batteries
Auto-Off	30 seconds

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Safety Information

Please read and follow all instructions and safety guidelines in this manual.

NOTE:

- *This scale should not be used to diagnose or treat any medical condition.*
- *Scale data should not be used as a substitute for medical advice from a healthcare professional.*
- *This scale uses a harmless electrical current to measure body fat. We do not recommend using the scale if you use medical electronic equipment such as a pacemaker. Consult a healthcare professional before use.*

General Use

- Check the scale before using. **Do not** use the scale if it is damaged in any way.
- **Do not** strike or bang on the scale, and **do not** use the scale if there is a slight crack on the glass. Due to the nature of tempered glass, the glass will shatter if there is a slight crack. If you see a crack, contact **Customer Service** (page 30).

- The glass platform is slippery when wet. **Always** make sure the platform and your feet are dry before stepping on for measurement.
- Place the scale on a hard, flat surface to avoid tipping.
- To weigh safely and accurately, stand with your feet shoulder-width apart while on the scale. **Do not** stand on the edge of the scale or jump on the scale.
- Avoid standing on the scale for a long period of time.
- **Do not** overload the scale. Maximum weight capacity is 400 lb (180 kg).
- Keep the scale in a cool area with low humidity. Keep the scale away from heat sources, such as ovens or heaters. Store the scale horizontally, not vertically.
- For household use only. This scale is not intended for commercial use.
- Handle with care.

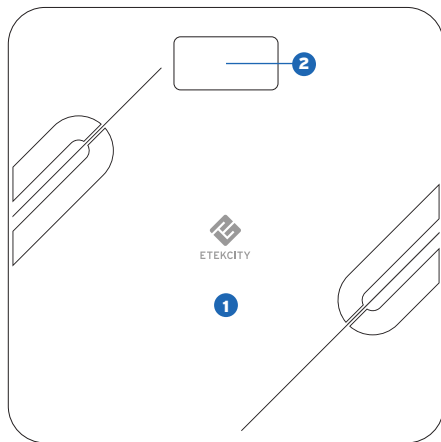
Batteries

- **Do not** mix new and used batteries.
- If the scale is not in use for a long period of time, remove the batteries to extend the lifetime of the scale.

NOTE: *This smart scale complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.*

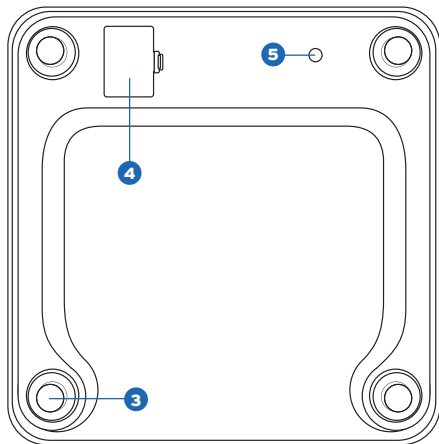
Function Diagram

1. Weighing Platform
2. Display



Top

3. Anti-Skid Padding
4. Battery Compartment
5. Unit Conversion Button



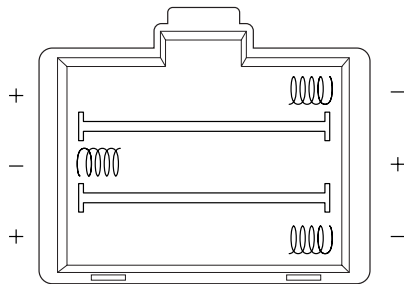
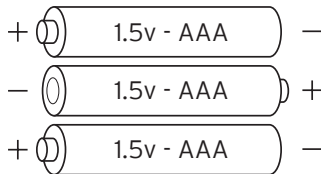
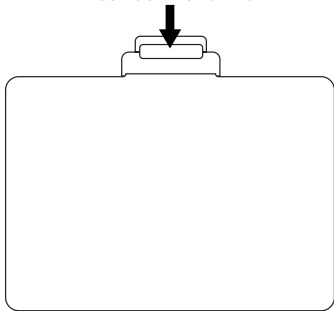
Bottom

Setup

Before First Use

1. Open the battery compartment on the bottom of the scale. Remove the included AAA batteries from the scale.
2. Remove the plastic wrap from batteries.
3. Replace the batteries. Follow the guidelines in the battery compartment to match the **+** and **-** terminals.

Push down and Lift



App Setup

1. Scan the QR code, or download the VeSync app from the App Store or Google Play Store.

NOTE: For Android users, choose "Allow" (when prompted) to use VeSync.

2. After you've signed up, enter your email and password, then tap **Log In**.

NOTE: You must create your own VeSync account to use third-party services and products, such as the Amazon Echo and Google Home. These will not work with the Guest account. You can also allow your family or friends to use your smart scale.



iOS



Android

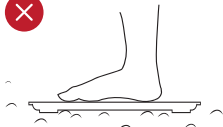
Using Digital bluetooth body fat scale

NOTE: If you are pregnant, some measurements may not be accurate.

Weighing without the VeSync App

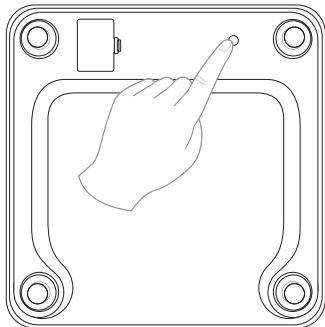
1. Place the scale on a hard, flat surface.

NOTE: Using the scale on a soft surfaces such as carpets and mats will result in inaccurate measurements.



2. Step onto the scale. The scale will automatically turn on and start measuring your weight.
3. Keep standing on the scale until the digits on the screen flash 3 times with your final measurement.

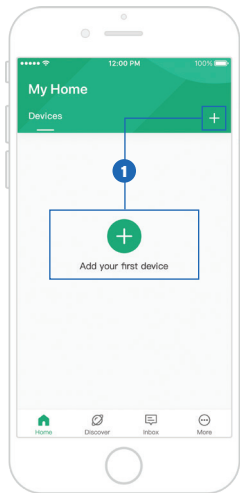
NOTE: Press the unit conversion button on the bottom of the scale to change units from kilograms (kg) to pounds (lb) to stone (st).



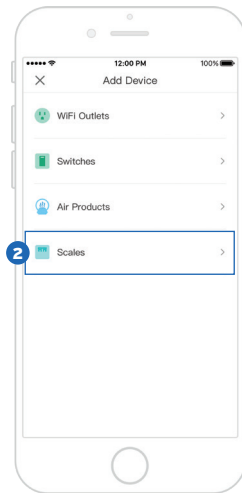
Weighing with the VeSync App

Pairing with Scale with VeSync

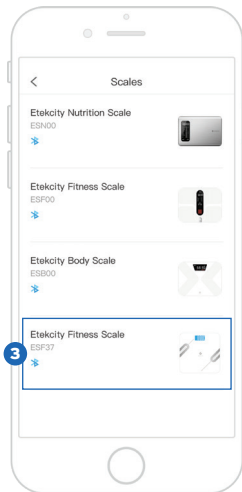
1. Tap the **+** button to add your device.



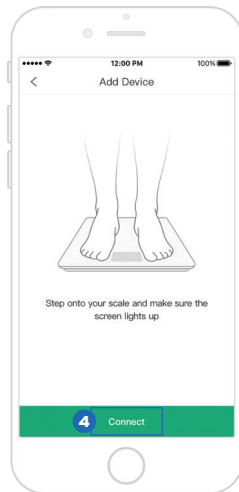
2. Tap **Scales**.



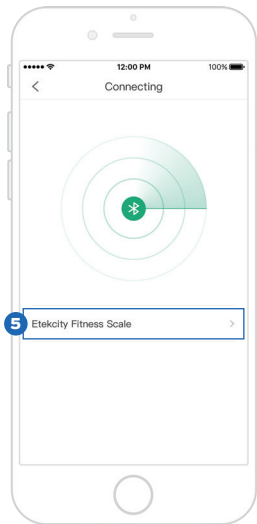
3. Select the **Etekcity Fitness Scale**.



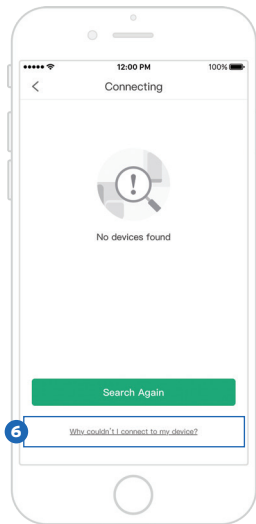
4. Go to your phone's settings and turn on your phone's *Bluetooth*®. Tap **Connect**.



5. The app will take a moment to scan for devices.
Tap **Etekcity Fitness Scale** to connect.



6. If you can't connect, tap **Why couldn't I connect to my device?** at the bottom of the screen.

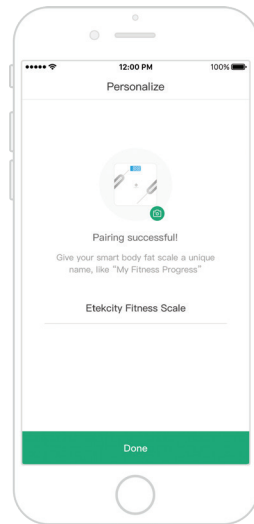
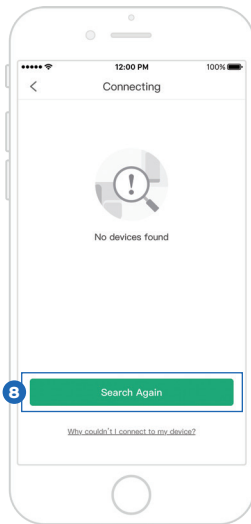
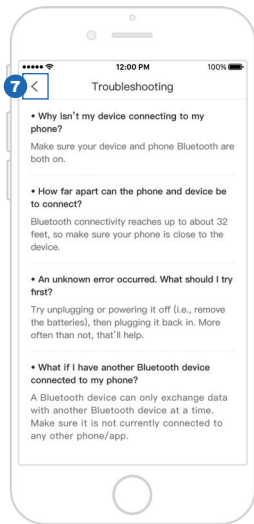


7. After following the Troubleshooting steps, tap < to return to the previous screen.

8. Then tap **Search Again**.

9. You've completed setup! Give your smart scale a unique name, or simply use the default name.

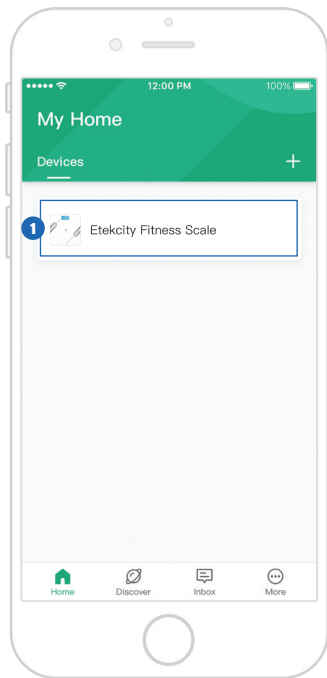
NOTE: You can change the name and picture at any time in "Device Settings".



Using the App

1. On the “My Home” screen, tap on the name of your smart scale.

NOTE: *New users should enter physical information to let the scale calculate accurate body metrics.*



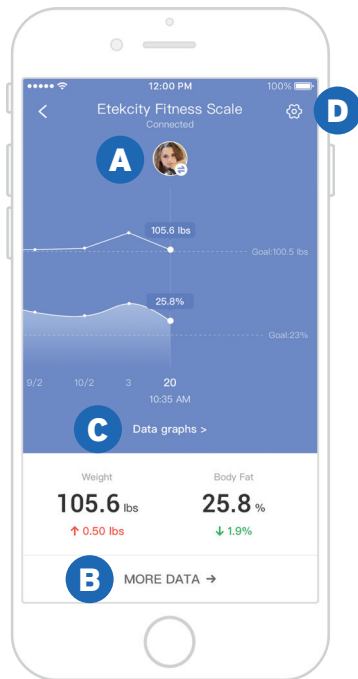
2. Stand on the scale. Your results will display.

Tap to access the following:

- A. Add or Switch User (see page 16)
- B. More Data (see page 17)
- C. Data Graphs (see page 18)
- D. Device Settings (see page 20)


NOTE:

- *If you're wearing shoes, or if you haven't entered physical information, the results will only show weight.*



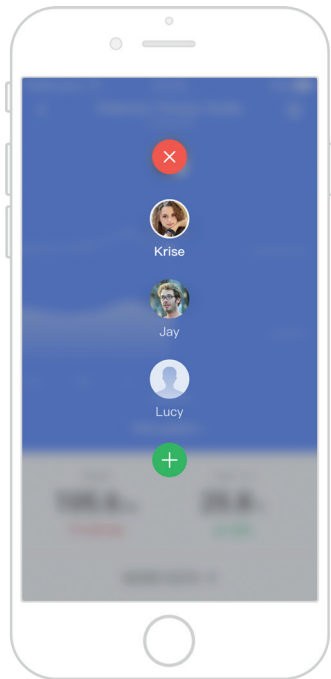
Weight Measurement

A. Add or Switch Users

Select a user by tapping on the profile picture, or tap  to add a new user.

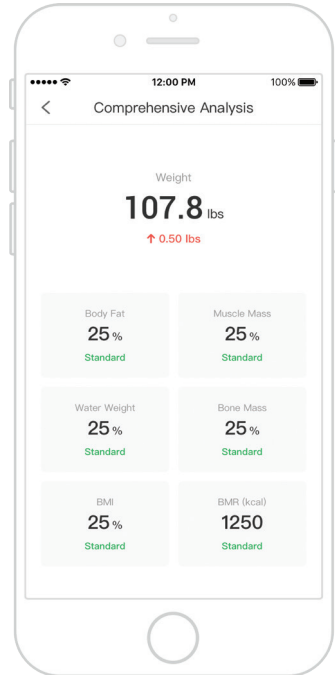
NOTE:

- *The smart scale can only track up to 8 users. If you need to add another user, delete an existing user first.*
- *You can reset the scale by pressing and holding the unit button for 10 seconds. This will remove all users.*
- *Once user is deleted, there is no way to retrieve deleted information.*



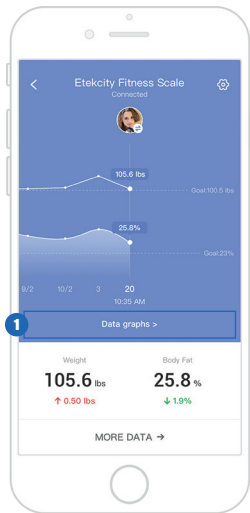
B. More Data


This screen shows a comprehensive analysis of 6 health metrics that the scale tracks. Tap < to return to the previous screen.

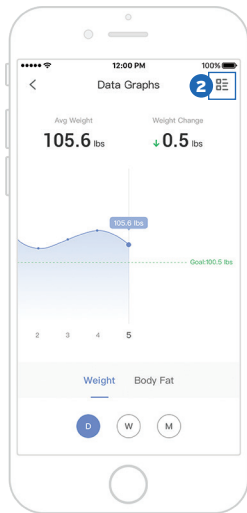


C. Data Graphs

1. Tap **Data Graphs**.

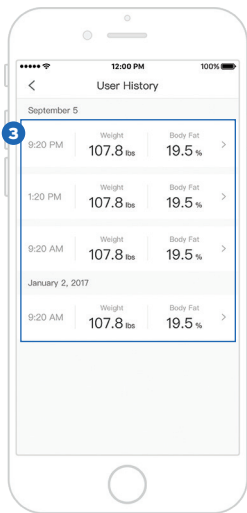


2. You can view daily, weekly, or monthly progress.
Tap  to view your weighing history.

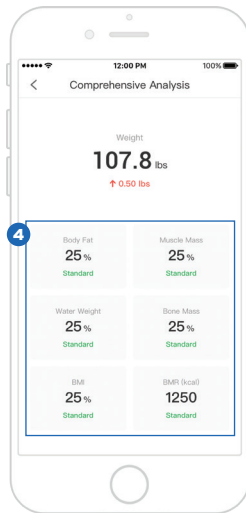


3. Tap on any entry to see more information.

NOTE: *Swipe left on any entry to delete.*



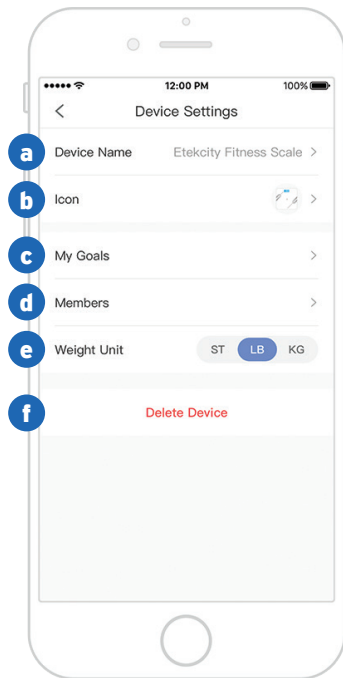
4. View analysis of the 6 health metrics that the scale tracks.



D. Device Settings

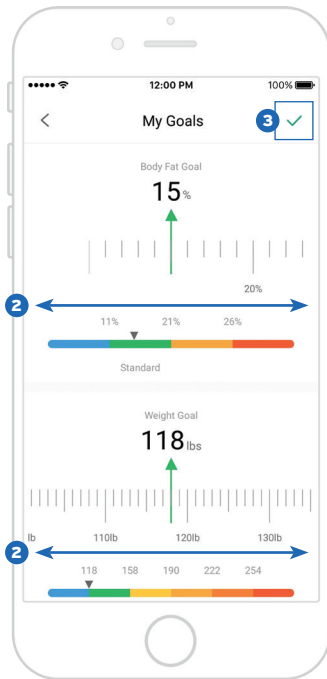
On the Device Settings screen, you can customize the following scale settings:

- a. Device Name
- b. Icon
- c. My Goals (see page 21)
- d. Members (see page 22)
- e. Weight Unit (see page 24)
- f. Delete Device (see page 24)



My Goals

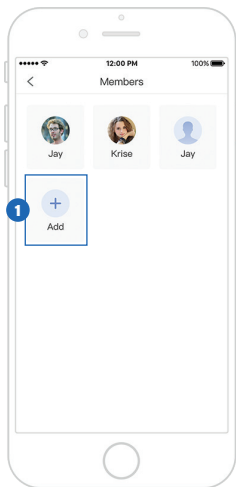
1. Tap **My Goals** to change your Body Fat Goal and Weight Goal.
2. Scroll the goal meter left and right to change your goals.
3. Then select ✓ when completed.



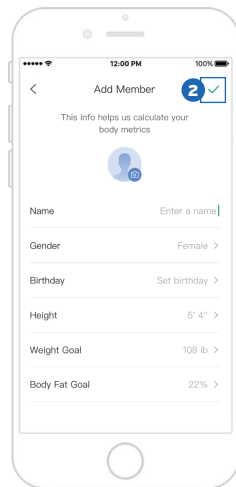
Members

Add Member

1. Tap **Add**. Select the new member's photo and enter the new member's information.

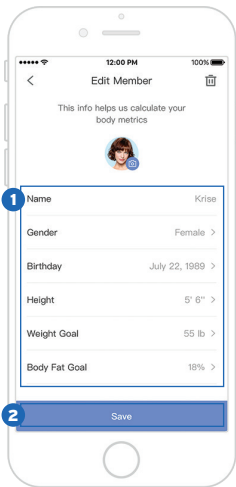



2. Tap **✓** to save.

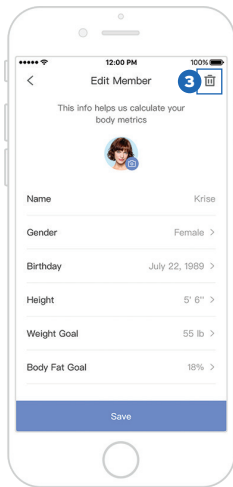


Edit Member

1. View and edit user information. Tap on member's picture and select each detail to edit information.
2. Tap **Save** when finished.



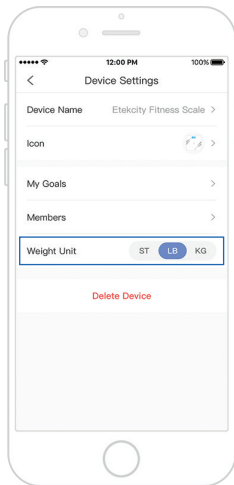
3. To delete the user profile, tap  in the upper right corner.



Weight Unit

Tap the toggle button to change the weight units.

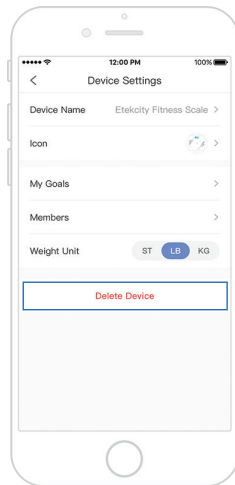
NOTE: *If you change the weight units, the units on the smart scale will change to match.*



Delete Device

Tap **Delete Device** to delete the scale from your VeSync app.

NOTE: *Once user is deleted, there is no way to retrieve deleted information.*



Maintenance

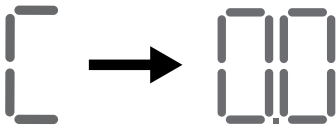
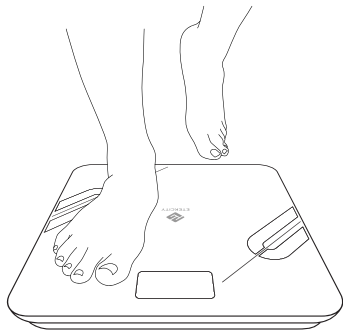
Cleaning the Scale

- Use a slightly damp cloth to clean the surface of the scale, followed by a dry, soft cloth to wipe away the remaining moisture.
- **Do not** use chemical or abrasive cleaning agents to clean the scale.

Calibrating the Scale

If the scale has been moved or flipped upside down, it must be calibrated to ensure accurate results.

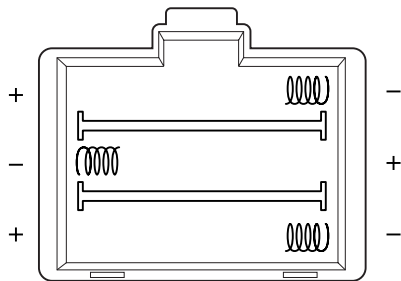
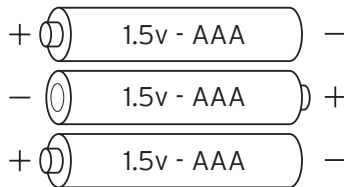
1. Place the scale on a hard, flat surface.
2. Step on the scale with one foot until digits appear on the display. Then, step off.
3. The scale will show "C" while calibrating, then "0.0" when complete.



Replacing the Batteries

The display will show “Lo” when the batteries need to be replaced.

1. Open the battery compartment on the underside of the scale.
2. Remove the old batteries and dispose of them properly.
3. Install 3 new 1.5V AAA batteries. Follow the guidelines in the battery compartment to match the + and - terminals.
4. After closing the battery compartment, calibrate the scale (see **Calibrating the Scale**, page 25).



Display Messages



Wireless Connection



No Wireless Connection



Change Battery



Overload



Calibrating

Troubleshooting

1. Why doesn't the scale turn on?

- Check if the batteries are properly installed. If the scale is new, make sure to remove plastic wrap from the batteries.

2. Why does information flash on the screen and then disappear?

- The batteries are low and may need to be replaced.

3. Why doesn't the scale connect with the VeSync app?

- Make sure your phone's operating system is running on iOS 8.0+ or Android 4.3+.
- Download and open the newest version of the VeSync app.
- Turn on Bluetooth on your phone (for Android users, make sure your Location is turned on as well).
- Make sure your scale and phone are within 30 feet (10 meters) of each other.
- Make sure the scale is not currently connected to any other phone or app.
- Make sure your phone is not currently connected to another Bluetooth[™] device.

4. Why is my body fat not measured when weighing in?

- Step on the scale with dry, bare feet. Make sure your feet are on the scale's conductive areas.
- Make sure Bluetooth is turned on.
- Enter your physical information into the VeSync app.



Conductive
Areas

NOTE:

- *If the scale has errors on the display, it will not turn off automatically, or has a problem not listed here, then try removing the batteries for 3 seconds, then replacing them.*
- *To reset the scale, press and hold the unit button for 10 seconds. This will remove all users and their information.*
- *Once user is deleted, there is no way to retrieve deleted information.*

If you still need help, please contact **Customer Support** (page 30).

Warranty Information

Product	<i>ESF37 Smart Fitness Scale</i>
Default Warranty Period	<i>1 year</i>
For your own reference, we strongly recommend that you record your order number and date of purchase.	
Order Number:	
Date of Purchase:	

Terms & Policy

Etekcity warrants all products to be of the highest quality in material, craftsmanship, and service, effective from the date of purchase to the end of the warranty period.

Etekcity will replace any product found to be defective due to manufacturer flaws based on eligibility. Refunds are available within the first 30 days of purchase. Refunds are only available to the original purchaser of the product. This warranty extends only to personal use and does not extend to any product that has been used for commercial, rental, or any other use in which the product is not intended for. There are no warranties other than the warranties expressly set forth with each product.

This warranty is non-transferrable. Etekcity is not responsible in any way for any damages, losses, or inconveniences caused by equipment failure by user negligence, abuse, or use noncompliant with the user manual or any additional safety, use, or warnings included in the product packaging and manual.

This warranty does not apply to the following:

- Damage due to abuse, accident, alteration, misuse, tampering or vandalism.
- Improper or inadequate maintenance.
- Damage in return transit.
- Unsupervised use by children under 18 years of age.

Etekcity and its subsidiaries assume no liability for damage caused by the use of the product other than for its intended use or as instructed in the user manual. Some states do not allow this exclusion or limitation of incidental or consequential losses, so the foregoing disclaimer may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which may vary from state to state.

ALL EXPRESSED AND IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MERCHANTABILITY, ARE LIMITED TO THE PERIOD OF THE LIMITED WARRANTY.

Additional 1-Year Warranty

You can extend your 1-year warranty by an additional year. Log onto www.etekcity.com/warranty and enter your order number (for example, from Amazon or Houzz) to register your new product for the extended warranty.

If you are unable to provide the order number for your product, please type a short note in the order number field along with the date you received your product.

Defective Products & Returns

If your product proves defective within the specified warranty period, please contact Customer Support via support@etekcity.com with your order number. **Do not** dispose of your product before contacting us. Once Customer Support has approved your request, please return the unit with a copy of the invoice or your order number.

Customer Support

If you encounter any issues or have any questions regarding your new product, please contact our helpful Customer Support Team. Your satisfaction is our goal!

Customer Support

Etekcity Corporation

1202 N Miller St., Suite A
Anaheim, CA 92806

Toll Free: (855) 686-3835

Email: support@etekcity.com

Support Hours

Monday - Friday

9:00 am - 5:00 pm PT

**Please have your order confirmation number ready before contacting customer support.*

FCC WARNING

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Connect with us @Etekcity.





Scan here to join the community!
Visit us at **www.etekcity.com**