







1界面单点绿色按键可以关机震动,长按侧键会跳出关机界

F表开机状态下短触摸屏幕可点亮屏幕,点击或滑动切换 示;(触摸唤醒,软件默认关闭,如客户有需求可以打开此功能 2. 无操作默认五秒熄屏,用户可连接手机APP修改熄屏时间 3. 手表出厂默认关闭来电和短信提醒,用户可在APP的主界面中选 择打开或关闭。

拟下二维码或进入各大应用市场下载并安装"GlorvFit"



添加设备( iOS )/ 添加设备( Andro 点击右上方搜索图标 设备要求:iOS 9. 0及以上;Android 4. 4及以上,支持蓝牙4.0。

行,都会自动搜索并连接手表。

点击设备连接

打开手机APP

点击我的图标

据量越多,同步时间越长,最长大约2分钟,同步完成后会有"同步完成"





我的→点击头像 可设置头像-性别-年龄-身高-体重 , 个人信息 可提高数据的精准度。 • 定制个人每天的运动目标 , 合理的运动规 ,有助于身体素质的提高。

**蓝牙连接**:配对成功后, APP自动保存手表蓝牙地址, APP打开或在后台运

**数据同步**:在APP主页手动下拉同步数据;手表可存储7天的离线数据,数





手表有多个主界面,在主界面长按三秒后可以进行界面切换。APP首次面



入睡时,手表会自动判断进入睡眠监测模式,自动检测您整晚深睡/浅睡/清 时长,计算您的睡眠质量;睡眠数据暂时只支持APP端查看。

### 注意:佩戴手表入睡才会有睡眠数据。

数据保留在手表主机上(可保留七天数据)。当手机和 手表的蓝牙连接成功时,手表数据会自动上传到手机端,请及时同步数

注意:如果开启来电、短信提醒功能,则必须保持蓝牙处于连接状态, 闹钟提醒支持离线。



, 可查看当前的步数、距离和卡路里的状态 据当前行走步数,APP个人设置的身高和体重计算并显示。 心率监测注意事项

- 测试时 , 手表背部心率LED灯会点亮 ;
- 专感器要紧贴皮肤,避免外部光线影响测试的准确度
- 测试区域要保持清洁,汗水或污渍都会影响测试结果。

也可连接手机App,在心率界面进行测(停)试,如果手表没正确佩戴; 测试失败,最终显示失败界面。心率检测模式下,手表的续航时间会降低。

;也可连接手机App,在血压界面进行测停试,测试失败情况相

「级菜单界面 , 进行更多功能



亮度调节:点击屏幕可选择不同亮度,共有四档亮度。 +屏幕查找手机界面,手机会发出铃声提醒。 关机:关机界面单点对号绿色洗项可以关机震动,同时手表震动(低电量不震 **返回:**按手表侧按键返回。

在蓝牙连接成功的状态,来消息时震动提醒。



面。按侧键返回 , 可退出具体锻炼界面。



来电提醒: 来电时, 手表上会震动, 并显示来电的姓名或号码。 如APP打 "来电拒接"功能,单点挂机键可拒接电话。 短信提醒: 🛛 QQ 提醒: 收到QQ信息时, 手表震动并显示图标提醒, 点击查看QQA

微信提醒: 手表震动并显示图标提醒,点击查看微信 到微信消息时 3

智能闹钟: 其他提醒:收到邮件等 可查看内容。

充电提醒:手表接通电源充电时, <sup>三</sup> 马达震动,注意低电量状态,手表不震动



表遭受强烈撞击 极度高温和暴晒 请勿自行拆卸、修理或改造本机。 本机使用5V 500mA充电,严禁使用超电压负荷电源进行 \$机使用环境为0度~45度,禁止将其扔进火中, 手表沾水时请用软布擦干后方可进行充电操作, 触点,导致充电故障。 ·请勿接触汽油、清洁溶剂、丙醇、酒精或驱虫剂等化学物质。 请勿在高压高磁环境中使用本产品。 不宜佩戴手表洗热水漫 ·游泳后,请及时擦拭手表,以保持干燥。



## 首次测试心率等待时间讨长?

医蓝牙广播时没有被手机搜索到 清确保手表外于有6 5、日末与其它手机绑定。然后将手表靠近手机。如果仍然3

闭手机蓝牙,20秒后再重启手机蓝牙。

### 测量心率时为什么手表要戴的比较紧?

安卓手机:确认手机与手表是连着的。 权限,允许"GlorvFit"APP访问来电。短信、通讯录,并持 "GloryFit"在后台运行;如果手机安装有安全软件,请将 "GloryFi 苹果手机:若连上后没有提醒,建议重启手机重新连接,再次连接手 .付,必须等手机弾出【蓝牙配对请求】,点击【配对】后才会有提₹

### 手表是否防水?

支持IP68防水防尘等约 诵常情况下洗手、下雨、冷水淋浴、洗车可随心佩戴。



1.72寸智能手表	电池类型	锂聚合物
1.72寸全彩屏	电池型号	501926
54.5g	电池容量	280mAh
25.5cm	电池电压	DC 5.0V
lp68	电池功率	0.74Wh
TPU表带	包装内容	主机,说明书,充电器
	1.72寸智能手表 1.72寸全彩屏 54.5g 25.5cm lp68 TPU表带	1.72寸智能手表 电池类型   1.72寸全彩屏 电池型号   54.5g 电池容量   25.5cm 电池电压   lp68 电池功率   TPU表带 包装内容







### Part of introduction



**A** 

ling charger. When charging, the Smart watch will open automatical arge mode as follows: Joint the USB-charging cable with Band at match point back side and USB port for charging. Charge voltage 5V.)





avoiding moving.

de button for 3 seconds the watch will power or

vibration, Chang 'an button will jump out of the shutdown in

creen shall be screen off without operation for 5 seconds and use art watch is default as open status for calling and message remi user can connect to App and change the open/off status.



### ll the Smart wat

R codes or enter into various large a markets to download and install "GloryFit".

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When being used for the first time, it is necessary to connect APP 1 anment. After successful connection, Smart watch will self-synchro otherwise, step calculation and sleep data won't be ac



Bluetooth connection: after successfully matching, APP will automatically save the Smart watch bluebooth address. When APP is opened or operated in background, it will automatically search and link with the Smart watch Data Synchronism: manually pull down the synchronization data on th APP home page; the bracelet can store off-line data for 7 days, the more data, the longer the synchronization time is, and the longest time is about 2



After entering into APP, please first set up personal Me →Click avatar

- · Head portrait, gender, age, height and weight can be set up and personal information can enhance accuracy of data.
- Customize personal everyday exercise goals. reasonable exercise plan is helpful for promoting body quality.



click on the main interface. After the first pairing of APP, the Smart wa synchronize the time, date and week of the cell phone.



ng function, a reminding switch shall be switched on in APP ting Center, mobile phone and Smart watch shall be kept to be connected nd there will be vibrating reminders when there are messe.

/ detect your deep sleep / shallow sleep / wakefulness \* sleep quality, and sleep data temporarily support APP only. Note: you can get sleep data when you go to sleep with a hand rin



Switch to the interface to see the current number of steps, distances an calories. The distance and calories are calculated and displayed on sis of the current walking steps and the height and weight set by t

- · When the test, the icon will beat and the back heart rate of the han/
- When testing, the sensor should stick to the skin to avoid the influence of external light on the accuracy of the test.
- o keep the test area clean, sweat or stains will affect the test r

ace, including rope skipping, swimming, riding, pingpang, badminton suc twenty-four modes, slide the screen then enter the specific s



Switch to the heart rate interface, click the screen to enter the heart r detection. After the test is completed, press side button to exit the heat detection. You can also connect to the mobile phone App, in th interface test stop. If the bracelet is not worn correctly or failed, the failure interface will be displayed. Under the heart rate detection mode, duration of the bracelet will be reduced.

Switch to the blood pressure interface, click the screen to start testing b pressure. Once blood pressure test completed press side button to e essure mode. If test start it will show the results of the la when the results are not measured; also you can connect to the phone A the blood pressure interface once the test stop, test result same as above

in the message interface, click the main screen to view the message, slip screen to turnover the pages. Press the side button to exit the interfa-

You can enter the sub menu by click on the related interface, and the perform and operate more related functions.

- Message push interface click the screen to view historical information, such as no history



- Brightness adjustment : Click the main screen to adjust different brightness there are the 4 levels that you can click to choose any of them.
- Find the phone: In the connection state, click the screen to interfact of the mobile phone, the phone will ring out to remind.
- Factory setting: Long press on the restore interface, and all the record da will be erased, and the APP data will be cleared that day (the rest of the historical data will remain).
- About: Under the About interface, you can view the firmware version n and Bluetooth address of the watch.
- Shutdown: The interface can be shut down after you click the interface and the Smart watch will vibrate.
- Return: Press the side button of the breacelet to exit



- number of the caller is displayed. (if the caller's name has been saved in the hone address book, the name is displayed, otherwise the display numb
- Message reminding : when a text message arrives, the Smart watch will vib
- QQ reminding : when the QQ information arrives, the ring will vibrate and
- WeChat reminding : when the WeChat information is received, the hand ring will shake and the WeChat icon remind
- the bracelet after setting up. The intelligent alarm clock is a silent alarm clock. When the alarm is on, the bracelet will cause moderate vibration, and suppr the offline alarm clock reminder.
- Other reminding : when receiving email or other information, the Smart wate vibrates and displays other reminder icons. Click to see the content.
- Charging : When the Smart watch is connected to the power supply or char by the charging clamp, the motor vibrates, and the Smart watch does not vibrat

- ot disassemble, repair or transform the device on its

- used for the charging operation, otherwise it will cause corros
- charging contact point and charging inciddent may occur.
- o not touch the chemical substances such as gasoline, clean propanol, alcohol or insect repellent.
- ase do not use this product in high pressure and high magneti
- I have sensitive skin or tighten the Smart watch, you may feel
- with soap, sweat, allergies or pollution ingredients, which may c
- Vipe with wet cloth and remove oil or dust with mild soa propriate to wear a hot bath with a wristband
- After swimming, please wipe the Smart watch in time so as to keep dry

### Why is the first test of heart rate too long?

your heart rate, you need to take a long time signal to accur

What do Bluetooth connections do? (connection / reconnection failure

ts higher versions, and your device support Bluetooth 4

- here may be no time to connect each other. If the connection is
- the mobile phone background application or restart the mobile Mobile phones do not connect to other Bluetooth devices or fun
- APP is running normally in the background and may not be connected

urn off the phone, and after about 20 seconds, restart the phone Blueto

# Why the Smart watch should be worn more tightly when measuring hear

### Why not remind when opening the reminder function?

below water, 1 meters below 30 minutes). Usually, wash hands, rain, cold wa vibrate and display other reminder icons. Click the viewable content.

## Does the Bluetooth connection need to be open all the time? Is the

mobile terminal. Please synchronize the data to the mobile terminal in tim

Note: if the caller and SMS alerts are opened, you must keep the Bluetooth conn

Туре	1.72 Inch Full Touch Smart Watch	Ba ery Type	Li-Polymer
Display Size	1.72Inch	Ba ery Model	501926
Weight	54.5g	Ba ery Capacity	280mAh
Length	25.5cm	Ba ery Voltage	DC 5.0V
Waterproof Level	lp68	Ba ery Power	0.74Wh
Material	TPU	Package	Device, Manual, Charging Dock

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -- Reorient or relocate the receiving antenna.
- -- Increase the separation between the equipment and receiver.
- -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be u sed in portable exposure condition without restriction FCC ID: 2A2L4-GT6