



RF EXPOSURE EXEMPT REPORT

APPLICANT : Shenzhen Medica Technology
Development Co.,Ltd.
PRODUCT NAME : Sleep Tracker
MODEL NAME : P300
BRAND NAME : N/A
FCC ID : 2ADIOP300
STANDARD(S) : 47CFR 2.1093
KDB 447498
RECEIPT DATE : 2019-02-26
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REPORT No. : SZ18070201S02

Change History		
Version	Date	Reason for change
1.0	2019-03-28	First edition



1. Technical Information

Note: Provide by manufacturer.

1.1 Applicant and Manufacturer Information

Applicant:	Shenzhen Medica Technology Development Co.,Ltd.
Applicant Address:	2F Building A, Tongfang Information Harbor, No. 11, East Langshan Road, Nanshan District, Shenzhen, P.R.China
Manufacturer:	Shenzhen Medica Technology Development Co.,Ltd.
Manufacturer Address:	2F Building A, Tongfang Information Harbor, No. 11, East Langshan Road, Nanshan District, Shenzhen, P.R.China

1.2 Equipment Under Test (EUT) Description

EUT Type:	Sleep Tracker
Hardware Version:	MDJ P300/V1.0
Software Version:	P300_20181206_V1.15
Frequency Bands:	Bluetooth: 2402MHz-2480MHz
Modulation Mode:	BLE: GFSK
Antenna Type:	Ceramic Antenna
Antenna Gain:	3.31dBi



1.3 Identification of all used EUT

The EUT identity consists of numerical and letter characters, the letter character indicates the test sample, and the following two numerical characters indicate the software version of the test sample.

EUT Identity	Hardware Version	Software Version
1#	MDJ P300/V1.0	P300_20181206_V1.15

1.4 Applied Reference Documents

Leading reference documents for testing:

No.	Identity	Document Title
1	47 CFR§2.1093	Radio Frequency Radiation Exposure Evaluation: portable devices
2	KDB 447498 D01v06	General RF Exposure Guidance



2. Device Category and RF Exposure Limit

Per user manual, this device is a Sleep Tracker. Based on 47CFR 2.1093, this device belongs to portable device category with General Population/Uncontrolled exposure.

Portable Devices:

47CFR 2.1093(b)

For purposes of this section, a portable device is defined as a transmitting device designed to be used so that the radiating structure(s) of the device is/are within 20 centimeters of the body of the user.

GENERAL POPULATION / UNCONTROLLED EXPOSURE

47CFR 2.1093(d) (2)

Limits for General Population/Uncontrolled exposure: 0.08 W/kg as averaged over the whole-body and spatial peak SAR not exceeding 1.6 W/kg as averaged over any 1 gram of tissue (defined as a tissue volume in the shape of a cube). Exceptions are the hands, wrists, feet and ankles where the spatial peak SAR shall not exceed 4 W/kg, as averaged over any 10 grams of tissue (defined as a tissue volume in the shape of a cube). General Population/Uncontrolled limits apply when the general public may be exposed, or when persons that are exposed as a consequence of their employment may not be fully aware of the potential for exposure or do not exercise control over their exposure. Warning labels placed on consumer devices such as cellular telephones will not be sufficient reason to allow these devices to be evaluated subject to limits for occupational/controlled exposure in paragraph (d)(1) of this section.

3. Measurement of RF Output Power

1. Bluetooth Power

Mode	Channel	Frequency (MHz)	Peak power(dBm)
LE	CH 00	2402	0.03
	CH 19	2440	-0.15
	CH 39	2480	-0.48
Tune-up Limit			0.50

Note: According to KDB 447498 Section 4.3, SAR test exclusion conditions are based on source-based time-averaged maximum conducted output power of the RF channel requiring evaluation, adjusted for tune-up tolerance, and the minimum test separation distance required for the exposure conditions.



4. RF Exposure Evaluation

The device only incorporates a Sleep Tracker, so standalone SAR evaluation is required for Bluetooth and simultaneous SAR is not required.

Standalone transmission SAR evaluation

According to KDB 447498 section 4.3.1, the 1-g SAR test exclusion thresholds at test separation Distances ≤ 50 mm are determined by:

$[(\text{max. power of channel, including tune-up tolerance, mW}) / (\text{min. test separation distance, mm})] \cdot [\sqrt{f(\text{GHz})}] \leq 3.0$

The maximum tune-up limit power is **1.12mW @ 2.402GHz**

When the Sleep Tracker is used on the hand/head, so use **5mm** as the most conservative minimum test separation distance,

$[(\text{max. power of channel, including tune-up tolerance, mW}) / (\text{min. test separation distance, mm})] \cdot [\sqrt{f(\text{GHz})}] = \mathbf{0.31} \leq 3.0$

Therefore SAR evaluation is not required for this device.

Note: Declaration of the tune-up limit is 0.5dBm.



Annex A General Information

1. Identification of the Responsible Testing Laboratory

Laboratory Name:	Shenzhen Morlab Communications Technology Co.,Ltd. Morlab Laboratory
Laboratory Address:	FL.3, Building A, FeiYang Science Park, No.8 LongChang Road, Block 67, BaoAn District, ShenZhen, Guangdong Province, P. R. China
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2. Identification of the Responsible Testing Location

Name:	Shenzhen Morlab Communications Technology Co., Ltd. Morlab Laboratory
Address:	FL.3, Building A, FeiYang Science Park, No.8 LongChang Road, Block 67, BaoAn District, ShenZhen, Guangdong Province, P. R. China

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