# SAMSUNG

# USER MANUAL

SM-R930 SM-R935F SM-R940 SM-R945F SM-R950 SM-R955F SM-R960 SM-R965F

English. 07/2023. Rev.1.0

www.samsung.com

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# **Getting started**

# About the Galaxy Watch6 / Galaxy Watch6 Classic

The Galaxy Watch6 / Galaxy Watch6 Classic (hereafter, Watch) is a smartwatch that can analyse your exercise pattern, manage your health, and provide you with a variety of convenient apps for making phone calls and playing music. You can browse the various features by using the bezel or launch a feature by tapping the screen and also change the watch face to match your taste.

You can use your Watch after connecting it to your phone.

# **Device layout and functions**

### Watch

► Galaxy Watch6:





#### ► Galaxy Watch6 Classic:





- Use the device in a place without magnetic interference for the device to operate normally.
  - Your device and some accessories (sold separately) contain magnets. Keep it away from credit cards, implanted medical devices, and other devices that may be affected by magnets. In the case of medical devices, keep your device more than 15 cm apart. Stop using your device if you suspect any interference with your medical device and consult your physician or your medical device manufacturer.
  - If you have a medical implant in your heart, do not place your device in a pocket close to your implanted device, such as your chest or inner jacket pocket.
  - Keep a safe distance between objects that are affected by magnets, and your device and some accessories (sold separately) that contain magnets. Objects such as credit cards, passbooks, access cards, boarding passes, or parking passes may be damaged or disabled by the magnets in the device.
- When using the speakers, such as when playing media files, do not place the Watch close to your ears.
  - Ensure that the band is kept clean. Contact with contaminants, such as dust and dye, can cause stains on the band that may not be fully removed.
  - Do not insert sharp objects into the Watch's external holes. The inner components may be damaged along with the water-resistance feature.
  - If you use the Watch with its glass body broken, there may be a risk of injury. Use the Watch only after it has been repaired at a Samsung Service Centre or an authorised service centre.
  - If dust or foreign materials enter the microphone or speaker, the Watch's sound may become quiet or certain features may not work. If you attempt to remove the dust or foreign materials with a sharp object, the Watch may be damaged and its appearance may be affected.

- Connectivity problems and battery drain may occur in the following situations:
  - If you attach metallic stickers on the antenna area of the Watch
  - If you use a metallic band
  - If you cover the Watch's antenna area with your hands or other objects while using certain features, such as calls or the mobile data connection
  - If the pressure vent is covered by an accessory, such as a sticker, unwanted noises may occur during calls or media playback.
  - Do not cover the light sensor area with accessories, such as stickers or a cover. Doing so may cause the sensor to malfunction.
  - Make sure the Watch's microphone is not obstructed when you are speaking into it.
  - The pressure vent ensures that Watch's inner parts and sensors work correctly when you use the Watch in environment where the atmospheric pressure changes.
  - The images in this manual are of a Galaxy Watch6 Classic.

Button	Function
Home button	• When the Watch is off, press and hold to turn it on.
	<ul> <li>When the screen is off, press to turn on the screen.</li> </ul>
	<ul> <li>Press and hold to start a conversation with Bixby. Refer to Using Bixby for more information.</li> </ul>
	<ul> <li>Press twice or press and hold to open the app or feature you set. ((○) (Settings) → Advanced features → Customise buttons)</li> </ul>
	<ul> <li>Press to open the Watch screen when you are on any other screen.</li> </ul>
Back button	• When the screen is off, press to turn on the screen.
	<ul> <li>Press to launch the feature you set. (<ul> <li>Operation (Settings) →</li> <li>Advanced features → Customise buttons)</li> </ul></li></ul>
Home button + Back button	Press simultaneously to capture a screenshot.
	<ul> <li>Press and hold simultaneously to turn off the Watch.</li> </ul>

#### Buttons

# Wireless charger

Wireless charging surface



Do not expose the wireless charger to water because the wireless charger does not have same water-resistance certification as your Watch.

# **Charging the battery**

Charge the battery before using your Watch for the first time or when it has been unused for extended periods.

# Wireless charging

- 1 Connect the wireless charger to the USB power adapter.
- 2 Place the Watch on the wireless charger aligning the centre of your Watch's backside with the centre of the wireless charger. Wireless charging may not work smoothly depending on the type of accessory or cover. For stable wireless charging, it is recommended to separate the cover or accessory from the Watch.



**3** After fully charging, disconnect the Watch from the wireless charger.

#### Checking the charging status

You can check the charging status on the screen during wireless charging. If the charging status does not appear on the screen, on the Apps screen, tap O (**Settings**)  $\rightarrow$  **Display** and tap the **Show charging info** switch to turn it on.

If you charge the Watch when it is turned off, press any button to check the charging status on the screen.

## Charging the battery using Wireless power sharing

You can charge your Watch with the battery of the device that works as a wireless charging pad. You can still charge your Watch even while charging the device that works as a wireless charging pad. Depending on the type of accessories or cover being used, the Wireless power sharing feature may not work properly. It is recommended to remove any cover being used from the device that works as a wireless charging pad and your Watch before using this feature.

1 Turn on the Wireless power sharing feature on the device that works as a wireless charging pad and place the centre of the Watch's back on the backside of the device that works as a wireless charging pad.



- 2 After fully charging, disconnect the Watch from the device that works as a wireless charging pad.
- Do not use the headphones or Bluetooth headset while sharing power. Doing so may affect nearby devices.
- The location of the wireless charging coil may vary by device model. Adjust the device or Watch to connect with each other properly.
  - Some features that work while wearing the Watch are not available while sharing power.
  - To charge properly, do not move or use the device that works as a wireless charging pad or Watch while charging.
  - The power charged to your Watch may be less than the amount shared to it by the device that works as a wireless charging pad.
  - If you charge the Watch while charging the device that works as a wireless charging pad, the charging speed may decrease or the Watch may not charge properly, depending on the charger type.
  - The charging speed or efficiency may vary depending on the condition of the device that works as a wireless charging pad or the surrounding environment.
  - If the remaining battery power of the device that works as a wireless charging pad drops below a certain level, power sharing will stop.

# Battery charging tips and precautions

- Use only Samsung-approved charger and cable specifically designed for your Watch. Incompatible charger and cable can cause serious injuries or damage to your device.
- Connecting the charger improperly may cause serious damage to the device. Any damage caused by misuse is not covered by the warranty.
  - Use only wireless charger supplied with the Watch. The Watch cannot be charged properly with a third-party wireless charger.
  - If you charge the Watch while the wireless charger is wet, the device may be damaged. Thoroughly dry the wireless charger before charging the Watch.

- To save energy, unplug the charger when not in use. The charger does not have a power switch, so you must unplug the charger from the electric socket when not in use to avoid wasting power. The charger should remain close to the electric socket and easily accessible while charging.
  - The Watch has a built-in wireless charging coil. You can charge the battery by using a wireless charging pad. The wireless charging pad is sold separately. For more information about available wireless charging pads, refer to the Samsung website.
  - When using a charger, it is recommended to use an approved charger that guarantees the charging performance.
  - If there are obstructions between the Watch and the wireless charger, it may not charge properly. Check if there is any sweat, liquid, or dust on them before charging.
  - If the battery is completely discharged, the Watch cannot be turned on immediately when the wireless charger is connected. Allow a depleted battery to charge for a few minutes before turning it on.
  - If you use multiple apps at once, network apps, or apps that need a connection to another device, the battery will drain quickly. To avoid losing power during a data transfer, always use these apps after fully charging the battery.
  - When connecting the wireless charger to another power source, such as a computer or multi-charging hub, the Watch may not charge properly or it may charge more slowly because of a lower electric current.
  - The Watch can be used while it is charging, but it may take longer to fully charge the battery.
  - If the Watch's power supply is unstable while being used and charged at the same time, the touch screen may not be responsive. If this happens, disconnect the Watch from the wireless charger.
  - While charging, the Watch may heat up. This is normal and should not affect the Watch's lifespan or performance. Before wearing the Watch, allow it to cool down for a while before using it. If the battery gets hotter than usual, the charger may stop charging.
  - If the Watch is not charging properly, take the Watch and the wireless charger to a Samsung Service Centre or an authorised service centre.
  - Avoid using a bent or damaged wireless charger cable. If the wireless charger cable is damaged, stop using it.

## Using power saving mode

Turn on power saving mode to extend the battery's usage time.

Open the quick panel by dragging downwards from the top edge of the screen and tap to turn the feature on. Alternatively, on the Apps screen, tap  $\bigcirc$  (Settings)  $\rightarrow$  Battery and device care  $\rightarrow$  Battery and tap the Power saving switch to turn it on.

Power saving mode will be turned on and some features can be restricted.

If the battery power drops below a certain level, the power saving screen will appear. Tap **Turn on** to turn power saving mode on. In this case, power saving mode will be turned off automatically when your Watch's battery is charged more than 15%. However, if you turn on power saving mode from the Settings menu or quick panel, power saving mode will not be turned off automatically, even if your Watch's battery is charged to more than 15%.

# Wearing the Watch

# Attaching and removing the band

Attach the band before using your Watch. You can detach the band from the Watch and replace it with a new one.

- Be careful not to hurt your fingernail when attaching or replacing bands.
- The supplied band may vary depending on the region or model.
  - The supplied band's size may vary depending on the model. Use the proper band which fits your model's size.

1 Attach the band to your Watch while pressing the band's button firmly.



2 Gently pull on both sides of the band to make sure it is tightly connected and not detached from your Watch.



Remove the band while pressing the band's button.

# **Putting on the Watch**

Open the buckle and place your Watch around your wrist. Fit the band to your wrist, insert the pin into an adjustment hole, and then secure the buckle to close it. If the band is too tight, use the next hole.



Do not bend the band excessively. Doing so may damage the Watch.

- To measure your physical condition accurately, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.
  - When certain materials come into contact with the back of the Watch, your Watch may recognise that you are wearing it on your wrist depending on the type of material.
  - If the sensors on the back of your Watch do not come into contact with your wrist for more than 10 minutes, your Watch may recognise that you are not wearing it on your wrist.

# Band tips and precautions

- For accurate measurement, you have to wear the Watch so that it fits your wrist. After measuring, loosen the band to allow air to reach your skin. It is recommended to wear the Watch so that it is not too loose or tight, and that it feels comfortable in normal circumstances.
- When you wear the Watch for a long time or do a high-intensity exercise while wearing it, skin irritation may occur because of certain factors, such as friction, pressure, or moisture. If you have been wearing your Watch for a long time, remove it from your wrist for a while to keep your skin healthy and allow your wrist to rest.
- Skin irritation may occur because of an allergy, environment factors, other factors, or when your skin is exposed to soap or sweat for long periods. In this case, stop using your Watch immediately and wait 2 or 3 days for the symptoms to ease. If the symptoms persist or worsen, call your doctor.
- Make sure your skin is dry before wearing your Watch. If you wear a wet Watch for a long time, your skin may be affected.
- If you use your Watch in the water, remove foreign materials from your skin and Watch and dry them thoroughly to prevent the skin irritation.
- Do not use any accessories except the Watch in the water.

## How to wear the Watch for accurate measurements

For accurate measurements, wear the Watch firmly around your lower arm above the wrist while leaving a finger's worth of space as shown in the figure.



- If you fasten the Watch too tightly, skin irritation may occur, and if you fasten it too loosely, friction may occur.
  - Do not look directly at the optical heart rate sensor's lights. Make sure children do not look directly at the lights. Doing so may impair your vision.
  - If the Watch becomes hot to the touch, remove it until it cools. Exposing your skin to the Watch's hot surface for a long time may cause low-temperature burns.
  - Remove all water from your Watch and the band before measuring your body composition and ECG.
  - If any water, dust, or stains are on the infrared temperature sensor, the measurements may be inaccurate.
  - Clean the infrared temperature sensor with a soft cloth or cotton bud.

- Use the HR feature only for measuring your heart rate. The accuracy of the optical heart rate sensor may be diminished depending on the surroundings, measurement conditions, and user's physiological state.
  - As cold ambient temperatures may affect your measurement, keep yourself warm when checking your heart rate during winter or cold weather.
  - Smoking or consuming alcohol before taking measurements may cause your heart rate to be different from your normal heart rate.
  - Do not move, talk, yawn, or breathe deeply while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.
  - If your heart rate is extremely high or low, the measurement may not be accurate.
  - If measuring children's heart rates, the measurement may not be accurate.
  - Users with thin wrists may receive inaccurate heart rate measurements when the Watch is loose, causing the light to be reflected unevenly. In this case, wear the Watch on your inner arm.
  - If heart rate measurement is not working properly, adjust the position of the Watch's optical heart rate sensor to the right, left, up, or down on your wrist, or wear the Watch on your inner arm so that the sensor is in contact with your skin.
  - If the optical heart rate sensor and the electrical biosensors are dirty, wipe the sensors and try again. If foreign materials prevent the light from reflecting evenly, the measurement may not be accurate.
  - The optical heart rate sensor may be affected by tattoos, marks, and hair on the wrist you wear your Watch on. These may cause your Watch not to recognise that you are wearing it, and the Watch's features may not work properly. Therefore, wear your Watch on a wrist that does not interfere with the Watch's features.
  - The measurement features may not work properly because of certain factors, such as the light from the optical heart rate sensor being blocked, depending on your skin brightness, blood flow under your skin, and the cleanliness of the sensor area.
  - For accurate measurements, use the Ridge sport band. The Ridge sport band may be sold separately depending on the model.

# Turning the Watch on and off

Follow all posted warnings and directions from authorised personnel in areas where the use of wireless devices is restricted, such as aeroplanes and hospitals.



#### Turning the Watch on

Press and hold the Home button for a few seconds to turn on the Watch.

When you turn on the Watch for the first time or reset it, on-screen instructions will appear to open the Galaxy Wearable app on your phone. Refer to Connecting the Watch to a phone for more information.

#### Turning the Watch off

- 1 Press and hold the Home button and the Back button simultaneously. Alternatively, open the quick panel by dragging downwards from the top edge of the screen and tap ().
- 2 Tap 🙆.

You can set the Watch to turn off when you press and hold the Home button. On the Apps screen, tap O (Settings)  $\rightarrow$  Advanced features  $\rightarrow$  Customise buttons, tap Press and hold under Home button, and then select Power off menu.

#### Forcing restart

If your Watch is frozen and unresponsive, press and hold the Home button and the Back button simultaneously for more than 7 seconds to restart it.

#### **Emergency call**

You can make an emergency call.

- 1 Press and hold the Home button and the Back button simultaneously. Alternatively, open the quick panel by dragging downwards from the top edge of the screen and tap .
- 2 Tap Emergency call.
- ✓ To manage your medical information and emergency contacts, open the Galaxy Wearable app on your phone and tap Watch settings → Safety and emergency.

# Connecting the Watch to a phone

# Installing the Galaxy Wearable app

To connect your Watch to a phone, install the Galaxy Wearable app on the phone. Depending on your phone, you can download the Galaxy Wearable app from the following places:

- Samsung Android phones: Galaxy Store, Play Store
- Other Android phones: Play Store
- It is compatible with Android phones that support Google mobile services.
  - You cannot install the Galaxy Wearable app on the phones that do not support Watch syncing. Ensure that your phone is compatible with a Watch.
  - You cannot connect your Watch to a tablet or a computer.

# Connecting the Watch to a phone through Bluetooth

- 1 Turn on the Watch.
- 2 Select a language to use and tap 😔.
- **3** Select a country or region, and tap **Restart**. The Watch will turn off and then restart.
- 4 Swipe upwards from the bottom of the screen.On-screen instructions for opening the Galaxy Wearable app will appear.

- 5 Open the Galaxy Wearable app on your phone. If the Galaxy Wearable app is not the latest version, update the Galaxy Wearable app to the latest version.
- 6 Tap Continue.
- 7 Select your Watch on the screen.If you cannot find your Watch, tap Having trouble connecting?.
- 8 Follow the on-screen instructions to complete the connection.
   When completing the connection, tap Start and follow the on-screen instructions to learn about the Watch's basic controls.
- The initial setup screen may differ depending on your region.
  - Connection methods may vary depending on your region, model, phone, and software version.
  - The Watch is smaller than normal phones so the network quality may be lower, especially in areas with weak signals or poor reception. When a Bluetooth connection is unavailable, your cellular network or internet connection may be poor or become disconnected.
  - When you connect your Watch to a phone for the first time or after resetting it, the Watch's battery may drain more quickly while syncing data, such as contacts.
  - Supported phones and features may vary depending on your region, carrier, or device manufacturer.
  - When you cannot establish a Bluetooth connection between your Watch and the phone, the status indicator 🚯 icon will appear at the top of the Watch screen.

#### Connecting your Watch to a new phone

You can connect your Watch to a new phone that uses the same Google Account as your previous phone without resetting the Watch's data.

- 1 On the Apps screen, tap O (Settings)  $\rightarrow$  General  $\rightarrow$  Transfer watch to new phone  $\rightarrow$   $\bigodot$ .
- 2 On your new phone, open the **Galaxy Wearable** app to connect to your Watch.
- If you want to connect your Watch to a new phone after resetting the Watch, tap O (Settings) on the Apps screen and tap General  $\rightarrow$  Reset.

## **Remote connection**

Your Watch and phone are connected through Bluetooth. You can sync your phone to your Watch when both devices are remotely connected to each other, even though a Bluetooth connection is not available. The Remote connection uses your mobile network or Wi-Fi.

If this feature is not turned on, open the **Galaxy Wearable** app on your phone, tap **Watch** settings  $\rightarrow$  Advanced features  $\rightarrow$  Remote connection, and then tap the switch to turn it on.

# Adding the accounts to your Watch

Register your Samsung or Google accounts on your connected phone and add them to your Watch to access the various Watch features.

#### Registering a Samsung account on your Watch

- 1 Open the Galaxy Wearable app on your phone.
- 2 Tap Watch settings → Accounts and backup.
- 3 Tap Samsung account and follow the on-screen instructions to sign in to your Samsung account on your phone.
   If your Samsung account is signed in, you can check the registered Samsung account.

#### Adding a Google Account to your Watch

- 1 Open the **Galaxy Wearable** app on your phone.
- 2 Tap Watch settings → Accounts and backup.
- 3 Tap Google account.
- 4 Tap Add Google account and follow the on-screen instructions to add your Google Account from the phone to your Watch.

# Controlling the screen

## Bezel

Your Watch has a touch bezel or a rotatable bezel. Rotate or swipe the bezel clockwise or anticlockwise to control various Watch functions.



- Scrolling through screens: Rotate or swipe the bezel to move to other screens.
- Moving from item to item: Rotate or swipe the bezel to move from item to item.
- Adjusting the input value: Rotate or swipe the bezel to adjust the volume or brightness. When adjusting the brightness, rotate or swipe the bezel clockwise to make the screen brighter.
- Using the phone or alarm feature: Rotate or swipe the bezel clockwise to receive incoming calls or dismiss alarms. Rotate or swipe the bezel anticlockwise to decline incoming calls or to turn on the snooze feature for an alarm.
- Make sure the rotatable bezel is free from foreign materials like dust or sand.
  - Do not use the rotatable bezel near magnetic substances, such as magnets or magnetic bracelets. The rotatable bezel may not work properly because of magnetic interference.
- If the bezel does not work, take the Watch to a Samsung Service Centre or an authorised service centre without disassembling it.

## Touch screen

**Tapping** Tap the screen.



Touching and holding Touch and hold the screen for approximately 2 seconds.



#### Swiping

Swipe upwards, downwards, to the left, or to the right.



 $\bigcirc$ 

**Double tapping** Double tap the screen.



Spreading and pinching Spread two fingers apart or pinch on the screen.



- Do not allow the touch screen to come into contact with other electrical devices. Electrostatic discharges can cause the touch screen to malfunction.
  - To avoid damaging the touch screen, do not tap it with anything sharp or apply excessive pressure to it with your fingertips or other objects.
  - It is recommended not to use fixed graphics on part or all of the touch screen for extended periods. Doing so may result in afterimages (screen burn-in) or ghosting.
- The Watch may not recognise touch inputs close to the edges of the screen, which are outside of the touch input area.
  - The touch screen may not be available when water lock mode is turned on.

## Screen composition

The Watch screen is the starting point of the Home screen, which is composed of several pages.

You can check tiles or open the notification panel by swiping the screen to the left or right or by using the bezel.



The available panels, tiles, and their arrangement may vary depending on the software version.

#### Using tiles

To add a tile, tap **Add tiles** and select a tile.

When touching and holding a tile, you can access the edit mode to change the tile's arrangement or remove the tiles.

- Moving the tile: Touch and hold a tile to move and drag it to the desired location.
- Removing the tile: Tap 😑 on the tile to remove it.

# Turning the screen on and off

#### Turning the screen on

Use the following methods to turn the screen on.

- Turn the screen on with the buttons: Press the Home button or Back button.
- Turn the screen on by raising your wrist: Raise your wrist where you wear the Watch. If the screen does not turn on after you raise your wrist, tap () (Settings) on the Apps screen, tap Display, and then tap the Raise wrist to wake switch under Screen wake-up to turn it on.
- Turn the screen on by tapping the screen: Tap the screen. If the screen does not turn on after you tap the screen, tap () (Settings) on the Apps screen, tap Display, and then tap the Touch screen to wake switch under Screen wake-up to turn it on.
- Turn the screen on with the bezel: Rotate the bezel. If the screen does not turn on after you rotate the bezel, tap (Settings) on the Apps screen, tap Display, and then tap the Turn bezel to wake switch under Screen wake-up to turn it on (Galaxy Watch6 Classic).

#### Turning the screen off

To turn off the screen, cover it with your palm or another object. Also, the screen will automatically turn off if the Watch is not used for a specified period.

# Switching the screen

#### Switching between the Watch and Apps screen

On the Watch screen, swipe upwards to open the Apps screen.

To return to the Watch screen, swipe downwards from the top of the Apps screen. Alternatively, press the Home button or Back button.



#### Returning to the previous screen

To return to the previous screen, swipe right on the screen or press the Back button.

## Apps screen

The Apps screen displays icons for all apps installed on the Watch.

Multiple The available apps may vary depending on the software version.

#### **Opening apps**

On the Apps screen, tap an app icon to open the app.

To open an app from the list of recent apps, on the Apps screen, tap 🔘 (**Recent apps**).

#### **Closing apps**

- 1 On the Apps screen, tap 🔘 (**Recent apps**).
- 2 Use the bezel or swipe left or right on the screen to move to the app to close.
- **3** Swipe upwards on the app to close it.

To close all opened apps, tap **Close all**.

#### **Editing the Apps screen**

Moving items

Drag an item to a new location.

Creating folders

Drag an app over another app.

A new folder containing the selected apps will be created. Tap **Folder name** and enter a folder name.



Adding more apps

Tap + on the folder. Tick the apps to add and tap **Done**. You can also add an app by dragging it to the folder.

• Moving apps from a folder

Drag an app to a new location outside of the folder.

• Deleting a folder

Touch and hold a folder, and then tap **Delete**. Only the folder will be deleted. The folder's apps will be relocated to the Apps screen.

## Lock screen

Use the screen lock feature to protect your data, such as your personal information saved on your Watch. When turning on this feature, the Watch will require you to unlock it whenever you use it. However, if you unlock it once while wearing the Watch, it will remain unlocked.

#### Setting the screen lock

On the Apps screen, tap O (Settings)  $\rightarrow$  Security and privacy  $\rightarrow$  Lock type and select the lock method.

- Pattern: Draw a pattern with four or more dots to unlock the screen.
- **PIN**: Enter a PIN with numbers to unlock the screen.

# Watch

## Watch screen

You can check the current time or check other information. When you are not on the Watch screen, press the Home button to return to the Watch screen.

# Changing the watch face

- 1 Touch and hold the Watch screen and tap **Add watch face**.
- 2 Use the bezel or swipe upwards or downwards on the screen, and then select a watch face.

If you tap **More watch faces**, you can download more watch faces from the **Play Store** app.

**3** Tap **Customise** to customise the watch face. Swipe left or right on the screen to move to an item you want to customise, and then select the desired colour and other things by using the bezel or swiping upwards or downwards on the screen. To set the complications, tap each complication area you want.



You can also change the watch face and customise it from your phone. Open the **Galaxy Wearable** app on your phone and tap **Watch faces**.

#### Customising a watch face with a picture

Apply a picture as your watch face after importing a picture from your phone. Refer to Managing pictures saved on your Watch for more information about importing pictures from a phone.

- 1 Touch and hold the Watch screen and tap **Add watch face**.
- 2 Tap Photos, Pebbles, or Photo sticker.
- 3 Tap Customise.
- 4 Swipe left or right on the screen to move to the **Background** or **Photo** item.

- 5 Tap the screen, select a picture to use as a watch face, and then tap OK. To zoom in or out on the picture, double tap the picture, or spread two fingers apart or pinch the picture. When the picture is zoomed in, swipe the screen to make a part of the picture appear on the screen.
- To select several pictures at the same time, touch and hold a picture, select pictures by using the bezel or swiping left or right on the screen, and then tap
   To add extra pictures after selecting pictures, tap Add photo. However, if you are selecting Photo sticker for the watch face, you can only select one picture.
  - Up to 20 pictures can be added as the watch face when you are selecting **Photos** or **Pebbles** for the watch face.
  - The pictures you add will appear when you tap the screen when you are selecting **Photos** for the watch face.
- 6 Tap **OK**.
- 7 Swipe the screen to change other items, such as complication, and return to the previous screen.

# Turning on the Always On Display feature

Set the Watch screen and some apps' screens to always stay on while wearing your Watch. However, the battery will drain more quickly than normal while using this feature.

To use this feature, open the quick panel by dragging downwards from the top edge of the screen and tap (2). Alternatively, on the Apps screen, tap (2) (Settings)  $\rightarrow$  Display and tap the Always On Display switch to turn it on.

# Turning on watch only mode

In watch only mode, only the time will display and all other functions cannot be used.

On the Apps screen, tap O (Settings)  $\rightarrow$  Battery and device care  $\rightarrow$  Battery  $\rightarrow$  Watch only and tap Turn on.

To turn off watch only mode, press and hold the Home button. Alternatively, place the Watch on the wireless charger.

# Notifications

# Notification panel

Check a notification such as a new message or a missed call on the notification panel. On the Watch screen, rotate or swipe the bezel anticlockwise. Alternatively, swipe right on the screen to open the notification panel.

When there are new notifications, an orange notification indicator will appear on the Watch screen. If the notification indicator does not appear, on the Apps screen, tap  $\bigcirc$  (Settings)  $\rightarrow$  Notifications  $\rightarrow$  Advanced settings and tap the Notification indicator switch to turn it on.



- You can receive notifications only when wearing the Watch.
  - You cannot receive notifications on your Watch when using your phone. To check notifications on your Watch even while you are using your phone, tap (Settings) on the Apps screen, tap Notifications → Show phone notifications on watch, and then select Show alerts even when phone in use.

# Checking incoming notifications

When you receive a notification, information about the notification, such as its type or the time you received it, will appear on the screen. If more than two notifications are received, use the bezel or swipe left or right on the screen to check more notifications.

Tap the notification to check the details.



### **Deleting notifications**

Swipe upwards on the screen while checking a notification.

# Selecting apps for receiving notifications

Select a phone or Watch app to receive notifications for on your Watch.

- 1 Open the Galaxy Wearable app on your phone.
- 2 Tap Watch settings  $\rightarrow$  Notifications  $\rightarrow$  App notifications.
- **3** Tap the switch next to apps to receive notifications from the apps list.
# Quick panel

Check the Watch's current status and configure settings from the quick panel.

To open the quick panel, drag downwards from the top edge of the screen. To close the quick panel, swipe upwards on the screen.

Use the bezel or swipe left or right on the screen to move to the next or previous quick panel.



### Checking the status indicator icons

Status indicator icons appear at the top of the quick panel and inform you of the Watch's current status. The icons listed in the table are the most common.

lcon	Meaning
*	Bluetooth connected
<b>ail</b> / ail	Signal strength
46 / LTE	LTE network connected
e u	Wi-Fi connected
<b>_</b>	Watch and phone are remotely connected
1	Battery power level

- Some status indicator icons that show certain situations, such as when you use some modes or charge the Watch, also appear at the top of the Watch screen. To hide the status indicator icons on the Watch screen, tap <sup>(☉)</sup> (Settings) on the Apps screen, tap Advanced features → Status indicators, and then select Hide after 2 seconds.
  - The status indicator icons may appear differently depending on the region, carrier, or model.

### Checking quick settings icons

Quick settings icons appear on the quick panel. Tap the icon to change the basic settings or launch the feature. To check more detailed settings, touch and hold a quick settings icon.

Refer to Editing a quick panel for more information about adding or removing the quick settings icons on the quick panel.

lcon	Meaning
Ø	Open the Select mode menu
٢	Access the power options
٥	Open <b>Settings</b>
Θ	Turn on do not disturb mode
0	Turn on the Always On Display feature
3/3/3	Turn on sound, vibrate, or silent mode
0	Turn on the flash
٥	Adjust the brightness
۵	Turn on power saving mode
•	Open the volume menu
8	Connect the Wi-Fi network
0	Turn on water lock mode
•	Turn on flight mode
0	Connect the Bluetooth headset

lcon	Meaning
0	Open the <b>Find My Phone</b> app
0	Turn on the GPS feature
Ð	Connect the mobile network (SM-R935F, SM-R945F, SM-R955F, SM-R955F)
Ø	Turn on the NFC feature
0	Turn on the touch sensitivity feature
8	Connect to Bluetooth (SM-R935F, SM-R945F, SM-R955F, SM-R965F)

- The O quick setting icon may appear differently depending on the running mode, and you can turn off the mode by tapping the icon when the mode is being used.
  - The quick setting icons may appear differently depending on the software version of the connected phone.

### Editing a quick panel

Tap 
 to access the edit mode to change the quick settings icon's arrangement, or add or remove the quick settings icon.

- Moving the quick setting icon: Touch and hold a quick settings icon to move and drag it to the desired location.
- Adding the quick setting icon: Tap 🕀 on the quick settings icon to add.
- Removing the quick setting icon: Tap ⊖ on the quick settings icon to remove.

# **Entering text**

### Keyboard layout

A keyboard appears when you enter text.



- The text input screen may be different depending on the app you open.
  - Text entry is not supported in some languages. To enter text, you must change the input language to one of the supported languages.

### Changing the input language

Drag the — icon upwards, tap  $\Rightarrow$  Input languages  $\rightarrow$  Manage languages, and then select the languages to use. When you select two languages, you can switch between the input languages by swiping to the left or right on the space key. You can add up to two languages.

You can also set the input languages by tapping (Settings) on the Apps screen and tapping General → Input → Samsung Keyboard → Input languages → Manage languages.

#### Changing the keyboard type

Drag the — icon upwards, tap  $\Rightarrow$  **Input languages**, select a language, and then select the keyboard type you want.

On a **3 x 4** keyboard, a key has three or four characters. To enter a character, tap the corresponding key repeatedly until the desired character appears.

Getting started

### Additional keyboard functions

Drag the — icon upwards on the keyboard screen to use additional keyboard functions.



Some features may not be available depending on the language, carrier, or model.

# Apps and features

# Installing and managing apps

### **Play Store**

Purchase and download apps.

Tap **(Play Store**) on the Apps screen. Browse apps by category or tap **(**and search for a keyword.

- Register the Google Account on your Watch to use the Play Store app. Refer to Adding a Google Account to your Watch for more information.
  - To change the auto-update settings, tap **Settings** and tap the **Auto-update apps** switch to turn it on or off.

### Managing apps

### Uninstalling or disabling apps

Open the **Galaxy Wearable** app on your phone, tap **Watch settings** → **Apps**, tap an app, and then select an option.

- Uninstall: Uninstall downloaded apps.
- **Disable**: Disable selected default apps that cannot be uninstalled from the Watch.
- Some apps may not support this feature.
  - Some apps can be removed by touching and holding the app on the Watch's Apps screen and tapping **Uninstall**.

### Enabling apps

Open the **Galaxy Wearable** app on your phone, tap **Watch settings**  $\rightarrow$  **Apps**, select ]=, and then tap **Disabled**  $\rightarrow$  **OK**. Select an app and tap **Enable**.

### Setting app permissions

For some apps to operate properly, they may need permission to access or use information on your Watch.

To check or change app permission settings by permission category, on the Apps screen, tap O (Settings)  $\rightarrow$  Apps  $\rightarrow$  Permission manager. Select an item and select an app.

Ø

If you do not grant permissions to apps, the basic features of the apps may not function properly.

# Messages

Check messages and reply to using the Watch.

You may incur additional charges for sending or receiving messages when you are roaming.

The Android Messages app may be available depending on the region, and the settings for the default messages app are synced with the connected phone.

### Checking messages

1 Tap 😇 (Messages) on the Apps screen.

Or, open the notification panel and check a new message.

2 Scroll through the message list or use the bezel, and then select a contact to check your conversations.

To check a message on your phone, tap **Show on phone**.

To reply to a message, tap the message input field and enter a message.

Apps and features

### Sending messages

1 Tap 😳 (Messages) on the Apps screen.



- 2 Tap 📿.
- **3** Tap **Recipient** or tap **(IIII)** to enter a message recipient or phone number. Or, tap **(C)** and select a message recipient from the contacts list.
- 4 Tap the message input field and enter a message or select a text template, and then tap or 7.

Recording and sending a voice message

You can send a voice file after recording what you want to say.

On the message input screen, tap 🐠, record what you want to be sent, and then tap 🦪.



### **Deleting messages**

- 1 Tap 😇 (Messages) on the Apps screen.
- 2 Scroll through the message list or use the bezel, and then select a contact to check your conversations.
- 3 Touch and hold a message, then tap **Delete**.The message will be deleted both from the Watch and the connected phone.

# Phone

### Introduction

You can make calls and check incoming calls and receive them.

The sound may not be heard clearly during a call and only brief calls are available in areas with weak signals.

# Making calls

Tap ( (Phone) on the Apps screen.



Use one of the following methods to make calls.

- Tap (III), enter a number using the keypad, and then tap (S).
- Tap (C), use the bezel or scroll through the contact list, select a contact, and then tap
   C).
- Use the bezel or scroll through the log list, select a log entry, and then tap S.

# Selecting the number to use for making calls (SM-R935F, SM-R945F, SM-R955F, SM-R965F)

You can select the number you want to use between the Watch's number and the connected phone's number when making calls. Also, if your Watch is connected to a phone that supports dual SIM cards, you can select a SIM card to make calls.

- 1 Tap () (Phone) on the Apps screen.
- 2 Tap 📵.
- **3** Tap and select the option you want.
  - **Phone**: Make calls with the number of the connected phone.
  - **SIM1**: Make calls with the number of the connected phone's SIM card 1.
  - SIM 2: Make calls with the number of the connected phone's SIM card 2.
  - Watch: Make calls with the Watch's number.
- Some features may not be available depending on the connected phone.
  - You can also select a number to use by touching and holding the call button after selecting a log entry.

Setting a preferred number in advance (SM-R935F, SM-R945F, SM-R955F, SM-R965F)

- 1 Tap () (Phone) on the Apps screen.
- 2 Tap Settings.
- **3** Tap **Preferred number** and select the option you want.
  - **Phone**: Set to make calls with the number of the connected phone.
  - Watch: Set to make calls with the Watch's number.
  - Always ask: Set to always ask which number to use whenever making calls.
- When the connected phone supports dual SIM cards, you can select the phone's SIM card you want to use. On the Apps screen, tap (●) (Settings) → Connections → SIM card manager and select a SIM card for making calls under Preferred SIM for calls. If you do not select the SIM card, you have to select a SIM card to use when you make calls.

# **Options during calls**

The following actions are available:



Multiple The screen's appearance may differ depending on the model.

### Making a phone call with a Bluetooth headset

When a Bluetooth headset is connected, the call will be directed to it.

While the Bluetooth headset is not connected, on the Apps screen, tap O (Settings)  $\rightarrow$  Connections  $\rightarrow$  Bluetooth. When the available Bluetooth devices list appears, select a Bluetooth headset you want to use.

# **Receiving calls**

### Answering a call

When a call comes in, rotate or swipe the bezel clockwise. Alternatively, drag 🕥 outside the large circle.

You can have phone conversations using the Watch's internal microphone, speaker, or a connected Bluetooth headset.

### Declining a call

You can decline incoming calls and send a declining message to the caller.

When a call comes in, rotate or swipe the bezel anticlockwise. Alternatively, drag outside the large circle.

To send a declining message, drag the — icon upwards and select the message you want.

### Missed calls

If a call is missed, a missed call notification appears on the notification panel. On the notification panel, check missed call notifications. Alternatively, tap () on the Apps screen to check missed calls.

# Contacts

You can make a call or send a message to a contact. The contacts saved on your connected phone will be also saved to your Watch.

Tap 🖰 (Contacts) on the Apps screen.



The favourite contacts list on the phone will appear on the top of the contacts list.

Use one of the following search methods:

- Tap **Q** and enter the search criteria on the top of the contacts list.
- Scroll through the contacts list.
- Use the bezel. When you rotate or swipe the bezel quickly, the list scrolls by the alphabet of the first letter.

Once a contact is selected, take one of the following actions:

- 🕓 : Make a voice call.
- 🔘 : Compose a message.

### Selecting the frequently used contacts on the tile

Add the frequently used contacts from the **Contacts** tile to contact them directly through a text message or phone call. Tap  $Add \rightarrow \textcircled{3}$  and select contact.

- To use this feature, you must add the Contacts tile. Refer to Using tiles for more information.
  - Up to four contacts can be added on the tile.

# Samsung Wallet

Use various convenient features in Samsung Wallet. You can make a payment, check tickets or boarding passes, and more.

Tap 🜔 (Samsung Wallet) on the Apps screen and select a feature you want.

- This app may not be available depending on the region, carrier, model, or connected phone.
  - Some features may not be available depending on the region.
  - The procedures for the initial setup may vary depending on the region or carrier.

### Setting up Samsung Wallet

- 1 Open the **Galaxy Wearable** app on your phone.
- 2 Tap Watch settings → Samsung Wallet and follow the on-screen instructions to complete the setup.

### Making payments

Register cards to Samsung Pay to make payments. Refer to Samsung Pay for more information.

### Using tickets

Add boarding passes and tickets for movies, sports, and more, to access and use them in one place.

# Samsung Pay

### Introduction

Register cards to Samsung Pay to make payments.

You can check out more information, such as cards that support this feature at www.samsung.com/samsung-pay.

- To make payments with Samsung Pay, the device may be required a connection to a Wi-Fi or mobile network depending on the region.
  - This app may not be available depending on the region, carrier, model, or connected phone.
  - The procedures for the initial setup and card registration may vary depending on the region or carrier.

# Setting up Samsung Pay

- 1 Open the Galaxy Wearable app on your phone.
- 2 Tap Watch settings → Samsung Pay and follow the on-screen instructions to complete your card registration.

# Making payments

- 1 To make a payment on your Watch, press and hold the Back button on the Watch screen or on the Samsung Pay intro page.
- 2 Enter your PIN or draw the pattern you set.
- **3** Scroll through the cards list, select a card, and then tap **PAY**.

4 Place your Watch close to the card reader. When the card reader recognises the card information, the payment will be processed.



- Payments may not be processed depending on your network connection.
  - The verification method for payments may vary depending on the card readers.

# Samsung Health

### Introduction

Samsung Health records and manages your 24-hour activity and sleep pattern to cultivate a healthy habit. You can save and manage health-related data on the Samsung Health app of the connected phone.

After continuously exercising for more than 10 minutes (for running, 3 minutes) while wearing the Watch, the auto detect workouts feature will be turned on. Also, the Watch will notify you and show you some stretching motions to follow or it will show you a screen encouraging you to engage in light activity when the Watch recognises inactivity for more than 50 minutes. When your Watch recognises that you are driving or sleeping, it may not notify you and not show a stretching screen although you are physically inactive.

Visit www.samsung.com/samsung-health for more information.

Samsung Health features are intended only for leisure, well-being, and fitness purposes. They are not intended for medical use. Before using these features, read the instructions carefully.

# Daily activity

Check your current daily status, such as steps, active times, activity calories, and their targets, and related information.

### Checking your daily activity

Tap 🕚 (Samsung Health) on the Apps screen and tap Daily activity.



- **Steps**: Check the amount of steps you walk throughout the day. As you approach your step target, the graph will increase.
- Active time: Check the total time you were physically active throughout the day. As you approach your active time target by doing light activities, such as stretching, or walking, the graph will increase.
- Activity cal: Check the total amount of calories you spent doing an activity throughout the day. As you approach your activity calories target, the graph will increase.

To check additional information which is related to your daily activity, use the bezel or swipe upwards or downwards on the screen.

### Setting the daily activity target

- 1 Tap 🕙 (Samsung Health) on the Apps screen.
- 2 Tap **Daily activity** and tap **Set targets**.
- **3** Select an activity option.
- 4 Use the bezel or swipe upwards or downwards on the screen to set the target.
- 5 Tap **Done**.

### Steps

The Watch counts the number of steps you have taken.

### Measuring your step count

Tap 🕚 (Samsung Health) on the Apps screen and tap Steps.



To check additional information which is related to the steps, use the bezel or swipe upwards or downwards on the screen.

- When you start to measure your step count, the step tracker monitors your steps and shows your step count after a brief delay because your Watch accurately recognises your movement after you walk for a while. Also, for an accurate step count, you may experience a brief delay before the notification indicates that a certain goal has been reached and this notification will appear only when using the Samsung Health app after downloading and installing the app.
  - If you use the steps tracker while travelling by car or train, vibration may affect your step count.
  - One floor is calculated as approximately 3 metres. The floors measured may not match the actual floors you climb.
  - The floors measured may not be accurate depending on the environment, the user's movements, and the conditions of buildings.
  - The floors measured may not be accurate if water (shower and water activity) or foreign materials enter the atmospheric pressure sensor. If there is any detergent, sweat, or raindrops on the Watch, rinse it with clean water and dry the Watch, including the atmospheric pressure sensor thoroughly before use.

### Setting the step target

- 1 Tap 👶 (Samsung Health) on the Apps screen.
- 2 Tap **Steps** and tap **Set target**.
- **3** Use the bezel or swipe upwards or downwards on the screen to set the target.
- 4 Tap Done.

### Exercise

Record your exercise information and check the results.

- Before using this feature, seek the advice of a licensed medical professional, such as a doctor, if any of the following apply to you:
  - If you have a chronic medical condition, such as heart disease or high blood pressure
  - If you are pregnant
  - If you are not of the appropriate age to exercise independently
  - If you feel dizzy, experience pain, or have difficulty breathing during exercise, stop exercising immediately and seek the advice of a licensed medical professional, such as a doctor.
  - Your heart rate is measured when you start exercising. For accurate measurements, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.
  - Do not move until your heart rate appears on the screen so it can be measured more accurately.
  - Your heart rate may not appear temporarily because of various conditions such as the environment, your physical state, or how the Watch is worn.

#### Be aware of following conditions before exercising in cold weather conditions:

- Avoid using the device in cold weather. If possible, use the device indoors.
- If you use the device outside in cold weather, cover the Watch with your sleeves before using it.

### Starting exercises

- 1 Tap 🕗 (Samsung Health) on the Apps screen.
- 2 Tap Work out.
- You can start exercising directly from the **Multi-workouts** tile after adding workouts to it.
- **3** Use the bezel or swipe left or right on the screen to select an exercise type you want. When there is no exercise type you want, tap **Add**, and then select an exercise type you want.



The exercise will begin. For certain exercise types, tap **Start** to initiate the exercise.

4 Use the bezel or swipe upwards or downwards on the screen to check exercise information, such as your heart rate, distance, or time, on the workout screen.



You can play music by swiping left on the screen.

- When you select Swimming or Swimming (outdoor), water lock mode will be automatically turned on and the touch screen will be unresponsive. Water lock mode is a feature that prevents unintentional screen touches and inputs when exercising in the water. When water lock mode is on, the features, such as the raise wrist to wake feature and Always On Display feature, including screen touches are automatically turned off.
  - When you select **Swimming** or **Swimming (outdoor)**, the recorded value may not be accurate in following cases:
    - If you stop swimming before reaching the completion point
    - If you change your swimming stroke midstream
    - If you stop moving your arms before reaching the completion point
    - If you swim without moving your arms
    - If you swim with only one arm
    - If you swim under water
    - If you get out of the water and walk after starting the exercise
    - If you do not pause or restart the exercise, but finish the exercise while resting
- 5 Swipe right on the screen and tap **Finish**.

To pause or restart the exercise, swipe right on the screen and tap **Pause** or **Resume**. Alternatively, press and hold the Back button.

- To finish swimming, first press and hold the Home button to turn off water lock mode, shake your Watch to completely remove any water from it to ensure that the atmospheric pressure sensor will work properly, and then tap **OK**.
  - Music will continue to play even if you finish exercising. To stop playing music, stop music before finishing exercising or open the **Music** app or **Media Controller** app to stop playing music.
- 6 Use the bezel or swipe upwards or downwards on the screen after finishing the exercise to check your exercise results.

#### Doing multiple exercises

You can log various exercises and go straight through an entire routine by starting another exercise right after finishing the current exercise.

Swipe right on the screen while working out, tap **New**, and then select the next exercise type to begin.

To finish swimming, first press and hold the Home button to turn off water lock mode, shake your Watch to completely remove any water from it to ensure that the atmospheric pressure sensor will work properly, and then tap **OK**.

#### Starting repetitive exercises

When you perform repetitive exercises such as squats or deadlifts, your Watch will count how many times you repeat the motion with beeping.

- 1 Tap 🚯 (Samsung Health) on the Apps screen.
- 2 Tap Work out.
- **3** Use the bezel or swipe left or right on the screen to select a type of repetitive exercise you want and begin.

When there is no repetitive exercise type you want, tap **Add**, and then select an exercise type you want.



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4 Tap **OK** and get into the proper position to start by following the pose on the screen.



Counting will begin with beeping.

5 Use the bezel or swipe upwards or downwards on the screen to check exercise information, such as your heart rate, the number of repetition, or calories, on the workout screen.



You can play music by swiping left on the screen.

**6** Take a rest after completing a set. Or, tap **Skip** if you want to skip to the next set without resting.

The exercise will begin after you get into the proper position to start it by following the pose on the screen.

- 7 Swipe right on the screen and tap Finish.
  To pause or restart the exercise, swipe right on the screen and tap Pause or Resume.
  Alternatively, press and hold the Back button.
- Music will continue to play even if you finish exercising. To stop playing music, stop music before finishing exercising or open the **Music** app or **Media Controller** app to stop playing music.
- 8 Use the bezel or swipe upwards or downwards on the screen after finishing the exercise to check your exercise results.

### Checking the exercise history

You can check your exercise history, which is sorted by date and exercise type.

- 1 Tap 👶 (Samsung Health) on the Apps screen.
- 2 Tap View history.

**3** Use the bezel or swipe upwards or downwards on the screen to check all your exercise history.



### Working out after adding your own exercise

In addition to the default exercise types provided by your Watch, you can add your own exercises, and measure the duration and calories burned, and then check your exercise results.

- 1 Tap 🕗 (Samsung Health) on the Apps screen.
- 2 Tap Work out.
- 3 Tap Add → Create new exercise.
- 4 Enter a name and tap the **Record distance, speed, and route with GPS** switch to record additional options.
- 5 Tap Save.

Your exercise will be added.



6 Select the exercise you added and begin.

### Setting the exercise

- 1 Tap 🚯 (Samsung Health) on the Apps screen.
- 2 Tap Work out.
- **3** Tap **t** under each exercise type and set the various exercise options.
  - Pool length: Set the pool length.
  - Target: Turn on the exercise target feature and set it.
  - Workout screen: Set the screens that appear while you are working out.
  - **HR zone guide**: Turn the feature on and set to receive alerts once you reach the heart rate zone goal you set.
  - Auto lap: Set to record the lap time manually by pressing the Back button twice or automatically at the distance or time you set while working out.
  - **Guide frequency**: Set to receive guidance whenever you reach the distance, time, or length you set.
  - **Coaching messages**: Set to receive coaching messages for proper pacing while working out.
  - **Auto pause**: Set the Watch's exercise feature to pause automatically when you stop working out.
  - Workout start: Set how to start working out.
  - Audio guide: Turn the audio guide on to check your target and laps by audio.
  - Screen always on: Set to turn the screen always on during workouts.
  - Auto detect workouts: Turn the auto detect workouts feature on and set it. Refer to Auto detect workouts feature for more information.
- You can also change certain settings right before starting the exercise or while exercising. Before starting the exercise, tap Settings on the countdown screen or GPS screen. Alternatively, while working out, swipe right on the screen and tap Settings.
  - The available exercise setting options may vary depending on the exercise type.

### Auto detect workouts feature

Once you have engaged in an activity for more than 10 minutes (for running, 3 minutes) while wearing the Watch, it automatically recognises that you are exercising and records exercise information such as the exercise type, duration, and calories burned.



When you stop doing some exercises for more than one minute, the Watch automatically recognises that you have stopped exercising and recording will end.

- You can check the list of exercises that are supported by the auto detect workouts feature. On the Apps screen, tap (Samsung Health) and tap Settings → Activities to detect. If the exercises are not recognised automatically, turn on the auto detect workouts feature and tap the switch of the exercise type that uses this feature under Activities to detect.
  - The auto detect workouts feature measures something, such as the time you spent exercising and calories burnt by using the acceleration sensor. The measurements may not be accurate depending on your manner of walking, exercise routines, and lifestyle.

# Food

Record the calories you eat in a day and compare with your target calories to get help to manage your weight.

### **Recording the calories**

- 1 Tap 🜔 (Samsung Health) on the Apps screen.
- 2 Tap Food.
- **3** Tap **Enter**, tap the meal type on the top of the screen, and then select an option.
- 4 Use the bezel or swipe upwards or downwards on the screen to set the caloric intake, and then tap **Done**.



To check additional information which is related to the caloric intake, use the bezel or swipe upwards or downwards on the screen.

### Deleting logs

- 1 Tap 🚷 (Samsung Health) on the Apps screen.
- 2 Tap Food and tap Delete.
- 3 Select data to delete and tap **Delete**.

### Setting your caloric intake target

- 1 Tap 🚷 (Samsung Health) on the Apps screen.
- 2 Tap Food and tap Set target.
- **3** Use the bezel or swipe upwards or downwards on the screen to set the target.
- 4 Tap Done.

# Sleep

Analyse your sleep and record it by measuring your heart rate and your movement while you are sleeping.

- This feature is only for your general wellness and fitness. Therefore, do not use it for medical purposes, such as diagnosing the symptoms, treatment, or prevention of disease.
- The sleep pattern will have its four states (Awake, REM, Light, Deep) analysed by using your movement and changes in your heart rate while you are sleeping. You can check the recommended ranges for each measured sleep state in the graph on your connected phone.
  - If your heart rate is irregular or your Watch cannot recognise your heart rate properly, the sleep pattern will be analysed into three states (Restless, Light, Motionless).
  - You can check the detailed sleep analysis only when your Watch is connected to your phone.
  - Before measuring, charge the Watch's battery so it is more than 30%.
  - For accurate measurements, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.

### Measuring your sleep

- 1 Sleep while wearing the Watch. The Watch will start to measure your sleep.
- 2 Tap 🚯 (Samsung Health) on the Apps screen after you wake up.
- 3 Tap Sleep.

4 Use the bezel or swipe upwards or downwards on the screen to check all information related to your measured sleep.



### Using the snore detection feature

- 1 Tap 🚯 (Samsung Health) on the Apps screen.
- 2 Tap Settings.
- **3** Tap **Snore detection**.

The Samsung Health app will open on your phone.

- 4 Tap the switch to turn it on.
- 5 Select **Always** under **Detect snoring** to measure your snoring whenever you are sleeping.
- **6** Connect your phone to the charger and place the phone's microphone so it faces you before sleeping.

Your snoring will be measured along with your other sleep records when you sleep while wearing the Watch.

- The snore detection feature can be turned on in the Samsung Health app (version 6.18 or later) of the connected phone.
  - Snoring may not be measured if you do not set the snore detection feature to **Always**, do not connect your phone to the charger before sleeping, or do not place the phone's microphone so it faces you before sleeping.

### Using the skin temperature during sleeping feature

Record the change in your skin temperature while you sleep and receive assistance in creating an optimal sleeping environment.

- 1 Tap 🕗 (Samsung Health) on the Apps screen.
- 2 Tap Settings.

- **3** Tap the **Skin temperature during sleep** switch to turn it on. Your skin temperature will be measured along with your other sleep records when you sleep while wearing the Watch.
- If your skin temperature is measured continuously while sleeping, the battery will drain more quickly than normal.
  - You can see the light because of the flickering optical heart rate sensor while measuring your skin temperature.
  - The Watch may measure your skin temperature even if you are not sleeping because your Watch can recognise your sleep status even while reading books or watching TVs or movies.
  - Wear the Watch firmly to ensure that you will not create space between your wrist and the Watch when turning over in your sleep.

### Heart rate

Measure and record your heart rate.

- The Watch's heart rate tracker is intended for fitness and informational purposes only and is not intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of disease.
- For accurate measurements, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.

#### Be aware of following conditions before measuring your heart rate:

- Rest for five minutes before taking measurements.
- If the measurement is very different from the expected heart rate, rest for 30 minutes and then measure it again.
- During winter or in cold weather, keep yourself warm when measuring your heart rate.
- Smoking or consuming alcohol before taking measurements increases heart rate and may cause your heart rate to be different from your normal heart rate.
- Do not talk, yawn, or breathe deeply while taking heart rate measurements. Doing so may cause your heart rate to be recorded inaccurately.

- Heart rate measurements may vary depending on the measurement method and the environment they are taken in.
- If the sensor is not working, check the Watch's position on your wrist and make sure nothing is obstructing the sensor. If the sensor continues to have the same problem, visit a Samsung Service Centre or an authorised service centre.

### Measuring your heart rate manually

- 1 Tap 🚯 (Samsung Health) on the Apps screen.
- 2 Tap Heart rate.
- **3** Tap **Measure** to begin measuring your heart rate. Check the measured heart rate on the screen.



To check additional information which is related to the heart rate, use the bezel or swipe upwards or downwards on the screen.

### Changing the heart rate measurement settings

- 1 Tap 👶 (Samsung Health) on the Apps screen.
- 2 Tap Heart rate.
- 3 Tap **Settings** and select the measurement method under **Measurement**.
  - Measure continuously: Your heart rate will be measured continuously.
  - Every10 mins while still: Your heart rate will be measured every10 minutes while resting.
  - Manual only: Your heart rate will be measured manually only when tapping Measure.

### Setting the heart rate alert

You can receive an alert when your heart rate is higher or lower than the resting heart rate value you set and it lasts more than 10 minutes.

- 1 Tap 🕗 (Samsung Health) on the Apps screen.
- 2 Tap Heart rate.
- 3 Tap Settings and set the alert under Heart rate alert.
  - **High HR**: Set to receive an alert when your heart rate is consistently higher than the heart rate value you set.
  - Low HR: Set to receive an alert when your heart rate is consistently lower than the heart rate value you set.

### Stress

Check your stress level by utilising the bio data collected by your Watch and reduce your stress by following the breathing exercise that the Watch provides.

- The more frequently you measure your stress level, the more accurate your results will be because of the accumulated data.
  - Your measured stress level is not necessarily related to your emotional state.
  - Your stress level may not be measured, while you are sleeping, working out, moving a lot, or right after you finish a workout.
  - For accurate measurements, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.
  - This feature may not be available depending on the region.

### Measuring your stress level manually

- 1 Tap 🕙 (Samsung Health) on the Apps screen.
- 2 Tap Stress.

**3** Tap **Measure** to begin measuring your stress level. Check the measured stress level on the screen.



### Alleviating stress with the breathing exercise

- 1 Tap 🙆 (Samsung Health) on the Apps screen.
- 2 Tap Stress.
- 3 Tap 
  or 
  under Breathe to change the time and the number for the breath exercise. To change the breath exercise duration, tap Breathe duration.
- 4 Tap Start and start breathing.
  To stop the breathing exercise, tap the screen and tap O.

### Changing the stress measurement settings

- 1 Tap 👶 (Samsung Health) on the Apps screen.
- 2 Tap Stress.
- 3 Tap Settings and select the measurement method under Measurement.
  - Measure continuously: Your stress level will be measured continuously.
  - Manual only: Your stress level will be measured manually only when tapping Measure.
# **Body composition**

Measure your body composition, such as your skeletal muscle mass or fat mass.

- This feature is only for your general wellness and fitness. Therefore, do not use it for medical purposes, such as diagnosing the symptoms, treatment, or prevention of disease.
  - Do not measure your body composition if you have an implanted cardiac pacemaker, defibrillator, or if any other electronic device is inside of your body.
  - A low electric current goes through your body when measuring your body composition. Although it is harmless to humans, do not measure your body composition if you are pregnant.
- For accurate measurements, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.
  - For accurate body composition measurements, you must enter your actual height, weight, and gender on the Samsung Health app profile of the connected phone, and also enter your actual birthday on your Samsung account. If the measured body composition results are inaccurate, check your user profile in the Samsung Health app on the phone and modify it.
  - Unlike professional body composition measuring instruments, the Watch, which
    has to be worn your wrist, measures the upper body's composition and estimates
    your entire body's composition to provide the results. Therefore the measured
    body composition results may be inaccurate in the following cases: when your
    upper and lower body's composition is too unbalanced, when you are extremely
    obese, or when you have a very large amount of muscles.

 The Watch uses the Bioelectrical Impedance Analysis (BIA) method when measuring body composition, which has more than 98% correlation compared to the Dual-energy X-ray absorptiometry (DXA) method, which is regarded as the golden standard.



#### Be aware of following conditions before measuring your body composition:

- If you are an individual under the age of 20, the results may not be accurate when you measure your body composition.
- You can get more accurate body composition results if you follow the following measurement conditions:
  - Measuring at the same time of the day (recommended to measure in the morning)
  - Measuring on an empty stomach
  - Measuring after going to the bathroom
  - Measuring when you are not having your menstrual period
  - Measuring before doing activities that cause your body temperature to rise, such as exercising, taking showers, or going to the sauna.
  - Measuring after removing metal objects from your body, such as necklace
  - Using the band included with the Watch instead of a metallic band

#### Measuring your body composition

- 1 Tap 👶 (Samsung Health) on the Apps screen.
- 2 Tap Body composition.
- 3 Tap Measure.
- You can learn about how to measure your body composition in detail on the screen by tapping **How to measure**.
- 4 Enteryour weight and tap **Confirm**.
- 5 Place your two fingers on the Home and Back buttons by following the on-screen instructions to begin measuring your body composition.



#### Correct measurement posture

- Put both of your arms to chest level while not making contact with your body.
- Ensure that the two fingers placed on the Home and Back buttons do not come into contact with each other. Also, do not touch the other parts of your Watch except the buttons.
- Stay stable and do not move for accurate measurement results.
- The signal may experience interruptions when your finger is dry. In this case, measure your body composition after applying toner or lotion to make your finger's skin moist.
- Measurement results may not be accurate because of the dryness of your skin or hair.
- Wipe the back of the Watch clean before measuring for accurate measurement results.

Check measured body composition results on the screen.



To check the additional information which is related to the body composition, use the bezel or swipe upwards or downwards on the screen.

# Cycle tracking

Enter your menstrual period to begin tracking your cycle. When you are managing and tracking your menstrual cycle, you can predict date like your next period.

- This feature is only for managing and tracking your menstrual cycle. Therefore, do not use it for medical purposes, such as diagnosing the symptoms, treatment, or prevention of disease.
  - This feature is not intended to be used for pregnancy planning or contraception purposes.
  - Predicted dates are only for personal reference. Predicted dates may differ from actual dates.
  - Individuals under the age of 18 should use this feature with a guardian.
  - Do not make any medical decisions based on predicted dates without consulting a physician. Also, do not use the information provided by the Samsung Health app or take medical actions without consulting with a qualified medical expert.
- Turn on the cycle tracking feature in the Samsung Health app on your phone to use this feature on your Watch.
  - Predicted dates may vary depending on the input information.
- 1 Tap 🕗 (Samsung Health) on the Apps screen.
- 2 Tap Cycle tracking.

- 3 Tap Enter period.
- 4 Tap the input field, use the bezel or swipe upwards or downwards on the screen to set your period's start date.
- 5 Tap Save.

To check additional information which is related to your cycle tracking, use the bezel or swipe upwards or downwards on the screen.

### Predicting your menstrual cycle by measuring your skin temperature

- 1 Tap 🙆 (Samsung Health) on the Apps screen.
- 2 Tap Settings.
- 3 Tap the **Predict period with skin temp** switch to turn it on.

### Water

Record and track how many glasses of water you drink.

#### **Recording water consumption**

- 1 Tap 🜔 (Samsung Health) on the Apps screen.
- 2 Tap Water.
- 3 Tap when you drink a glass of water.
  If you accidentally added an incorrect value, you can fix it by tapping .

#### Setting your target consumption

- 1 Tap 🚯 (Samsung Health) on the Apps screen.
- 2 Tap Water and tap Set target.
- 3 Use the bezel or swipe upwards or downwards on the screen to set the daily target.
- 4 Tap Done.

## Blood oxygen

Measure your blood's oxygen level to check whether your blood is properly delivering oxygen to the different parts of your body.



This feature is only for your general wellness and fitness. Therefore, do not use it for medical purposes, such as diagnosing the symptoms, treatment, or prevention of disease.

#### Be aware of following conditions before measuring your blood oxygen level:

- Rest for five minutes before taking measurements.
- During winter or in cold weather, keep yourself warm when measuring your blood oxygen level.
- Blood oxygen level measurements may vary depending on the measurement method and the environment they are taken in.

### Measuring your blood oxygen level manually

- 1 Tap 👶 (Samsung Health) on the Apps screen.
- 2 Tap Blood oxygen.

**3** Tap **Measure** to begin measuring your blood oxygen level.

#### Correct measurement posture

• For accurate measurements, wear the Watch firmly around your lower arm above the wrist while leaving two fingers' worth of space as shown in the figure. Also, place your elbow on the table while positioning your wrist close to your heart.



- Do not move and stay in the correct posture until finishing the measurement.
- You can learn about how to measure your blood oxygen level in detail on the screen by tapping **How to measure**.

Check the measured blood oxygen level on the screen. If your resting blood oxygen level is between 95% and 100%, it is assumed to be within the normal range.



#### Measuring your blood oxygen level while sleeping

Set to measure your blood oxygen level continuously while sleeping.

- 1 Tap 🜔 (Samsung Health) on the Apps screen.
- 2 Tap Settings.
- **3** Tap the **Blood oxygen during sleep** switch to turn it on. Your sleeping blood oxygen level will be measured along with your other sleep records when you sleep while wearing the Watch.
- If your blood oxygen level is measured continuously while sleeping, the battery will drain more quickly than normal.
  - You can see the light because of the flickering optical heart rate sensor while measuring your blood oxygen level.
  - The Watch may measure your blood oxygen level even if you are not sleeping because your Watch can recognise your sleep status even while reading books or watching TVs or movies.
  - Wear the Watch firmly to ensure that you will not create space between your wrist and the Watch when turning over in your sleep.

# Together

Compare your step count records with your friends who also use the together feature of the Samsung Health app. When you start step challenges with your friends, you can check the challenge status on your Watch.

- 1 Tap 🚷 (Samsung Health) on the Apps screen.
- 2 Tap Together.

Tap **Show on phone** to check detailed information which is related to the together feature on your connected phone.

Turn on the together feature in the Samsung Health app on your phone to check the together information on your Watch.

# Settings

You can set the various setting options related to exercise and fitness.

Tap 🕚 (Samsung Health) on the Apps screen and tap Settings.

- **Measurement**: Set how to measure your heart rate and stress, and turn the additional features that can be measured during sleep on or off.
- Labs: Use new features of the Watch.
- Auto detect workouts: Turn on the auto detect feature and configure the settings, such as selecting the exercise types to be detected.
- **Inactive time**: Turn the feature on to receive alerts after 50 minutes of inactivity, and set the time and days you want to be notified.
- Make visible to other devices: Allow other devices to find your Watch.
- Share data with devices and services: Set to share information with other connected health platform apps, exercise machines, and TVs.
- **Privacy**: Select apps or service providers to share information with to display the necessary information during exercise.
- Some features may not be available depending on the region, carrier, or model.

# Samsung Health Monitor

## Introduction

You can measure your blood pressure or ECG whenever you want to check them with the Samsung Health Monitor app of your Watch that includes both the optical heart rate sensor and electrical biosensor. You can check the measurement history using the Samsung Health Monitor app on your connected phone since your Watch and phone have been synced automatically.

Manage your health more systemically with your physician based on your measurement results.

- If you have not installed the Samsung Health Monitor app on your connected phone, open the Samsung Health Monitor app on your Watch and follow the on-screen instructions to download it from the Galaxy Store on the phone.
  - The Samsung Health Monitor app is only supported on Samsung phones.
  - Individuals under the age of 22 cannot use the Samsung Health Monitor app to measure your blood pressure or take your ECG.
  - This app may not be available depending on the region.

## Precautions for measuring blood pressure and ECG

#### Common precautions

- The Samsung Health Monitor app cannot be used for medical purposes, such as diagnosing hypertension, cardiac disorders, and other heart conditions. Do not use this app for purpose of replacing a physician's medical judgment or treatment under any circumstances. In case of an emergency, contact a nearby hospital immediately.
- Do not change your medication, dosage, or usage without your physician's advice.
- The readings and results from the Samsung Health Monitor app are only for reference. Do not use them for making medical decisions without your physician's opinion under any circumstances.
- For accurate measurements, wear the Watch firmly around your lower arm above the wrist. Refer to How to wear the Watch for accurate measurements for more information.

- Before measuring your blood pressure or ECG, prepare a comfortable chair and a table to rest your arm and phone on.
  - Sit upright in the comfortable chair you prepared with your back supported.
  - Be sure to place your arm comfortably on a table when you are measuring your blood pressure or taking an ECG.
  - Rest for at least five minutes in a comfortable position before measuring your blood pressure or taking your ECG.
  - Measure your blood pressure or ECG in a quiet place indoors.
  - Do not measure your blood pressure or ECG while engaging in physical activity.
  - Stay still and do not speak once you start measuring your blood pressure or taking your ECG, and do not move or speak until the measurement is complete.
  - Do not measure your blood pressure or take your ECG when you are in close vicinity of machines that produce strong electronic fields, such as MRIs (Magnetic Resonance Imaging), X-ray machines, electromagnetic anti-theft systems, or metal detectors.
  - Always connect your Watch to your phone at home or in a safe place through Bluetooth for security reasons. It is not recommended to connect to a phone in a public place.
  - Do not measure your blood pressure or take your ECG during medical treatments, such as operations or defibrillation.
  - Measure your blood pressure or ECG in an environment where the temperature is between 12°C to 40°C, and the relative humidity is between 30% to 90%.

#### Precautions for measuring the blood pressure

- Avoid consuming alcohol, food that includes caffeine, smoking, exercising, and taking a bath 30 minutes before measuring your blood pressure.
- Make sure your wrist is dry when measuring your blood pressure and do not measure it when you have applied lotion or are sweating excessively.
- Do not take a deep breath or breathe slowly on purpose, but breath as usual while measuring your blood pressure.
- If you are pregnant, your results may not be accurate when you measure your blood pressure.
- Do not measure your blood pressure with the Samsung Health Monitor app if you have any of the following conditions:
  - Arrhythmia
  - Underlying heart disease or have suffered a heart attack
  - Circulatory or peripheral vascular disease
  - Valvular heart disease (Aortic valve disease)
  - Myocardiopathy
  - Other cardiovascular disease
  - End-stage renal disease (ESRD)
  - Diabetes
  - Neurological dysfunction (for example, tremors)
  - Blood clotting dysfunction or if you are taking a blood thinner
- Do not use a wrist that has been tattooed or has marks on it when measuring your blood pressure because the optical heart rate sensor may be affected by the tattoos or marks.

- The Samsung Health Monitor app calibrates and measures blood pressure based on the readings from the arm that is wearing the blood pressure manometer. You must consult your physician if there is a large difference between the blood pressure in both of your arms (more than 10 mmHg).
  - Do not use a Watch which has been calibrated for other people for measuring your blood pressure.
  - The measurable reading range of the Samsung Health Monitor app for blood pressure is as follows: In case of calibration, the systolic blood pressure range is 80 mmHg to 170 mmHg, and the diastolic blood pressure is 50 mmHg to 110 mmHg. In case of measurement, the systolic blood pressure range is 70 mmHg to 180 mmHg, and the diastolic blood pressure is 40 mmHg to 120 mmHg.
  - The signal may be affected by the brightness of the individual's skin, the amount of blood under their skin, and the cleanliness of the sensor.

#### Precautions for measuring the ECG

- Make sure your wrist is not too dry when measuring your ECG. You can get more accurate ECG signals when your skin that comes in contact with the sensor is moist with a moderate amount of sweat, toner, or lotion.
- Do not measure your ECG if you have an implanted cardiac pacemaker, defibrillator, or if any other electronic device is inside of your body.
- Do not take your ECG with the Samsung Health Monitor app if you have an arrhythmia other than atrial fibrillation.
- The Samsung Health Monitor app cannot detect heart attacks. If you have any suspicious symptoms of a heart attack, contact emergency services immediately.
- You can get more accurate ECG results if you follow the following measurement conditions:
  - Measuring after removing metal objects from your body, such as necklace
  - Using the band included with the Watch instead of a metallic band

# Starting to measure the blood pressure

#### Presetting before measuring the blood pressure

Enter your profile on the Samsung Health Monitor app and calibrate your Watch before measuring your blood pressure. If you do not enter a profile, you cannot measure your blood pressure, and if you do not calibrate the Watch or have someone else calibrate it, the readings will not be valid.

- Be sure to calibrate the Watch with cuff-typed blood pressure manometer when measuring your blood pressure with the Samsung Health Monitor app for the first time after purchasing the Watch. After initial calibration, recalibrate it every 28 days. The cuff-typed blood pressure manometer is sold separately.
- 1 Tap 😳 (Samsung Health Monitor) on the Apps screen.
- 2 Tap Blood pressure → Open phone app.
   The Samsung Health Monitor app will open on your phone.
- 3 Tap Accept.
- 4 Enter your profile information, such as your name, gender, and birthday, and tap **Continue**.
- 5 Tap Calibrate the watch.
- 6 Wear the cuff of the blood pressure manometer on the upper part of the arm not wearing the Watch. Refer to the blood pressure manometer's user manual for more information about correctly wearing the cuff.
- 7 Follow the on-screen instructions to complete the calibration.

#### Measuring your blood pressure

You can measure your blood pressure by using your Watch's optical heart rate sensor without using any other medical devices, such as the cuff-typed blood pressure manometer, after calibration.



- 1 Tap 😳 (Samsung Health Monitor) on the Apps screen.
- 2 Tap **Blood pressure** → **Measure**.

Check the measured systolic and diastolic blood pressure and pulse rate on the screen.



#### Checking the readings

Check the readings on the Watch's screen after measuring your blood pressure. You can check the previous readings and information on the connected phone's Samsung Health Monitor app. Share, delete, and manage your results on the phone's Samsung Health Monitor app.

If your readings are abnormally high or low and feel some unusual physical symptoms, contact a nearby hospital immediately for proper medical attention. Measure at least 2 more times again if you are judged not to be in an emergency.

# Starting to measure the ECG

### Presetting before measuring the ECG

Enter your profile on the Samsung Health Monitor app before measuring your ECG. If you do not enter a profile, you cannot measure your ECG.

- 1 Tap 😳 (Samsung Health Monitor) on the Apps screen.
- 2 Tap **ECG**  $\rightarrow$  **Open phone app**.

The Samsung Health Monitor app will open on your phone.

- 3 Tap Accept.
- 4 Enter your profile information, such as your name, gender, and birthday, and tap **Continue**.
- 5 Tap **Get started** and follow the on-screen instructions to get ready for measuring your ECG.

### Measuring the ECG

Manage your health by checking your heart status in advance through the ECG measurement results.

- 1 Tap 🚱 (Samsung Health Monitor) on the Apps screen.
- 2 Tap ECG → OK and place a finger lightly on the electrical biosensor. Do not leave any space between your wrist and your Watch.



The measurement will start and the ECG wave will appear on the screen.



Check the measured ECG results on the screen.

- **3** Tap **Add**, select additional physical symptoms that you are currently experiencing, and then tap **Save**.
- 4 Tap Done.

### Checking the results

Check the results and ECG wave on the Watch and the connected phone's Samsung Health Monitor app screen after taking your ECG. The ECG wave shows heart rate rhythm and electric activities of your heart, and it is divided into several parts. Share the ECG graph and results with your physician to get an accurate diagnosis through a more thorough checkup when you find abnormal results from your ECG wave and readings.

You can check the previous results and information on the connected phone's Samsung Health Monitor app. Share, delete, and manage your results on the phone's Samsung Health Monitor app.

- Sinus rhythm: A normal heartbeat rhythm that is between 50 100 BPM.
- AFib: A type of arrhythmia where the heart beats irregularly. Consult your physician.
- **Inconclusive**: The result is not a type of **Sinus rhythm** nor **AFib** and falls into one of the following conditions:
  - When the heart rate is less than 50 or more than 100 BPM while recording the ECG wave and there is also no **AFib**
  - When the ECG wave is not sorted as Sinus rhythm nor AFib
  - When the heart rate is more than 120 BPM and the ECG wave indicates AFib

• **Poor recording**: It appears when the signals used for analysing the ECG measurement result are not measured properly. If this case, take the measurement again.



Contact your physician or a nearby hospital immediately if **Inconclusive** or **Poor recording** appears continuously and you feel some unusual physical symptoms.

- If Poor recording appears continuously, wipe out the electrical biosensor and measure your ECG again. The signal may be experiencing interruptions because of the dryness of the skin on the sensor or hair on your wrist. In this case, measure your ECG after applying toner or lotion to make your skin moist or after removing some hair first.
  - If the ECG wave appears upside down, it may not be analysing your ECG properly. Tap (○) (Settings) on the Apps screen and tap General → Orientation to check the settings on the wrist where you wear it and the buttons' location. Then, wear your Watch in the correct direction and measure your ECG again.

# GPS

The Watch has a GPS antenna so that you can check your real-time location information without connecting to a phone.

On the Apps screen, tap O (Settings)  $\rightarrow$  Location and tap the switch to turn it on.

- When your Watch and phone are connected, this feature uses your phone's GPS. Turn on the phone's location feature to use the GPS sensor.
  - The GPS antenna in your Watch will be used when using the Samsung Health feature and the health platform apps, even though your Watch is connected to your phone.
  - GPS signal strength may decrease in locations where the signal is obstructed, such as between buildings or in low-lying areas, or in poor weather conditions.

# Music

### Introduction

Listen to music saved on your Watch.

# **Using Music**

Tap 🔂 (Music) on the Apps screen.

Drag the — icon upwards and tap **Library** to open the Library screen. On the Library screen, you can check the playlist and arrange music by tracks, albums, and artists.



## Managing audio files saved on your Watch

Check the audio files on your Watch, categorised by type, and manage them by adding or removing them as desired.

- 1 Open the **Galaxy Wearable** app on your phone.
- 2 Tap Watch settings → Manage content.

3 Select Tracks on watch.

The audio files saved on your Watch will appear, sorted by category.

- To send audio files from your phone to your Watch, tap +, select audio files, and then tap Add to watch.
- To delete audio files saved on your Watch, touch and hold a file you want to delete, and tap **Delete**.

To sync audio files on your phone with your Watch every 6 hours, tap the **Auto sync** switch under **Music** to turn it on. Then, tap **Playlists to sync**, select playlists to import to your Watch, and then tap **Done**. The selected playlists will be automatically synced with your Watch when it has more than 15% of remaining battery power and when power saving mode is turned off on your Watch.

# Media Controller

## Introduction

Control the media app installed on your Watch or the connected phone to play or pause music and video.

✓ To open this app automatically from your Watch when you play music or videos on the connected phone, on the Apps screen, tap ③ (Settings) → Display and tap the Show media controls switch to turn it on.

# Controlling the music player

1 Tap 🕑 (Media Controller) on the Apps screen.

#### 2 Select Phone or Watch.

When you select **Phone**, music will play from the connected phone's music app and you can control the music player with your Watch.

When you select **Watch**, music will play from your Watch's music app and you can listen to music with your Watch's speaker or a connected Bluetooth headset.



# Controlling the video player

- 1 Play video on the connected phone.
- 2 Tap 🕑 (Media Controller) on the Apps screen.
- 3 Tap Phone.

You can control the video player with your Watch.

# Reminder

Register to-do items as reminders and receive notifications according to the condition you set.

- To receive reminder notifications in a specific place, you have to connect your Watch to your phone through Bluetooth. However, the feature for setting you to receive reminder notifications in a specific place is only available on your phone.
  - All reminders on your Watch will be synced with the connected phone automatically so that you can also receive alerts and check them from the phone.
- 1 Tap () (Reminder) on the Apps screen and tap Write.

If you have a saved reminder, tap 🕀 on the top of the reminders list.

- 2 Enter the reminder.
- **3** Tap **Set time** to set a notification.
- 4 Tap the input field, use the bezel, or swipe upwards or downwards on the screen to set the time, and tap **Next**.
- 5 Set other notification options, such as the date when to receive the notification and whether to repeat the notification, and tap **Done**.
- 6 Tap Save.

The saved reminder is added to the reminders list and the reminder will appear at the time you set with an alarm.

#### **Completing reminders**

On the reminders list, tap [] or select a reminder and tap **Complete**.

#### **Restoring reminders**

Restore reminders that have been completed.

- 1 On the reminders list, tap **Completed**.
- 2 Select a reminder to restore and tap **Restore**. Reminders will be added to the reminders list and you will be reminded again.

#### **Deleting reminders**

Touch and hold the reminder on the reminder list, and then tap **Delete**.

# Calendar

You can check the 7-day schedules of events that you saved on your phone on your Watch.

Tap 🗓 (**Calendar**) on the Apps screen to check the schedules of events that you saved on your phone.

To add your schedule, tap **Show on phone** and add it on the connected phone.

# Bixby

Bixby is a user interface that helps you use your Watch more conveniently.

You can talk to Bixby. Bixby will launch a feature you request or show the information you want. Visit www.samsung.com/bixby for more information.

- Make sure the Watch's microphone is not obstructed when you are speaking into it.
  - Bixby is only available in some languages, and certain features may not be available depending on your region.

### Starting Bixby

Press and hold the Home button to launch Bixby and complete the setup by following the on-screen instructions.

If you cannot launch Bixby with the Home button, on the Apps screen, tap (○) (Settings) → Advanced features → Customise buttons, tap Press and hold under Home button, and then select Bixby.

# Using Bixby

While pressing and holding the Home button, say what you want to Bixby. Alternatively, say the wake-up phrase after turning on the screen and say what you want.

For example, while pressing and holding the Home button, say "How's the weather today?" The weather information will appear on the screen.

If Bixby asks you a question during a conversation, you can continue to talk to Bixby without pressing the Home button or **O**.

Waking up Bixby using your voice

You can start a conversation with Bixby by saying "Hi, Bixby" or "Bixby".

- 1 Tap 🕓 (**Bixby**) on the Apps screen. Alternatively, press and hold the Home button.
- 2 Tap  $\bigcirc \rightarrow$  Voice wake-up.
- 3 Tap the Wake with "Hi, Bixby" switch to turn it on.
- 4 Tap **Wake-up phrase** and select a wake-up phrase you want. Now you can say the wake-up phrase and start a conversation.

# Weather

Check weather information on the Watch for locations set on the connected phone.

Tap 🔿 (Weather) on the Apps screen.

To check the weather information, such as the time-specific weather or weekly information, use the bezel or swipe upwards or downwards on the screen.

To add another city's weather information, tap **Manage locations**  $\rightarrow$  **Manage on phone** and add the city from the connected phone.

# Alarm

Set and manage the Watch's alarms and the phone's alarms individually.

When your Watch is connected to your phone through Bluetooth, you can check all alarm lists on your phone from the Watch.

### Setting alarms

- 1 Tap 🕒 (Alarm) on the Apps screen.
- 2 Tap Add on watch to set alarms that only go off on your Watch.You can also add an alarm from the connected phone by tapping Add on phone.
- **3** Tap the input field, use the bezel or swipe upwards or downwards on the screen to set the alarm time, and tap **Next**.

4 Set other alarm options, such as the date when to go off and whether to repeat the alarm, and tap **Save**.

The saved alarm is added to the alarms list.

To turn on or off alarms, tap the switch next to the alarm in the alarms list.

### Turning off alarms

Drag 🔕 outside the large circle to turn off an alarm. Alternatively, rotate or swipe the bezel clockwise.

If you want to use the snooze feature, drag @ outside the large circle. Alternatively, rotate or swipe the bezel anticlockwise.

### **Deleting alarms**

In the alarms list, touch and hold an alarm, and then tap **Delete**.

# World Clock

Tap 🚯 (**World Clock**) on the Apps screen to check the world clocks added from the phone.

To add a world clock, tap **Add on phone**. Or, if you have added world clocks, tap **Manage on phone**, and then add or remove a world clock on the connected phone.

# Timer

### Setting a timer

- 1 Tap 📴 (Timer) on the Apps screen.
- 2 Tap 😨.
- **3** Tap the input field, use the bezel or swipe upwards or downwards on the screen to set the duration, and tap **>**.
- If you select a preset, the timer will start right away. You can also check more presets by using the bezel or swiping upwards or downwards on the screen.

#### Dismissing a timer

Drag 🕙 outside the large circle when your timer goes off. Alternatively, rotate or swipe the bezel clockwise.

To restart the timer, drag 🙆 outside the large circle. Alternatively, rotate or swipe the bezel anticlockwise.

# Stopwatch

- 1 Tap 🙆 (**Stopwatch**) on the Apps screen.
- 2 Select the stopwatch style you want by using the bezel or swiping left or right on the screen.

To change the stopwatch style, touch and hold the screen.

- 3 Tap Start to time an event.To record lap times while timing an event, tap Lap or <a>O</a>.
- 4 Tap **Stop** or **(1)** to stop timing.
  - To restart the timing, tap Resume or O.
  - To clear lap times, tap **Reset** or 🙆.

# Gallery

### Introduction

You can access images, albums, and stories saved on your Watch or synced with your phone. Also, you can personalise the watch face by using pictures.

## Managing pictures saved on your Watch

Check the pictures on your Watch, categorised by type and manage them by adding or removing them as desired.

- 1 Open the Galaxy Wearable app on your phone.
- 2 Tap Watch settings  $\rightarrow$  Manage content.

#### 3 Select Images on watch.

The pictures saved on your Watch will appear sorted by category.

- To send pictures from your phone to your Watch, tap +, select pictures, and then tap Add to watch.
- To delete pictures saved on your Watch, touch and hold a picture you want to delete, and tap **Delete**.

To sync images on your phone with your Watch, tap the **Auto sync albums** switch under **Gallery** to turn it on. Then, tap **Albums to sync**, select albums to import to your Watch, and then tap **Done**. The selected albums will be automatically synced with your Watch when it has more than 15% of remaining battery power and when power saving mode is turned off on your Watch.

## **Using Gallery**

Tap 😳 (Gallery) on the Apps screen.



### Viewing images

Check and manage the images saved on your Watch.

- 1 Tap 😳 (Gallery) on the Apps screen.
- 2 Select a category.
- **3** Use the bezel or swipe upwards or downwards on the screen to scroll through the list and select an image.

### Zooming in or out

While checking an image, double tap the image, spread your two fingers apart, or pinch on an image to zoom in or out.

When an image is magnified, you can view the rest of the image by scrolling around the screen.

## **Customising a watch face**

You can view pictures on your watch face after personalising it with pictures. Refer to Customising a watch face with a picture for more information.

- 1 Tap 😳 (Gallery) on the Apps screen.
- 2 Touch and hold the image to use.
- **3** Use the bezel or swipe left or right on the screen and select more images.
- 4 Tap 🕑 and select a watch face type.

### **Deleting images**

- 1 Tap 😳 (Gallery) on the Apps screen.
- 2 Touch and hold the image to delete it.
- **3** Use the bezel or swipe left or right on the screen and select any images to delete more.

To select all images, tap **All**.

4 Tap 🕕.

# **Find My Phone**

If you misplace the phone, the Watch can help you find it.

- 1 Tap ( (Find My Phone) on the Apps screen.
- 2 Tap Start.

The phone will make a sound and vibrate, and its screen will turn on. To stop making sound and vibrating, tap 🛞 and drag it on the phone, or tap **Stop** on the Watch.

# **Find My Watch**

If you misplace your Watch, the Galaxy Wearable app on your connected phone or the SmartThings Find feature of the SmartThings app installed on your connected phone can help you find it.

- SmartThings Find feature support may vary depending on the software version of the connected phone.
  - The screen may be switched automatically to find your Watch with the SmartThings Find feature if the connected phone supports the SmartThings Find feature.

### Finding with the Galaxy Wearable app

- 1 Open the Galaxy Wearable app on your phone and tap Find My Watch.
- 2 Tap Start.

The Watch will make a sound and vibrate, and its screen will turn on.

To stop making sound and vibrating, drag 🛞 outside the large circle on the Watch. Alternatively, use the bezel. You can also stop it by tapping **Stop** on the phone.

#### Controlling the Watch remotely

When your Watch is lost or stolen, open the **Galaxy Wearable** app on your phone, tap **Find My Watch** → **Set security**, and then control your Watch remotely.

#### Finding with the SmartThings Find feature from the SmartThings app

Open the Galaxy Wearable app on your phone and tap Find My Watch.

The SmartThings Find screen that is available through the SmartThings app will appear on the phone and you can check your misplaced Watch's location on the map. Also, you can find it by following the sound emitted from your Watch.

# Sending an SOS

### Introduction

In an emergency, including when you are hurt from a fall, make an emergency call and send an SOS message that includes your location information to previously registered contacts. Also, you can set up your Watch to display your medical information on it after sending the SOS.

- If the GPS feature of your Watch is not turned on and it is needed to send your location information, it will be turned on automatically to determine your location.
  - Your location information may not be sent depending on your region or situation.

### **Entering medical information**

Enter your medical information, such as your name and blood type. This information can be accessed directly on your Watch during an emergency.

- 1 Open the Galaxy Wearable app on your phone and tap Watch settings → Safety and emergency.
- 2 Tap Medical info, enter your information, and then tap Save.

When sending an SOS or sharing your emergency, the entered medical information will appear on your Watch's SOS screen.

## Sharing your emergency

#### **Registering emergency contacts**

Add contacts who can help you when sharing an emergency.

- 1 Open the Galaxy Wearable app on your phone and tap Watch settings → Safety and emergency.
- 2 Tap Emergency contacts.
- **3** Tap **Add member** and select contacts you want from your existing contact, and then tap **Done**.

### Sharing emergency information

When sharing an emergency, a message that includes your location information and a low battery alert warning will be sent to your emergency contacts. Also, the SOS screen will appear on your Watch, which will provide medical information to anyone who finds you in an emergency so they can help you.

- 1 Tap 💽 (Settings) on the Apps screen.
- 2 Tap Safety and emergency → Emergency sharing.
- 3 Tap Start.

Your current location will be shared with your emergency contacts and the SOS screen will appear on your Watch.

# **Requesting** an SOS

### Setting the SOS request

- 1 Open the Galaxy Wearable app on your phone and tap Watch settings → Safety and emergency.
- 2 Tap Emergency SOS.
  - To select a contact to make an emergency call, tap **Emergency number to call** and select a contact or enter one manually.
  - To send an SOS message that includes your current location to emergency contacts, tap the Share info with emergency contacts switch to turn it on. Refer to Registering emergency contacts for more information about setting the emergency contacts to send a message.
  - Tap the **Countdown** switch to turn it on and set the desired time for automatically initiating an emergency call and sending an SOS message on the SOS request screen. If this feature is turned off, you will need to manually place an emergency call and send a message on the SOS request screen within a specific time. If not, your Watch will automatically cancel the SOS request.

### Sending an SOS request

- 1 In an emergency, press the Watch's Home button five times.
- 2 When vibrating, drag 🙄 outside the large circle. Alternatively, rotate or swipe the bezel anticlockwise.

A call is automatically placed to your emergency contact.

- 3 When the call is completed and the vibration resumes, drag 🙆 outside the large circle. Alternatively, rotate or swipe the bezel anticlockwise. Your current location will be shared with your emergency contacts and the SOS screen will appear on your Watch.
- 🖉 🔹 To not place a call or share your current location drag 🐼 outside the large circle on the SOS request screen. Alternatively, rotate or swipe the bezel clockwise.
  - If the Share info with emergency contacts feature is turned off, a message that includes your current location will not be sent to emergency contacts.
  - If the Countdown feature is turned on, the emergency call and SOS message will be sent automatically after the time you set has passed.

# Requesting an SOS when you are hurt from a fall

#### Setting the SOS request when you are hurt from a fall

- 1 Open the Galaxy Wearable app on your phone and tap Watch settings → Safety and emergency.
- 2 Tap Hard fall detection and tap the switch to turn it on.
- 3 Tap When to detect falls and select the condition in which your Watch will detect the hurt from a fall.
  - To select a contact to make an emergency call, tap Emergency number to call and select a contact or enter one manually.
  - To send an SOS message that includes your current location to emergency contacts when you are hurt from a fall, tap the **Share info with emergency** contacts switch to turn it on. Refer to Registering emergency contacts for more information about setting the emergency contacts to send a message.

### Sending an SOS request when you are hurt from a fall

When a big impact occurs, the Watch will detect the hurt from a fall through your arm's movement and it will display the alert while vibrating and emitting sound.

If you do not respond within 60 seconds, the emergency call will be made and an SOS message will be sent out automatically to the previously registered contacts after the countdown.

- The Watch may believe that you have been hurt in a fall if you are doing a high impact exercise. If it is so, cancel the alert not to send the SOS message.
  - If the **Share info with emergency contacts** feature is turned off, a message that includes your current location will not be sent to emergency contacts.
  - If you want to cancel the SOS request or manually place an emergency call and send the SOS message after a hard fall, open the Galaxy Wearable app on your phone, tap Watch settings → Safety and emergency → Hard fall detection, and then tap the Countdown switch to turn it off.

# Stop sharing the location information

While sharing your location information, the 💬 icon appears on the Watch screen, and you can check the sharing status on the notification panel.

To stop sharing your location information, tap the notification panel and tap **Stop** sharing  $\rightarrow \bigcirc$ .

If you do not stop sending SOS messages, additional messages that include your location information will be continuously sent to the previously registered contacts every 15 minutes for 24 hours after the first SOS message is sent. However, the message will be sent only when your current location is some distance away from the location where the last message is sent.

# **Voice Recorder**

Record or play voice recordings.

### Making voice recordings

- 1 Tap 🐠 (Voice Recorder) on the Apps screen.
- 2 Tap 

   to start recording. Speak into the Watch's microphone.
   To pause recording, tap .



**3** Tap **to** finish recording.

The recording will be saved. To listen to the recorded sound, select a recording file.

### Changing the recording mode

#### Tap 🕕 (Voice Recorder) on the Apps screen.

Select a mode you want.

- ŋ☆: This is the normal recording mode.
- **N**T: The Watch records your voice for up to 10 minutes, converts it to text, and then saves it. For best results, keep the Watch near your mouth and speak loudly and clearly in a quiet place.
  - If the speech-to-text language does not match the language you are speaking, the Watch will not recognise your voice. Before using this feature, tap
    Speech-to-text to set the speech-to-text language.

# Calculator

You can perform calculations.

- Tap 🕃 (**Calculator**) on the Apps screen.
- Tap 🕒 and check the calculation history. To clear the history, tap **Clear history**.
- Drag the icon upwards to calculate a tip or use the unit conversion tool.

# Compass

You can use your Watch as a compass.

Tap 💋 (**Compass**) on the Apps screen.

Drag the — icon upwards to check additional information, such as the incline, altitude, and atmospheric pressure.

- The presence of magnetic substances, such as the wireless charger, may affect your Watch's internal compass sensor and lower its accuracy. Also, the metallic band, which contains magnetic substances, may affect your Watch's internal compass sensor by magnetic flux, depending on how you wear the band. Drag the icon upwards and tap Calibrate to calibrate the compass by swinging the wrist you are wearing the Watch on.
  - The compass sensor may be affected by magnetic interference, leading to a decrease in accuracy, even if the compass was calibrated in a densely built-up city, inside a building, or in a confined indoor space like an indoor parking lot or inside of a car.

# **Buds Controller**

You can check the battery status of the Galaxy Buds connected to the Watch and change their settings.

Tap 🥯 (**Buds Controller**) on the Apps screen.

# **Camera Controller**

You can remotely control the cameras of the phone connected to the Watch and take pictures or record videos from a distance.

1 Tap 🕑 (Camera Controller) on the Apps screen.

The Camera app will be opened on the connected phone.

2 Check the preview screen, and tap 🗍 to take a picture or tap 💌 to record a video. To change the shooting mode, tap 🙆 or 🕒.



Select the length of the delay before the camera automatically takes a picture.

Change the shooting mode.

Take a picture.

Ø This app may not be available depending on the connected phone.

# Samsung Global Goals

The Global Goals, which were established by the United Nations General Assembly in 2015, consist of goals that aim to create a sustainable society. These goals have the power to end poverty, fight inequality, and stop climate change.

With Samsung Global Goals, learn more about the global goals and join the movement for a better future.
## SmartThings

You can control smart appliances and Internet of Things (IoT) products that are connected to your phone with your Watch.

- 1 Tap 🎒 (SmartThings) on the Apps screen.
- 2 Select a device or scene to control.

To add the scenes or devices, tap **Show on phone** and add them on the connected phone.

If you have not installed the SmartThings app on your connected phone or if the versions of the SmartThings app on your Watch and phone do not match, you will not be able to use this app. Tap **Show on phone** to download the latest version of the app on your phone.

## Google apps

Google provides some apps for Watch. You may require a Google Account to access some apps.

- Maps: Find your location on the map and search the map using GPS.
- **Messages**: Send and receive messages on your Watch or phone.
- Some apps may not be available depending on the carrier or model.

## Settings

#### Introduction

Customise settings for functions and apps. Set your Watch depending on your usage pattern by configuring the various settings.

Tap 🗿 (Settings) on the Apps screen.

Some features in Settings may not be available depending on the region, carrier, or model.

#### Samsung account

Register the Samsung account on your connected phone or check the previously registered Samsung account.

On the Settings screen, tap Samsung account.

#### Connections

#### Bluetooth

Connect to a phone through Bluetooth. You can also connect other Bluetooth-enabled devices, such as a Bluetooth headset or computer.

On the Settings screen, tap **Connections**  $\rightarrow$  **Bluetooth**.

#### Precautions for using Bluetooth

- Samsung is not responsible for the loss, interception, or misuse of data sent or received through Bluetooth.
- Always ensure that you share and receive data with devices that are trusted and properly secured. If there are obstacles between the devices, the operating distance may be reduced.
- Some devices, especially those that are not tested or approved by the Bluetooth SIG, may be incompatible with your device.
- Do not use the Bluetooth feature for illegal purposes (for example, pirating copies of files or illegally tapping communications for commercial purposes). Samsung is not responsible for the repercussion of illegal use of the Bluetooth feature.

#### Wi-Fi

Turn on the Wi-Fi feature to connect to a Wi-Fi network.

- 1 On the Settings screen, tap **Connections**  $\rightarrow$  **Wi-Fi**, and tap the switch to turn it on.
- 2 Select a network from the Wi-Fi network list. Networks that require a password appear with a lock icon.
- 3 Tap Connect.
- If you cannot connect to a Wi-Fi network properly, restart your Watch's Wi-Fi feature or the wireless router.
  - The device is restricted to indoor use only when operating in the 5150–5350 MHz frequency range.

#### NFC and contactless payments

You can use this feature to make payments and buy tickets for transportation or events after downloading the required apps.

On the Settings screen, tap **Connections**  $\rightarrow$  **NFC and contactless payments**.

() The Watch contains a built-in NFC antenna. Handle the Watch carefully to avoid damaging the NFC antenna.

Making payments with the NFC feature

Before you can use the NFC feature to make payments, you must register for the mobile payment service. To register or get more information about the service, contact your service provider.

1 On the Settings screen, tap **Connections** → **NFC and contactless payments** and tap the switch to turn it on.

2 Touch the NFC antenna area of the Watch to the NFC card reader.

To set the default app, on the Settings screen, tap **Connections**  $\rightarrow$  **NFC and contactless payments**  $\rightarrow$  **Payment** and select an app.

Multiple The payment services list may not include all available payment apps.



#### Flight mode

Set the Watch to turn off all wireless functions on your Watch. You can use only non-network services.

On the Settings screen, tap **Connections** and tap the **Flight mode** switch to turn it on.

Follow the regulations provided by the airline and the instructions of aircraft personnel. In cases where it is allowed to use the device, always use it in flight mode.

#### Mobile networks (SM-R935F, SM-R945F, SM-R955F, SM-R965F)

Customise the settings to control mobile networks.

On the Settings screen, tap **Connections** → **Mobile networks** and select a mobile network connection option.

- **Auto**: Set to automatically use the Watch's mobile network when the Bluetooth connection with your phone is disconnected.
  - When the Watch is connected to the phone through Bluetooth, the Watch's mobile network is turned off to save battery power. Then, you cannot receive messages and calls made to the Watch's number.
    - When the Bluetooth connection with your phone is disconnected, the Watch's mobile network will automatically connect. Then, you can receive messages and calls made to the Watch's number.
- **Always on**: Set to always use the Watch's mobile network regardless of the connection with the phone.
- Always off: Set not to use the Watch's mobile network.
- Mobile plans: Subscribe to the carrier's mobile plan or additional services.
- Some services that require a network connection may not be available depending on the carrier.
  - When you are not subscribed to the carrier's mobile plan, the Watch's mobile network is turned off to save battery power and the network services may not be available.

#### Data usage (SM-R935F, SM-R945F, SM-R955F, SM-R965F)

Keep track of your data usage amount and customise the limit settings. Set the Watch to automatically disable the mobile data connection when you have reached your specified mobile data limit.

On the Settings screen, tap **Connections**  $\rightarrow$  **Data usage**.

- **Start billing cycle on**: Set the monthly start date of your plan's data usage.
- Set data limit: Turn on or off the feature to automatically disable the mobile data connection when you have reached your specified mobile data limit.
- Data limit: Set the mobile data limit.

#### Modes

Turn modes that sync with your connected phone based on your current activity or location on or off.

On the Settings screen, tap **Modes**.

1 Select the mode you want.



#### 2 Tap Turn on.

For modes that run automatically, it will be turned on when the conditions added on the connected phone are detected.

To change the mode settings, tap **Set on phone** and configure the settings on the connected phone.

If mode sync is not working between your connected phone and Watch, tap the **Sync modes with phone** switch to turn it on. Any new modes added or mode settings changed on the connected phone are synchronised with the Watch, as is the running status of the modes.



Only some modes are available if the **Sync modes with phone** feature is turned off, or if the connected phone has a different software version.

#### Notifications

Change the notification settings.

On the Settings screen, tap Notifications.

- **App notifications**: Select a phone or Watch app to receive notifications for on your Watch.
- Show phone notifications on watch: Set the Watch to display phone notifications depending on the phone's usage status.
- **Mute notifications on phone**: Set to mute app notifications on your phone when they will be displayed on the Watch.
- **Do not disturb**: Set the Watch to mute all notifications except for those you allow.
- Advanced settings: Configure advanced settings for notifications.

#### Sounds and vibration

Change the sound and vibration settings.

On the Settings screen, tap **Sounds and vibration**.

- Sound / Vibrate / Mute: Set to use sound mode, vibrate mode, or silent mode.
- Vibrate with sound: Set the Watch to vibrate with sound.
- Vibration: Set the vibration duration and intensity.
- **Call vibration**: Select a vibration pattern for incoming calls.
- Notification vibration: Select a vibration pattern for notifications.
- System vibration: Enable vibrations for certain actions.
- Volume: Adjust the volume level.
- Ringtone: Change the ringtone.
- Notification sound: Change the notification sound.
- System sounds: Enable sounds for certain actions.

#### Display

Change the screen settings.

On the Settings screen, tap **Display**.

- Brightness: Adjust the brightness of the screen.
- Adaptive brightness: Set the Watch to keep track of your brightness adjustments and apply them automatically in similar lighting conditions.
- Always On Display: Set the Watch screen and some apps' screens to always stay on while wearing your Watch. However, the battery will drain more quickly than normal while using this feature.
- Screen wake-up: Select how to turn the screen on. Refer to Turning the screen on for more information.
- Show media controls: Set to automatically open the Media Controller app on your Watch when music or video is played on the connected phone.
- Screen timeout: Set the length of time the Watch waits before turning off the screen's backlight.
- **Show last app**: Set the time to keep the last-used app on after the screen is turned off. If you turn the screen on again within the time you set after it has been turned off, the app screen you last used will appear instead of the Watch screen.
- Font: Set the font style for the screen.
- **Touch sensitivity**: Set the Watch to enable the use of the touch screen with gloves on.
- **Show charging info**: Set the Watch to display the charging information when the screen is off while charging.

#### Health

Configure the various settings related to exercise and fitness.

On the Settings screen, tap **Health**.

- **Measurement**: Set how to measure your heart rate and stress, and turn the additional features that can be measured during sleep on or off.
- Labs: Use new features of the Watch.
- Auto detect workouts: Turn on the auto detect feature and configure the settings, such as selecting the exercise types to be detected.

- **Inactive time**: Turn the feature on to receive alerts after 50 minutes of inactivity, and set the time and days you want to be notified.
- Make visible to other devices: Allow other devices to find your Watch.
- Share data with devices and services: Set to share information with other connected health platform apps, exercise machines, and TVs.
- **Privacy**: Select apps or service providers to share information with to display the necessary information during exercise.

#### Security and privacy

Check the Watch's security and privacy status and change the settings.

On the Settings screen, tap **Security and privacy**.

- Lock type: Change the screen lock method. Refer to Lock screen for more information.
- **Privacy**: Change the privacy settings, and set to get personalised service based on your interests and how you use your Watch.
- Wrist detection: Set to detect whether you are wearing the Watch.

#### Location

Change settings for location information usage.

On the Settings screen, tap Location.

- **App permissions**: Check the list of apps that have permission to access the Watch's location and edit the permission settings.
- Location services: Check the location services your Watch is using.

#### Safety and emergency

Manage your medical information and emergency contacts. You can also set to request an SOS automatically or manually when you are in an emergency situations. Refer to Sending an SOS for more information.

On the Settings screen, tap **Safety and emergency**.

- Medical info: Enter your medical information.
- Emergency contacts: Add your emergency contacts.
- **Emergency SOS**: Set to request an SOS by pressing the Watch's Home button five times in an emergency.
- Hard fall detection: Set to request an SOS automatically or manually when your Watch detects a hard fall.
- **Emergency sharing**: Send a message that includes your location information and a low battery alert warning to emergency contacts.
- Wireless Emergency Alerts: Change settings for emergency features, such as wireless emergency alerts.

#### Accounts and backup

You can use various features of the Watch after registering your Samsung or Google account on your connected phone and add them on your Watch. You can also regularly back up your Watch's data and files automatically with Smart Switch on your connected phone.

On the Settings screen, tap Accounts and backup.

- Accounts: Register your Samsung or Google account on your connected phone and add it to your Watch. Refer to Adding the accounts to your Watch for more information.
- **Backup**: Check the data of your Watch that is backed up automatically with Smart Switch on your connected phone.

#### Google

Change the settings for Google.

On the Settings screen, tap **Google**.

• Accounts: Check the Google Account registered on your connected phone and add it to your Watch.

#### **Advanced features**

Turn on the advanced features.

On the Settings screen, tap Advanced features.

- **Disconnection alerts**: Set to receive alerts when your Watch loses its Bluetooth connection to your phone while wearing it.
- Water lock: Turn on water lock mode before entering the water. When water lock mode is on, the features, such as the raise wrist to wake feature and Always On Display feature, including screen touches are automatically turned off.
- **Customise buttons**: Select an app or feature to launch when you press the Home button twice or press and hold it. You can also select a feature to launch when you press the Back button.
- **Status indicators**: Change the display settings for the status indicator icons at the top of the Watch screen.
- **Gestures**: Turn on the gestures feature and configure the settings. Refer to Gestures for more information.

#### Gestures

Turn on the gestures feature and configure the settings.

On the Settings screen, tap **Advanced features** and select the feature you want under **Gestures**.

- **Answer calls**: Set to answer calls by shaking the arm which is wearing the Watch twice while bending at the elbow.
- **Dismiss alerts and calls**: Set to dismiss alerts and decline calls by rotating the wrist you are wearing your Watch on twice.

 Quick launch: Set to launch the selected feature by bending the wrist you are wearing your Watch on up and down twice within five seconds after turning on the screen while closing your fist. Tap Select an option and set the feature to be turned on with this method.

#### **Battery and device care**

The device care feature provides an overview of the status of your Watch's battery, storage, and memory.

#### Battery

Check the remaining battery power and time to use the Watch. If the battery is low, turn on power saving mode to reduce battery consumption.

On the Settings screen, tap **Battery and device care**  $\rightarrow$  **Battery**.

- **Power saving**: Turn on power saving mode to extend the battery's usage time.
- **Sleeping apps**: Select apps to sleep in the background. Sleeping apps only run in the background occasionally to extend the battery's usage time.
- Watch only: Only the watch appears on the screen and all other features will be turned off to reduce the battery consumption. Press the Home button to check the watch. To turn off watch only mode, press and hold the Home button. Alternatively, place the Watch on the wireless charger.
- The usage time left shows the time remaining before the battery power runs out. Usage time left may vary depending on your Watch settings and operating conditions.

#### Storage

Check the status of the used and available storage.

On the Settings screen, tap **Battery and device care**  $\rightarrow$  **Storage**.

- The actual available capacity of the internal storage is less than the specified capacity because the operating system and default apps occupy part of the storage. The available capacity may change when you update the Watch.
  - You can check the available capacity of the internal storage in the Specification section for your Watch on the Samsung website.

#### Memory

On the Settings screen, tap **Battery and device care**  $\rightarrow$  **Memory**.

To speed up your Watch by stopping apps running in the background, tick apps from the apps list, and tap **Clean now**.

#### Apps

Configure the settings for the Watch's app.

On the Settings screen, tap Apps.

- Choose default apps: Choose default apps for similar features.
- **Health Platform**: Set your profile to be used for managing your health data and set to share information with other connected health apps.
- **App list**: Manage the Watch's apps. You can also check the apps' usage information and uninstall or disable unnecessary apps.
- **Permission manager**: Check the permission list for all apps, including the system apps, and change their permission settings.
- Samsung app updates: Check for updates for some preinstalled Samsung apps.

#### General

Customise your Watch's general settings. You can also connect your Watch to a new phone or reset the Watch.

On the Settings screen, tap **General**.

- Touch bezel: Change the touch bezel settings. (Galaxy Watch6)
- **Text-to-speech**: Change the settings for text-to-speech features used when TalkBack is turned on, such as languages, speed, and more.
- Input: Change the settings for the keyboard and set the quick responses feature.
- Date and time: Set the date and time manually.
  - Ø
- Disconnect your Watch from the phone to use this feature, since it is synced with the connected phone.
- **Orientation**: Set the Watch to match the wrist you wear it on, whether left or right, and the orientation of the Home button or Back button after wearing your Watch.

- **Transfer watch to new phone**: Connect your Watch to a new phone that uses the same Google Account as your previous phone without resetting the Watch's data. Refer to Connecting your Watch to a new phone for more information.
- **Reset**: Delete all data on your Watch. However, if your Watch is connected to your phone before being reset, your Watch's data and files will be backed up.

#### Accessibility

Configure various settings to improve accessibility to the Watch.

On the Settings screen, tap Accessibility.

• Functions you're using: Check the accessibility features you are using.

Multiple Provide the accessibility feature.

- TalkBack: Turn on TalkBack, which provides voice feedback. To check help information to learn how to use this feature, tap Settings → Tutorial and help.
- Visibility enhancements: Customise the settings to improve accessibility for users who have impaired vision.
- Hearing enhancements: Customise the settings to improve accessibility for users who have impaired hearing.
- Interaction and dexterity: Customise the settings to improve accessibility for users who have reduced dexterity.
- Advanced settings: Manage other advanced functions.
- Installed apps: Check accessibility services installed on the Watch.

#### Software update

Update your Watch's software through the firmware over-the-air (FOTA) service. You can also change the update settings.

On the Settings screen, tap **Software update**.

- Download and install: Check for and install updates manually.
- Auto update: Set the Watch to install updates automatically overnight, while it is being charged and has more than 30% of remaining battery power.

#### About watch

Access the Watch's additional information.

On the Settings screen, tap About watch.

- **Status information**: Check out the information, such as the Wi-Fi MAC address, Bluetooth address, and serial number.
- Legal information: Access legal information related to the Watch. You can also send the Watch's diagnostic information to Samsung.
- Software information: Access the software version and security status.
- **Battery information**: Check out the battery information.

# Galaxy Wearable app

## Introduction

To connect your Watch to a phone, you must install the Galaxy Wearable app on your phone. You can check the Watch's remaining battery and configure the settings with the Galaxy Wearable app.

Open the Galaxy Wearable app on your phone.

To search for settings by entering keywords, tap Q. You can also search for settings by selecting a tag under **Suggestions**.



Some features may not be available depending on the type of connected phone.



Tap = to use the following additional options:

- 😰 : Configure the settings for the Galaxy Wearable app.
- Add new device: Disconnect your device from the currently connected phone and connect a new device. Follow the on-screen instructions to complete the connection. Refer to Connecting the Watch to a phone through Bluetooth for more information.

- **Manage devices**: Manage connected devices when more than two devices are connected with your phone. To disconnect a device from your phone, select a device and tap **Remove**.
- Some features may not be available depending on the region, carrier, or model.

## Watch faces

You can change the type of watch to be displayed on the Watch screen.

On the Galaxy Wearable screen of the phone, tap Watch faces.

Select a watch face you want and tap **Customise** to change screen colours or components, such as clock hands and dials, and even select items to display on the Watch screen.

#### Making My style watch faces

Change your watch face into a pattern image that uses a colour combination abstracted from the picture you took. You can match your Watch's watch face with any fashion you want.

Multiple This feature is only available on Samsung or Android phones.

- 1 On the Galaxy Wearable screen of the phone, tap **Watch faces**.
- 2 Select My style under Graphical.
- 3 Tap **Customise** → **Background** → **Camera**. To select a picture saved on your phone, tap **Gallery**.
- 4 Tap () to take a picture and then tap **OK**.
- 5 Drag the part of the picture you want to use into the circle, or adjust the size of the picture to select the colour you want to use.
- 6 Select a pattern type and tap **Done**.
- 7 Tap Save.

The watch face will be changed into the My style one.

#### Making AR emoji watch faces

Change your watch face into your own AR emoji.

- This feature is only available on Samsung phones that support the AR emoji features.
- 1 On the Galaxy Wearable screen of the phone, tap **Watch faces**.
- 2 Select AR Emoji under Graphical.
- 3 Tap **Customise** → **Character**.
- 4 Tap 🕀 and follow the on-screen instructions to create your AR emoji.
- 5 Select the created AR emoji under **Other emojis** to transfer it to your Watch.
- 6 Tap Save.

The watch face will be changed into the AR emoji one.



## Apps screen

Rearrange apps on the Apps screen.

On the Galaxy Wearable screen of the phone, tap **Apps screen**.

To rearrange apps, touch and hold an app to move, drag it to the desired position, and then tap **Save**.

## Tiles

Customise the tiles on the Watch. You can also rearrange tiles. On the Galaxy Wearable screen of the phone, tap **Tiles**.

#### Adding or removing tiles

Tap the tiles you want to add under **Add tiles** or tap  $\bigcirc$  on the tiles you want to remove, and then tap **Save**.

#### **Rearranging tiles**

Touch and hold a tile you want to move, drag it to the desired position, and then tap **Save**.

## Quick panel

Select the quick settings icons displayed on the quick panel of your Watch. You can also rearrange quick settings icons.

On the Galaxy Wearable screen of the phone, tap **Quick panel**.

#### Adding or removing quick settings icons

Tap on the icon to add under **Available buttons** or tap  $\bigcirc$  on the icon to remove, and then tap **Save**.

#### Rearranging quick settings icons

Touch and hold an icon to move, drag it to the desired position, and then tap **Save**.

## Watch settings

#### Introduction

Check your Watch's status and configure your Watch settings. On the Galaxy Wearable screen of the phone, tap **Watch settings**.

#### Samsung account

Register the Samsung account on your connected phone or check the previously registered Samsung account.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Samsung account**. Refer to Registering a Samsung account on your Watch for more information.

#### Modes

Set to sync the mode settings of your Watch and phone.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Modes**.

- **Sync modes with phone**: Set to sync the mode settings of your Watch and phone. When turning on this feature, any new modes added or mode settings changed on your connected phone will be synchronised with the Watch, as is the running status of the modes.
- Only some mode syncing features may be supported depending on the software version of the connected phone.

#### Notifications

Change the notification settings.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Notifications**.

- **App notifications**: Select a phone or Watch app to receive notifications for on your Watch.
- Show phone notifications on watch: Set the Watch to display phone notifications depending on the phone's usage status.
- **Mute notifications on phone**: Set to mute app notifications on your phone when they will be displayed on the Watch.

- **Sync Do not disturb with phone**: Set to sync the do not disturb settings of your Watch and phone.
- Advanced notification settings: Configure advanced settings for notifications.

#### Sounds and vibration

Change the sound and vibration settings.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Sounds and vibration**. Refer to Sounds and vibration in Apps and features for more information.

#### Display

Change the screen settings.

On the Galaxy Wearable screen of the phone, tap **Watch settings** → **Display**. Refer to Display in Apps and features for more information.

#### Health

Configure the various settings related to exercise and fitness.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Health**. Refer to Health in Apps and features for more information.

#### Samsung Wallet / Samsung Pay

Use various convenient features in Samsung Wallet or Samsung Pay.

On the Galaxy Wearable screen of the phone, tap **Watch settings** → **Samsung Wallet** or **Samsung Pay**.

Multiple This feature may not be available depending on the region or connected phone.

#### Safety and emergency

Manage your medical information and emergency contacts. You can also set to request an SOS automatically or manually when you are in an emergency situations. Refer to Safety and emergency in Apps and features or Sending an SOS for more information. On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Safety and emergency**.

#### Accounts and backup

You can use various features of the Watch after registering your Samsung or Google account on your connected phone and add them on your Watch. You can also regularly back up your Watch's data and files automatically with Smart Switch on your connected phone and save the backup to Samsung Cloud.

On the Galaxy Wearable screen of the phone, tap **Watch settings** → **Accounts and backup**.

- Save the Watch's data and files that are automatically backed up periodically to Samsung Cloud, so that you can restore them if the data and files are damaged or lost caused by an unintended factory data reset.
  - For the Samsung Health app, only records from the previous 28 days are saved on your Watch. To check saved records older than 28 days, install the Samsung Health app on the connected phone and back up data automatically.
  - Accounts: Register your Samsung or Google account on your connected phone and add it to your Watch. Refer to Adding the accounts to your Watch for more information.
  - **Backup**: Check your Watch's data that is backed up automatically with Smart Switch on your connected phone, and tap the **Save backup to Samsung Cloud** switch to turn it on to store the backup on the Samsung Cloud.

#### **Advanced features**

Turn on the advanced features.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Advanced features**. Refer to Advanced features in Apps and features for more information about other features besides those listed.

• **Remote connection**: Set the Watch to remotely connect to your phone with the mobile network or Wi-Fi network when a Bluetooth connection between devices is unavailable.

#### **Battery and device care**

The device care feature provides an overview of the status of your Watch's battery, storage, and memory. You can also test your Watch.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Battery and device** care. Refer to Battery and device care in Apps and features for more information about other features besides those listed.

• **Diagnostics**: Test your Watch using Samsung Members.

#### Apps

Configure the settings for the Watch's app.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Apps**.

- App settings: Change the detailed settings for some of the Watch's apps.
- Your apps: Manage the Watch's apps and check each app's usage information, or uninstall or disable unnecessary apps.

#### Manage content

Sync saved audio or image files from your phone to your Watch, and manage audio or images saved on your Watch on your phone.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Manage content**.

- Music
  - **Tracks on watch**: Check and manage the audio files on your Watch by category. Refer to Managing audio files saved on your Watch for more information.
  - **Auto sync**: Set the phone to automatically sync audio files added to the playlists selected as **Playlists to sync** every six hours with the Watch.
  - **Playlists to sync**: Select a playlist to sync with the Watch automatically.
  - This feature may appear only when the Samsung Music app is installed on your phone and when you turn on the **Auto sync** feature.

- Gallery
  - **Images on watch**: Check and manage the pictures on your Watch by category. Refer to Managing pictures saved on your Watch for more information.
  - **Auto sync albums**: Set the phone to automatically sync images added to the albums selected as **Albums to sync** with the Watch.
  - Albums to sync: Select an album to sync with the Watch automatically.
  - Auto sync image limit: Select the number of images to send to your Watch from a phone at one time.
  - Albums to sync and Auto sync image limit may appear when you turn on the Auto sync albums feature.
  - **Auto sync latest story**: Set the phone to automatically sync your most recent story with the Watch.
- File syncing between your Watch and phone can occur only when your Watch has more than 15% of battery power remaining and when power saving mode is turned off on your Watch.

#### Mobile plans (SM-R935F, SM-R945F, SM-R955F, SM-R965F)

Use various other services through the mobile network after activating it on the Watch. On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Mobile plans**.

#### General

Customise your Watch's general settings. You can also connect your Watch to a new phone or reset the Watch.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **General**. Refer to General in Apps and features for more information.

#### Accessibility

Configure various settings to improve accessibility to the Watch.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **Accessibility**. Refer to Accessibility in Apps and features for more information.

#### Watch software update

Update your Watch's software through the firmware over-the-air (FOTA) service. You can also change the update settings.

On the Galaxy Wearable screen of the phone, tap **Watch settings** → **Watch software update**. Refer to Software update for more information.

#### About watch

Access the Watch's additional information.

On the Galaxy Wearable screen of the phone, tap **Watch settings**  $\rightarrow$  **About watch**. Refer to About watch in Apps and features for more information.

## Find My Watch

Find your lost or misplaced Watch and remotely control it.

On the Galaxy Wearable screen of the phone, tap **Find My Watch**.

- **Start**: Check where your Watch is now. Refer to Find My Watch in Apps and features for more information.
- Set security:
  - Lock watch: Remotely lock the Watch to prevent unauthorised access. This
    feature can be used when your phone is connected to your Watch through
    Bluetooth or a remote connection. When your Watch is locked, unlock it manually
    by entering a preset PIN, or connect the Watch to your phone through Bluetooth
    again to unlock it automatically.
  - Reset watch: All data stored in your Watch is deleted. After the Watch is reset, you cannot restore the information or use the Find My Watch feature. However, data that was backed up and stored while your Watch and phone were connected before the reset is available on the Samsung Cloud.

## Store

Download the apps and watch faces to be used on your Watch.

On the Galaxy Wearable screen of the phone, tap **Store**.

# **Usage notices**

### Precautions for using the device

Please read this manual when using the device to ensure safe and proper use.

- Descriptions are based on the device's default settings.
- Some content may differ from your device depending on the region, service provider, model specifications, or device's software.
- The device may require a connection to a Wi-Fi or mobile network when using some apps or features.
- Content (high quality content) that requires high CPU and memory usage will affect the overall performance of the device. Apps related to the content may not work properly depending on the device's specifications and the environment that it is used in.
- Samsung is not liable for performance issues caused by apps supplied by providers other than Samsung.
- Samsung is not liable for performance issues or incompatibilities caused by edited registry settings or modified operating system software. Attempting to customise the operating system may cause the device or apps to work improperly.
- Software, sound sources, wallpapers, images, and other media provided with this device are licensed for limited use. Extracting and using these materials for commercial or other purposes is an infringement of copyright laws. Users are entirely responsible for illegal use of media.
- You may incur additional charges for data services, such as messaging, uploading and downloading, autosyncing, or using location services depending on your data plan. For large data transfers, it is recommended to use the Wi-Fi feature.
- Default apps that come with the device are subject to updates and may no longer be supported without prior notice.
- This device's operating system is different from some previous series of the Galaxy Watch, and you cannot use previously purchased content because of compatibility issues.
- The model specifications and supported services may differ depending on the region.

- Modifying the device's operating system or installing software from unofficial sources may result in device malfunctions and data damage or loss. These actions are violations of your Samsung licence agreement and will void your warranty.
- Some features may not work as described in this manual depending on the maker and model of the phone you connect to your Watch.
- You can see the touch screen clearly even in strong outdoor sunlight by automatically adjusting the contrast range based on the surrounding environment. Because of the nature of the product, displaying fixed graphics for extended periods may result in afterimages (screen burn-in) or ghosting.
  - It is recommended not to use fixed graphics on part or all of the touch screen for extended periods and turn off the touch screen when not using the device.
  - You can set the touch screen to turn off automatically when you are not using it.
     On the Watch's Apps screen, tap ( (Settings) → Display → Screen timeout, and then select the length of time you want the device to wait before turning off the touch screen.
  - To set the touch screen to automatically adjust its brightness based on the surrounding environment, on the Watch's Apps screen, tap (○) (Settings) → Display, and then tap the Adaptive brightness switch to turn it on.
- Depending on the region or model, some devices are required to receive approval from the Federal Communications Commission (FCC).

If your device is approved by the FCC, you can check out the FCC ID of the Watch. To access the FCC ID, on the Watch's Apps screen, tap O (Settings)  $\rightarrow$  About watch  $\rightarrow$  Status information. If your device does not have an FCC ID, it means that the device has not been authorised for sale in the U.S. or its territories and may only be brought to the U.S. for the owner's personal use.

- Depending on the region, you can check out the regulatory information on the device. To access the information, on the Watch's Apps screen, tap (○) (Settings) → About watch → Regulatory information.
- Your device contains magnets. Keep it away from credit cards, implanted medical devices, and other devices that may be affected by magnets. In the case of medical devices, keep your device more than 15 cm apart. Stop using your device if you suspect any interference with your medical device and consult your physician or your medical device manufacturer.

#### Instructional icons

- Marning: situations that could cause injury to yourself or others
- ( Caution: situations that could cause damage to your device or other equipment
- Notice: notes, usage tips, or additional information

## Notes on package contents and accessories

Refer to the quick start guide for package contents.

- The items supplied with the Watch and any available accessories may vary depending on the region or carrier.
- The supplied items are designed only for this device and may not be compatible with other devices.
- Appearances and specifications are subject to change without prior notice.
- You can purchase additional accessories from your local Samsung retailer. Make sure they are compatible with the Watch before purchase.
- Except for the Watch, some supplied items and accessories may not have the same water- and dust-resistance certification.
- Use Samsung-approved accessories. Using unapproved accessories may cause the performance problems and malfunctions that are not covered by the warranty.
- Availability of all accessories is subject to change depending entirely on manufacturing companies. For more information about available accessories, refer to the Samsung website.

# Maintaining the device's water and dust resistance

- This device is water and dust resistant, and meets the following international standards.
  - 5ATM water resistance classification certification: Was tested by submerging the device in 50 m of fresh water for 10 minutes, leaving it still, without any movement, to meet the requirements of ISO 22810:2010.
  - IPX8 water resistance classification certification: Was tested by submerging the device in 1.5 m of fresh water for 30 minutes, leaving it still, without any movement, to meet the requirements of IEC 60529.
  - IP6X dust resistance classification certification: Was tested to meet the requirements of IEC 60529.
- You can use this device when you are exercising, washing your hands or on a rainy day.
- You can use this device when you are swimming in a pool or the sea where the water level is not deep.
- The water resistance of your Galaxy device is not permanent and may diminish over time. It is recommended to have your Galaxy device's water resistance tested once a year at a Samsung Service Centre or an authorised service centre.
- You must follow these guidelines to maintain the water and dust resistance of your device.
  - After swimming, and before the pool water or seawater has dried, rinse the device with fresh water and dry it thoroughly with a soft, clean cloth to maintain its water resistance. The water resistance may be affected by the disinfectants in swimming pool water or the salt in seawater.
  - If the device gets wet with liquid other than fresh water, such as coffee, drinks, soapy water, oil, perfume, sunscreen, hand sanitiser, or chemical products like cosmetics, rinse the device with fresh water and dry it thoroughly with a soft, clean cloth to maintain its water resistance.

- Do not stay submerged underwater, go snorkelling, diving or scuba diving, or play water sports like water-skiing or surfing, and do not swim in fast-moving water, such as a river, while wearing your device. Also, do not expose it to high-pressure cleaning machines or similar things. This would result in a dramatic rise in water pressure which could cause the water resistance guaranteed by our company to change.
- If the device is hit or damaged, its water and dust resistance may be compromised.
- Do not disassemble your device without proper guidance.
- If you dry your device with a machine that gives off hot air, like a hair dryer, or if you use your device in a hot environment like a sauna, the water resistance could be damaged from a dramatic change in the air or water temperature.

## **Precautions for overheating**

If you feel discomfort because of overheating while using the device, stop using it immediately and remove it from your wrist.

- To avoid problems, such as device malfunction, skin discomfort or damage, and battery draining, a warning will appear on the device if it reaches a specific temperature. When the initial warning appears, device features will be turned off until the device cools down to a specific temperature. However, the emergency call feature will be available on the LTE model.
- If the device temperature continues to increase, a second warning will appear. At this time, the device will power off. Do not use the device until the device's temperature is within the recommended operating temperature range. However, when using the LTE model, the emergency call feature that has been previously connected will remain enabled until you are finished, even though the second warning will appear.

#### Recommended operating temperature range

The device's recommended operating temperature is between 0°C to 35°C. Using the device outside of the recommended temperature range may damage the device or reduce the battery's lifespan.

## **Cleaning and managing the Watch**

Follow these points to ensure your Watch works correctly and maintains its appearance. Failure to do so may damage the Watch and cause the skin irritation.

- Turn off the Watch and remove the band before cleaning it.
- Prevent the device from being exposed to dust, sweat, ink, oil, and chemical products such as cosmetics, antibacterial spray, hand cleaner, detergent, and insecticides. The Watch's exterior and interior parts may be damaged or it could result in poor performance. If your Watch is exposed to any of the previously mentioned substances, use a lint-free, soft cloth to clean it.
- Do not use soap, cleaning agents, abrasive materials and compressed air when cleaning your Watch and do not clean it with the ultrasonic waves or the external heat sources. Doing so may damage the Watch. Skin irritation may be caused by soap, detergents, hand sanitisers, or cleaning agents left on the Watch.

- When you remove sunblock, lotion, or oil, use a soap-free detergent, then rinse and dry your Watch thoroughly.
- The hybrid band is not water-resistant. Do not swim or take a shower while using the hybrid band.
- The hybrid band may make squeaking sound where it connects with the Watch because of the characteristics of the leather material. This is normal and you can address this issue by applying leather care products to the band at the connection point.
- Avoid exposing the Watch's hybrid band to chemicals, direct sunlight, hot or humid environments, or water. The leather material's colour and form may change if you do so. If it gets wet, wipe it with a soft, lint-free cloth immediately and dry it in a well-ventilated and shaded place.
- When your hybrid band get stained, wipe it with a soft, lint-free cloth. If necessary, slightly dampen a cloth with fresh water.
- The supplied band may vary depending on the region or model. Be sure to properly clean and maintain your band accordingly.

# Use caution if you are allergic to any materials on the Watch

- Samsung has tested the noxious materials found on the Watch through the internal and external certificate authorities, including the test for all materials which contact with skin, skin toxicity test, and the Watch-wearing test.
- The Watch includes nickel. Take the necessary precautions if your skin is hypersensitive or you have an allergy to any materials found on the Watch.
  - Nickel: The Watch contains a small amount of nickel, which is below its reference point limited by the Europe REACH regulation. You will not be exposed to the nickel inside the Watch and the Watch has passed the international certificated test. However, if you are sensitive to nickel, be careful to use the Watch.
- Only the materials observed the standards of the U.S Consumer Product Safety Commission (CPSC), the regulations of the European countries, and other international standards are used to make a Watch.
- For more information about how Samsung manages chemicals, refer to the Samsung website.

# Appendix

## Troubleshooting

Before contacting a Samsung Service Centre or an authorised service centre, please attempt the following solutions. Some situations may not apply to your Watch.

You can also use Samsung Members to solve any problems you might encounter while using your device.

#### The Watch displays network or service error messages

- When you are in areas with weak signals or poor reception, you may lose reception. Move to another area and try again. While moving, error messages may appear repeatedly.
- You cannot access some options without a subscription. For more information, contact your carrier.

#### Your Watch does not turn on

When the battery is completely discharged, your Watch will not turn on. Fully charge the battery before turning on the Watch.

#### The touch screen responds slowly or improperly

- If you attach a screen protector or optional accessories to the touch screen, the touch screen may not function properly.
- If you are wearing gloves, if your hands are not clean while touching the touch screen, or if you tap the screen with sharp objects or your fingertips, the touch screen may malfunction.
- The touch screen may malfunction in humid conditions or when exposed to water.
- Restart your Watch to clear any temporary software problems.
- Ensure that your Watch software is updated to the latest version.
- If the touch screen is scratched or damaged, visit a Samsung Service Centre or an authorised service centre.

#### Your Watch freezes or encounters a problem

Try the following solutions. If the problem is still not resolved, contact a Samsung Service Centre or an authorised service centre.

#### **Restarting the Watch**

If your Watch freezes or hangs, you may need to close apps or turn off the Watch and turn it on again.

#### Forcing restart

If your Watch is frozen and unresponsive, press and hold the Home button and the Back button simultaneously for more than 7 seconds to restart it.

#### **Resetting the Watch**

If the methods above do not solve your problem, perform a factory data reset.

On the Apps screen, tap (i) (Settings)  $\rightarrow$  General  $\rightarrow$  Reset  $\rightarrow$  Reset. Alternatively, open the Galaxy Wearable app on your phone and tap Watch settings  $\rightarrow$  General  $\rightarrow$  Reset  $\rightarrow$  Reset. If your Watch and phone are not connected at the time of the Watch reset, the data stored on your Watch will be deleted.

#### Another Bluetooth device cannot locate your Watch

- Ensure that the Watch's Bluetooth feature is turned on.
- Reset your Watch and try again.
- Ensure that your Watch and the other Bluetooth device are within the Bluetooth connection range (10 m). The distance may vary depending on the environment the devices are used in.

If the tips above do not solve the problem, contact a Samsung Service Centre or an authorised service centre.

## A Bluetooth connection is not established or your Watch and the phone are disconnected

- Ensure that the Bluetooth feature on both devices is turned on.
- Ensure there are no obstacles, such as walls or electrical equipment, between the devices.
- Ensure that the latest version of the Galaxy Wearable app is installed on the phone. If the Galaxy Wearable app is not the latest version, update the Galaxy Wearable app to the latest version.
- Ensure that your Watch and the other Bluetooth device are within the Bluetooth connection range (10 m). The distance may vary depending on the environment the devices are used in.
- Restart both devices and open the **Galaxy Wearable** app on the phone again.

#### Calls are not connected

- Ensure that your Watch is connected to a phone through Bluetooth.
- Ensure that your phone and Watch have accessed the right cellular network.
- Ensure that you have not set call barring for the phone number you are dialling on the phone.
- Ensure that you have not set call barring for the incoming phone number on the phone.
- Check if some modes are turned on. If some modes have been turned on, incoming calls may be muted and the screen may not turn on when receiving incoming calls. Turn on the screen and check the incoming call.

#### Others cannot hear you speaking on a call

- Ensure that you are not covering the built-in microphone.
- Ensure that the microphone is close to your mouth.
- If using a Bluetooth headset, ensure that it is properly connected.

#### Sound echoes during a call

Adjust the volume or move to another area.

# A cellular network or the internet is often disconnected or audio quality is poor

- Ensure that you are not blocking the Watch's internal antenna.
- When you are in areas with weak signals or poor reception, you may lose reception. You may have connectivity problems because of issues with the carrier's base station. Move to another area and try again.
- When using the device while moving, wireless network services may be unavailable because of issues with the carrier's network.

# The battery does not charge properly (For Samsung-approved chargers)

- Ensure that you connect the Watch to the wireless charger properly.
- Visit a Samsung Service Centre or an authorised service centre and have the battery replaced.

#### The battery depletes faster than when first purchased

- When you expose the Watch or the battery to very cold or very hot temperatures, the useful charge may be reduced.
- Battery consumption increases when you use some apps.
- The battery is consumable and the useful charge will get shorter over time.

#### Your Watch is hot to the touch

When you use apps that require more power or use apps on your Watch for an extended period of time, your Watch may feel hot to the touch. This is normal and should not affect your Watch's lifespan or performance.

If the Watch overheats or feels hot for a prolonged period, do not use it for a while. If the Watch continues to overheat, contact a Samsung Service Centre or an authorised service centre.
# Your Watch cannot find your current location

The Watch uses your phone's location information. GPS signals may be obstructed in some locations, such as indoors. Set to use Wi-Fi or a mobile network to find your current location.

# A small gap appears around the outside of the Watch case

- This gap is a necessary manufacturing feature and some minor rocking or vibration of parts may occur.
- Over time, friction between parts may cause this gap to expand slightly.

## There is not enough space in the Watch's storage

Delete unnecessary data, unused apps, or files to free up storage space.

# **Removing the battery**

- To remove the battery, contact an authorised service centre. To obtain battery removal instructions, please visit www.samsung.com/global/ecodesign\_energy.
- For your safety, you <u>must not attempt to remove</u> the battery. If the battery is not properly removed, it may lead to damage to the battery and device, cause personal injury, and result in the device being unsafe.
- Samsung does not accept liability for any damage or loss (whether in contract or tort, including negligence) which may arise from failure to precisely follow these warnings and instructions, other than death or personal injury caused by Samsung's negligence.

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- All other trademarks and copyrights are the property of their respective owners.



Refer to the Galaxy Watch's user manual for more information about using the product and safety information

Your product contains magnets. Keep a safe distance between your product and objects that may be affected by magnets such as credit cards and implantable medical devices. If you have an implantable medical device, consult your physician before use an impantation metucal device, consult your physical before use. Your consumer rights are governed by the law of the country in which you purchased the product. Please contact your service provider for more information. For information on Samsung's environmental commitments and product regulatory

obligations, e.g. REACH, visit our sustainability page available via www.samsung.cor Samsung declares that this device is in compliance with Directive 2014/53/EU and with the relevant UK statutory requirements. Go to www.samsuna.com/mobile\_doc to view the Declaration of Conformity

### Correct disposal



A01100 Rev11

Sus derechos como consumidor están regidos por la legislación del país en el que compró el producto. Para más información, póngase en contacto con su proveedor de servicios. Para obteren información sobre el compromiso de Samsung con el medio ambiente y las obligaciones específicas del producto con normativas concretas, como REACH, visite nuestra página de sostenibilidad en www.samsuna.com.

Por la presente, SAMSUNG declara que este dispositivo cumple con la Directiva 2014/53/ UE del Parlamento Europeo y del Consejo de 16 de abril de 2014, así como con los requisitos legales de Reino Unido. Visite *www.samsung.com/mobile\_doc* para acceder a la declaración de conformidad.

### Eliminación correcta



A termék használatával kapcsolatos további információkért és biztonsági információkért olvassa el a Galaxy Watch felhasználói kézikönyvét. A termék mágneseket tartalmaz Tartson biztonságos távolságot a termék és olyan tárgyak

között, amelyekre hatással lehetnek a mágnesek, mint például a hitelkártyák és a beültetett orvosi készülékek. Ha beültetett orvosi készüléke van, használat előtt tálékozódion az onvosánál

Vásárló jogait azon ország jogszabályai határozzák meg, ahol megvásárolta a terméket. További

Vásano jogánt azon orszaj jogszabalyai natarozzak még, a hon megvasarotta a termeket. Iovabb információkért vegye fel a kapcsolatot a szolgáltatójával. A Samsung Környezetvédelmi kötelezettségvállalásaival, illetve az adott termékekhez kötödő jogszabályi kötelezettségeivel – például REACH – kapcsolatban látogasson el a www.samsung. com oldalra.

### Pravilno odlaganje u otpad

Ova oznaka na proizvodu, dodatnoj opremi ili u literaturi i kada nema trake o baterijama, ukazuje da proizvod, bateriju i njegovu elektronsku dodatnu opremu (npr. punjač, slušalice, USB kabl) ne treba odlagati sa ostalim kućni

Consulte o manual do utilizador do Galaxy Watch para obter mais informações sobre como Orbute o initiate o la construcción de la construcc

objetos que possam ser afetados pelos seus imanes, tais como cartões de créditor e dispositivos médicos implantados. Se tiver um dispositivo médico implantado, consulte o seu médico antes da utilização.

Os seus direitos de consumidor são geridos pelas leis do país onde adquiriu o produto. Por Os seus arreitos de consuminiors ao grendos peras ieis do país onde adquini o produto. Por favor contacte a sua operadora para mais informação. Para informações sobre os compromissos ambientais e sobre as obrigações regulamentares específicas dos produtos da Samsung, p. ex. REACH, consulte a nossa página sobre enterente Nilvido di intervição encompromismos peratorias peratorias encompromismos enc

sustentabilidade disponível em *www.samsung.com* A Samsung declara que este dispositivo está em conformidade com a Diretiva 2014/53/EU e com os reguisitos legais relevantes do Reino Unido. Aceda a www.samsuna.com/mobile\_doc para consultar a Declaração de Conformidade

### Eliminação correta



Se brukerhåndboken til Galaxy Watch for mer informasion om bruk av produktet og sikkerhet se brukenia huboken ut saaky waach on men indinasjon on bruke v produkte ingester Produkte inneholder magneter. Hold tryg avstand mellom produkte og gjenstander som kan bli påvirket av magnetene, for eksempel kredittkort og implanterbart medisinsk utstyr. Hvis du har et implanterbart medisinsk utstyr, må du rådføre deg med legen din for bruk. Forbrukerrettighetene dine reguleres av lovgivningen i landet der du kjøpte produktet. Kontakt tjenesteleverandøren din for å få mer informasjon.

genzaserketanuseter onto a nu en innovanjon. Du finner informasjon om Samsungs miljøengasjement og produktspesifikke regulatoriske forpliktelser, som BEACH, på siden vår om bærekraft på www.samsung.com. Samsung erkkrært a denne en heter er i samsvar med licetikti 2014/32/100 grelevante lovbestemte krav i Storbritannia. Gå til www.samsung.com/mobile\_doc for å se samsvarserklæringen.

### Riktig avfallshåndtering

Denne merkingen på produktet, tilbehør eller trykksaker og uten linjen på batterier, angir at produktet, batteriet og det elektroniske tilbehøre (som lader, hodesett og USB-kabel) ikke skal kastes sammen med anne  $\lambda a$ husholdningsavfall.

### Dette er bare begynne

Takk for at du har kjøpt et nytt Samsung-produkt. Ønsker du å få mer ut av produktet ditt, dele og ta del i kunnskap, tips og triks, delta i konkurranser eller få andre fordeler? Meld deg inn i My Samsung Experience! ved å gå til

www.samsung.no/mysamsungexperience Trenger du hjelp eller har spørsmål, henviser vi til www.samsung.com/no Klikk på «SUPPORT» => «Hjelp og feilsøking» eller søk ved hjelp av modellnummer. Alternativt

kan du ringe vår kundesuppor på telefon 216 29 099

### Correct disposal (India Only)

- This marking on the product, accessories or literature indicates that the product and its electronic accessories (e.g. charger, headset, and USB cable should not be disposed of with other household waste at the end of their
- working life. To prevent possible harm to the environment or the human health from uncontrolled waste disposal, please separate these items from other types of waste and recycle them responsibly to promote the sustair reuse of material resources.
  - For more information on safe disposal and recycling visit our website. www. samsung.com/in/support or contact our Helpline numbers 1800 40 SAMSUNG (1800 40 7267864) 1800 5 SAMSUNG (1800 5 7267864) This product is India RoHS cor

### Pour en savoir plus sur l'utilisation du produit et les consignes de sécurité, consultez le mode d'emploi Galaxy Watch.

Votre produit contient des aimants. Respectez une distance de sécurité entre votre produit Votre produit contient des aimants. respectez une distance de securité entre votre produit et les objets pouvant être affectés par ces aimants, comme les cartes de crédit et les implan médicaux. Si vous portez un implant médical, consultez votre médecin avant toute utilisati Les droits des consomnateurs sont refis par la législation du pays dans lequel vous avez acheté le produit. Pour en savoir plus, contactez votre opérateur. Pour toute information sur les engagements de Samsung en faveur de la protection de To an operation of the solid program of the solid p

réglementaires britanniques correspondantes. Rendez-vous sur la page www.samsung.com mobile\_doc pour afficher la Déclaration de conformité.

A Samsung kijelenti, hogy ez a készülék megfelel a 2014/53/EU Rendeletnek és az Egyesült Királyságra vonatkozó törvényben előírt követelményeknek. A Megfelelőségi nyilatkozat megtekintéséhez keresse fel a *www.samsung.com/mobile\_doc* weboldalt.

### Helves hulladékkezelés

- Ez a terméken és tartozékain vagy dokumentációján feltüntetett jel az elemeken lévő csík nélkül azt jelzi, hogy a terméket, az akkumulátort é
- elektronikus tartozékait (például töltő, fülhallgató, USB-kábel) nem szabad a rmál háztartási hulladékkal együtt kidobni



Więcej informacji na temat korzystania z produktu oraz informacje dotyczące bezpieczeństwa znajdziesz w instrukcji obsługi Galaxy Watch. Produkt zawiera magnesy. Zachować bezpieczną odległość między produktem i przedm n otoka zawiela magiesy. Zaci ować bezpiezing dolegijos i niegacy proetakim przedmioanim na które może wpływać pole magnetyczne, takimi jak karty kredytowe lub implanty medyczne W przypadku użytkowników z implantami medycznymi zasięgnąć porady lekarza przed

używaniem tego urządzenia. Prawa klienta są określone przez prawo kraju, w którym zakupiono produkt. Aby uzyskać więcej informacii, skontaktui sie z dostawca usług. Niecei informacii na temat zobowiazań ekologicznych oraz zobowiazań prawnych dotyczacych

konkretnych produktów firmy Samsung, np. REACH, można znaleźć na stosownej stronie msung oświadcza, że urządzenie jest zgodne z dyrektywą 2014/53/UE i odpowiednim wymogami ustawowymi w Wielkiej Brytanii. Aby zapoznać się z treścią Deklaracji zgodności, przejdź na stronę www.samsung.com/mobile\_doc.

Plašāku informāciju par produkta lietošanu un drošības informāciju skatiet Galaxy Watch

Jösu produkts satur magnétus. levérojjet drošu attălumu starp júsu produktu un priekšm kuru darbibu var ietekmēt magnéta klätbūtne, piemēram, kreditkartes un implantējamas medicīnas ierīces. Ja jums ir implantējama medicīnas ierīce, konsultējaties ar ārstu pirms lietošanas.

lūsu patērētāja tiesības reglamentē likumi, kas ir spēkā produkta iegādes valstī. Lai iegūtu Juo patercija testas reglamente inkum, kas ir speka produkat legades valst. Lan appliklinomačiju južav, sazinieter a savu pakalopiumu sniedzbju Informáciju par Samsung vides sakitībām un izstrādājumiem atbilstošajām normati prasībām, piem, REACH, skatet vietnes *www.samsung.com* ilgtspējības Iapā. Samsung paziņo, kaš lietice atbils Direktīvas 2014/35/25 un piemērojamām Apvie Karalistes ar likumu noteiktām prasībām. Dodieties uz www.samsuna.com/mobile\_doc. lai skatītu atbilstības deklarāciju

### Pareiza likvidēšana

Sis markėjums uz produkta, aksesuāriem vai literatūrā, kā arī šis markėjums bez svitras uz akumulatora norāda, ka produktu, akumulatoru un tā elektronisko aksesuārus (piem., lādētāju, austiņas, USB kabeli) nedrikst izmest Ŵ XÀ sadzīves atkritumos.

### Norėdami sužinoti daugiau informacijos apie gaminio naudojimą ir saugą, žr. "Galaxy Watch naudotoio vadova

Gaminyje vra magnetu. Išlaikykite saugu atstuma tarp gaminio ir daiktu, kuriuos gali paveikti Gaminyje ya i nagretu, sankyste saugų astunių arp gaminio ir uaikų, kuliuos gan paventi magnetai, pvz., kreditinių kortelių ir implantuojamų medicinos prietaisų. Jei turite implantuotą medicinos prietaisą, prieš naudodami pasitarkitė su gydytoju. Vartotojo teises reglamentuoja šalies, kurioje įsigijote šį produktą, teisė. Daugiau informacijos gausite susisiekę su savo paslaugos tiekėju

Galaxy Watch -laitteen käyttöoppaassa on lisätietoja tuotteen käytöstä ja turvallisu GalaXy WatCh -laitteen kaytooppaassa on insattetoja uuotteen kaytosta ja survamususeuo Tuotteessai on magneetteja. Pidä tuotteesi turvallisen etäistyyden päässä kohteista, joihin magneetit voivat vaikuttaa, kuten luottokorteista ja implantoiduitsa lääkinnällisistä laitteis Jos simulla on implantoitu lääkinnällinen laite, pyydä lääkärin lupa ennen tämän laitteen

käyttöä. Oikeuksiasi kuluttajana säätelee sen maan laki, josta olet ostanut tuotteen. Pyydä lisätietoja , palveluntarioaialtas

Tietoja Samsungin ympäristösitoumuksista ja tuotekohtaisista oikeudellisista velvoitteista, kuten REACH, on kestävyyssivullamme osoitteessa *www.samsuna.com* 

Hetoja samsurigni yripparisositoumuksista ja tuotekontaisista oikeudeiliisista veivoitteista, kuten REACH, on kestävyyssivullaimme osoittessa www.samsurg.com. Samsung vakuuttaa, että tämä laite täyttää direktiivin 2014/532EU vaatimukset ja asiaankuuluvat lakisääteiset vaatimukset Isossa-Britanniassa. Siirry osoitteeseen www.samsung. com/mobile\_doc, jos haluat nähdä vaatimustenmukaisuusvakuutuksen.

### Oikea hävittäminen





Tästä se alkaa Kiitos, että ostit Samsung-tuotteen. Haluatko saada tuotteestasi mahdollisimman paljon irti jakaa kokemuksiasi muiden kanssa, osallistua kilpailuihin sekä saada muita etuja? Liity My Samsung Experience -jäseneksi! Jamisang Gopennice, gananasa www.sansung/fi/mysansungevepreience Jos tarvitset apua tai on kysyntävää, käy sivullamme www.sansung.fi. Klikkaa "TUKI"=>"Ongelmannatkaisu" ja valitse tuotenyhmä ja tuote. Vaihtoehtoisesti soita asikastukeemme puhelinnumeroon: 030-6227 515

### Élimination correcte

Ce symbole apposé sur le produit, ses access sans la barre sur la batterie, indique que ni le produit, ni la batterie et ni ses accessoires électroniques usagés (chargeur, casque audio, câble USB, etc.), ne peuvent être jetés avec les autres déchets ménagers.

Neitere Informationen zur Verwendung dieses Produkts sowie Sicherheitshinweise finden Sie m Benutzerhandbuch der Galaxy Watch.

Das Produkt enthält Magnete. Halten Sie daher Abstand zwischen dem Produkt und Las rodukt emrai kaginete naters bet ander Assand zwichnen betin rodukt entral Gegenständen, die durch die Magnite beeinflusst verleich könnten, wie Kneitflaarten der implanterte medizinschodie Geräte. Wenn Sie ein implanterters medizinsiches Gerät nutzen, verwenden Sie des Polukt nut nach Rückspanche mit himm Arzt. Ihre Verbraucherrechte unterliegen dem Rickstopt ihrem Merzt.

Weitere Informationen zum Umweltengagement von Samsung und den produktspezifischer Regulierungsauflagen wie zu REACH finden Sie auf unserer Nachhaltigkeitsseite unter www

samsung erklärt, dass dieses Gerät der Richtlinie 2014/53/EU und relevanten gesetzlichen Vorschriften des Vereinigten Königreichs entspricht. Die Konformitätserklärung finden Sie unte www.samsunq.com/mobile\_doc

### Ordnungsgemäße Entsorgung



Diese Kennzeichnung auf dem Produkt, den Zubehörteilen oder der Dokumentation weist darauf hin dass das Produkt der Akku und die Dokumentation weist darauf nin, dass das Produkt, der Akku und die elektronischen Zubehörteile wie z. B. Ladegerät, Headset und USB-Kabel nicht mit anderem Hausmüll entsorgt werden dürfen. (Für Akkus wird dasselbe Symbol ohne den Balken darunter verwendet.)

### Właściwe usuwanie



Consultati manualul utilizatorului Galaxy Watch pentru mai multe informatii despre sigurantă si lespre utilizarea dispozitivului. rodusul dvs. conține magneți. Mențineți o distanță sigură între produsul dvs. și obiecte

pot fi afectate de magneți, precum carduri de credit și dispozitive medicale implantabile. În cazul în care aveți un dispozitiv medical implantabil, consultați medicul dvs. înainte de utilizare. Drepturile dumneavoastră în calitate de consumator sunt reglementate de legile din tara în care produsul a fost achizitionat. Vă rugăm să contactati furnizorul dvs. de servicii pentru mai nulte informati

Partur informații privind angajamentele de mediu ale Samsung și obligațiile de reglementare specifice produselor, ex. REACH, vizitați pagina noastră de sustenabilitate la www.samsung.com. Samsung declară că acest dispozitive este conform cu Directiva 2014/53/UE și cu cerințele legale elevante din Regatul Unit. Accesați www.samsung.com/mobile\_doc pentru a vedea Declarația de conformitati

### Eliminarea corectă

Acest marcaj de pe produs, accesorii și documentație și fără bara pe baterii indică faptul că produsul și accesoriile sale electronice (ex. încărcător, căști, cablu USB) nu trebuie eliminate împreună cu alte deșeuri menajere. \$ Xà

Daugiau informacijos apie "Samsung" gamtosauginius isipareigojimus ir su gaminiu susijusiu controlės įsipareigojimus, pvz.: REACH, rasite apsilankę mūsų tvarumo puslapyje adresu www amsunq.con Samsung" pareiškia, kad šis prietaisas atitinka Direktyvą 2014/53/ES ir atitinkamus JK įstatymų reikalavimus. Jei norite peržiūrėti Atitikties deklaracija, apsilankykite www.samsunq.cor

### mobile\_doc. Teisingas išmetimas

samsunq.com/mobile\_doc.



Rohkema info saamiseks toote kasutamise ja ohutusalase teabe kohta vaadake Galaxy Watchi kasutusjuhendit. Teie toode sisaldab magneteid. Jätke oma toote ja objektide, mida magnetid mõjutada võivad

(nt krediitkaardid ia siirdatavad meditsiiniseadmed) vahele ohutu vahemaa. Kui teil on siirdata int kredinikaardii ofa siirotatavad medisiiniseadmedi vanele onutu vanemaa. Kui teii on meditsiiniseade, pidage enne kasutamist nõu oma arstiga. Tie tarbijaõigusei kaitsevad selle riigi õigusaktid, kust te toote ostsite. Rohkema teab saamiseks võtke ühendust oma teenuseosutajaga. Lisateavet Samsungi keskkonnaalase tegevuse ja toodetele seadusega (nt REACH) kehtestatud kohustuste kohta leiate meie jätkusuutlikkuse veebisaidilt www.samsuna.com Samsung kinnitab, et see seade vastab direktiivile 2014/53/EL ja asjakohastele Ühendkuningriigi kohustuslikele nõuetele. Vastavus kuvamiseks külastane wu

Du kan se flere oplysninger om brugen af produktet og sikkerhed i brugerveiledningen til Galax

Wacu. Produktet indeholder magneter. Sørg for, at der er passende afstand mellem produktet og genstande, der kan blive påvirket af magneter, f.eks. kreditkort og implanterbart medicinsk udstyr. Hvis du har implanteret medicinsk udstyr, skal du kontakte din læge, før du bruger enheden. This during impainteger insolution doubly, and backnesse during of the during of the information of the i er. ssiae indsatser og lovmæssige forpligtelse

samsung.con Samsung erklærer, at denne enhed er i overensstemmelse med Direktiv 2014/53/EU og de

relevante lovbestemte krav i Storbritannien. Gå til www.samsuna.com/mobile\_doc for at se sstemmelseserklæringen

### Korrekt bortskaffelse

Denne mærkning på produktet, tilbehør eller litteratur og uden linjen på batterier indikerer, at produktet, batteriet og dets elektroniske tilbehør (f.eks. oplader, headset, USB-kabel) ikke må bortskaffes sammen med andet F Xà husholdningsaffald.

Dette er bare begyndelsen Tak, fordi du har valgt Samsung. Ønsker du at få endnu mere ud af dit Samsung-produkt, dele

erfaringer med andre brugere, deltage i konkurrencer og opnå vderligere fordele? Tilmeld dig My Samsung Experience! ung dk/mysams

www.samsung.dk/mysamsungexperience Behøver du hjælp, eller har du spørgsmål, er du velkommen til at klikke ind på www.sams Klik på "SUPPORT" => "Hjælp & fejlfinding", og vælg derefter produktgruppe og type. Alte kan du ringe til supporten på telefon 70 70 19 70

### Korrekte Entsorgung von Altgeräten

Das Symbol der durchgestrichenen Abfalltonne auf Rädern auf einem Elektro-oder Elektronikgerät, der Verpackung, Gebrauchsanweisung oder dem Ganntieschen weist drauf hin, kass das Elektro-oder Elektronikgerät nicht im unsortierten Siedlungsabfall (Hausmüll) entsorgt werden darf, sondern einer getrennten Sammlung zugeführt werden muss.

Per maggiori informazioni sull'uso del prodotto e sulle indicazioni di sicurezza, fate riferimento rer maggion momazon su luso de produto e suie indicazon o suciezza, ater memento al manuale dell'utente di Galaxy Match. Il produto contiene dei magneti. Mantenete una distanza di sicurezza tra il produto e gli oggetti che potrebbero subire l'influenza dei magneti, ad esempio carte di credito e dispositivi medici impiantabili. Se siete portatori di un dispositivo medico impiantabile prima dell'uso

I diritti del consumatore sono disciplinati dalla legislazione del paese in cui avete acquistato il

Tumit der konstnatiske zu obnaschaften aus dann eigbaachte ver pares in kur were explosation in prodotto. Per maggiori informazioni, constatate il vorste gestore telefond. Per informazioni relative allimpegno di Samsung verso Tambiente e per gli adempimenti di legge specifici per il prodotto, ad esempio REACH, consultate la pagina Sostenibilità su http:// www.samsung.com/t/douutsamsung/sustainability/environment/our-commitment/data/

Samsung dichiara che il dispositivo è conforme alla Direttiva 2014/53/EU e ai relativi reguisiti

di legge del Regno Unito. Visitate il sito www.samsung.com/mobile. doc per visualizzare la

Ouesto marchio riportato sul prodotto, sugli accessori o sulla

Consulte el manual de usuario del Galaxy Watch para obtener más información sobre el uso del Constance en Instanuel de clautor de clautory marcine para oberefer interimination i source les de producto e información de seguridad. El producto contiene imanes. Mantenga una distancia de seguridad entre el producto y los objetos que pueden verse afectados por campos magneticos, como atejarás de crédito y dispositivos médicos implantables. Si lleva uno de estos últimos implantado, consulte con su

Vaša potrošačka prava regulirana su zakonom zemlje u kojoj ste kupili proizvod. Za više informacji obratite se pružatelju usluga. Za informacije o ekološim obvezama šamsunga i zakonskim obvezama koje se odnose na proizvod kao što su uredba REACH, posijetle našu stranicu odžirovati na www.samsung.com. Tivrtka Samsungi javljuje da je ovaj uređaj u skladu Strektivno 7214/SZRU i vlerednniho

zakonskim zahtievima Uiedinienog Kralievstva. Idite na www.samsuna.com/mobile\_doc kako

Pogledajte uputstvo za upotrebu za "Galaxy Watch" za više informacija o korišćenju ovog rogredaje u pustvo za uporebu za scalazy watu za vse iniorinacija o konscenju ovog proizvoda i bezednosne informacije. Vaš proizvoda sadrži magnete. Održavajte bezbednu udaljenost između proizvoda i predmeta na koje magneti mogu uticati, kao što su kreditne kartice i medicinski uređaji koji mogu da se

ugrade. Ako imate medicinski uređaj za implantaciju, pre upotrebe se obratite lekaru.

Vaša prava kao potrošača su zaštićena zakonom zemlje u kojoj ste kupili proizvod. Obratite se

svom prozaccu usuga za vse morranezja. Za informacije o obavezama prema zaštiti životne sredine i regulatornim obavezama specifičnim za proizvode kompanije Samsung, npr. direktiva REACH, posetite našu stranicu o održivosti www.samsung.com.

Kompanija "Samsung" izjavljuje da je ovaj uređaj u skladu sa Direktivom 2014/53/EU i

Läs bruksanvisningen till Galaxy Watch för mer information om att använda produkten och

säkerhetsinformation. Din produkt innehåller magneter. Håll ett säkert avstånd mellan produkten och föremål som

kan påverkas av magneter, som kreditkort och implanterbara medicinska enheter. Om du har

Dina konsumenträttigheter styrs av lagarna i det land där du köpte produkten. Kontakta din

ganseiervelantor tor mer mormaton. Information om Samsungs miljörelaterade åtaganden och produktspecifika lagstadgade skyldigheter, t.ex. REACH, hittar du på vår hållbarhetssida via *www.samsung.com*. Samsung intygar att denna enhet uppfyller direktiv 2014/53/EU och relevanta brittiska

Den här märkningen på produkten, tillbehör eller i dokument och utan

det svarta strecket på batterier anger att produkten, batteriet och dess

Fack för att du köpt en ny Samsungprodukt. Vill du få ut mer av din produkt, dela med dig

till andra, vara med i tävlingar och få fler förmåner? Gå med i My Samsung Experience! w

sansungserniyaansungseprenerue Behöver du hjälp eller har frågor, hänvisar vi till www.samsung.se. Klicka på "SUPPORT"=>"Hjälp & felsökning" och välj sedan produktgrupp och produkttyp Alternativt ring vår kundsupport tfr: 0771-726786

Vaše potrošniške pravice ureja pravo države, v kateri ste kupili izdelek. Za več informacij se

vase pourosinske pravice ureja pravo država, v kateri ste kupili izdelek. Za Več (htormáci) s obrnite na vašega ponudnika storitve. Za informacije o okoljevarstvenih zaobljubah podjetja Samsung in zakonskih obveznosti za določen izdelek, npr. uredba REACH, obiščite naše spletno mesto za trajnost na www.

Družba Samsung izjavlja, da je naprava skladna z direktivo 2014/53/EU in z ustreznimi

Ďalšie informácie o používaní výrobku a bezpečnostné informácie nájdete v

karty a implantovateľné zdravotnícke pomôcky. Ak máte implantovateľnú

produkt zakúpili. Viac informácií získate od svojho poskytovateľa služiek

zdravotnícku pomôcku, pred použitím sa poraďte s lekárom.

Váš výrobok obsahuje magnety. Udržiavajte bezpečnú vzdialenosť medzi výrobkom

a predmetmi, ktoré by mohli byť ovplyvnené magnetmi, ako sú napríklad kreditné

Svoje práva spotrebiteľa si môžete uplatniť na základe zákona krajiny, v ktorej ste

zakonskimi zahtevami Združenega kraljestva. Če si želite ogledati izjavo o skladnosti, pojdite na

Ta oznaka na izdelku, dodatni opremi ali dokumentaciji in brez črtice na

baterijah pomeni, da izdelka, baterije in njegove elektronske dodatne opreme (npr. polnilnika, slušalk in kabla USB) ni dovoljeno odvreči med

elektroniska tillbehör (till exempel laddare, headset, USB-kabel) inte ska

ldite na www.samsuna.com/mobile doc da biste videli Iziavu o usaglašenosti.

en implanterbar medicinsk enhet ska du konsultera läkare före användning.

lagstadgade krav. Gå till www.samsung.com/mobile\_doc för att se försäkran om

slängas tillsammans med annat hushållsavfall

Ova oznaka na proizvodu, dodatnoj opremi ili u literaturi i kada nema trake o baterijama, ukazuje da se proizvod, baterija i njegov elektronički pribor (npr. punjač, slušalice, USB kabel) ne smiju odlagati s ostalim kućanskim otpadom.

documentazione e l'assenza della barra sulle batterie indicano che il prodotto, la batteria e i relativi accessori elettronici (quali caricabatteria, auricolare, cavo USB) non devono essere smaltiti con altri rifiuti domestici.

consultate un medico.

Dichiarazione di Conformità

Smaltimento corretto

médico antes de usar el dispositivo.

biste pregledali Izjavu o sukladnosti.

vom pružaocu usluga za više informacija.

tiänsteleverantör för mer information

amsung se/mysamsungeynerience

amsuna.com

vww.samsung.com/mobile\_doc

Pravilno odlaganie v smeti

gospodiniske odpadke.

používateľskej príručke hodiniek Galaxy Watch.

Korrekt kassering

relevantnim zakonskim zahtevima Uiedinienog Kralievstva.

Ispravno zbrinjavanje

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Xa

λà

Du bist veroflichtet, dieses Gerät und Zubehörteile einer vom Hausmüll Du bist verplichtet, diess Gerat und Zubehorteile einer vom Hausmüll getrennten Erfassung zuzuführen. Altbatterien und Altakkumulatoren, die nicht vom Altgerät umschlossen sind, sowie Lampen, die zerstörungsfrei aus dem Altgerät entnommen werden können, sind vor der Abgabe an einer Erfassungsstelle zerstörungsfrei nicht vom Altgerät umschlossen zu Erlehen einer Erfassungstelle zerstörungsfrei die Erfassung von Erlehen einer Erlehen einer einer einer die Berteilen einer vom Altgerät zu trennen. Vertreiber von Elektro- oder Elektronikgeräten, einschließlich des Lebensmitteleinzel-, Fernabsatz- und Versandhandels, sind ab einer bestimmten Verkaufs-Lager- bzw. Versandflächengröße gesetzlich grundsätzlich zur unentgeltlichen Rücknahme Lager Durk versioninalen higtobe gesetzlich grundsatzlich zu unengenüten nucknamme von Altgeräten verpflichtet, wenn du bei dem Vertreiber ein neues Geräk kaufst oder es sich um vin kleines Altgerät handelt, das bestimmte Maße nicht überschreitet. Nähere Informationen und Einzelheiten zu diesen Rücknahmemöglichkeiten und -pflichten erhältst du von dem eweiligen Vertreiber. Endnutzer einschließlich privater Nutzer wenden sich an ihren öffentlich-rechtlichen

Entsorgungsträger, um in Erfahrung zu bringen, wo sie das Altgerät für eine umweltfreundliche

Entodigingsnaget, unin Entanting az bingen, vo se oza kujest to enteruliverulivati Entodiging zurückgehe können, Geweihlichen Endnutzen stehen zusätzliche herstellerspezifische Möglichkeiten zur Rückgabe zur Verfügung, die sie direkt beim Hersteller erfragen können. Bitte Kösche vor Abgabe an einer Erfassungsstelle selbsständig alle personenbezogenen Daten auf deinem Geät.

За повече информация за употребата на продукта и информация по безопасността се обърнете към ръководство на потребителя на Galasy Watch. Вашият продукт, съдържа мантик, Слазвайте безопасно разстояне между вашия продукт и обекти, които могат да бъдат засегнати от магнити като кредитни карти и

консултирайте се с вашия лекар преди употреба.

за Устойчиво развитие на www.samsung.com.

Правилно изхвърляне

priručnik uređaja Galaxy Watch

Korrektne kõrvaldamine

ordat u het apparaat gebruikt.

Correct weggooien

γιατρό σας πριν από τη χρήση.

Τα δικά σας δικαιώματα

Σωστή απόρριψη

informaciiah.

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se s liječnikom.

имплантируеми медицински устройства. Ако имате имплантируемо медицинско изделие

комп. уппирант есс с вашим перад упреди упорека. Вашите попребителоки права се рекупират от закона на държавата, в която сте закупили продукта. Моля, свържете се съ с своя доставчик на услуги за повече информация. За информация оточско англаживите на Балтяцот дъко коколната с реда и инфализиент задължения, специфични за продуктите, като например REACH, посетете нашата странии

съответните законови изисквания на Обелиненото кралство. Отилете на www.samsung

Za više informacija o upotrebi proizvoda i sigurnosnim informacijama pogledajte korisnički

priručink uredaja salady watch. V 28 proizvod sadržava magnete. Držite se na sigurnoj udaljenosti između proizvoda i predmeta na koje magneti mogu utjecati, poput kreditnih kartica i medicinskih uređaja koji se mogu ugraditi, kko imate medicinski uređaj koji se može implantirati, prije upotrebe posavjetujte

See tootel, lisavarustusel või kirjanduses olev tähis ja akul olev samasugun

(nt laadur, peakomplekt, USB-kaabel) ei tohi visata olmeprügi hulka

Raadpleeg de gebruiksaanwijzing van de Galaxy Watch voor meer informatie over het gebruik van het product en voor veiligheidsinformatie. Uw product bevat magneten. Houd een veilige afstand tussen uw product en objecten die

kunnen worden beïnvloed door magneten zoals creditcards en implanteerbare medische

pparatuur. Als u een implanteerbaar medisch apparaat hebt, moet u uw arts raadplege

Voordat ui net apparaat gebruik. Uw rechten als consument worden beheerst door de wetgeving van het land waar u het product hebt gekocht. Neem contact op met uw serviceprovider voor meer informatie. Voor informatie over de milieuverplichtingen van Samsung en de productspecifieke

regelgevingen, zoals REACH, gaat u naar onze duurzaamheidspagina die beschikbaar is via

Samsung verklaart dat dit apparaat in overeenstemming is met Richtlijn 2014/53/EU en met de sanismi verkaar oar dat apparaar in overeen stemming is met kuchujn zon 433/20 relevante wettelijke vereisten in het Verenigd Koninkrijk. Ga naar www.samsung.com/mobile\_doc om de Verklaring van overeenstemming te bekijker

Ανατρέξτε στο εγχειρίδιο χρήστη του Galaxy Watch για περισσότερες πληροφορίες σχετικά με

καταγείες στο εχχειρικο χρητοπ του σακαλγ γικατη για περισοτερες πη μουφοριες σχετικά μ τη χρήση του προϊόντος και πληροφορίες ασφάλειας. Το προϊόν σας περιέχει μαγνήτες Διατηρήστε ασφάλή απόσταση μεταξύ του προϊόντος σας και αντικειμένων που ενδέχεται να επήρεαστούν από μαγνήτες, όπως πιστωτικές κάρτες και

εμφυτεύσιμες ιατρικές συσκευές. Εάν έχετε εμφυτεύσιμη ιατρική συσκευή, συμβουλευτείτε το

πατροφορίες. Για πληροφορίες σχετικά με τις περιβαλλοντικές δεσμεύσεις της Samsung και τις κανοινστικές υποχρεώσεις για συγκεκριμένα προϊόντα, π.χ., REACH, επισκεφθείτε τη σελίδα μας για τη βιωσιμότητα που είναι διαθέσιμη μέσω του ιστότοπου www.samsung.com.

Η Samsung δηλώνει ότι η συσκευή αυτή συμμορφώνεται με την Οδηνία 2014/53/EU καθώς και

Αυτό το σήμα που εμφανίζεται επάνω στο προϊόν, στα εξαρτήματά του

ή στα εγχειρίδια που το συνοδεύουν και χωρίς τη ράβδο στις μπαταρίες,

(π.ν. φορτιστής, ακουστικά, καλώδιο USB) δεν θα πρέπει να απορρίπτο

υποδεικνύει ότι το προϊόν, η μπαταρία και τα ηλεκτρονικά του εξαρτήματα

με τις σχετικές θεσμικές απαιτήσεις του Ηνωμένου Βασιλείου. Μεταβείτε στη διεύθυνση w

Gleite navodila za uporabo Galaxy Watch za več informacij o uporabi izdelka in varnostnil

Vaš izdelek vsebuje magnete. Ohranite varno razdaljo med izdelkom in predmeti, na katere

na izdeno večuje inagrite: Omanite vano nazanjo neu točnom n premet, na katele Jahko vplivajo magneti, kot so kreditne kartice in medicinski pripomočki za vsaditev. Če imate medicinski pripomoček za vsaditev, se pred uporabo posvetujte s svojim zdravnikom.

n/mobile\_doc για να προβάλλετε τη Δήλωση συμμόρφω

ράσατε το προϊόν. Επικοινωνήστε με τον πάροχο των υπηρ

μαζί με τα υπόλοιπα οικιακά αποσοίψ

ταναλωτή διέπονται από τη νομοθεσία της γώρας στην οποία

Dit symbool op het product, accessoires of de documentatie en zonder de

balk op batterijen geeft an dat het product, de batterij en de elektronische accessoires (bijvoorbeeld oplader, oortjes, USB-kabel) niet mogen worden weggeworpen bij het huishoudelijk afval.

kuid allaioonimata tähis näitab, et toodet, akut ja elektroonilisi lisaseadmeid

Тази маркировка върху продукта, аксесоарите или литературата и без лентата на батериите показва, че продуктът, батерията и нейни

електронни аксесоари (напр. зарядно устройство, слушалки, USB кабел) не трябва да се изхвърлят с други битови отпадъци.

Samsung декларира, че това устройство отговаря на Директива 2014/53/EU и на

/mobile\_doc за да видите декларацията за съответствие

Informácie týkaiúce sa environmentálnych záväzkov spoločnosti Samsung a povinností vyplývajúcich z nariadení pre produkty, napríklad REACH, nájdete na našei stránke udržateľnosti na www.samsuna.com.

Spoločnosť Samsung vyhlasuje, že toto zariadenie je v súlade so smernicou 2014/53/EU a s príslušnými zákonnými požiadavkami Spojeného kráľovstva. Ak si chcete prečítať vyhlásenie o zhode, prejdite na stránku www.samsung.com/ . mobile\_doo

### Správna likvidácia

Toto označenie na výrobku, príslušenstve alebo v sprievodnej brožúre a bez prúžika na batériách znamená, že výrobok, batéria ani F elektronické príslušenstvo výrobku (napríklad nabíjačka, náhlavná XX súprava, USB kábel) by sa nemali likvidovať spolu s ostatnýn

domovým odpadom

### Tento výrobok bol uvedený na trh spoločnosťou Samsung Electronics Czech & Slovak, The Park, V Parku 2323/14 Prague, Czech Republic

Další informace o používání produktu a bezpečnostní informace naleznete v uživatelsk

příručce k zařízení Galaxy Watch. Produkt obsahuje magnety. Udržujte mezi produktem a předměty, které mohou být magnety ovlivněny (např. kreditními kartami nebo zdravotnickými implantáty), bezpečnou vzdálenost ovinnený (hapi, kredními kartam nebo zdravotnickými impantaly), bezperkou vzdalenost. Pokul máte zdravotnický implantát, poradte se před použitím s lékařem. Vaše práva spotřebitele se řídí zákonem země, ve které jste produkt zakoupili. Více informací si prosím vyžádejte od svého poskytovatele služeb.

### Моделі з радіопередавачем або радіомовним приймачем "Самсунг Електронікс Ко., Лтд." заявляє, що це обладнання відпові

вимогам «Технічного регламенту радіообладна ння», затвердженого постановою Кабінета Міністрів України від 24.05.2017р. № 355. Повний текст декларації відповідності доступний за такою адр http://www.samsung.com. Перейдіть на сторінку Підтримка > Пошук за кодом

моделі Для моделей з радіопередавачами застосовується така

інформація Це обладнання може використовуватись на території України

Құрылғы туралы ақпаратты, қауіпсіздік жөніндегі мәліметті Galaxy Watch

курылғысын пайдалану нускаулығынан қараңыз. Өнімнің ішінде магниттер бар. Несиелік карта және имплантталатын медициналық құрылғылар сияқты магниттің әсері тиетін заттарға өнім мен бұйымдарды жақындатпаңыз. Егер сізде имплантталған медициналық құрылғы болса, пайдалану алдында дәрігермен ақылдасыңыз.

Сіздің тұтынушы ретіндегі құқықтарыңыз, өнім сатып алынған елдің заңнамасымен реттеледі. Қосымша ақпарат алу үшін қызмет жеткізушіге хабарласыныз

### Samsung Mobile Products and Recycling

Samsung cares for the environment and encourages its customers to properly dispose of Devices and Samsung accessories in accordance with local regulations. In some areas, disposal of these items in household or business trash may be prohibited. Dispose of other unwanted electronics through an approved recycler. To find the nearest recycling location, go to our website: www.samsuna.com/recvcling or call, 1-800-SAMSUNG.

### Sección 15.19 de la FCC

Este dispositivo cumple con la sección 15 de las normas de la Comisión Federal de Comunicaciones (FCC). Su funcionamiento está sujeto a las dos condiciones siguientes: (1) este dispositivo puede causar interferencia perjudicial y (2) este dispositivo debe aceptar todas las interferencias que reciba, incluidas las interferencias que pueden causar un funcionamiento no deseado

### Sección 15.21 de la FCC

Cualquier cambio o modificación (incluyendo las antenas) que se realice a este dispositivo y que no se encuentre expresamente autorizada por el fabricante podría anular la autoridad del usuario para operar el equipo.

### Declaración de exposición a radiofrecuencia de la FCC

Este equipo cumple con los límites de exposición a radiación por radiofrecuencia de la Comisión Federal de Comunicaciones (FCC) estipulados para un ambiente no controlado. Este dispositivo y su antena no deben colocarse ni funcionar en combinación con algún otro transmisor o antena

Este equipo deberá instalarse y utilizarse con una distancia mínima de 20 cm entre el radiador

Bandă și mod	Putere de ieșire		
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBμA/m la 10 m		
Лента и режим	Изходна мощност		
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m при 10 м		
Pojas i način rada	Izlazna snaga		
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBμA/m na 10 m		
Opseg i režim	Izlazna snaga		
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m na 10 m		
Banda e modo	Potência de saída		
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m a 10 m		
Josla un režims	Izejas jauda		
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m pie 10 m		
Juosta ir režimas	Išėjimo galia		
Wireless Charging	37,7 dBµA/m esant 10 m		

### Doğru imha niormace o zavazicin spolecnosi samsung v obiasti ocriany zavorinno prosteru a povinnostech plynoucich z předpisů pro konkrétní výrobky, např. REACH, naleznete na našich tránkách o udžitelnosti na adrese www.samsurg.com. společnost Samsung prohlašuje, že toto zařízení splňuje počadavky Směrnice 2014/SJ/EU

Informace o závazcích společnosti Samsung v oblasti ochrany životního prostředí

stránce www.samsuna.com/mobile\_doc

domácím odpadem.

Тиісті түрде кәдеге жарату

Өндіруші: Samsung Electronics Co., Ltd.

ауданы, Желтоксан көшесі, 115, 3 кабат.

გამოყენებამდე მიმართეთ ექიმს.

Productos Móviles de Samsung y reciclaje

Správný postup likvidace

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başvurur

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Кёнги-до, Корея

სახელმძღვანელო.

o llame al 1-800-SAMSUNG.

на упаковке

55-55-55

EAI

Sagedus

143,5 kHz-146,5 kH

Band en modus

Band och läge

Wireless Charging 143,5 kHz–146,5 kH

Wireless Charging 143,5 kHz–146,5 kH

143,5 kHz-146,5 kH Taajuusalue ja tila

143,5 kHz–146,5 kH Bånd og tilstand

143.5 kHz-146.5 kH

Εύρος και τρόπος

143,5 kHz-146,5 kl

λειτουργίας

Bånd og modus

- Arte

a příslušné zákonné požadavky Spojeného království. Prohlášení o shodě si můžete přečíst na

. Toto označení na produktu, příslušenství nebo v dokumentaci a bez pruhu

na bateriích značí, že produkt, baterie a elektronická příslušenství (na nabíječka, sluchátka, kabel USB) by neměly být likvidovány s běžnýn

Ürün ve ürün güvenliği hakkında bilgi almak için Galaxy Watch kullanma kılavuzuna

Ürününüz miknatıs içermektedir. Ürününüzle, mıknatıslardan etkilenebilecek kredi kartı, vücuda yerleştirilebilen medikal cihazlar gibi nesneler arasında güvenli bir mesafe bırakın. Vücuda yerleştirilebilen bir medikal cihaza sahipseniz kullanmadan önce doktorunuza danışın.

Tüketici haklarınız ürünü satın alındığınız ülkedeki kanunlar ile düzenlenmektedir

Dana daza bilgi için idden nizmer tedaniçiniz ne netşinin kudur. Samsung, bu cihazın 2014/53/EU Yönergesine ve ilgili Birleşik Krallık yasal gerekliliklerine uygun olduğunu beyan eder. Uyumluluk Bildirisi'ni görüntülemek için *www.samsung.com/mobile\_doc* adresine gidin.

мде, қосымша құралдарда немесе құжаттарда және

батареяларда жолақсыз көрсетілген осы белгі өнімді, онын

батареясы мен электрондық қосымша құралдарын (мысалы

Өндірушінің мекен-жайы: (Мэтан-донг) 129, Самсунг-ро, Енгтонг-гу, Сувон қ.,

айдаланушылардың кінарат-талаптарын қабылдайтын мекеме: «SAMSUNG

ЕВРАЗИЯ) ЖШС, Қазақстан Республикасы, А05D7M5, Алматы қаласы, Алмалы

პროდუქტის გამოყენებისა და უსაფრთხოების შესახებ დამატებითი

მაგნიტმა შეიძლება გავლენა იქონიოს მათზე, ასეთია საკრედიტო ბარათები და იმპლანტირებული სამედიცინო მოწყობილობები

თუ თქვენ გაქვთ იმპლანტირებული სამედიცინო მოწყობილობა,

Док-станция для зарядки совместимых устройств Samsung.

Модель изделия, его технические характеристики, страна и дата изготовления, услови

использования и хранения, а также действия при обнаружении неисправности указаны

При обнаружении неисправности: отключить, связаться со службой поллержки 8-800-

зэээээээ, Производитель: «Самсунг Электроникс Ко. Лц.». (Мэтан-донг) 129, Самсунг-ро, Енгтонг-гу, г. Сувон, Кенги-до, Республика Корея. Импортёр: ООО «Самсунг Электроникс Рус Компани», Российская Федерация, 123242, г. Москва, Новинский бульвар, д. 31, пожещение 1, 2.

Väljund 37.7 dBuA/m 10 m juures

Liteffekt

Utgangstrøm 37,7 dBµA/m ved 10 m

Lähtöteho

Udgangseffekt 37.7 dBuA/m ved 10 m

Ισχύς εξόδου

37.7 dBuA/m στα 10 u

Uitgangsvermogen

37.7 dBuA/m op 10 m

37.7 dBuA/m vid 10 m

37,7 dBuA/m, etaisyys 10 m

ინფორმაციისთვის იხილეთ Galaxy Watch-ის მომხმარებლის

თქვენს პროდუქტს აქვს მაგნიტები. დაიცავით უსაფრთხო

მანძილი პროდუქტსა და ობიექტებს შორის, რამდენადაც

ELECTRONICS CENTRAL EURASIA» (САМСУНГ ЭЛЕКТРОНИКС ЦЕНТРАЛЬНАЯ

бірге тастауға болмайтынын білдіреді.

Импорттаушы және Қазақстан Республикасының аймағында

зарядтағыш, гарнитура, USB кабелі) басқа тұрмыстық қоқыспен

Daha fazla bilgi için lütfen hizmet tedarikçiniz ile iletişim kurur

- Ürün, aksesuarları ve belgeleri üzerinde bulunan bu işaret ve pillerde

- AEEE Yönetmeliğine Uygundur.

ให้อ้างอิงถึงค่มือการใช้งานของ Galaxy Watch สำหรับข้อมลเพิ่มเติมเกี่ยวกับการใช้ผลิตภัณฑ์และ ข้อมูลด้านความปลอดภัย

ผลิตภัณฑ์ของคณประกอบไปด้วยแม่เหล็ก รักษาระยะท่างที่ปลอดภัยระหว่างผลิตภัณฑ์ของคณและ วัตถุที่อาจได้รับผลกระทบจากแม่เหล็ก เช่น บัตรเตรติดและเครื่องมือแพทย์ที่ฝังในร่างกาย ห<sup>1</sup>กตุณ มีเครื่องมือแพทย์ที่ฝังในร่างกาย ให้ปรึกษาแพทย์ของคุณก่อนใช้งาน

สิทธิผับริโภคของคณได้รับการควบคมตามกฎหมายของประเทศที่คณซื้อผลิตภัณฑ์นั้น ๆ กรณา ติดต่อผู้ให้บริการของคุณสำหรับข้อมูลเพิ่มเติม

การกำจัดทิ้งอย่างถูกต้อง เครื่องหมายนี้บนผลิตภัณฑ์ อุปกรณ์แสริมหรือเอกสารและรวมถึงแบบที่ไม่มี Ŕ แถบบนแบตเตอรี่ ระบุให้รู้ว่าไม่ควรทิ้งผลิตภัณฑ์ แบตเตอรี่ และอุปกรณ์ อิเล็กทรอนิกส์ของผลิตภัณฑ์นั้น (เช่น เครื่องชาร์จ ชุดหูฟัง สาย USB) ร่วมกับ  $\lambda$ ขยะภายในบ้านอื่น ๆ 

راجع دليل مستخدم Galaxy Watch لمزيد من المعلومات حول استخدام المنتج ومعلومات الأمان.

მომხმარებლის უფლებები რეგულირდება იმ ქვეყნის კანონმდებლობით, სადაც პროდუქტი შეიძინეთ. დამატებითი ინფორმაციისთვის დაუკავშირდეთ სერვისის წარმომადგენელს.

### სწორი უტილიზაცია

ეს ნიშანი პროდუქტზე, აქსესუარზე ან ლიტერატურაზე და აკუმულატორზე ზოლის გარეშე, აღნიშნავს, რომ

პროდუქტი და მისი ელექტრონული აქსესუარები (მაგ.

დამტენი, ყურსასმენები, USB სადენი) არ უნდა იყოს უტილიზებული სხვა საყოფაცხოვრებო ნარჩენებთან ერთად.

Consultez le guide d'utilisation de la Galaxy Watch pour plus de renseignements sur l'utilisation du produit et sur les informations de sécurité. Ce produit contient des aimants. Gardez une distance sécuritaire entre votre produit et des obiets qui peuvent être affectés par les aimants, comme les cartes de crédit et les dispositifs nédicaux implantables. Si vous portez un dispositif médical implantable, consultez votre produit. Veuillez communiquer avec votre fournisseur de services pour obtenir de plus amples Ce produit est en conformité avec ladirective RoHS

ISED Notice

This de exempt transmitter(s)/receiver(s) that comply with ISED subj (1) T

This This s equipment should be installed and operated with a minimum distance of 10 cm betwee Innovation, Sciences et Développement économique Canada

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) L'appareil ne doit pas produire de brouillage. (2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

### Déclaration d'exposition aux radiations RF en fonction des normes ISDE

Cet équipement est conforme aux limites d'exposition aux RF d'ISDE pour un environnement Cet appareil et son antenne ne doivent pas être placées à proximité d'autres antennes ou

metteurs ni fonctionner en conjonction avec ceux-ci Cet équipement doit être installé et exploité de sorte que le radiateur soit à une distance minimale de 10 cm du coros humain

يحتوي منتجك على أحجار المغناطيس. حافظ على مسافة أمنة بين المنتج والأشياء التي يمكن أن تتأثر بأحجار المغناطيس، مثل بطاقات الانتمان أو الأجهزة الطبية المزروعة. إذا كان لديك جهاز طبي مزروع، فاستشر طبيبك قبل الاستخدام.

حقوق مشتریان شما با قانون کشوری که محصول را در آن خریداری کرده اید اداره خواهد شد. لطفاً برای کسب اطلاعات بیشتر با ارایه کننده خدمات خود تماس بگیرید.

### طريقة التخلص الصحيحة

 $\lambda$ 

تثير هذه العلامة الموجودة على المنتج أو الملحقك أو المطبوعات ويدون المراجع الشريط الموجود على النطاء دات المله مع مساميا الشُريط الموجود على البطاريات إلى أنه لا ينبغي التخلص من المنتج والبطارية والملحقات الإلكترونية (مثل الشاحن وسماعة الرأس وكابل USB) مع النفايات المنزلية الأخرى.

Информацию об устройстве, а также сведения по безопасности смотрите в руководстви инерормацию оо устроктяв, а также сведения по везопасности смотрите в уковорсти пользователя устроктав Glasby Watch. Изделие содержит малиты. Сохранийте безопасное расстояние между изделием и объектам, которые могут бъть подвержены водействию малититак полей, такими как кредитные карты и имплантируемые медицинские устройства. Если у вас имеется имплантируемое медицинское устройства, поснокнультируйтесь сварном перед использованием

### Права потребителей регулируются законодательством страны, в который приобретен данный продукт. За подробной информацией обратитесь к поставщику услуг.

Правильная утилизация

Такая маркировка на продукте, аксессуарах или в документации, а также **A** аналимириирали продулости состателение по истечении срока службы изделия, аккумулятора и электронных аксессуаров (например, зарядного устройства, гарнитуры или кабеля USB) их нельзя утилизировать вместе с Xà другими бытовыми отходами 

請參閱 Galaxy Watch 的使用手册以深入瞭解產品使用與安全 資訊

産品内含磁片。請將産品與可能受磁性影響的物體保持距離,如 信用卡及植入式醫療器材。如體内裝有植入式醫療器材,使用 前請諮詢醫師

您的消費者權益受產品購買當地國家規範。請聯絡您的服務提供 者,以取得更多資訊。

### 電磁波警語:

•取得審驗證明之低功率射頻器材,非經核准,公司、商號或 使用者均不得擅自變更頻率、加大功率或變更原設計之特性及 功能

•低功率射頻器材之使用不得影響飛航安全及干擾合法通信; 經發現有干擾現象時,應立即停用,並改善至無干擾時方得繼 續使用

 前述合法通信,指依雷信管理法規定作業之無線電通信。低功 率射頻器材須忍受合法通信或工業、科學及醫療用電波輻射性電 機設備之干擾

FCC RF Radiation Exposure Statement This equipment complies with FCC RF Radiation exposure limits set forth for an uncontrolled environment. This device and its antenna must not be co-located or operating in conjunction

with any other antenna or transmitter. This equipment should be installed and operated with a minimum distance of 20 cm between the radiator and your body.

Band and mode	Output power
Wireless Charging 143.5 kHz–146.5 kHz	37.7 dBµA/m at 10 m
Fréquence de bande et mode	Puissance de sortie
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBμA/m à 10 m
Band und Modus	Ausgangsleistung
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m bei 10 m
Banda e modalità	Potenza in uscita

Banda e modalità	Potenza in uscita
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m a 10 m
Banda y modo	Potencia de salida
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m a 10 m
Frekvenciasáv	Kimeneti teliesítmény
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m 10 m-en
Pasmo i tryb	Moc wyjściowa
Wireless Charging	37,7 dBμA/m przy 10 m

Pas in način	Izhodna moč	
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m pri 10 m	
Pásmo a režim	Výstupný výkon	
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBμA/m vo vzdialenosti 10 m	
Pásmo a režim	Výstupní výkon	
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBμA/m při vzdálenosti 10 m	
Bant ve mod	Çıkış gücü	
Wireless Charging 143,5 kHz–146,5 kHz	10 m'de 37,7 dBµA/m	
Смуга частот та режим	Вихідна потужність	
Wireless Charging 143,5 kHz–146,5 kHz	37,7 dBµA/m на відстані 10 m	

				設備名稱:無約 Equipment na	≹充電座 <sup>,</sup> 型號 (型式):I ame Type designati	EP-OL300 on (Type)		
	限用物質及其化學符號 Restricted substances and its chemical symbols							
單元 Unit	鉛 Lead (Pb)	汞 Mercury (Hg)	鎘 Cadmium (Cd)	六價鉻 Hexavalent chromium (Cr+6)	多溴聯苯 Polybrominated biphenyls (PBB)	多溴二苯醚 Polybrominated diphenyl ethers (PBDE)		
電路板	-	0	0	0	0	0		
塑膠外 殻	0	0	0	0	0	0		
矽膠	0	0	0	0	0	0		
電纜	-	0	0	0	0	0		
備考 1. "C	"係指該「		と百分比含量	- 未超出百分比含量	<b>計</b> 基準值。			

Note 1: "O" indicates that the percentage content of the restricted substance does not exceed the percentage of reference value of

presence

備考 2. "-" 係指該項限用物質爲排除項目。

Note 2 : The "-" indicates that the restricted substance corresponds to the exemption.

Изготовитель: Samsung Electronics Co., Ltd.

аля: (Мэтан-донг) 129, Самсунг-ро, Енгтонг-гу, г. Сувон, Кёнги-до, Корея Импортер и организация, принимающая претензии на территории Республики Казахстан: ГОО «SAMSUNG ELECTRONICS CENTRAL EURASIA» (CAMCУНГ ЭЛЕКТРОНИКС ЦЕНТРАЛЬНАЯ ЕВРАЗИЯ), Республика Казахстан, А05D7M5, город Алматы, Алмалинский район, улица Желтоксан, 115, 3 этаж,

Інформацію про пристрій, а також відомості з безпеки дивіться в посібнику користувача пристрою Galaxy Watch. Продукт містить магніти. Тримайте його на безпечній відстані від інших продуктів та

предметів, чутливих до дії магнітів, наприклад, банківські картки та імплантовані медичні пристрої. Якщо у вас є імплантований медичний пристрій, порадьтеся з лікарем перед икористанням

Права споживачів регулюються законодавством країни, у якій був придбаний продукт. За ковою інформацією зверніться до постачальника послу

### Належна утилізація

Ця позначка на виробі, аксесуарах або в документації, а також на × акумуляторах (без смуги) вказує, що виріб, акумулятор та електронн аксесуари до нього (наприклад, зарядний пристрій, навушники, кабель  $\lambda$ USB), не можна викилати разом із побутовим сміттям 

Виробник: «Самсунг Електронікс Ко. Лтд.» (Samsung Electronics Co., Ltd.), 129, Самсунг-Ро, Йонгтонг-Гу, м. Сувон, Кьонги-До, 16677, Республіка Корея. Імпортер в Україніт ТОВ «Самсунг Електронікс Україна Компані» (01032, м. Київ, вул. Льва Толстого, 57), виконує функції виробника щодо прийняття претензій від споживача, а виче организацию ремонту та техничного обслуговувания виробив

製品の使用方法と安全に関する情報の詳細については、Galaxy Watchのユーザーマニュアルを参照してください。

本製品には磁石が内蔵されています。磁気カードや植え込み型除細 動器のような磁気の影響を受ける恐れのある場合は、本製品を使用 しないでください、植え込み型の医療機器をお使いの方は、本製品を 使用させるプロケットでありませんが 使用される前に医師にご相談ください。 消費者の権利は製品を購入した国の法律により支配されます。詳しく

は担当のサービスプロバイダーまでお問い合わせください

### FCC Part 15.19

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

### FCC Part 15.21

143.5 kHz-146.5 kHz

Any changes or modifications (including the antennas) to this device that are not expressly approved by the manufacturer may void the user's authority to operate the equipment.



ovation, Science and Economic ect to the following two condi his device may not cause inter his device must accept any inte ation of the device.	: Development Canada) licence-exempt RSS(s). Operation is jons: ference. erference, including interference that may cause undesired	
D RF Radiation Expo	sure Statement	
equipment complies with ISEE ronment.	) RF Radiation exposure limits set forth for an uncontrolled	
device and its antenna must n	ot be co-located or operating in conjunction with any other	

Samsung se preocupa por el medio ambiente y recomienda a sus clientes que reciclen los dispositivos y accesorios originales de Samsung de acuerdo con las regulaciones locales. En algunas áreas, la eliminación de estos artículos en la basura doméstica o conceila puede estas prohibida. Deseche otros componentes electrónicos no deseados a través de un reciclador . aprobado. Para encontrar el lugar de reciclaie más cercano, visite: www.samsuna.com/recyclina (2) Th ope

### ISE