

Smart Microcurrent Exercise Set User Manual

Products

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- Smart Microcurrent Stimulator
- Smart Microcurrent Accessories
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Introduction

WISCHA Smart Microcurrent Exercise Set beautifies your shapes in 20 minutes. It consists of "Smart Microcurrent Stimulator" , "Smart Microcurrent Accessories" , and "Smart App" . The set stimulates muscles to perform voluntary contractions through the "bioelectricity" generated by the smart bionic technology. The Smart App records the calories consumed in each operation that helps you understand your physical condition and achieve your ideal body shape.

Product content, function, and description

■ Smart Microcurrent Stimulator – Bionic Microcurrent Stimulation Technology

The technology is the core of Smart Microcurrent Exercise Set. It offers a personal body shaping experience with microcurrent in 16 intensity levels.

The set consistently stimulates your muscle with bionic microcurrent. It does not drop off under various exercises with its accessories, powerful magnets, and sturdy buttons. This set meets certifications of US, Europe Union, Japan, etc. You' ll experience body Exercise with full of safety.

Two models of Smart Microcurrent Exercise Set are currently available. You can choose your favorite matte color to build a personal body-shaping and exercising experience.



Matte Black Series

Smart Microcurrent Stimulator



Matte Red Series

Smart Microcurrent Stimulator

Before You Begin

Charge the Smart Microcurrent Stimulator first with its bundled magnetic charging cable. Connect the cable to a charger or a PC and Smart Microcurrent Stimulator to start charging.

(Red light: charging in progress. Blue light: charging completed.)

Smart Microcurrent Stimulator -

Introduction:

1. **Smart Microcurrent Stimulator charging port:** A magnetic

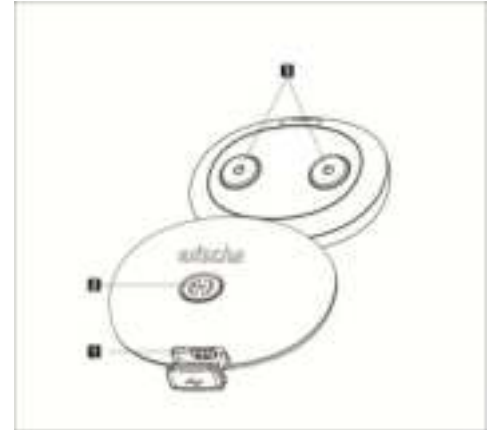
charging cable is included. Connect it to a charger or a PC to start charging.

2. **Power button:**

Turn on: press and hold for 3 seconds, the light starts blinking.

Turn off: press and hold for 3 seconds, the light stops blinking.

3. **Microcurrent connector:** this transmits microcurrent to the accessories.



Smart Microcurrent Stimulator – Specification:

Model	WIS-SM-003 、 WIS-SM-004
Specification	Dimensions: 51.6 x 38 x 15.6 mm
	Weight: 17.2g
	Rated voltage: 4.2V / 0.2A
	Power supply for the charging: USB 5V
	Material: ABS
	Bluetooth version: Bluetooth 4.0
	Current output: 16uA~100uA
	Operating mode: 4 modes , 16 adjustable levels of current intensity
	Battery capacity: 75mAH
	Duration: 12 minutes/time. Can be used 5 -8 times after being fully charged.
	Charging method: Charging with USB.

	Operating temperature:40°C
	Certifications: CE, FCC, ROHS, NCC, JRF
	Package content: The Smart Beauty Machine, a magnetic charging cable, and the instruction manual.
	Place of origin: Taiwan
	Manufacture: Zeroplus Technology Co., Ltd. (3F, No. 121, Jianba Rd., Zhonghe District, New Taipei City)

Smart Microcurrent Stimulator – Cautions:

- Slightly numb and vibrating feel on skin.
- The connectors on simulator and accessory must be securely buckled to avoid drop-off.
- Take a 5-minute break after a 20-minute operation, then re-start to achieve an effective muscle contraction result.
- The WISCHA SPORT APP shall stay in connection to the Smart Microcurrent Simulator through Bluetooth within 2 meters of distance.
- To clean the Smart Microcurrent Simulator: turn it off then clean with a damp paper towel.
- It is not recommended to operate at an outdoor place under thunder shower weather, although the Smart Microcurrent Simulator has a basic waterproof feature.

Smart Microcurrent Accessories – Bionic Microcurrent

Induction Stimulates Muscle Contraction.

- Environment-friendly and high-elasticity fabrics offers friendliness and breathability to skin. You will enjoy the comfort no matter how you move your body.
- The silver fiber offers more than 99% antibacterial effect, and effectively delivers bionic microcurrent.
- The 4-needle and 6-thread craft offers higher elasticity and strength seam effects.
- Non-marking fitting process improves tensile force with more close-fitting and comfortable wearing experience.
- Comfortable high waistline for a slim fit.

■ Five Types of Smart Microcurrent Accessories:

1. Smart microcurrent plumping bra

It stimulates and keeps your chest firm and plump.



2. Smart microcurrent buttocks-firming pants

It effectively stimulates the gluteus maximus and lifts the buttocks line; helpful for the people having loose buttocks resulted from gravity and long-time sitting.



3. Smart microcurrent leg-slimming pants.

It stimulates and firms the back side of the thigh without accumulating fat; good for the who have less exercise and sit for a long time.



4. Smart microcurrent abdomen-firming pants

It stimulates the lower abdomen to keep it firmly flat.



5. Smart microcurrent waist-shaping belt

Select the body part you want to stimulate. Its Velcro fits any parts of your body.



Smart Microcurrent Accessories – Cautions

- The accessories contain expensive silver fiber and electric circuits. Hand wash only. Not washable in washing machine. No dry clean.

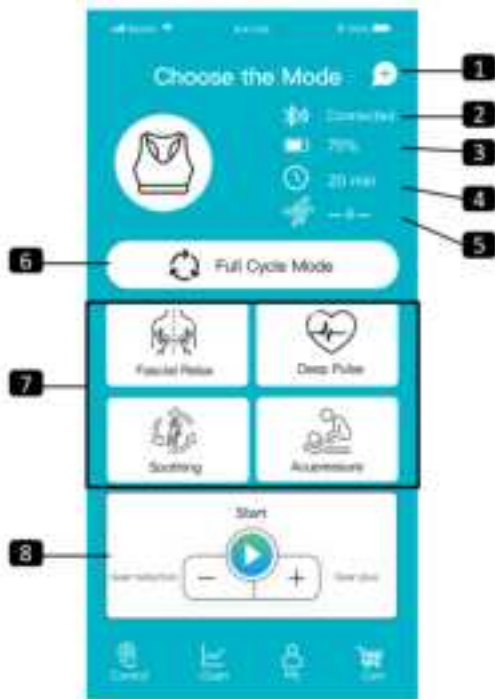
- Avoid prolonged soaking. Do not use bleach or strong detergents.
- Do not tumble dry or iron. Dry naturally.

■ Product Functions and Description

Smart App – WISCHA Exclusive Exercise Companion

This is the core of WISCHA product with rich and powerful functions. You can select the mode that fits your exercise habits and the parts you want to strengthen. It also helps you to calculate the consumed calories, record daily exercise result. Moreover, the app also features exercise knowledge, menstrual period records, weather, etc., that showcase the smart technology. You can exercise smartly, achieve the best result, and build a perfect shape with WISCHA.

■ WISCHA - Control



① **Add a new Smart Microcurrent Stimulator:** it connects to the Bluetooth device and switches to another smart accessories.

② **Bluetooth connection:** it displays Bluetooth connection status.

③ **Battery level:** it displays the connected Smart Microcurrent Stimulator's battery level.

④ **Microcurrent induction timer:** it displays the 20-minute microcurrent introduction timing.

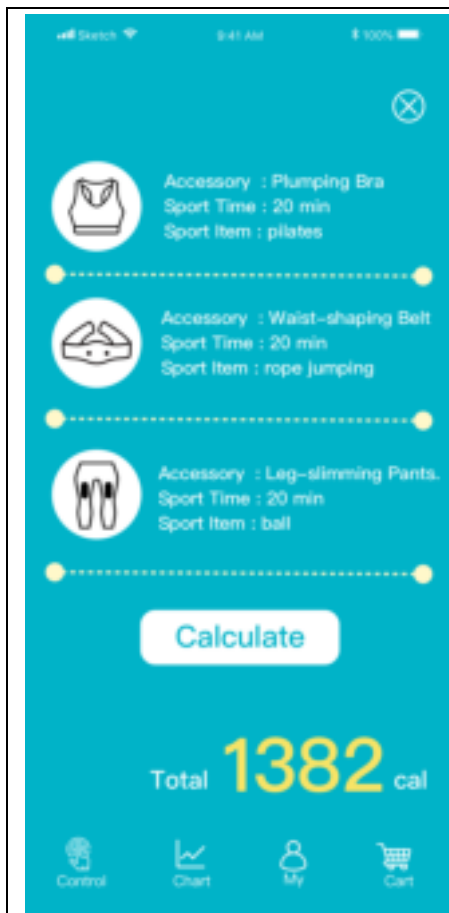
⑤ **Microcurrent intensity level:** there are 16 levels available, displayed in 1-16. The larger number the stronger intensity, and vice versa.

⑥ **Full-cycle mode:** 5 minutes per each intensity level. This cycle starts from low intensity to high and returns to low then completes.

⑦ **Four intensity modes:** 20 minutes per each mode. Select the intensity mode based on personal preference.


⑧ **Microcurrent level-intensity selection:** press "+" to increase intensity, press "-" to decrease intensity, press "Pause" to pause the microcurrent output.

WISCHA - Chart



Enter the data such as height, weight, age, etc. in "About Me" , select the exercise item before starting. The app calculates your consumed calories after 20 minutes, and records it in the app. You can review your exercise result at any time.

WISCHA APP - My



The screenshot shows the 'My' page of the WISCHA app. It features a profile picture at the top, followed by a list of menu items: 'My Information', 'My Device', 'Menstruation Info', 'Sport Know-How', 'User Agreement', and 'Version Number'. Each of the first four items has a right-pointing arrow. Numbered callouts 1 through 4 are placed to the right of the app interface, with lines pointing to the respective menu items.

- ❶ **My Information:** fill your data such as height, weight, age, etc. to accurately calculate calorie consumption.
- ❷ **My Device:** You can delete or rename your device.
- ❸ **Menstrual period notification:** it records your menstrual period and provide the recommended exercise modes before and after it.
- ❹ **Tips of maintenance and exercise:** tips are updated from time to time so everyone can maintain a perfect shape safely and effectively.

WISCHA – Cautions

1. Please carefully read the user manual and cautions before using the device.
2. Improper use or disregard of safety precautions may result in the risks of personal injury and damage to items.
3. Due to different acceptance to the current intensity per each person, it is recommended to start with "microcurrent mode" and adjust the intensity after the body adapts it.
4. It is not recommended to use the Smart Microcurrent Accessories for intensive exercise within one hour after meal.
5. If there is any problem during use, please consult the physician and follow the instructions. If you feel any physical discomfort or abnormal skin reaction during use, please stop using immediately.
6. It can be used 50 days after caesarean section or 30 days after vaginal delivery. (Do not use before lochia is fully discharged.)

■ WISCHA APP OS requirement

Android

- Version 6.0 or above.

iOS:

- iPhone -

iOS 10.0 or above.

- iPod touch -

iOS 10.0 or above.

- Mac -

mac OS 11.0 or above, or Mac with Apple M1 chip.

■ Complete Smart Exercise Operation Procedure

Step1. Wear Smart Microcurrent Accessories with the hydrogel patch.

Step2. Fully charge the Smart Microcurrent Stimulator first, and download WISCHA SPORT APP.

Step3. Turn on Bluetooth function of your smartphone and the Smart Microcurrent Stimulator.

Step4. Open WISCHA SPORT APP. Click “Enable Bluetooth” and login.

Step5. Fill in data in the “About me” area for accurately calculating exercise results.

Step 6. Click “Add smart exercise” to select the part you want to strengthen today.

Step 7. Click today’s exercise type for calculating calorie consumption.

Step 8. Select intensity and start a 20-minute smart microcurrent exercise on selected part of body.

Step 9. The estimated calories consumption will be recorded after completing the 20-minute exercise.

Step 10. It is recommended to take a 5-minute rest if you plan to continue exercising; or turn off the device otherwise.

■ Cautions

- Please read this user manual before use to understand the proper operation process.
- This product requires “Smart Microcurrent Stimulator” , “Smart Microcurrent

Accessories" , and "Smart App" to operate together.

- Please do not use the "Smart Microcurrent Stimulator" to output microcurrent and charge it at the same time.

- Please do not use this product if you have the following symptoms:

1. Congenital heart disease;
2. Acute infectious diseases and various bleeding disorders (leukemias);
3. During pregnancy and menstruation period
4. There are foreign objects embedded in the body (including steel nails, steel plates, coronary stents, pacemakers, etc., excluding intra-uterine device);
5. Patients with severe visceral failure and malignant tumors
6. Patients with three-hyper (high blood pressure, high blood glucose, and high blood lipid) that require frequent medication.
7. People who are allergic to electricity.

- If the product fails and does not function properly, please call the service number:

02-5553-9866

Frequently asked question:

Q: Does the Smart Microcurrent Stimulator come with a charging cable?

A: There is a magnetic charging cable inside the box, you may connect it to a computer or a charging stand for charging.

Q: I cannot turn on the Smart Microcurrent Stimulator.

A: Press the ON/OFF button for three seconds. If a blue light starts flickering, you have turned it on successfully.

Q: How can I connect to the Smart Microcurrent Stimulator?

A: If you are using it for the first time, activate the Bluetooth of your cellphone, then start the WISCHA APP, select "Add" for a new Smart Microcurrent Stimulator. The APP will notify you when successfully connected through Bluetooth.

Q: Tried the method above but still can't connect to the

Smart Microcurrent Stimulator? Please check the following:

- Make sure that your Smart Microcurrent Stimulator is turned on.
- Make sure that your Smart Microcurrent Stimulator is not on low battery power.
- Make sure that you have activated Bluetooth on your cellphone.
- Try it with another cellphone.

Q: How to determine whether the Smart Microcurrent Stimulator has sufficient power?

A: Press the ON/OFF switch for three seconds. If a red light is flickering, it means the battery power is low, and charging is required. You can also see the battery status of the Smart Microcurrent Stimulator in your smart APP during the skincare process.

Q: How do I clean the Smart Microcurrent Stimulator?

A: Please turn it off after using it, and wipe it with a clean wet tissue.

Q: Is there a range of distance for the Smart Microcurrent Stimulator to connect with the WISCHA APP with Bluetooth?

A: Yes. The operating scope is within two meters.

Q: Why the microcurrent outputs unevenly?

A: Please apply conductive spray that improves the efficiency and make the conduction more evenly.

Warranty:

【About warranty】

※Starting from the date of purchase, the Smart Microcurrent Stimulator offers a warranty period of one year.

※During the warranty period, maintenance and repair are free. The customers shall keep the purchase certificate or any receipt that can prove the purchase of such product, including the invoice, delivery note and credit card bill for the product.

【Scope of warranty】

※During the warranty period, the malfunctioning of the product due to abnormal operation and damages due to human-caused factors shall not be included in the warranty.

※ Repairs performed during the over-warranty period or with the absence of the purchase proof, shall be considered as repairs out of warranty. The customer shall bear the delivery fees and costs for the relevant repair or parts.(only in Taiwan).

※ For buyers outside Taiwan, please contact your dealer or the original factory if there is any malfunctioning of the product.

【Warranty repair/maintenance】

※ The warranty service is only limited to the malfunctioning causes by the flaw of the product itself. For damages caused by accidents or human factors, WISCHA shall deal with it in accordance with the over-warranty method. This includes but is not limited to the following:

A. Natural disasters, earthquake, lightning strikes, and other accidents.

B. Misuse, abuse, negligence (such as liquid penetration, dampening, etc.), and external appearance damage.

C. Repair, modification, disassembly, and assembly performed by personnel not authorized by WISCHA.

※ The scope of this service guarantee does not include the damage or loss of the consumables and accessories provided with the product (such as the velvet bag, cables, instruction manual, etc.)

※ WISCHA denies all other unspecified service guarantees, whether stated explicitly or implicitly, unless it is within the legal scope of the present time. The product' s service guarantee does not cover any commercial or implied guarantees that meet a specific purpose.

※ Please contact the customer service first and provide pictures or videos of the damage(s). The Company' s maintenance personnel shall assess whether the damage(s) is within the scope of warranty.

※ Within the scope of the warranty, the product will be properly repaired or replaced, as the required cost and delivery fee to send the product back to the customer will be borne by the Company. However, the customer shall pay for the delivery fee sending the product to the Company.

※After undergoing repair or changing to a new product as replacement during the

warranty period, the starting date of the warranty shall still be the date when the product was first purchased.

【Over-warranty repair】

※ Please contact the customer service first and provide pictures or videos of the damage(s). The maintenance personnel will conduct an evaluation and provide you with a quotation.

※The customer shall decide whether to repair the machine, and then deliver the product for repair. Days required for the repair depends on the severity of the damage(s).

【Service hotline】

※Customer service hotline: 02-5553-9866

※If there is any malfunctioning of the product, please contact the seller or call the customer service hotline.

FCC Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- I Reorient or relocate the receiving antenna.
- I Increase the separation between the equipment and receiver.
- I Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- I Consult the dealer or an experienced radio/TV technician for help.


FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance.

 **RoHS**

 **XXX-XXXXXX**

 **FCC ID: 2ADKMWS01**

Importer : -

P/N : ZPP005S

M/N : WIS-SM-003、WIS-SM-004

 **孕龍科技**
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