

80x65mm

英

Color Screen Bracelet User Manual

Model: P2
FCC ID: 2AGFW-P2

P1-V 1.0

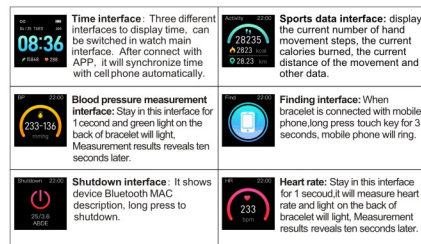
1.Appearance Explain



A: Long press bracelet's touch screen to power on.
B: Touch screen to switch bracelet's interfaces.

1.1 Usage and requirements

A: Long press bracelet's touch screen to power on.
B: Touch screen to switch bracelet's interfaces.



Stopwatch interface: Press screen 3 seconds and wake up stopwatch function. Turn on device with short press and click with short press again, exit with long press.
Brightness: Long press to brightness level setting mode. short press to set up different level and long press again to exit.
Precautions:
*Can wear this fitness tracker to wash hands, face, short time swimming in shallow water, can't touch hot water and for deep diving.
*Don't disassemble the device by yourself which would cause it doesn't work.
*Please use it in -5°C to 45°C.
*Use soft cotton flannel or glasses cloth to clean the screen, don't use soap shower gel or other detergents clean.
*This product can't use as disease diagnosis, treatment and prevention. Just for reference only.

1.2 APP download/Connect the bracelet

Compatible for mobile phones:
Android system 4.4 version or iOS system 9.0 version or above.
Compatible for blue-tooth versions:
BT 4.0 version above. Use mobile phone scan QR code on user's manual or search "Hero band II" APP by APP store or Google Play to download and install it.
It is suggested to use mobile browser to scan the two-dimensional code to download APP, and can not be downloaded directly by WeChat scan.

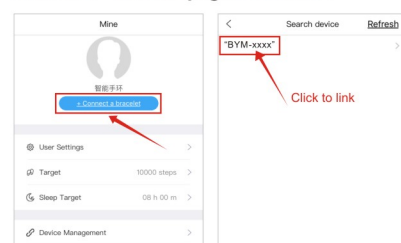


2. Bracelet connection

Before using bracelet, users need register APP on mobile phone firstly. Chinese users support using mobile phone numbers to register foreign and Hong Kong, Macao and Taiwan regions support using e-mail to log in. Open APP, enter into "Mine" and click "connect a bracelet" to search a bracelet named "Hero band II", keep mobile phone's blue-tooth on when they are connected.

Note: When the phone is connected to the bracelet, it needs to keep the bluetooth of the phone open and there is no other matching device in the bluetooth of the phone. Don't connect your android phone directly to your mobile phone in bluetooth.

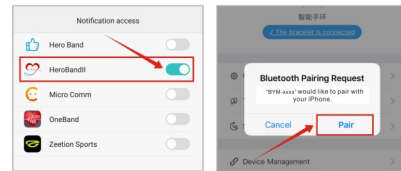
In the APP 【Mine】 page to connect:



*After use this smart bracelet for a period of time, if the bracelet can't connect with the APP in a sudden, please in you cellphone bluetooth to delete all the match devices, and then go to the APP to link with the device.

2.1 Notification settings

When finished connection, users enter into 【Mine】 by APP, click 【Device Management】, and Android mobile phones to enter into this function firstly. APP will give a tip for allowing it could read mobile phone's notification permission, click confirm then on 【Notification access】. Users need turn "Hero band II" on. When use mobile phone connected with bracelets, it will give a tip for gaining please allow. Otherwise bracelet will not receive notification. As below:



2.2 Lift wrist to light up screen

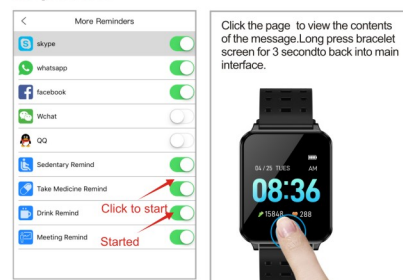
Enter into 【Device Management】 turn on "Lift the wrist brighten screen" or "Turn the wrist brighten screen".
Lift the wrist brighten screen:
Let bracelet watching position, keep bracelet surface in 30-85 angle to brighten screen.



2.3 Message Reminder

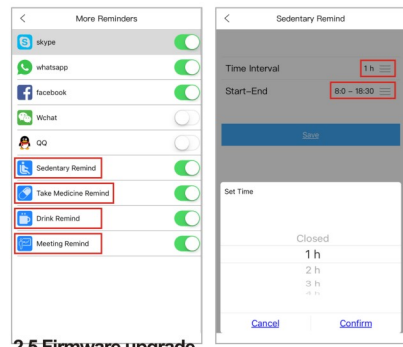
Bracelets support message notification showing screen of Skype/Whatsapp/Facebook/SMS and so on. Long press bracelet screen for 3 second to back into main interface when bracelets received messages.

As pictures:



2.4 Reminder settings

Turn secondary/Take medicine/Drink/Meetings remind on and Set their working time as user's need.

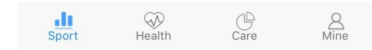


2.5 Firmware upgrade

When mobile phone was connected with bracelet, click "Firmware upgrade". If it upgrade failed, users need charge the bracelet and try it again.

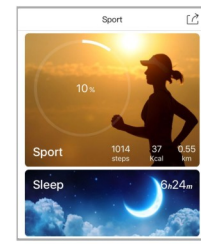
3.1 APP Sport/Health/Care

Sport/Health/Care three parts:



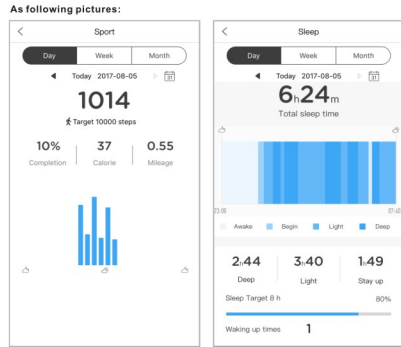
3.2 Sport

On this function, there two data of sport/sleep. As picture:



3.2.1 Sport (Steps/Distance/Calories)

Sport/Sleep Record the sport data and sleep time and sleep history. Click picture to enter into more detail data interface. Click calendar icon to check history data.



3.3 Health

On this interface there are two healthy data of heart rate, blood pressure.

3.3.1 HR-Heart rate monitor

Normal heart rate value is 60-100 times/min, there will be a little difference between people with different age, gender and other factors.

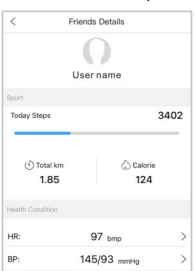
3.3.2 BD-Blood pressure monitor

Normal blood pressure value: Systolic blood pressure 90-139mmHG, diastolic blood pressure 60-89mmHG.

3.4 Care/Remote view

Search friends and add them to check or share the sport data with them.

Click and check friend's sport healthy date:



中

彩屏手环使用说明书

P1-V 1.0

1.外观说明



1.1使用及要求

A: 长按手环触摸屏开机。
B: 轻触触摸屏可以换手环界面。



注意事项:
*可以佩戴洗手、洗脸、短时间游泳，不可接触热水及淋浴。
*请勿擅自拆卸产品，这样会出现质量问题。
*请勿在强电磁场或强磁场中使用本产品。
*本产品不能为疾病诊断、治疗及预防。

1.2 软件下载/连接手环

手机系统要求: Android 4.4及以上版本, iOS 9.0及以上版本;
手机硬件要求: 蓝牙4.0及以上的智能手机, 打开手机扫描功能, 扫描说明书上的二维码, 下载 "Hero band II" APP, 或者手机系统应用商店可在App Store, 安卓用户可在应用宝内搜索 "Hero band II" 下载。
*建议使用手机浏览器扫描二维码下载APP, 不可直接用微信扫描下载。



2.连接手环

打开手机下载好的APP, 请先注册私有账户。
打开APP, 进入【我的】页面, 点击连接 "Hero band II" 手环, 在手机没有打开蓝牙的情况下 APP 会要求打开蓝牙, 点击确定, 进入设备搜索页面进行连接。
注意: 手机连接手环时, 需保持手机蓝牙打开, 在手机蓝牙里并没有任何其他已配对设备, 安卓手机不要直接在手机蓝牙里与手环连接。

在APP里【我的】页面进行连接:



*如遇到使用一段时间后, 手环连接不上, 请打开手机蓝牙里取消所有的配对, 再到APP页面连接手环即可。

2.1 提醒设置

连接手环后, 在【我的】页面找到【手环管理】, 安卓系统手机首次进入【手环管理】, 会显示打开通知接收权限, 请选择确定后, 在弹出通知使用权限页面打开 Hero band II 的开关; 苹果手机在连接上手环时, 会自动弹出此请求, 请选择允许配对, 否则手环会接收不到提醒。如图:



2.2 抬腕亮屏

在【手环管理】里, 打开或关闭抬腕亮屏。
抬腕亮屏: 手环从垂直位置摆动到正常手表姿势, 表面角度处于30-85度之间, 手环自动亮屏。



2.3 信息推送

手环支持微信/QQ/邮件等内容推送及显示, 手环端在接收到消息后, 长按3秒返回主界面。如图:



2.4 提醒设置

久坐/吃药/喝水/会议提醒需按自己的需求点击APP上对应字体进行手动设置起始和终止时间, 设置后记得选择保存。如图:

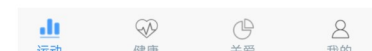


2.5 手环端的固件升级

当手机连接设备后点击固件升级:
如中途升级失败, 请等待5分钟后重新升级, 或将手环充电后继续升级。

3.1 APP运动/健康/关爱功能介绍

"运动-健康-关爱" 三大功能版块:



3.2 运动

运动页面数据: 运动、睡眠, 如图:



3.2.1 运动(步数、距离、卡路里)

运动/睡眠: 记录用户每天的运动量, 睡眠时间以及历史数据。点击图片进入详细数据页面, 点击 "万年历" 查看历史数据。

如图:



3.3 健康

健康页面显示人体健康数据: 心率、血压。

3.3.1 心率

心率是指正常人在安静状态下每分钟心跳的次数, 也叫安静心率, 一般为60-100次/分, 可因年龄、性别或其他生理因素产生个体差异。

3.3.2 血压

人的血液输送到全身各个部位需要一定的压力, 这个压力就是血压; 正常人的血压数值为: 【收缩压90-139mmHg】 【舒张压60-89mmHg】

3.4 关爱/远程查看

通过添加通讯好友, 实时监控及共享家人及亲友健康。点击打开查看好友运动健康数据:



FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

* RF warning for Portable device:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.