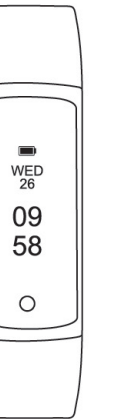


User Guide

Smart Bracelet



ID128HM

Thanks for choosing our device, please read the user guide carefully before using.

Setting

Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:

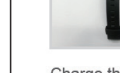
Note: hardware and system of devices should meet the requirements:



iOS 7.0 & Above



Android 4.4 & Above



Support Bluetooth 4.0

1. Download VeryFitPro

Search and download

Search and download "VeryFitPro" from the Apple Store or Android App store .;

Scan the QR code and download

It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.



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2. Product activation and installation

The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.

Take out: Pull open the strap and take out the bracelet body



Charge the battery: Insert the chip-mounted end of the bracelet body into the USB interface to activate the product by charging (be cautious not to reverse the polarity, and comply with the required voltage and current: 5V / 500mA)



Installation: Mount the bracelet body into the slot of the wrist strap.



Wear on: Adjust the length of the wrist strap until it is appropriate to wear on the wrist.

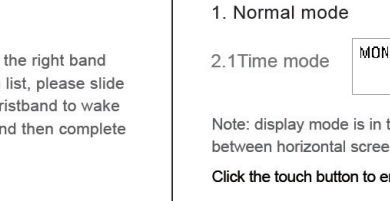


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3. Touch key

Single click the touch key: Interface switch
Press and hold the touch key: Enter

4. Make sure the Bluetooth of smart phone is ON, open app "VeryFitPro"



When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.

function introduction

1. Normal mode

2.1 Time mode

Note: display mode is in the app > device > more to switch between horizontal screen and vertical screen.

Click the touch button to enter into the next mode: heart rate mode.

2.2 Heart rate mode

Before monitoring

After monitoring

Enter into the heart rate monitoring mode. — Dynamic display

Instruction: after staying at the heart rate interface for 0.5s, the heart rate was monitored. Before the correct data was monitored to red. —

After the correct data is monitored, the data is displayed, the heart rate icon beats,

[long press touch button for 2s] invalid.

Click the touch button to enter into the next mode: blood pressure test.

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4. Working Time

Continuously working for 8 days under normal conditions

5. Interface description

Time mode -> heart rate mode -> blood pressure mode -> data mode -> alarm mode -> find my phone -> sports mode.

function introduction

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[long press touch button for 2s] invalid.

Click the touch button to enter into the next mode: blood pressure test.

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2.3 Blood pressure test

2.3.1 Blood pressure monitoring

Before Monitoring

After Monitoring

Note: 1. After staying at the blood pressure interface for 0.5s, the blood pressure was monitored. After the correct data was detected, the data was displayed, and the blood pressure icon wouldn't beat when the test was finished, and the blood pressure was no longer monitored.

Click the touch button to enter into the next mode: data mode.

2. In order to ensure the accuracy of blood pressure data, please remain calm during the monitoring and sit down if it's possible.

2.3.2 blood pressure calibration.

APP launches blood pressure calibration mode, and displays the interface.

After calibration, displays that the calibration is completed.

[current interface will be off after 5S screen] return to time mode.

Note: before using the blood pressure monitoring function, please use the APP for blood pressure calibration.

2.4 Data check mode

2.4.1 data check sub-schema.

Data check-- Distance Mode: displays the distance and unit of the day's activities.

[click] to enter into the calories Mode

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2.5 Alarm mode

After setting the alarm:

[click] to enter into the next mode (find my phone mode or time mode)

2.6 Sports mode

[click] to enter into TIME Mode

[long press the button for 1s] the motor vibrates to enter into sports mode.

Note: 1. If there are multiple sports modes, click on the touch button to display the next sports mode.

2. Displays up to three kinds of sports through APP configuration, and the "walking" "running" "bike" is displayed by default setting of the fitness tracker.

3. If you want to record the track under sports mode, please use the APP to initiate the sports.

Sports mode

[long press the button for 3s] to enter into the current sports mode

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2.6.1 Sports is in progress mode.

Current sport stop watch mode.

Step mode of current sport

Calories mode of current sport.

Heart rate mode of current sport..

Current pace mode .

Current sport distance mode

Current sport time mode.

Sport exit mode

Click the touch button to enter into the next sport sub-schema

Under sport exit mode [long press touch button for 2s] exit from the sports mode.

Note: the tracker displays the pace and distance when it's connected and synchronized with the app, otherwise it will not display.

1. Click to switch between interfaces in order. During the pause process, there is animation, and the data calculation of all interfaces are at pause. Switch to heart rate interface , the heart rate can be monitored normally.

2. In the exit mode, long press for 2s, motor will vibrate and exit from the sports mode.

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2.6.2 Exit from sports mode.

[click] enter into the next mode: the current running stop watch mode. [long press the button for 1s] to exit from the current sports mode.

2.6.3.1 Exit from the current sports mode

After pressing the button for 1s under the sport exit mode, enter into this mode, the motor vibrates for one time.

Note: long press the button for 3s, exit from the current sports mode.

1) if the activity time is less than 1 minute, the tracker won't enter into data display mode after the termination of activity. The data will not be saved.

2) If the activity time is longer than 1 minute, the tracker will display activity termination alert.

Display current interface

Click the touch button to enter into data display mode when the activity is terminated.

[timeout for 2s] enter into data display mode when the activity is terminated.

3) Data display mode when the activity is terminated

[click the touch button] to switch displayed data.

Note: display time, calories, maximum heart rate, average heart rate, steps, distance, average pace

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2.6.4 Event reminder during activity.

1) Exit from sports mode alert when no activity is detected.

2) Compulsory exit from sports mode alert when the memory is full.

3) Compulsory exit from sports mode alert when the power is low.

4) The alert that the battery is too low to enter into sports mode

2.6.3 Abnormal condition of operation during activity.

Under the condition that the APP initiates the activity positively, or when the APP and the tracker are disconnected, the waiting interface will be displayed:

Waiting alert

(Click the touch button) to exit from the waiting alert

Note 1. 15s timeout. If the app and ble device are successfully connected in 15s, the activity continues. If there is no successful connection in 15s, the tracker will exit from sports mode.

2.7 Camera control mode

Means of access: the app sends a command to take a photo, the motor vibrates for one time.

Note: 1. Press the button or raise the gesture to trigger to take a photo, after the photo is taken successfully .

--> [camera icon] --> [camera icon]

Termination method: taking photo is cancelled by APP. Return to the previous interface after cancellation.

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2.8 reminder mode

2.8.1 call reminder.

When there is an incoming phone call, no matter which mode the tracker is under, it will enter compulsorily into the reminder mode. The tracker will return to the previous mode when it exits from this mode.

Note: 1. If the content is too much to display on the screen, it will display in a scrolling way. If the content is an unavailable language, only big icon will be displayed. Big ICON

2.8.2 information reminder.

When there is an incoming message, no matter which mode the tracker is under, it will enter compulsorily into the reminder mode. The tracker will return to the previous mode when it exits from this mode.

Note: 1. If the content is too much to display on the screen, it will display in a scrolling way. If the content is an unavailable language, only big icon will be displayed.

2. SMS/WeChat/QQ/Facebook/WhatsApp/Twitter/sets/Messenger/LinkedIn/E

Mail/Calendar / / LINE/VIBER/Skype/KakaoTalk VKontakte has corresponding icons for notification alert.

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2.8.3 Sedentary reminder.

Remind method: after setting the configurations at the APP, when corresponding conditions are reached, the tracker will remind.

2.8.4 anti-loss reminder.

Remind method: after setting the configurations at the APP, when corresponding conditions are reached, the tracker will remind.

2.8.5 event reminder.

Remind method: after setting the configurations at the APP, when corresponding conditions are reached, the tracker will remind

Icon description: wake up: sleep: TExercise:

wake up: sleep: TExercise:

Take medicine : Others:

2.8.6 Low battery reminder

2.8.7 Target completion reminder

2.8.8 Charging Mode

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2.9 Upgrade Mode

Upgrade Mode

Upgrading

2.10 Device Error Notification

Status Code:

-01 means the abnormality of acceleration sensor

-02 means the abnormality of heart rate sensor

-03 means the abnormality of touch key IC

-04 means the abnormality of flash

Basic Specification

Model No.: ID128HM

Battery Capacity: 45mAh

Working Voltage: 3.7V

Host weight: about 22g

Sync: Bluetooth 4.0

Working temperature: -20°C to 40°C

Waterproof: IP67

Working time : 7Days

Product frequency band : 2402-2480MHz

Maximum transmit power: -1.64dBm

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Declaration of toxic and hazardous substances in electronic information products

The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.

FAQ

◆ Failed to find the device when pairing

① Make sure the Bluetooth of smart phone is ON, and smart phone OS Android 4.4 & Above, iOS 7.0 & Above.

② Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range (within 10meter) after pairing finished.

③ Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.

◆ Failed to connect with Bluetooth occasionally

① Caused by the abnormality of Bluetooth service when it restarted on the phone.

② Reboot mobile phone or re-start the Bluetooth service, then it works normal.

◆ How to restore factory defaults

Make sure the device is connected with smart phone, go in the App, enter "device-- System setting", and choose "reboot device".

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This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE

DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

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