1.32InchFullRoundFullTouch Smart watch

User Guide

Message push interface

click the screen to view historical information, such as no history information and display is empty.

1.32 inch large screen, large font, more content display, easy to see.

| Blood Oxygen | Sports | Heart rate | Blood pressure | Information | Settings | Temperature |

Status interface

Switch to the interface to see the current number of steps, distances and calories. The distance and calories are calculated are calculated on the basis of the current walking steps and the height and weight set by the APP individual.

Heart rate test note:

· When the test, the icon will beat and the back heart rate of the hand ring LED lights will be lit;

· When testing, the sensor should stick to the skin to avoid the influence of external light on the accuracy of the test.

Quick instructions for use

Part of introduction

Wrist strap   Display screen   Adjustment Hole
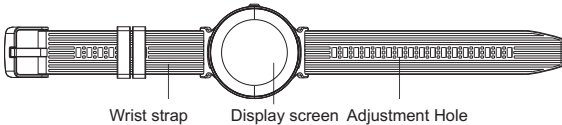
Charging method

For the first time, please take the wristband out and charge the equipment with the corresponding charger. When charging, the wristband will open automatically. (charge mode as follows: Joint the USB-charging cable with Band at match point back side and USB port for charging. Charge voltage 5V.)
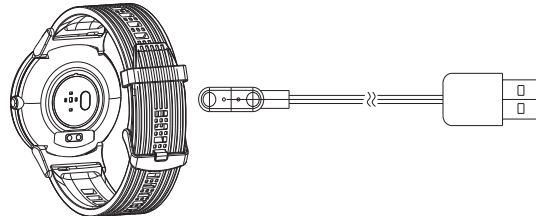
· To keep the test area clean, sweat or stains will affect the test results.

Sports interface

Switch to the interface, click the screen to enter into the specific sports interface, including rope skipping, swimming, riding, pingpang, tennis, badminton such six modes, slide the screen then enter the specific sports interface.

| Hockey | Table tennis | Cycling | Tennis | Gymnasice | Indoor Running |
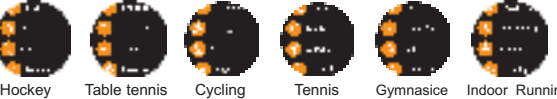
Heart rate interface

Switch to the heart rate interface, click the screen to enter the heart rate detection. After the test is completed, press side button to exit the heart rate detection. You can also connect to the mobile phone App, in the heart rate interface test stop. If the bracelet is not worn correctly or failed, the final failure interface will be displayed. Under the heart rate detection mode, the duration of the bracelet will be reduced.

Temperature interface

Switch to the temperature interface, click the screen to enter the temperature detection. After the test is completed, press side button to exit the temperature detection. You can also connect to the mobile phone App, in the temperature menu until test stop. If the bracelet is not worn correctly or failed, the final failure interface will be displayed.

Wearing method

1. Best wear the wristband behind malleolus ulnaris;
2. Adjust the size suitable for the size of wrists via Adjustment Hole, fasten wrist strap buttons;
3. Sensor shall be close to skin avoiding moving.

Malleolus ulnaris   Left Hand   Sensor
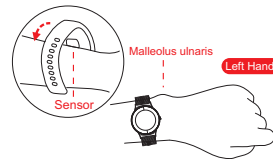
Power on/off

1. In the state of the wristband shutdown, Charging or long press the red side button for 3 seconds the watch will power on.
2. When the wristband is in the boot state, Switch to the shutdown interface, long press the interface or press the red side button for 3 seconds, the wristband vibrates and shuts down.

operation

1. When the device starts up, to touch the screen or slide the interface to lighten screen or switch over display;
2. The screen shall be screen off without operation for 5 seconds and users can connect the phone to App to modify the screen off time.
3. The wristband is default as open status for calling and message reminding,user can connect to App and change the open/off status.
4. Press the Return Button (differ from red button) at any time to return back to main Interface.

Main interface setting

interface , If the watch is not worn correctly or failed, the final failure interface will be displayed. Under the heart rate detection mode, the duration of the watch will be reduced.

Blood pressure interface

Switch to the blood pressure interface, click the screen to start testing blood pressure. Once blood pressure test completed press side button to exit the blood pressure mode. If test start it will show the results of the last test or " -/- " when the results are not measured; also you can connect to the phone App, in the blood pressure interface once the test stop, test result same as above.

Information interface

In the message interface, click the main screen to view the message,slide the screen to turnover the pages. Press the side button to exit the interface.

Settings interface

You can enter the sub menu by click on the related interface, and then perform and operate more related functions.

| Brightness | Find | Info | Reset | off |

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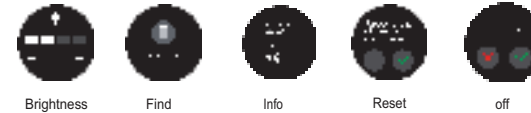
enter the mobile phone APP to revise off-screen time;

3. Wristband factory default to open calls and SMS reminders, Users can choose to open or close in the main interface of the APP.

Install the wristband APP

Scan the following QR codes or enter into various large application markets to download and install " GloryFit" .

Device requirement: iOS9.0 and above; Android 4.4 and above to support bluetooth 4.0 .

Brightness adjustment : Click the main screen to adjust different brightness, there are the 4 levels that you can click to choose any of them.

Find the phone: In the connection state, click the screen to interfact of find the mobile phone, the phone will ring out to remind.

Version information: Under the About interface, you can view the firmware version number and Bluetooth address of the watch.

Restore settings: Long press on the restore interface, and all the record data will be erased, and the APP data will be cleared that day (the rest of the historical data will remain).

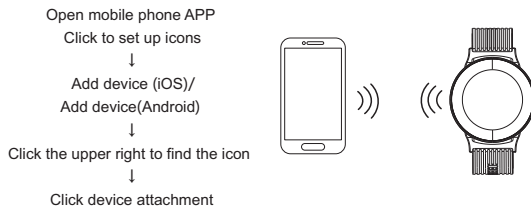**Shutdown:** The interface can be shut down after you click the interface menu and the wristband will vibrate.

Return: Press the side button of the breacelet to exit

Matters needing attention

•Please avoid strong impact, extreme heat and exposure to the wristband.
•Please do not disassemble, repair or transform the device on its own.

Device attachment

When being used for the first time, it is necessary to connect APP for alignment. After successful connection, wristband will self-synchronize time, or otherwise, time, step calculation and sleep data won't be accurate.

Open mobile phone APP
↓
Click to set up icons
↓
Add device (iOS)/
Add device(Android)
↓
Click the upper right to find the icon
↓
Click device attachment

Bluetooth connection: after successfully matching, APP will automatically save the wristband bluetooth address. When APP is opened or operated in background, it will automatically search and link with the wristband.

Data Synchronism: manually pull down the synchronization data on the APP home page; the bracelet can store off-line data for 7 days, the more data, the longer the synchronization time is, and the longest time is about 2 minutes.

• This machine is charged with 5V 500MA, and it is strictly forbidden to use overvoltage load power.
• The use of the environment is 0 degrees ~45 degrees, and it is forbidden to throw it into the fire so as not to cause an explosion.
• Please wipe off the water with a soft cloth and then the wristband can be used for the charging operation , otherwise it will cause corrosion of charging contact point and charging incident may occur.
• Do not touch the chemical substances such as gasoline, clean solvent, propanol, alcohol or insect repellent.
• Please do not use this product in high pressure and high magnetic environment.
• If you have sensitive skin or tighten the wristband, you may feel discomfortable.
• Please dry the sweat drips on the wrist in time. The strap has long contact with soap, sweat, allergies or pollution ingredients, which may cause skin allergy itching.
• If it is often used, it is recommended to clean the wristband every week. Wipe with wet cloth and remove oil or dust with mild soap. It is not appropriate to wear a hot bath with a wristband. After swimming, please wipe the wristband in time so as to keep dry.

Common problems

Why is the first test of heart rate too long?

APP functions and setting

Personal information and exercise goals

After entering into APP, please first set up personal information.
Me ....Click avatar

• Head portrait, gender, age, height and weight can be set up and personal information can enhance accuracy of data.

• Customize personal everyday exercise goals. A reasonable exercise plan is helpful for promoting body quality.

Reminding function

For reminding function, a reminding switch shall be switched on in APP-end Setting Center, mobile phone and wristband shall be kept to be connected successfully and there will be vibrating reminders when there are messages.

| Call | Message | QQ | WeChat | Alarm clock | Sedentary | Other | Charging |
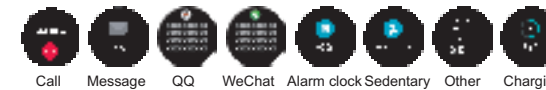
To test your heart rate, you need to take a long time signal to accurately calculate your heart rate.

What do Bluetooth connections do? (connection / reconnection failure or connection speed is slow)
Confirm whether your device system is Android 4.4 or its nigher versions , and IOS9.0 or its higher versions, and your device support Bluetooth 4.0.

a. Because of the problem of signal interference in Bluetooth wireless connection, there may be no time to connect each other. If the connection is not long enough, please ensure that the operation is carried out without magnetic field or without multi Bluetooth device interference.
b. Turn off Bluetooth and open.
c. Turn off the mobile phone background application or restart the mobile phone.
d. Mobile phones do not connect to other Bluetooth devices or functions at the same time.
e. APP is running normally in the background and may not be connected if it is not in the background.

Can't search the wristband?
Since the wristband is not searched by phone in Bluetooth broadcast, make sure the wristband is in power and activated and is not connected to any

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Call reminding : when the caller calls, the ring will shake and the name or number of the caller is displayed. (if the caller's name has been saved in the phone address book, the name is displayed, otherwise the display number)

Message reminding : when a text message arrives, the wristband will vibrate and display the SMS icon reminder; the address message of the address book contact person displays the name, and the short message number of the stranger.

QQ reminding : when the QQ information arrives, the ring will vibrate and display the QQ icon.

WeChat reminding : when the WeChat information is received, the hand ring will shake and the WeChat icon reminds

Alarm clock reminding : it can set up three alarm clocks, and will synchronize to the bracelet after setting up. The intelligent alarm clock is a silent alarm clock. When the alarm is on, the bracelet will cause moderate vibration, and support the offline alarm clock reminder.

Other reminding : when receiving email or other information, the wristband vibrates and displays other reminder icons. Click to see the content.

Charging : When the wristband is connected to the power supply or charged by the charging clamp, the motor vibrates, and the wristband does not vibrate.

other phones. Then, put the wristband close to the phone, if it is still invalid, turn off the phone, and after about 20 seconds, restart the phone Bluetooth.
Why the wristband should be worn more tightly when measuring heart rate?
The wristband uses light reflection principle, penetrates the skin through the light source, and collects the signal reflected to the sensor, to calculate your heart rate. If you don't wear it tightly, there will be ambient light reaching into the sensor, which will affect measurement accuracy.

Why not remind when opening the reminder function?
Android phone: confirm that the phone and the wristband are connected, and open the corresponding permissions in the phone settings, allowing the " GloryFit" APP access calls, messages and address book, and keeping "GloryFit" running in the background; If the phone is installed with security software, add " GloryFit" to "trust". Iphone: If there is no reminder after the connection, it is recommended to restart the phone to reconnect, when reconnecting the wristband again, there will be reminder after popping up "Bluetooth pairing request" and clicking "Pairing".

Is the wristband waterproof?
It supports IP68 waterproof and dust-proof level (IP68 standard is 35 degrees below water, 1 meters below 30 minutes). Usually, wash hands, rain, cold water shower, wash car can be worn with heart.

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vibrate and display other reminder icons,Click the viewable content.

WeChat reminding : When the steps reach the target set on the APP, the wristband will vibrate and display the target reaching icon.

Sleep detection function

When you fall asleep, the wristband will automatically determine the sleep monitoring mode, automatically detect your deep sleep / shallow sleep / wakefulness time, calculate your sleep quality, and sleep data temporarily support APP only.

Note: you can get sleep data when you go to sleep with a hand ring.

Main functional interface

Main interface

The wristband has multiple main interfaces, and the interface can be switched after click on the main interface. After the first pairing of APP, the wristband will synchronize the time, date and week of the cell phone.

Does the Bluetooth connection need to be open all the time? Is there any data after disconnection?
Before the data is synchronized, the data is kept on the wristband host (seven days of data can be retained). When the Bluetooth connection of the wristband and the wristband is successful, the wristband data will be automatically uploaded to the mobile terminal. Please synchronize the data to the mobile terminal in time.

Note: if the caller and SMS alerts are opened, you must keep the Bluetooth connection, and the alarm is offline.

Basic parameter

Type	1.32 Inch Full Touch Smart Watch	Ba ery Type	Li-Polymer
Display Size	1.32Inch	Ba ery Model	531727
Weight	54.5g	Ba ery Capacity	200mAh
Length	25.5cm	Ba ery Voltage	DC 5.0V
Waterproof Level	Ip68	Ba ery Power	0.74Wh
Material	TPU	Package	Device, Manual,Charging Dock

FCC Caution：

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.