

2208A说明书
80g哑粉纸_90x90mm_风琴折页

Smart Health Bracelet

2208A

User Manual

Product Introduction

2208A is a smart health bracelet which can monitor multiple body vital signs all the day and night.

Heart Rate Measurement

SpO2

Body Temperature

Stress

Sleep

Activity Tracking

Message Reminder

LED Indicator

Home Button

Skin Temperature Sensor

HFI & SpO2 Sensor

Note: The 2208A is not a medical device and is not intended to diagnose or monitor any disease or medical condition.

What's Included in the Box

(1) Smart bracelet
(2) Magnetic USB charger
(3) User manual

Home Button

LED Indicator

Skin Temperature Sensor

HFI & SpO2 Sensor

Instruction

1. Download the APP

Scan the QR code below or search JCIWear on Google Play or IOS App Store to download the JCIWear App.
Make sure the Bluetooth of your mobile device is on.
Choose device identified in App and connect to your 2208A smart bracelet.

JCIWear

QR Code

Note: Please ensure that your Android version is 5.0 or later, IOS version is 10.0 or later. The 2208A supports Bluetooth 5.2 connection.

2. Charge Before Use

Please fully charge the device to activate for first use.
After factory reset on the App, please charge to power on.
Simply place your device on the magnetic USB charger, and plug it into a wall outlet or USB 2.0+ port to begin charging. The indicator light flashes red, blue and green alternately during charging, and the green light is lit up when fully charged. After removing the device from the charger, the indicator lights up green for 2 seconds and then goes off.
Power Indicator
Short press the home button to wake up the device. The indicator lights up in different colors to indicate different power levels, as follows:
Red light for 1 second, indicating that the current power is 15%-35%.
Blue light for 1 second, indicating that the current power is 35%-49%.
Green light for 1 second, indicating that the current power is 50%-100%.
When the power is lower than 5%, Bluetooth will be disconnected, please charge in time. If power is less than 1.5 hours, it will charge supports about 1-2 days.

Home

View your detailed health data and report per day, stress, distance, calories, heart rate, SpO2, blood pressure, HRV, stress, skin temperature, sleep, women's health, exercise, etc.
You can make manual health management on App if required. It is convenient to make both manual and automatic health vital signs measurement on the device or App.

Manual Health Vital Signs Measurement

SpO2
There are 2 manual SpO2 measurement methods in standby mode:
(1) Turn on/off the measurement directly on App.
(2) Short press home button twice to start measurement.
During the measurement, the blue light will flash. If your hand moves, the blue light will flash quickly to remind you to keep still. After the measurement is finished, the green light will be on for 2 seconds if the result is normal, and the red light will be on for 2 seconds if it is abnormal.
Note: If you press the button once during the measurement, it will return to the standby mode and end the measurement.
Blood Pressure / HRV / Stress
Make manual blood pressure / HRV / stress measurement through App only. During the measurement, the blue light will flash. If your hand moves, the blue light will flash quickly to remind you to keep still. The blue light will be on for 2 seconds after the measurement is finished.
Skin Temperature
Make manual skin temperature measurement through App only. After starting measurement, the device shows once with the blue light will flash until it returns 3 times and the blue light will be on for 2 seconds, indicating the end of measurement.

Device

Check current device's basic information (Battery level, MAC, ID, firmware version, Bluetooth MAC) and make related settings.
Set Auto Health Monitor Interval
Turn on/off automatic heart rate / SpO2 / blood pressure / HRV / stress / skin temperature monitor via the App. You can change the interval according to your needs. The shorter the interval is, the faster the battery will drain.
Blood Pressure Calibration before measuring your blood pressure, you can calibrate it by entering your true value on the App to improve the accuracy to some extent.
Goal Setting
Prescribe your goals for steps, distance, calories and sleep hour per day.
Alarm Clock
Set the alarm clock on the App according to your needs.
Device Settings
Includes settings for Bluetooth disconnect reminder, smart notifications, automatic sleep, firmware updates and factory reset.

* Smart Notifications

Different notifications have different lighting and vibrating indication, as follows:

Frequency of Flash Light Timing and Vibration	Feature	Whether Bluetooth Connection is Required
Once per second	Emergency	Yes
Twice	SMS & 3rd Party App (Wechat, Weibo, Email, etc)	Yes
Three	Message Reminder	Yes
7 Times	Alarm Clock	Yes

Note: When the above notifications can be displayed, pressing the home button once.

* Firmware Update (OTA)

When any of a new firmware version has been released, if you choose to follow the steps to upgrade to the latest version, there is no indicator light during the update process, and when the update is finished, the red light will glow in different colors to indicate different power levels.

* Factory Reset

After factory reset, all device data will be deleted. Please charge to reboot.

* SOS

To enable SOS feature, first, you need to set emergency contact info (name & phone number) on the App, up to 3 emergency contacts can be added. The SOS feature can only be effectively triggered when the device's Bluetooth is connected to the APP. An SOS message will be sent to the emergency contact, including your name and GPS location.
In standby mode, long press home button for 3 times to trigger SOS message alert. If the white light flashes quickly for 3 times, it indicates successful sending of the SOS feature. If long press for 3 times, 3 indicators (Bluetooth is not connected, please connect Bluetooth first).

Exercise

You can turn on exercise mode on the device or App.
You can turn on exercise mode on the device or App.
* Turn on from the device: First, press an exercise mode on the App. Short press the home button 3 times to start the exercise. The green light will be on for 2 seconds, then flashing. You can press the home button to pause or resume the exercise. If you pause the exercise, the red light will be on. You can short press the home button 3 times to end the current exercise. The green light will be on for 2 seconds and then go off.

Specifications

Warranty: 12 months
RF Version: BLE 5.2
RF Range: 10 meters
Size: 4.1*2.1*1.1*0.5mm
Battery: 150mAh rechargeable lithium polymer battery, non-rechargeable
Data Memory: 30 days
Activity Time: 24h/24h
Calories Burned: Max 999,999kcal
Running & Walking Distance: Max 999,999km

Troubleshooting

If the device doesn't pair with your smartphone
1. Make sure your device is turned on.
2. Check your smartphone to ensure Bluetooth is on.
3. Check the App to make sure Bluetooth permissions are turned on. This should be in your Bluetooth settings.
4. Restart the App and try to pair to the App home screen.
5. The device battery should be fully on your App device screen.
If the device isn't measuring any data
Please contact our support team.
If the device battery is draining too quickly
1. Calibrate your battery by charging it for at least three hours.
2. Start using your device again as you normally would.
3. Contact our support team if the problem persists.
If the device causes an allergic reaction
Please stop using the device right away. In the rare event of an allergic reaction, wear medical attention immediately.
If the issue isn't mentioned in these tips
Please contact our support team and report the issue in detail.

Safety Notices

Please follow these safety instructions carefully to avoid electric shock, injury or damage to the device or other property. Read all the safety information below before using the device.
Not a Medical Device
It's not a medical device and should not be used as a substitute for professional medical judgment. It is not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of any condition or disease. Please consult your healthcare professional prior to making any disease-related decisions to your health.
Handling
Handle this device with care as it contains sensitive electronic components and can be damaged if dropped, burned, punctured, or scorched. Don't use a damaged device. Wearable air, fire, cause injury, and/or heavy exposure to dust or sand. Children should not be allowed to play with the device without supervision.
Battery
Do not attempt to replace the device battery yourself; you may damage the battery, which could cause overheating and injury. The lithium battery in the device should be serviced only by manufacturer or an authorized service provider. Batteries must be recycled or disposed of separately from household waste. Do not incinerate the battery. Do not dispose of the device in domestic waste. If you have any questions, please contact us.
Operating Temperature
This device is designed to work in ambient temperatures between 32°F and 101°F (0°C and 37°C) and is stored in temperatures between -4°F and 101°F (-20°C and 37°C). It can be damaged and battery life shortened if stored or operated outside of these temperature ranges. Avoid exposing the device to dramatic changes in temperature or humidity.
Prolonged Heat Exposure
Do not expose the device to extreme temperatures or extreme temperature fluctuations. Prolong the device from direct sunlight. Only use the device in charging or the power plug is plugged into a power source. Do not place it in a place it under a blanket, pillow, or your body. Take special care if you have a physical condition that affects your ability to detect heat against the body.
FCC Requirement
Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.
Note: This equipment has been tested and found to comply with the limits for a Class I digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential environment. The equipment generates, uses, and can radiate radio frequency energy, and if not used and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
• Reorient or relocate the receiving antenna.
• Increase the separation between the equipment and receiver.
• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
• Consult the dealer or an experienced radio/TV technician for help.
FCC RF exposure statement:
This device has been evaluated to meet general RF exposure requirements. The device can be used in portable equipment condition without restriction.

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