

HW401 英文说明书 中性

材料：105克铜版纸 单面单色印刷 风琴折

切线：_____

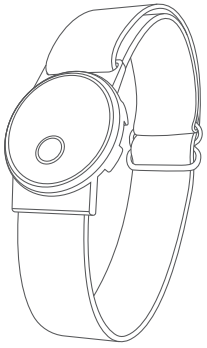
折线：_____

60mm

80mm

USER MANUAL

ANT+ BLE Heart Rate Armband Version

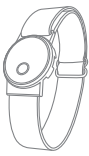


English Version No: v1.5

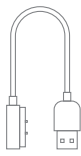
1. Product Introduction

Thank you for purchasing our ANT+ & BLE heart rate armband, this product is one of the heart rate monitors of our company, which transmits the real-time heart rate data through Bluetooth or ANT+ to heart rate receiving device, sports and health App, helping you to manage your exercise intensity scientifically. This user manual will help you to use the product better, please keep it for reference.
※(This product is for sport purposes only and it is not meant to replace any medical advice).


2. Product Accessories



Heart Rate Sensor & Armband



Charging Cable



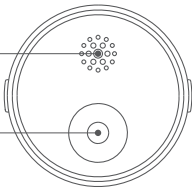
User Manual

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3. Function and Operation

LED

Start-up Button



Turn-on:

Press the start-up button, the LED light will flash blue quickly, indicating the heart rate searching. As the heart rate has been detected, the light will flash slowly;

If the red light is on, it indicates that the device is in a low battery state and needs to be charged.

Turn-off:

Press the start-up button when not in use, the LED light will flash red quickly, then enter the shutdown state.

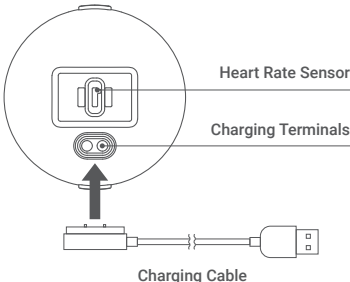
3

4. Charging

4.1. Please charge the device before first time use;

4.2. Please use DC 5V power adaptor for charging;

4.3. The red and green lights flash alternately when charging, and the green light will stay on when fully charged, and the charging can be stopped at this time.



Heart Rate Sensor


Charging Terminals

Charging Cable

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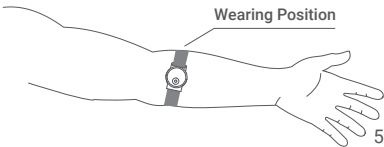
5. Wear the Heart Rate Sensor

Connect USB DC 5V power adaptor or computer USB



The product has a built-in battery. Do not throw the product into a fire. Please select an adapter that meets the rated voltage of the device to charge the device to avoid damage to the device.

Wear armband on the upper portion of the forearm. sensor should be on the inside or top of forearm. It should be worn snug enough not to move on your arm, but not so tight that it restricts arm circulation.



Wearing Position

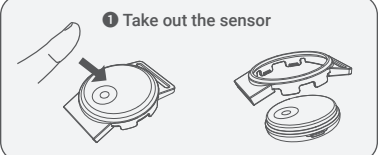
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6. Heart Rate Sensor Disassembly

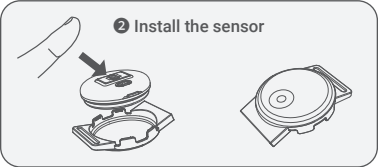
6.1. Press the front of the sensor to take out the sensor (Figure 1);

6.2. The sensor is aligned with the raised position and stuck into the groove position (Figure 2).

① Take out the sensor




② Install the sensor




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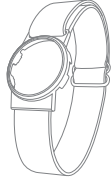
The heart rate armband sensor could be disassembled and working alone with other accessories. It can be used in a variety of sports scenes for you to choose freely.




Heart Rate Sensor



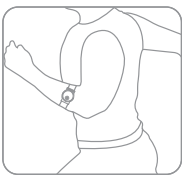
Swimming goggle strap clip



Armband



Swimming



Running

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7. Initial Setup with BLE Smart Fitness Apps

• Set BLE on the device to ON.

• Find the Sensor Settings menu in the BLE SmartFitness App.

• Connect the this device armband by turning it on.

7.1. Initial Setup with BLE Smart devices

(Sports Watches ,Fitness Equipment & GYM Team Training System)


• From the device settings menu select "Add HR sensor"

• Connect the this device armband by turning it on.


7.2. Compatible Apps

Heartool / CoospoRide / Wahoo / Zwift/Runastic PRO

Applicable models



iOS 9.0 version and above, iphone 5s and above.



Any Bluetooth 4.0 enabled Android device with Android 4.3 and above.

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8. Basic Parameters

Product size: 35.2 x 34 x 10.9mm

Transmission: BLE & ANT+

Host weight: 7.7g

Power: Rechargeable lithium battery

Battery life: 20 hours for continuous heart rate monitoring

Water resistance: IP67

Working temperature: 0°C~45°C

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

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折法:上下折+风琴折

第一步:上下折

第二步:风琴折

封面

PDF
MARK