

iWOWNfit, a Healthy Way

Roll Band
User Manual

### **Product parameters**

Size: Body 19.8\*9.5\*39.6mm Wristband 228mm

Weight: 18g

Screen:OLED

Battery:Built-in rechargeable lithium battery

Battery capacity: 60 mAh

Bluetooth:Bluetooth 4.0, 10M allowance

Waterproof level: IP67

Working condition: -20 °C ~60 °C

System requirement: iOS8.0 or above

Android 4.3 or above, Bluetooth 4.0

#### **Function Icon**

Monitor

Off U Distance(km) Move Alert Heart Rate Schedule 💾 Function Set =

Call ID Display (x MSG Push Steps !!

Find Phone Language Switch (A) Calories(kcal)

Remote Camera Training = Alarm Clock Control 🗳

Camera O Replace the dial 

Sleep track

### Put on Roll Band

Put on the smartband, please wear appropriate tight, but ensure comfort (as shown in the figure).



#### **Gesture Control**

Methods of displaying screen: touch screes ,raise hand,turn over the wrist.



# **Touching**

Functions	Operation
Turn on	Long press the screen
Turn off	Touch screen icon to click on the screen to switch then long press
Switching first-level directory	Slide the screen up or down

Switching secondary directory	Click on the screen
Confirm	Click on the screen
Dial switch	Slide the screen to switch to interface \$\bigselfample\$, click screen to switch \$\bigselfample\$, long press the screen, click switch dial style, long press the screen after selecting style
View and delete message	Switch to interface click screen to view the message; Switch to the interface you want to delete the information,long press the screen
Switch language	Switch to interface ▮ , click screen to ♠, then long press the screen
Heart Rate Monitor	Switch to the time screen ,click screen to •
View walking data	Switch to the time screen , click screen, view the number of steps 😲 , calories 🄌 , distance 🙎
Enter sports	Switch to interface (c), click on the screen to select the type of motion; after selecting the exercise, press the screen, the motion icon flashes means to enter the motion
Check the motion data	Enter the sports interface, click on the screen and then View calories, heart rate, distance; Long press the screen to see all the motion data;  On the screen of data display, slide  up the screen to exit

Schedule Alarm Clock

Set in the iWOWNfit App

## Application download

Search "iWOWNfit" on App Store, Google Play, or scan the QR code below to download the App and install it.



Account set-up: Open the "iWOWNfit" App. Log in if you have an account, or register a new account.

## **Pairing**

Keep your phone with Bluetooth and on-line for this step.

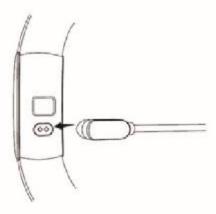
Log in the App iWOWNfit, and according instructions to connect the bracelet with App.

After a successful connection, time and motion data will synchronize, Sleep monitoring, Message push, Call remind will turn on.

Notice: When you need to replace the phone connection smartband, it is need to re- paired. With the smartband off, long press the screen to vibrate three times.

## Charging

Please place the Magnetic Charging Cable on the back of the smartband (as shown in the figure). Plug it into the power adapter, or 5V/500mA (or above) standard USB adapter. For example: Laptop, USB adapter, Band Power and others.



## Activity/Sleep track

Equipped with a variety of sensors within the bracelet, worn on the wrist can easily identify and record the movement (currently only supports identification Running, Basketball, Cycling, three types) and the sleep state and data.

Pairing the bracelet and iWOWNfit App, you can view the previous day's sleep data in the App.

#### FAQ

Q: When connected with App, the data SYNC is finished but the smartband time display is still incorrect.

A: Restart the smartband and try data SYNC again.

Q: Why my smartband has no Call ID Display?

A: Android: After being connected with smartband with App, please allow "iWOWNfit" to visit calls, SMS, contacts and keep "iWOWNfit" running in background. If there are security softwares on your phone, set up the software "iWOWNfit" as "trust".

iOS: If no Call ID Display, please restart your mobile and connect the smartband again. When it is connected, please wait until the phone pops up "Bluetooth pairing request" and click "pair", then the Call ID Display function comes.

Q: The smartband icon shows the Bluetooth was connected, but the App cannot SYNC data?

A: It is caused by the Bluetooth of the phone in general. Please switch off the App first, restart the Bluetooth and repair. If the above step does not work, please restart your phone and try again.

Q: Why my smartband lose connection with my phone frequently?

A: Please check if your phone or other security software sets "iWOWNfit" as trusted App or not. If not, please set it as trusted and try again.

More questions, please refer to the instructions for use in the iWOWNfit App

## Help & Information

Due to different of phone system and operation circumstance, it may cause the disconnection or other problems to the Wristband.

For more information and support:

Website: www.iwown.com / www.iwown.top

E-mail: service@iwown.com

We hope you like our products!

#### Precautions

Prolonged exposure may cause skin irritation or allergic to some users. If you find any skin redness, swelling, itching or other allergic symptoms, please discontinue use or wear over clothing. Continue to use, even after the symptoms subside, it may make the symptoms recur even worse. If symptoms persist, please consult your doctor.

- •This product contains electronic components may cause injury if not done correctly.
- •This product is non-medical equipment, not for diagnosis, treatment or prevention purposes.
- In driving or other potentially dangerous situations due to distractions, do not view call notifications or other data.
- This product is not a toy. Do not allow children or pets touch your products and services. This product contains small parts that may cause smothering interest rate risks.

### **Nursing and wear Considerations**

- Periodically clean, especially the parts in contact with the skin. Use a clean, moist cloth. Do not rinse it under the tap.
- Wear loose, to ensure that the air circulation.
- •Remove the product from time to time, in order to clean, but also let the skin breathe.
- Do not open the housing or demolition.
- •If the display is broken, do not use.
- •This product and its battery contains substances may be harmful to the environment, but also may be due to damage caused by improper handling or operation.
- Do not place the product in the washing machine or drying machine.
- Do not expose your product to extremely high or low temperatures.
- •Do not sweat in the sauna or steam room to use the product.
- Do not make the product for a long time by the direct sunlight.
- Do not place the product in a fire process. The battery may explode.

- •Do not use abrasive cleaners to clean the product.
- •If the product gets wet, do not charge.
- •If you feel Product in the heat, remove it.

## **Built-in Battery Precautions**

- Your product is equipped with built-in battery, the user can not replace. Product damage, or attempt to open the product will void the warranty and could pose security risks.
- Use certified by a recognized test computer charging treasure or power to charge the battery.
- •Charge the battery in accordance with the instructions in this guide.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -- Reorient or relocate the receiving antenna.
- -- Increase the separation between the equipment and receiver.
- -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -- Consult the dealer or an experienced radio/TV technician for help.