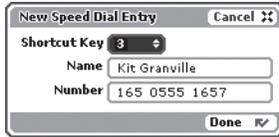




Add a Number to Your Speed Dial List

- 1 Press **JUMP**  to go to the Jump screen, then press the trackball to open the Phone application.
- 2 Press **MENU**  to open the menu. Select **New Speed Dial** to open the New Speed Dial Entry dialog box. You can create 8 speed dial shortcuts.



- 3 Select a Shortcut Key from the pop-up menu. Only the numbers available will appear in the pop-up menu.
- 4 Type the speed dial **Name** and **Number**, then select **DONE** .
- 5 To dial using the shortcut, from either the Phone application or the Jump screen, simply press and hold the number on the keyboard.



Check Your Voice Mail

- 1 Press **JUMP**  to go to the Jump screen, then press the trackball to open the Phone application.
- 2 Press and hold the 1 key (the speed dial shortcut assigned to voice mail) to call your voice mailbox.
- 3 Follow the prompts to retrieve your messages.
- 4 To hang up, select **End**  or press **END CALL** .

Tip

To check your voice mail from another phone, dial your mobile number and then press the (*) star key to interrupt the greeting. At the prompt, type your password.



Change Your Phone Ringtone

- 1 Press **JUMP**  to go to the Jump screen, then press the trackball to open the Phone application.
- 2 Press **MENU**  to open the Phone menu. Select **Settings > General**.
- 3 Highlight the **Incoming phone call ring** pop-up menu, then press the trackball. The menu reveals the ringtone categories. First highlight a category, then press the trackball to open the ringtones submenu.
As you scroll through the songs, you can preview each song by hovering over it for a few seconds. To record your own ringtone (up to 20 seconds), select the **Record New Ringtone** option and step through the recording dialog boxes.
- 4 When you have decided on a ringtone, press the trackball to select it. Press **DONE**  to assign your new ringtone.

Note

Assign caller-specific ringtones from the Address Book > Contact Details pages.



Import Contacts from Your SIM Card

If you already have a SIM card from your wireless operator, you can import the phone numbers you have stored on the SIM card into your device's Address Book. First, insert the SIM card with the contacts into your device, then:

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Address Book**, then press the trackball to open the application.
- 2 Press **MENU**  to open the menu. Select **Settings > Import SIM Contacts**.
- 3 The SIM Import dialog will alert you when the import is complete.

Text Messaging



Send a Text Message

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Phone Messaging**, then press the trackball to open the second-level ring of applications. Highlight **Text Messaging**, then press the trackball.
- 2 Press **MENU**  to open the menu. **New Message** is selected by default; press the trackball to open the Compose screen.
- 3 Address your message using the recipient's phone number or start typing their name to bring up Address Book matches. Add more recipients by typing a comma (,) or semicolon (;) in the To field.
- 4 Use the trackball to scroll to the message body; type your message or use one of the Prewritten Messages by selecting the  button. Add Smileys by selecting the  button. To attach a vCard, press **MENU**  and select **Attach vCard**. Select a contact from the list that appears to attach it to your text message.

If your message is larger than the limit for a single text message (approximately 160 characters), the message will be sent in parts. (When received, it will appear as one message.)
- 5 When ready to send, either select the **Send** button at the bottom of the Compose screen, or press **MENU**  + **M**.

Web Browser



Browse the Web

- 1 Press **JUMP** to go to the Jump screen. Scroll to highlight **Web Browser**, then press the trackball to open the application.
- 2 Start typing the address of the Web page you wish to visit. The Go To dialog box opens automatically, showing the address you are typing.
- 3 The characters you type appear in the top field of the Go To dialog box. Possible URL matches, and the option to search for the text you type, appear in the drop-down menu.
- 4 To go to a Web page, you can either finish typing the complete URL in the Go To dialog box and then press Return; or, roll the trackball to highlight a suggested URL in the drop-down menu, then press the trackball.

Tip

To open Web pages faster, press **MENU** and select **Settings**. Scroll down the Settings screen and clear the “Show Pictures” check box.



Bookmark a Web Page

- 1 Open the Web page you want to bookmark.
- 2 Press **MENU** + **N** to open the Add Bookmark dialog box.
- 3 Edit the bookmark name if you wish, verify the URL and select a folder in which to store the bookmark from the **Folder** pop-up menu. (If you select **New Folder**, you’ll be prompted to give the folder a name.)
- 4 Press **DONE** to save the bookmark.

E-mail



Send an E-mail Message

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **E-mail**, then press the trackball to open the application.
- 2 Press **MENU**  to open the menu. **New Message** is selected by default; press the trackball to go to the Compose screen.
- 3 The text cursor is in the **To** field; type the name or e-mail address of the person to whom you wish to send an e-mail. If you type a name, the Address Book will try to pull the correct e-mail address from your contact data. Add more To fields by typing a comma (,) or semicolon (;).
- 4 Scroll to the **Subject** field and type the subject of your e-mail.
- 5 Scroll to the message body and type your message.

Tip

To delete text in the forward direction, press the **SHIFT + DEL** keys together. To delete the current line of text, press the **ALT + DEL** keys together.

- 6 When ready to send, either select the **Send** button at the bottom of the Compose screen, or press **MENU**  + **M**.



Get E-mail from External Accounts

When you register your device account, you automatically receive an e-mail account which you can use immediately on either your device or the E-mail application on the Desktop Interface. In addition, you can fetch e-mail from up to three external POP3 or IMAP e-mail accounts.

At present, you cannot download e-mail from MSN Hotmail® and e-mail servers that are protected by a firewall (not a T-Mobile limitation). However, you can use the Web Browser to check some Internet e-mail accounts that offer a web interface, as described in “Get E-mail Using Your Device’s Web Browser” on page 48.

The instructions below explain how to use your device to fetch e-mail from external accounts. Note that you can also set up accounts from the E-mail application on the Desktop Interface.

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **E-mail**, then press the trackball to open the application.
- 2 Press **MENU**  then select **Settings > Accounts** to open the Accounts screen.
- 3 On the Accounts screen, press **MENU**  then select **New Account** to open the New Account screen.
- 4 Type your e-mail account information in the fields on this New Account screen. Read the sections below for more details on each field.



The screenshot shows the 'New Account' screen with the following fields and options:

- Account** (header)
- Protocol**: POP/APOP (dropdown menu)
- Mail Server**: [text input field] (Example: pop.example.com)
- Port**: 110 (text input field) (Unsure? Leave it at 110.)
- Username**: [text input field] (Your login name.)
- Password**: [text input field]
- Email Folder**: Inbox (dropdown menu) (Deliver messages to this folder.)
- More Options** (button)
- Create** (button)

Protocol pop-up menu - Select the protocol your mail server uses or the type of account from this pop-up menu. Select **Auto-detect** if you don't know which one to pick. Note that if you select a specific account type, the next two fields (mail server name and port value) will fill in automatically.

Mail Server field - If the mail server name is not provided automatically after you have selected the account protocol, you must provide the name of the mail server in this field. Many people don't know the name of their mail server. If you don't know yours, your e-mail provider will be able to tell you, or you can refer to the following table for samples.

Tip

Some popular Web-based e-mail providers and their Mail Server names are provided below for your convenience. If you have an e-mail account through your ISP, contact them for assistance. Note that some ISPs (including Yahoo!) require additional configuration or charge a fee to download e-mail.

Web E-mail Provider	Mail Server Name
Yahoo!® Mail	pop.mail.yahoo.com
Mail.com	pop1.mail.com
Softhome.net	mail.SoftHome.net

Port field - Unless your e-mail provider has specified otherwise, do not alter this value. Note that if you have selected a specific account type from the **Type** pop-up menu, the correct port value will be supplied automatically.

Username and Password fields - Type your e-mail account username and password.

E-mail Folder pop-up menu - Select the folder to which you want your account e-mail delivered. To create a folder, select **New Folder**.

- 5 When you've completed all the fields on the screen, select the **More Options** button at the bottom of the screen.

- 6 In the **General** group box, the **Collect e-mail from this account** check box is selected by default. If at any time you want to stop fetching messages from this account, simply clear this check box.
If you want to **Remove retrieved e-mail from server** after it is fetched to your device, select this check box.
- 7 Scroll to the bottom of the screen, past the account information you have already provided, to the **From Name** field:

The screenshot shows a 'New Account' form. At the top left is a back arrow and the title 'New Account'. At the top right is the date and time '6 Sep 12:30' and signal strength icons. The form contains the following fields and controls:

- From Name**: An empty text input field.
- From Address**: An empty text input field.
- Reply-To Name**: A text input field containing 'Ms. Fielding'.
- Reply-To Address**: A text input field containing 'bridget@example2.com'.
- Copy Outgoing Messages**: A checked checkbox.
- A pop-up menu is open over the 'Copy Outgoing Messages' checkbox, showing 'CC' and 'BCC' options.
- Create**: A button with a checkmark icon at the bottom right.

If you leave these fields blank, your default POP or IMAP account name and address will be used. Specify alternative names or addresses in these fields as you wish.

- 8 Select the **Copy Outgoing Messages** check box to have every message sent from this account copied to another e-mail address. Specify either **CC** or **BCC** (from the pop-up menu), then type the e-mail address in the field.
- 9 Save your information by selecting **Create**; or simply press **DONE** ✓.
- 10 Wait until you receive a confirmation message on the E-mail Accounts screen before attempting to send messages from this e-mail account.



Fetch E-mail Using Your Device's Web Browser

If there is a Web interface to your e-mail account, you can use your device's Web Browser application to sign in to those accounts and check your e-mail.

Two popular e-mail Web sites are listed below:

- Yahoo!® Mail – <http://mobile.yahoo.com/home>
- MSN Hotmail – <http://mobile.msn.com/hm/folder.aspx>

Press **MENU**  + **K** to open the Bookmarks screen; some sites may have been bookmarked for you. To go directly to an e-mail Web site, do the following:

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Web Browser**, then press the trackball to open the application.
- 2 Begin typing the URL for your Internet e-mail account. Your entry will be inserted in the Go To dialog box automatically.
- 3 Press the trackball to go to the Web site's sign in page.



Attach a Photo to an E-mail Message

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **E-mail**, then press the trackball to open the application.
- 2 Press **MENU**  + **N** to open the Compose screen. Complete the **To**, **Subject**, and **Message** fields.
- 3 Press  to open your photo albums. Roll the trackball to highlight, then press to select a photo to send. You can select multiple photos. All selected photos will have check marks.
- 4 When you've finished selecting photos, open the menu and select **Use Checked** or press **DONE** .
- 5 Your e-mail message returns to the screen, including attached photos. Select the **Send** button or press **MENU**  + **M** when you're ready.

Address Book



Add a Contact to the Address Book

You can store up to **2000** contacts in your Address Book.

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Address Book**, then press the trackball to open the application.
- 2 Press **MENU**  to open the menu. **New Contact** is selected by default; press the trackball to go to the New Contact Identity screen.
- 3 To create a contact, you only need to type basic “identity” information: a **First** or **Last** name. On this screen you can also provide a **Middle** name and a **Nickname**, as well as select an icon.
- 4 To select an icon, roll the trackball up to highlight , then press the trackball to open the icon selector. Roll the trackball to highlight the icon you want, then press the trackball to select it.

To assign a **Photo Caller ID** icon, select  from the icon selector, which will open the Browse Photo Albums screen. Then, from this screen:

- To select a photo already in an album, roll the trackball to highlight the photo you want to associate with the contact, then press the trackball to select it (a check mark will appear under the photo). Press **DONE** .
- To capture a new photo, press . Compose your photo, press  to capture, then press **DONE**  to save it. Press **DONE**  again to view the album contents. Select the photo (a check mark will appear under the photo). Press **DONE** .

A smaller version of the photo now appears on the Identity screen and will be used to identify that contact in incoming call notifications.

- 5 When finished with the Identity screen, select **DONE** ✓. You advance to the next New Contact screen, in which you can type or select additional contact information.
- 6 Scroll through the New Contact fields (Personal Info, Phone, E-mail and so on), selecting **Add** or **Edit** to open screens in which you can add contact information. You can set a custom ringtone for your contact in the Phone number screen.
- 7 When finished, press **DONE** ✓ to save your new contact information.



Import Address Book Contacts

If you have a SIM card from T-Mobile with contact information stored on it, you can import that information to your device by following the instructions in “Import Contacts from Your SIM Card” on page 41 of this guide.

If you have existing contact information stored in a Personal Information Management (PIM) application, you can import that data to your Address Book on the device and Web. To do this, first go to your Address Book on the Web:

- 1 Go to your desktop or laptop computer and sign in to the Desktop Interface by following the instructions on the back of your Start Guide.
- 2 Your Jump page opens.
- 3 From your Jump page, click **Address Book**. The Address Book application displays.
- 4 Click **Import** in the sidebar. The Import page opens.
- 5 The Import page includes step-by-step instructions for completing the import process. The following file types (exported formats) can be imported:

- Microsoft Outlook for PC (.txt file)
 - Microsoft Outlook Express for Mac (.txt file)
 - Microsoft Entourage for Mac (.txt file)
 - Palm Desktop for PC (.txt/.tab file)
 - Palm Desktop for Mac (.txt/.tab file)
- 6 After you click the **Import** button, your contacts are imported to your Web Address Book then sent to your device via the network. Make sure your device has a wireless connection; then, after 2 to 3 minutes, check your device to confirm that your new contacts have arrived.



Set and Send “My vCard”

You can set one of your contacts to be “you”, so that you can send “My vCard” to others easily.

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Address Book**, then press the trackball to open the application.
- 2 Scroll to highlight the contact you want to set as “you”, then press **MENU**  and select **Set as My vCard**. On the Browse Contacts screen, you will now see a  icon next to your name.
- 3 To send your vCard, from the Browse Contacts screen, press **MENU**  and select **Send My vCard > via E-mail** **MENU**  + **M**, or **Text** or **Bluetooth** **MENU**  + **Y**. For E-mail and Text, a compose screen opens. For Bluetooth, a dialog opens that allows you to select the receiving device.
- 4 To change or remove the “My vCard” setting, first press **MENU**  and select **Clear My vCard**. To set a different contact as “My vCard”, highlight the contact, then press **MENU**  and select **Set as My vCard**.



Send any Contact's vCard

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Address Book**, then press the trackball to open the application.
- 2 Scroll to highlight the contact whose vCard you want to send, then press **MENU**  and select **Contact > Send Contact > via E-mail** or **Text** or **Bluetooth**. For E-mail and Text, a compose screen will open. For Bluetooth, a dialog opens that allows you to select the receiving device.

Calendar



Add an Event to Calendar

You can create and store up to **1000** events in Calendar.

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Planning**, then press the trackball to open the second-level ring of applications. Highlight **Calendar**, then press the trackball.
- 2 Press **MENU**  to open the menu. **New Event** is selected by default.
- 3 Press the trackball to go to the Event Details screen.
- 4 Name your event, type a location, assign a duration and add repetitions, reminders, and notes as applicable.
- 5 Press **DONE**  to save the event. It will now appear on your Upcoming (if it is scheduled within the next five days), Daily, Weekly or Monthly views.
- 6 To view your schedule, select one of the "Views" from the menu: Upcoming (next five days), Day, Week, Month, Year, or Trash.

Notes



Create a Note

You can create and store up to **50** notes. Each note can be up to **8000** characters, which is about four pages in a paperback.

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Planning**, then press the trackball to open the second-level ring of applications. Highlight **Notes**, then press the trackball.
- 2 Press **MENU**  to open the menu. **New Note** is selected by default.
- 3 Press the trackball to open a blank note. Type your note; it is saved as soon as you type it.
- 4 Press the trackball to fold your note; press again to unfold. Notes must be unfolded before you can edit them.



Send a Note

You can send one of your notes via E-mail:

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Planning**, then press the trackball to open the second-level ring of applications. Highlight **Notes**, then press the trackball.
- 2 Create a new note or highlight an existing note.
- 3 Press **MENU**  and select **Send Note** or press **MENU**  + **M**. A compose screen opens; complete the message and **Send**.

To Do



Add a Task

You can create and store up to **50** To Do tasks.

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Planning**, then press the trackball to open the second-level ring of applications. Highlight **To Do**, then press the trackball.
- 2 Press **MENU**  to open the menu. **New Task** is selected by default.
- 3 Press the trackball to open a blank task screen.
- 4 Fill in your task information.
- 5 Press **DONE**  to save the task.

Camera

Your device comes with a built-in 1.3 megapixel camera. You can store up to **1.75 MB** of photos on your device's internal memory and more on your miniSD card. The number you can store will depend on the capacity of the card and the size of the photo (Small, Medium, or Large). Remember that you might be sharing the card's capacity with sound files as well.



Take a Photo

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Camera**, then press the trackball to open the application.
- 2 Press **MENU**  and select **Capture New**, or simply press the right shoulder button . The screen now acts as the "viewfinder".
- 3 To set the photo size, press **MENU**  and select **Large (1280 x 1024)**, **Medium (640 x 480)**, or **Small (320 x 240)**.

- 4 To set the flash, exposure, and sharpness of the image you capture, open the  pop-up menu. From this menu you can also set the exposure and sharpness. When finished, press **DONE**  to save.
- 5 By default, the photo will be saved to the **Memory Card Album**. To save to your device, press **MENU**  and select **Capture to**. From the submenu select **Device Album** or another album you created on the memory card.

Tip

To take a photo of yourself, centre your image in the small mirror on the back of the device and press the right shoulder button  to capture. Remember the “right shoulder button” will be on your left as you’re looking at the back of the device.

- 6 When you’re ready to take your photo, press the right shoulder button  or use the trackball to select the capture icon  on the screen.
- 7 The photo preview appears on the display. You can:
 - Press **CANCEL**  to discard it;
 - Press **DONE**  to save it to the album you’ve selected; or
 - Select  to send it via an e-mail or Multimedia message.
- 8 To return to the Browse Albums screen, select  or press **DONE** .



Send Photos by E-mail or Multimedia Message

In addition to being able to send a photo after capture (read “Take a Photo” step 7 above), you can attach one or more photos in your Photo Albums to either an e-mail message or a multimedia message while composing. For instructions, read “Attach a Photo to an E-mail Message” on page 48 and “Send a Multimedia Message” on page 61.

Tip

To select all photos in an album, open or highlight the album, then press **MENU**  and select **Edit > Check All in Album**, or press **MENU**  + **A**. To uncheck, select **Edit > Uncheck All** or press **MENU**  + **U**.

SonicBOOM Music Player

Use the SonicBOOM music player to play MP3 sound files that you have stored on your miniSD card. You can use a memory card of any capacity. Remember that you might be sharing the card's capacity with Camera photos.

Note

The music player will only play MP3 files; it will not play WMA, AAC, RAM, or any other file that is not MP3.



Copy Music to the Memory Card

Before you can copy any songs to your memory card, you must insert a card into the miniSD card slot on your device. For instructions, read “Memory Card Slot” on page 18. Once your card is installed, proceed as follows:

- 1 Connect your device to your computer with the USB cable provided in the box. Read more in “USB 1.1 Port” on page 19.
- 2 On your computer, find the mounted USB drive and open it.
- 3 You should see a folder at the top-level named “Music”. If you do not see this folder, then create it.
- 4 You're ready to copy MP3 files onto the memory card. It's best if you organise your songs in sub-folders under the “Music” folder. For example, you could create one folder for each album or artist.
- 5 Copy MP3 files from your computer's hard drive onto your device's mounted USB drive in the folders under “Music”, as you wish.
- 6 When finished copying, close the USB drive window and “unmount” the drive as required by your computer's operating system.
- 7 Remove the USB cable from your device and computer. Read the next section to learn how to play your songs!



Play Songs

Listen to your songs using either the device speaker or the stereo headphones included in the box. To play a song, start at the Browse Music screen:

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **SonicBOOM**, then press the trackball to open the application.
- 2 The Browse Music screen appears. Your music is organised into categories with the number of songs in each shown in parentheses. (Your songs are categorised automatically, based on the song information contained in the MP3 file itself.)
- 3 Scroll to highlight a category, then press the trackball to “drill down” to the next level. Here you might see songs or more categories.

At any level of the Browse Music screen, simply select the category or song you want to play and it will be added to the “Play Queue” (all the songs that are waiting to be played). You can also use the shortcuts:

MENU  + **P** - Plays selection (interrupts the song you are currently playing)

MENU  + **Q** - Queues selection (waits its turn in the list to play)

The progress of the song currently playing is shown at the top of the screen:



- 4 Songs playing in a list will not repeat, but you can change this setting by pressing **MENU**  then selecting **Shuffle and Repeat**. Choose from **Shuffle**, **No Repeat**, **Repeat 1**, or **Loop**.
- 5 To control song play, press **JUMP**  + **DONE**  and the mini music player will open. Read more in “Mini Music Player” on page 13.



Create a Playlist

You can create as many playlists as you wish and edit them at any time. Here’s how:

- 1 From the Browse Music screen, select one of the top-level categories, then find a song, artist, or album you want in a playlist.
- 2 With the song, artist, or album highlighted, press **MENU**  and select **Add to Playlist > New Playlist**.
- 3 Give your new playlist a name in the dialog box that opens. Press **DONE**  to save the playlist.

Now your newly-created playlist will be included in the Playlists category on the Browse Music screen.

- To add songs to this or any list, highlight a song, artist, or album, press **MENU**  and select **Add to Playlist > “Playlist Name”**.
- To remove a song from an existing playlist, open the playlist, then highlight the song. Press **MENU**  and select **Remove from Playlist**.

Catalogue



Download Items from the Catalogue

Download ringtones, applications, games, and more from the Catalogue! You'll find that browsing the Catalogue and purchasing items is easy and fun:

- 1 Press **JUMP** to go to the Jump screen. Scroll to highlight **Catalogue**, then press the trackball to open the application.
- 2 Wait while the latest Catalogue contents load... then use the trackball to scroll through the categories. The categories are organised like the Jump screen in a “ring” on the left, with each category’s splash screen on the right. Highlight, then press the trackball to open a category’s Browse Items screen.
- 3 Individual items are grouped into folders. Highlight a folder then press the trackball to open a folder’s items. Once you find an item you’re interested in, highlight the item then press the trackball to open the Item Details screen:



- 4 To listen to a brief sample of a ringtone or view sample screen shots of an application before you purchase it, select the Preview button. Select **Purchase** to step through the simple on-screen purchasing process.

- 5 Once purchased, your item will be downloaded to your device, network connectivity permitting. You'll be notified once the download is complete. Note that applications require "installation", an automatic process that does involve a restart of your device.
- 6 If your item is not delivered immediately, you can check the download process from the Downloads screen, described below.



Manage Your Downloaded Items

To remove a downloaded item, check the download status of a purchased item, or to view a list of all the downloads you have made through the Catalogue (including details such as price, subscription term, and upgrade information), go to the Downloads screen:

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Catalogue**, then press the trackball to open the application.
- 2 Scroll to **Downloads**, then press the trackball to open the Browse Purchases screen.
- 3 All your downloads are listed on this screen, organised into folders by categories. Highlight a folder then press the trackball to reveal the items within.
- 4 Items currently being downloaded are shown in italics: » *Call Me Crazy*
To view item details, highlight the item then press the trackball. To discard any highlighted item permanently, press **MENU**  then select **Discard**.

Multimedia Messaging (MMS)



Send a Multimedia Message

Each message you create can contain up to three multimedia slides, with each slide containing a text, sound (voice note or song), and photo attachment. To create, preview, and send a multimedia message, follow the steps below. Be creative!

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Phone Messaging**, then press the trackball to open the second-level ring of applications. Highlight **Multimedia Messaging**, then press the trackball.
- 2 Press **MENU**  to open the menu. **New Message** is selected by default; press the trackball to open the Compose screen.
- 3 Address your message using the recipient's phone number, or start typing their name to bring up Address Book matches. Add more recipients by typing a comma (,) or semicolon (;) in the **To** field. Type a **Subject** for the entire message. (Each slide you create will have its own message as well.)
- 4 Create your first slide:
 - Add the slide's message by typing in the text field.
 - Add a voice recording by selecting the "Add Voice Note" icon . In the dialog box that opens, select **Start Recording** to begin the voice recording. Speak into the microphone (next to the trackball). When finished, select **DONE**  to attach it to your slide.
 - Add an image by selecting the "Add Image" icon . Your Browse Photo Albums screen will open, where you can select one photo. After selecting the photo, press **MENU**  then select **Use Checked** to attach it to the slide.
 - Add a song to your slide by selecting the "Add Sound" icon . The ringtone selector will open. Select a song from the ringtone pop-up menus. (Due to format and copyright limitations, not all ringtones available to other applications will be available as attachments to multimedia messages.)

- Use the **sec(s)** pop-up menu to select how long you want the slide to play. Note that if you have attached a voice note that plays longer than the menu setting, the voice note will be cut off when played.
- 5 To create another slide, select the “Add Slide” icon . You can add up to three slides by repeating Step 4.
- 6 To preview your message, select the **Preview** button. You can edit the attachments from the Compose screen: first highlight the attachment, then press and hold the trackball to bring up the context menu containing edit options.
- 7 When ready to send, either select the **Send** button at the bottom of the Compose screen, or press **MENU**  + **M**.

Instant Messaging

This feature is not available in all product configurations. Product configurations vary by wireless operator.



Sign On

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Instant Messaging**, then press the trackball to open the second-level ring of applications. Highlight the IM application of your choice, then press the trackball. The Sign On screen appears.
 - 2 Type your username and password (passwords are case-sensitive), then select the **Sign On** button.
 - 3 Your list of friends appears. You are ready to send an instant message.
-



Send an Instant Message

- 1 Press **JUMP**  to go to the Jump screen. Scroll to highlight **Instant Messaging**, then press the trackball to open the second-level ring of applications. Highlight the IM application of your choice, then press the trackball.
- 2 Sign on with your username and password; the screen listing all your IM friends' usernames displays.
- 3 To start a conversation with a friend on your list, scroll to highlight the friend's username, then press the trackball to start a conversation.
- 4 Type your message. When ready, press the Return key to send.



Switch Between IM Conversations

You can have up to 10 IM conversations open at the same time. If you do have more than one IM conversation open, you can switch between conversations quickly by doing one of the following:

- **Menu** - Press **MENU**  + **D** to open the **IM Conversations** submenu, which lists all your open conversations. Scroll to highlight the conversation you want to open, then press the trackball.
- **Conversation Number** - Each open IM conversation has a number (0-9), which is displayed in the IM Conversations submenu, as well as on the screen displaying your list of friends: . From any screen in IM, including the IM Jump screen, you can quickly switch between conversations by pressing **MENU**  + the IM conversation number.
- **Friends List Screen** - On the screen listing all your friends' usernames, scroll to highlight the conversation to which you want to switch, then press the trackball.

VII. Keyboard Shortcuts

Call a speed dial number	Press and hold the speed dial number on the keyboard while in the Phone or Jump screen.
Redial last number	Press JUMP  +  +  .
Answer an incoming call	Press the trackball or  .
Ignore an incoming call (call will be diverted)	Press  .
Hang up active call	Press  .
Mute your device when ringing	Press any key, except  .
Create a new note, message, event, task, to do, or contact	Press MENU  + N .
Insert special Unicode character	Press the SYM key.
Discard item	Highlight item then press MENU  + CANCEL  .
Send a composed e-mail, text or multimedia message	Press MENU  + M .
Delete all text in a single line	Press ALT + DEL .
Put device in key guard mode plus lock controls	Press and hold DONE  for two seconds.
Unlock device	Press MENU  + DONE  .
Power device on/off	Press and hold  for three seconds. Press  twice to power off.
Open Sound Controls	Press MENU  + DONE  .
Open Mini Music Player	Press JUMP  + DONE  .
Scroll page-by-page	Hold MENU  and roll trackball. Or press  to page up; press  to page down.

VIII. Troubleshooting

How do I know when my account has been activated?

Once your account has been activated by T-Mobile, you will see a “Welcome” message on your screen. If the Welcome message doesn’t appear on your device within 24 hours after registering, contact T-Mobile’s Customer Care department.

In order to comply with airline regulations, how can I temporarily disable wireless connectivity when travelling?

Remember to power off your device during aircraft take-offs and landings. To turn off wireless connectivity (to comply with FAA regulations) follow these instructions:

- 1 From the Jump screen, press **MENU**  and select **Airplane Mode > Turn Wireless Off**.
- 2 Your device is now offline. You should confirm offline status by looking next to the radio tower icon in the title bar; it should read OFF.

Even without wireless connectivity, you can still access the device applications and read e-mail messages that have already been downloaded. However, you will not be able to send or receive messages until you enable wireless connectivity again.

How can I protect my device from damage?

The best way to protect your device is to carry it with the display closed, in the carrying case supplied in the box. You risk damaging your device if you do not protect the display. Also, water—even in small amounts or in the form of steam—can seriously damage your device and charger, so keep your device dry and away from potential water sources.

I needed to remove my battery, so I did. After I put the battery back in my device, it powered up, but all my messages and other data were gone. Is it all gone for good?

No, all your data is regularly saved to the Danger service so it is safe. If you wait a few minutes, all your data will be restored to your device. (Note, however, that any data you entered or modified between the last save to the Danger service and when you removed the battery will be lost.)

Chances are you removed the battery before powering off your device. Every time you power off your device, your data is saved to the device's internal flash memory. However, if you remove your battery before shutting down, your data will not be saved to flash. It is, however, saved on an ongoing basis to the service, which means your data is always backed up! However, for your convenience and to avoid unnecessary data traffic, always power off your device before removing the battery!

How can I improve radio reception when I'm in a "poor" coverage area?

Try the following to improve radio reception:

- Use the hands-free headset and position the phone away from your body.
- Walk to a window if you are indoors.
- Step outside of buildings that have high metal and concrete as they may absorb radio signals.
- Step away from metallic windows because they absorb RF energy.
- Go to the highest spot possible to make the call.
- Step away from computers or electronic equipment.
- If you are in a car, first park, then try the call from outside the car.
- If you are near or directly under a Mobile/PCS radio mast, walk at least one street away.

My device has not connected to the service for quite a while. Is there anything I can do myself before calling Customer Care?

Yes, try powering your device off and on. After your device boots, you'll know you've connected to the service when you see the  in the title bar again.

What Web browsers do you support on the Desktop Interface?

Web browsers IE 5+ are supported on both the Windows and Macintosh operating systems.

Why do the Web pages I open using the device's Web Browser application appear different from the pages I open on my desktop computer?

The Web pages displayed on your device have been reformatted so they are easier to read on a small display. The same or similar information is displayed; it is just laid out differently on the screen so that it's easier to view on your device.

What are the requirements for getting my other e-mail accounts to appear on my device?

To get messages from another e-mail account, you must gather the following information:

- Name of the remote e-mail server (e.g., mail.example.com).
- Protocol used by the remote e-mail server (e.g., POP, IMAP).
- Your username on the remote e-mail server. (For example, if your e-mail address is joe@example.com, then your username will be "joe".)
- Your password on the remote e-mail server. This is the same password you use to open the remote e-mail directly.

Most Internet Service Providers and University e-mail systems work with the POP3 protocol. If you are not sure of the protocol, use the **Auto-detect** setting, or call or

e-mail your remote service and ask what protocol they support. The remote service operators should also be able to tell you the name of the remote e-mail server.

Once you have all this information, set up your external account by following the instructions in “Fetch E-mail from External Accounts” on page 44 of this guide. Once set up, your remote e-mail account will be checked periodically and a copy of all new, unread messages will be placed in the E-mail mailbox on your device.

What should I do if I need a replacement part for my device or if I need to have my device repaired?

Contact T-Mobile’s Customer Care department for support.

How secure is my account data on the Desktop Interface? There may be sensitive information stored in contact information (credit card numbers for example) that must be secure!

Information in your account is stored on servers in a data centre with enhanced security and firewall features. Please refer to your wireless operator’s Privacy Policy for more information.

How can I clean my device screen?

The screen on your device is coated with a protective layer of polycarbonate. You can safely use warm soapy water, denatured alcohol, or isopropyl alcohol to remove dirt and smudges from your screen. Be sure to use a very soft cotton cloth, such as an old t-shirt, to prevent scratching when wiping the screen.

How do I report a lost device?

Call T-Mobile’s Customer Care department to report the lost device. Don’t worry! Your wireless operator will disable your lost device and your data is always safely stored on the service. When you receive your new device, your account data will be downloaded to it automatically after you sign in with your existing username and password.

IX. Handling and Safety Precautions

The Sidekick 3 is a mobile computing device that may break if dropped, subjected to severe shock, or exposed to water. Please handle the device carefully and read the precautions listed below. These precautions provide essential information for the safe handling of the product and for the protection of the users and others from possible harm.

Note

During a call, the sound level on your device may vary, depending on how you are routing the sound. Keep the volume at a moderate level to prevent damage to your hearing, and be careful not to switch accidentally to speakerphone while the phone is against your ear.

Battery Handling

- Your device uses a removable lithium-ion battery. Lithium-ion batteries are recyclable. Never dispose of the battery or the unit by incineration.
- Always turn off your device before removing the battery.
- Never attempt to disassemble or modify the battery.
- Never touch any fluid that may leak from the removable battery, because doing so may result in injury to the skin or eyes.
- Never drop your device or subject it to severe shock. This may cause the removable battery to leak, ignite, and/or rupture. Always remove your device from the vicinity of any open flame immediately if the built-in battery begins to leak or emits an unusual odour.

Device Handling and Use

- Never attempt to disassemble, repair, or modify your device. Such action may result in bodily injury or damage to the unit or other property.
- Never touch liquid that might leak from a broken liquid crystal display (LCD), because doing so may cause a skin rash.
- Keep the volume at a moderate level to avoid damage to your hearing.
- Never dispose of your device with ordinary waste.
- Never allow infants, small children, or animals within reach of your device.
- Switch off your device when in an aircraft. The use of the device in an aircraft may be dangerous to the operation of the aircraft, disrupt the Mobile network and is illegal. Failure to observe this instruction may lead to suspension or denial of mobile telephone services to the offender, or legal action, or both.
- Check with your doctor if you have a pacemaker or hearing aid to make sure you can safely use the device's mobile and Bluetooth radio frequencies.
- Certain locations (e.g., hospitals) may restrict the use of any device that emits low-level RF energy. Always comply with posted prohibitions of the use of RF-emitting devices.
- Do not use the device when at a refuelling station.
- Observe restrictions on the use of radio equipment in fuel depots, chemical plants or where blasting operations are in progress.
- It is advised that the device not be used by a driver while the vehicle is moving, except in an emergency. Speak only into a fixed, neck-slung or clipped-on microphone when it would not distract your attention from the road.
- Never allow any metallic objects (e.g., staples, paper clips) to become inserted into your device, as this could result in the generation of excess heat or fire.
- Never use or store your device in the following locations:
 - Anywhere it may be exposed to water (e.g., bathroom or sauna)
 - Conditions of high humidity (e.g., rain or fog)
 - Conditions of extremely high temperatures (e.g., near fire or in a closed motor vehicle)
 - In direct sunlight
 - Locations or sites subject to strong vibration
- Use your device in locations with the following ambient environmental condition:
 - Normal operation: 0°C to 40°C (32°F to 104°F), with humidity of 30% to 80%

Battery Charger Handling

- The device is intended for use when supplied with power from the battery charger included in the box with your device. Other usage will invalidate any approval given to this device and may be dangerous.
- Charge the device within the temperature range of 0 to 40 degrees Celsius, or 32 to 104 degrees Fahrenheit, for the fastest charging time.
- Never place the battery charger on any surface that can be marred by exposure to heat; always place the battery charger on a heat-insulating surface.
- Never use a battery charger that has received a sharp blow, been dropped, thrown from a speeding vehicle, or is otherwise damaged; doing so may damage your device.
- Never place the battery charger adjacent to any heat source.
- Never leave the battery charger close to any open container of liquids.
- Never use a worn or damaged battery charger cable or plug, or a worn or damaged extension cord or plug.
- When travelling abroad, never plug the battery charger into a power source that does not correspond to both the voltage and frequency specified on the charger.
- Always confirm that the battery charger plug has been fully inserted into the receptacle to ensure a secure electrical connection.
- Always power-off the device and disconnect the battery charger from the power outlet immediately in the event of any unusual odour or smoke.
- It is normal for the battery charger to become warm when charging. Disconnect the battery charger from the outlet when not in use.
- Never attempt to disassemble or repair a battery charger, power supply cables, or plugs, because doing so exposes you to electric shock.

Caution

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE FOLLOWING INSTRUCTIONS:

BATTERY DISPOSAL THIS PRODUCT CONTAINS A LITHIUM-ION BATTERY. THIS BATTERY MUST BE DISPOSED OF PROPERLY. CONTACT LOCAL AGENCIES FOR INFORMATION ON RECYCLING AND DISPOSAL OPTIONS IN YOUR AREA.

X. Regulatory and Compliance Information

Regulatory Compliance Information for Europe

EU Declaration of Conformity

Hereby, Sharp Corporation, declares that model PV200E is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.

A copy of the original declaration of conformity can be found at the following Internet address:
http://sharp-world.com/products/wireless_pda/index.html



Exposure to Radio Frequency (RF) Signals

This wireless device has been designed so as not to exceed the limits for exposure to electromagnetic fields recommended by the Council of the European Union. These limits are part of comprehensive guidelines developed by independent scientific organisations. The guidelines include a substantial safety margin designed to assure the safety of the device user and others and to take into account variations in age and health, individual sensitivities, and environmental conditions.

European standards provide for the amount of radio frequency electromagnetic energy absorbed by the body when using a mobile phone to be measured by reference to the Specific Absorption Rate (SAR). The EU SAR limit for the general public is currently 2 watts per kilogram (W/kg) averaged over 10 grams of body tissue. The highest SAR value when tested for use at the ear is 0.14 W/kg, at maximum power. Note that the device generally operates at less than maximum power because it is designed to use only sufficient power to communicate with the network.

Information on Disposal (Waste Electrical & Electronic Equipment Directive 2002/96/EC)



Attention

Your product is marked with this symbol. It means that used electrical and electronic products should not be mixed with general household waste. There is a separate collection system for these products.

Attention

In the European Union

If you want to dispose of this equipment, please do not use an ordinary dustbin!

Used electrical and electronic equipment must be treated separately and in accordance with legislation that requires proper treatment, recovery and recycling of used electrical and electronic equipment.

Following the implementation by member states, private households within the EU states may return their used electrical and electronic equipment to designated collection facilities free of charge*.

In some countries your local retailer may also take back your old product free of charge if you purchase a similar new one.

* Please contact your local authority for further details.

By disposing of this product correctly you will help ensure that the waste undergoes the necessary treatment, recovery and recycling and thus prevent potential negative effects on the environment and human health which could otherwise arise due to inappropriate waste handling.

In Other Countries

If you wish to discard this product, please contact your local authorities and ask for the correct method of disposal.

In Switzerland

Used electrical or electronic equipment can be returned free of charge to the dealer, even if you do not purchase a new product. Further collection facilities are listed on the homepage of www.swico.ch or www.sens.ch.

Regulatory Compliance Information for North America

FCC Declaration of Conformity

Model PV200E, manufactured by Sharp Corporation, complies with part 15 of the FCC Rules.

Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Responsible Party:

SHARP ELECTRONICS CORPORATION

Sharp Plaza

Mahwah, New Jersey 07430

TEL: 1-800-BE-SHARP

FCC Notice

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Modifications not expressly approved by the manufacturer could void the user's authority to operate the equipment. This transmitter must not be co-located or operated in conjunction with any other antenna or transmitter.

Exposure to Radio Frequency (RF) Signals

THESE MODELS MEET THE GOVERNMENT'S REQUIREMENTS FOR EXPOSURE TO RADIO WAVES.

Your wireless device is a radio transmitter and receiver. It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government. These limits are part of comprehensive guidelines and establish permitted levels of RF energy for the general population. The guidelines are based on standards that were developed by independent scientific organisations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless mobile phones employs a unit of measurement known as the Specific Absorption Rate, or SAR. In the United States and Canada, the SAR limit for mobile devices used by the public is 1.6 watts/kg (W/kg) averaged over one gram of tissue. The FCC has granted an Equipment Authorisation for this wireless device with all reported SAR levels evaluated as in compliance with the FCC RF emission guidelines. For the PV200E model, the highest SAR value when tested for use at the ear is **0.36 W/kg** and when worn on the body, as described in this guide, is **0.56 W/kg**. SAR information on this device is on file with the FCC and can be found under the Display Grant section of <http://www.fcc.gov/oet/fccid> after searching on FCC ID: **APYNAR0061** for the PV200E (900/1800/1900MHz) model.

Note

For body-worn operation, to maintain compliance with FCC RF exposure guidelines, use the supplied carrying case. Use of non-approved accessories may violate FCC RF exposure guidelines and should be avoided. When carrying the device on your person, it is recommended to turn the screen display in toward the body in order to minimize RF exposure and maximize antenna efficiency.

Additional Information



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