ColorFit Pulse

Please refer to this manual before using the product

What's in the box

Charging cable x 1 ColorFit Pulse Smartwatch x 1

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Charging the ColorFit Pulse Smart Watch

Before using your ColorFit Pulse for the first time, charge the battery to its full capacity. Use the magnetic charging cable provided for the charge. On a full charge, ColorFit Pulse can last up to 10 days.
Note: The battery life and time to full charge your device may vary as per usage and other factors.

To charge ColorFit Pulse

- Plug the USB cable into a power adaptor. Plug the power adaptor into an electrical socket. (Power adaptor not included)
- Place the magnetic charger on the magnetic charging points of the watch.
- While your watch is charging, the screen will show the time, day, battery percentage and charging progress.
- Once the battery is fully charged, remove it from the charging dock

Power On

Press and hold the side button for a few seconds to turn on watch.

Power Off

Long press the side button, select power off and confirm.

Waking Up the Watch

To preserve battery, the watch screen turns off when not in use. To turn the screen back on, you can wake up the watch by:

- Pressing the side button
- Turning on the wrist sense

Press & Hold

Press either button

Watch Navigation

The ColorFit Pulse Smart Watch has a TFT Colour touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down, pressing the side button.

Home Screen Navigation

The home screen is the watch face. From the home screen:

- Swipe right to access quick setting.
- Swipe left to go to main menu.
- Swipe up to check your records.
- Swipe down to check your message notifications.

Button Navigation

- Press the side button to turn on the watch display.

Apps installed

Quick settings menu

Notifications

Press once

Setup

Before pairing, make sure that your smartphone and smartwatch are next to each other.
- Open the App and enter personal info such as height, weight and sex to calculate your stride length, distance covered, calorie burn rate and metabolic rate. When you set up your account, your name and profile picture will be visible to other users.
- Turn on Bluetooth and the location on your mobile device.
- In your smartphone, download the NoiseFit app from the Play store or the App store and install it.
- Create an account or login using an existing account.

Note: Ensure that your smartphone is running on Android 6.0+ or iOS 10+ and is connected to mobile data or a Wi-Fi network.

Pair the Watch

- Open the NoiseFit app and allow the Bluetooth and GPS positioning to be turned on.
- Feed in your personal information and health goals in the app.
- Go to Add Device page in the app, select the device type and link the watch.

Watch Features

Sports Mode

You can browse through the sports mode and choose the sports of your choice to track your progress.

Sleep

You can view your most recent sleep record and a display of your sleep quality in various sleep stages in the watch and the NoiseFit app. The feature will record the user's sleep states (light sleep, deep sleep and REM cycle), awake time, wake time and sleep time.

Records

You can view your most recent sports modes records on the watch, including detailed data like steps, distance, calories and duration. You can also save the exercise records in the app.

noise

BT Music

You can control your favourite songs and podcasts that play from your phone, right on your wrist as long as the watch is connected with the NoiseFit app in your phone.

Play/pause music, go to next/previous track and increase/decrease volume.

Blood oxygen

ColorFit Pulse supports viewing of the highest and lowest values of Blood Oxygen level of the day and the measurement data throughout the day.

To measure your blood oxygen level real time, open the Blood Oxygen monitor app for it measure.

Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

Alarm

You can set alarms in the NoiseFit app and they sync with the watch. You can add up to 5 alarms.

Stopwatch

A stopwatch can be set on the watch. You can also set lap times in the stopwatch.

Weather

ColorFit Pulse supports three-day weather viewing of your location; You can turn on the weather reminder notice and let the app identify your location. You can view today's current weather and for the next two days. Open the Weather app on your watch see the weather of your current location.

Setting

Dial

You can switch between different watch faces in the watch, choose and download cloud-based or create your own watch faces in the NoiseFit app.

Raise to wrist awake

Turn on the feature to turn on the watch screen every time you lift the watch to your eye level.

QR CODE

Scan the QR code with your smartphone to download the NoiseFit app from Play or App store.

System Settings

- Reboot
- Reset
- Power off
- Dial
- Know about your smartwatch from this feature.

Find Phone

You can make your phone ring using the watch when the watch is connected to the app. Click the icon to stop the ringing.

Quick Settings

You can swipe from the watch's home screen to gain Quick Settings access.

- Heart rate
- Brightness
- DND
- Find phone

Give your screen a personalised style by changing or customising the watch face from the NoiseFit app or the watch.

On the Watch
Touch and hold the home screen. Swipe and choose from the watch faces.

In the App
Go to watch faces, select the watch face of your choice and tap save to change the watch face.

Device Information and Tips

Device Information

The ColorFit Pulse Watch contains the following:

- TFT display
- Blood oxygen monitor
- Stress monitor
- 5ATM waterproof
- Sports modes
- 10 mm straps

The ColorFit Pulse smartwatch stores your activity data for up to 10 days in between the time you last synced your watch with your app. This data includes your steps, distance, calories, active minutes, heart rate, sleep duration and workout data. We recommend syncing the watch to the App daily.

Tips

How do I update my ColorFit Pulse?

You can update your ColorFit Pulse via the NoiseFit app. Go to My Profile and select Check for updates.

How do I find my watch's current firmware version?

You can find the watch's current firmware on the watch. Go to Settings on the NoiseFit app. Select Device information, choose Check for updates and update if any update is available.

How do I save battery?

Follow these simple steps to save ColorFit Pulse battery.
- Minimise the screen brightness.
- Limit the notification you receive from the NoiseFit app.

How does the watch estimate how many calories have been burned?

ColorFit Pulse estimates how many calories you've burned based on the physical data you entered when you set up your account.

How do I change my activity goals?

You can do it through the NoiseFit app. Go to My Profile. Go to Setup and select My Objectives. Change your goals and confirm.

How do I log my weight?

You can log in your weight the first time you setup your NoiseFit app. However, you can update the weight from our NoiseFit app. Go to My Profile, select Personal Information and update your weight. Similarly, you can update birthday, height, country and sex/gender as well.

Disposal and Recycling Information

Electrical and electronic devices may not be disposed of with domestic waste. Development of alternatives to known electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose. Collection is free of charge. Information by the national law of the respective country. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.

Regulatory and Safety Information

USA: Federal Communications Commission (FCC) Statement

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions:

This device may cause harmful interference, and this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this TV equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

In some cases, prolonged use of products may cause skin irritation, Prolonged contact with water may lead to skin irritation or allergies in some users. To reduce the possibility of irritation, keep the watch and watch band clean and dry. If you notice any signs of irritation, take the watch and watch band off and give your skin a rest for a few days before you start using it and for a period of time. If you feel soreness, tingling, numbness, burning or stiffness in your hands or wrists while or after wearing the watch, please immediately discontinue use.

The ColorFit Pulse Watch is not a toy. The watch contains small components that could be swallowed. Keep the watch and charger out of use by small children or pets, unless otherwise specified. devices and services are not a medical device and are not intended to diagnose, treat, cure or prevent any disease. The product, applications and services may be inaccurately and/or lose information as accurately as possible. The accuracy of devices are not intended to be equivalent to medical devices or scientific measurement devices.

Maintenance Instructions

- Keep the device dry and clean regularly and especially after prolonged use as moisture and dirt can build up underneath the band and can cause skin irritation.
- Do not wear the device too tight but make sure that the bottom sensor is tightly in contact with your skin and there is a gap of at least one finger width between the wrist strap and your wrist.
- Do not use household cleaners to clean the device. Use soap-free cleaners instead.
- For stains that are difficult to remove, it is recommended to scrub with alcohol.
- The device is not suitable for diving, water sports and activities. It is suitable for swimming pool, shower (cold water) and swimming in shallows.
- Keep it away direct sunlight, high temperatures to avoid overdrive as it may damage the band over time.
- Do not short-circuit. Short-circuiting may damage the battery. Short-circuiting can occur when a metallic object causes a direct connection or direct connection of positive and negative terminals of the battery.
- Do not use your product in a sauna or steam room.
- Do not dispose of batteries in the fire as that may cause an explosion. Dispose of used batteries in accordance with your local laws and rules. Do not dispose it as household waste.
- Use only the charging cable supplied to charge the battery. Do not charge for more than 24 hours.
- Do not attempt to repair or maintain the watch yourself, service and maintenance should be performed by authorised technicians only. Any repairs should be referred to our aftersales service personnel.
- To prevent device damage, accessory damage and device failure, always protect the device against strong impact or shock.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Customer Support

If you experience any problems with the watch, it may be fixed by restarting your watch. Please get in touch with our Customer Care team at +91-88-62-112-112 or just drop an email at support@noisetwo.com

For more information, visit us online at www.gonoise.com