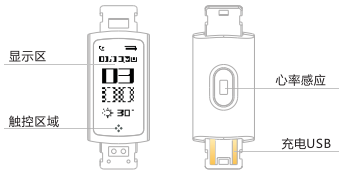# 手环说明书

显示区
触控区域
心率感应
充电USB

1 快速入门

1.1 充电自动开机

1.2 下载安装APP

请在手机软件商店搜索 "FunDo"
APP并安装或使用手机扫描二
维码安装。

分动APP要求使用iOS7.0及以上系统
或Android5.1以上以上系统

1.3 绑定手环

首先打开手机蓝牙，打开APP，点击 "更多"，点击 "链接设备"，
然后点击 "搜索"，找到手环，完成手环和手机的蓝牙连接。
进入 "我的" 界面，可设置个人信息，建立健康数据。

2 功能简介

开机动作：长按触控区域3秒，手环启动。
触摸功能：点击触控区域，实现主菜单界面切换；
　　　　　长按触控区域，进入下一级界面/查看/确认；
待机状态下，抬手/触摸触控区域，手环亮屏。

2.1 主功能界面

点击触控按键，在步数、距离、卡路里、心率、运动等界面切换。

2.2 心率、血压、血氧

长按心率界面，即可切换至心率、血压、血氧界面、了解自己的健康数据。

注：血压、血氧的监测数据仅供参考，不可作为医学相关方面的依据。

2.3 运动模式

长按运动界面，即可切换至运动界面，长按3秒可进入跑步、骑行、登山、步行
模式，了解运动状态下运动的时间、卡路里消耗、心率、步数数据

2.4 睡眠监测

点击摸区域，即可切换至睡眠监测界面，显示睡眠时长，在APP内可查看睡眠
状态后了解睡眠质量。

2.5 信息推送

长按信息界面，可查看信息推送内容。

注：需在手机端 "分动" APP内 "应用推送" 界面可设置需要推送的应用。

2.6 设置

点击触摸区域，切换至更多界面，长按此界面可设置秒表、表盘、找手机、等设置。

3 其他功能

以下功能均在成功登录APK且蓝牙连接手环成功的前提下才能实现。

3.1 推送

包含来电通知、短信推送、QQ消息推送、微信消息推送（例：设置中开启来电
通知，当手机端收到来电时，手环端震动亮屏并显示来电联系人及号码）

3.2 勿扰模式

开启勿扰模式后，除闹钟和翻腕亮屏外，设置中开启的所有推送提醒，手环端将
不再有自动亮屏震动提醒

3.3 久坐提醒

设置开开始到达时间段及久坐时间间隔（分钟）、阈值（步数）、点击进入重复
设置选择久坐提醒日期（星期），当久坐时间到达时手环端亮屏震动3次且提醒图
标会左右摆动。

3.4 闹钟提醒

APK端点击闹钟提醒，设置添加闹钟时间，当闹钟时间到达时，手环端提示：闹
钟标左右摆动，并震动。

3.5 手势智控

☆ 抬手亮屏：开启抬手亮屏，90度抬手使手环向内倾斜，面向自己正前方，手环端
显示亮屏。

☆ 翻手亮屏：开启翻腕亮屏，90度翻转使手环向内倾斜，面向自己正前方，手环端
显示亮屏。

3.6 设备解绑

蓝牙连接成功即手环与手机绑定成功，设备解绑上显示本设备名，点击确定即
可解绑。

（注：手环绑定另一个手机前需与当前手机解绑）

4 基本参数

设备类型	智能心率手环	显示屏	0.96寸OLED
主体重量	21g	电池类型	锂聚合物
电池容量	80mAh	同步方式	蓝牙4.0
工作温度	-10℃~50℃	腕带材料	TPE
手环全长	210mm		

5 注意事项

1. 常温测试，大部分肤色测试正常。
2. 手环所测数据仅供参考，不能代替医疗设备。
3. 同步数据时请链接手环。
4. 手环出现死机重启现象，请注意检查手机内存信息轻触再试，或退出APP
重新打开。

6 部件介绍

*主机　*TPE腕带　*包装盒　*说明书

Smart Bracelet User Manual

Display area
Touch area
Heart rate
Charging USB

1 Quick start guide

1.1 Automatic startup
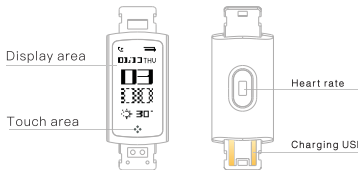
1.2 Install "FunDo" bracelet App on phone

Please search for "FunDo" APP in the
phone software store and install or
use the phone to scan the 2D code
installation.

Mobile iOS requires iOS7.0 and above
systems or Android5.1 and above.

1.3 Connect bracelet with mobile phone

Open the phone Bluetooth, open the APP, click on "More", click
"Connect", then click "Find" to find the bracelet, complete the
bracelet and mobile phone bluetooth connection.

2 Brief introduction

Boot start: long press touch area 3 seconds, bracelet start.
Touch function: Click the touch area to achieve the main
menu interface to switch; Long press the touch area, enter
the next level interface / view / confirm /
Standby state, raising the hand / touch touch area, bracelet
bright screen.

2.1 Main function interface

Click on the touch area, in the number of steps, distance,
calories, heart rate, movement and other interface switch.

2.2 Heart rate, blood oxygen

Long press the heart rate interface, you can switch to heart rate, blood
oxygen interface, to understand their health data.

Note: The blood pressure and blood oxygen level obtained by this
device is only for your reference. Please consult with your medical
professionals.

2.3 Movement mode

Long press the "training" interface, you can switch to the sports interface,
long press 3 seconds to enter the running, riding, climbing, walking
mode, to understand the movement of sports time, calorie consumption,
heart rate, step data.

2.4 Sleep monitoring

Click the touch area, you can switch to the sleep monitoring
interface, display sleep time, in the APP can view the sleep
state and understand the quality of sleep.

2.5 Message

Long press the "message" interface, switch to the information interface,
you can view the content.

2.6 Setting

Long press "setting" interface, switch to more interface, in this
interface can be set stopwatch, dial, looking for mobile phones,
and other settings.

3 Other functions

The following functions can bi achieved only when logged in APK
and Bluetooth connection si successful.

3.1 Notification

Including incoming call, SMS, QQ and Wechat message
notification.

3.2 Do not disturb mode

Turing on this mode, in addition to the alarm clock and turn the
wrist, all notification reminders will no longer light screen and
vibrate automatically.

3.3 Sedentary reminder

Set the start to the end of the period and sedentary time interval
(minutes), threshold value (steps), entering into repeat setting to
choose sedentary reminder date (weeks). When sedentary time
arrives, bracelet will light screen and vibrate for 3 times.

3.4 Alarm clock reminder

When alarm is on, its icon will be animated and the bracelet will
vibrate.

3.5 Gesture control

☆ Raising hand: while raising your hand, the screen will be lighted up.

☆ Turning wrist: while turning your wrist, the screen will be lighted up.

3.6 Unbinding the bracelet

To bind the bracelet to mobile phone, you need to connect the
bracelet to mobile phone successfully via Bluetooth. Click the
unbind icon for unbinding.

(Nite: when the bracelet needs to be bound to another mobile,
it needs to be unbound the current mobile phone first)

4 Basic parameters

Band type: Smart Heart Rate band	Screen type: 0.96 inches OLED
Host weight: 21g	Battery type: Lithium polymer
Battery capacity: 80mAh	Sync way: Bluetooth 4.0
Working temperature: -10℃~50℃	Wrist Strap material: TPE
Band length: 240mm	

5 Safety notice

1. The color of most skin testis normal, when goes on a normal
temperature test.

2. For reference only, it cannot replace the medical equipment.

3. Please connect band when sync data.

4. When band crashes, check phone's memory sufficient and service
close or not and then restart your phone and try again.

6 Components introduction

* Host　*TPE wristband　*Packaging and instructions

FCC Caution：

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.