

RF EXPOSURE EVALUATION

EUT Specification

EUT	Sunrise Wake-Up Alarm Clock with Sound Therapy
Model Number	iZBT3, iZBT3W, iZBT3X (X could be single or multiple digits by any alphabets denote different cabinet color)
FCC ID	EMOIZBT3A
Antenna gain (Max)	0dBi
Operation Frequency	2402-2480MHz
Input Rating	DC 5V form adapter,DC 3.7V Battery
Classification Per Stipulated Test Standard	§15.247(i), §2.1091
Kind of Device: Bluetooth Ver.5.0	
Modulation	BT:(GFSK, $\pi/4$ -DQPSK, 8DPSK)
Max. output power	BT:-1.31dBm(0.00074W)

Test Requirement:

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According to FCC 1.1310: The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency(RF) Radiation as specified in §1.1307(b)

Limits for Maximum Permissible Exposure (MPE)

Frequency Range(MHz)	Electric Field Strength(V/m)	Magnetic Field Strength(A/m)	Power Density(mW/cm ²)	Average Time
(A) Limits for Occupational/Control Exposures				
300-1500	--	--	F/300	6
1500-100000	--	--	5	6
(B) Limits for General Population/Uncontrol Exposures				
300-1500	--	--	F/1500	6
1500-100000	--	--	1	30

1 Friis transmission formula: $P_d = \frac{P_{out} \cdot G}{4 \cdot \pi \cdot R^2}$

Where

P_d = Power density in mW/cm²

P_{out} =output power to antenna in mW

G = Numeric gain of the antenna relative to isotropic antenna

π =3.1416

R = distance between observation point and center of the radiator in cm

P_d the limit of MPE, 1mW/cm². If we know the maximum gain of the antenna and total power input to the antenna, through the calculation, we will know the distance where the MPE limit is reached.

2 Measurement Result

Antenna gain:0 dBi

BT DSS:

Operating Mode	Test Channel	Measured power (dBm)	Tune up tolerance (dBm)	Max tune up conducted power (dBm)	Output Peak power (mW)	Ant. Gain (dBi)	Ant. Gain (numeric)	Power density at 20cm (mW/cm ²)	Power density Limits (mW/cm ²)
GFSK	2402	-1.41	-1±1	0	1.000	0	1.000	0.0001989	1
GFSK	2441	-1.42	-1±1	0	1.000	0	1.000	0.0001989	1
GFSK	2480	-1.33	-1±1	0	1.000	0	1.000	0.0001989	1
1/4π-DQPSK	2402	-1.37	-1±1	0	1.000	0	1.000	0.0001989	1
1/4π-DQPSK	2441	-1.47	-1±1	0	1.000	0	1.000	0.0001989	1
1/4π-DQPSK	2480	-1.34	-1±1	0	1.000	0	1.000	0.0001989	1
8DPSK	2402	-1.42	-1±1	0	1.000	0	1.000	0.0001989	1
8DPSK	2441	-1.44	-1±1	0	1.000	0	1.000	0.0001989	1
8DPSK	2480	-1.31	-1±1	0	1.000	0	1.000	0.0001989	1

Signature:

A handwritten signature in black ink, appearing to be 'Sam Lv', with a stylized flourish at the end.

Sam Lv

Date: 2021-03-18