



0025 Scale Cover / Info Card



PMS 7464C 60%
(Match Tray, Tray insert & Outer Sticker)



PMS 7464C
(Match Tray insert & Outer Sticker)



PMS 2965C
(Match Tray insert & Outer Sticker)



PMS Cool Grey 428C

PMS 178C

PMS 136C
(Match Slip Sticker)


Front




Back

Quick Start:


Remove the plastic pull tab from the back of the scale to activate the batteries.




Set the scale on a hard, flat surface, then step on (not carpet).




When you see the weight estimate icon or hear double beeps, step off.



The green AccuCheck icon or a long beep means your weight has been confirmed.



Your weight will be sending after your weigh-in, and “Sent” will appear when your weight has been transmitted.



Visit www.me.health/help for more information.

WARNINGS

- Do not step on the edge of the scale while getting on or off—otherwise, it may tip.
- Do not jump on scale.
- Protect scale from hard knocks, temperature fluctuations, and heat sources that are too close (e.g. stoves, heating units).
- Do not drop scale or drop any objects on it as this may damage the sensors.
- Do not step or stand on the scale when your body and/or feet are wet—for example, after taking shower.
- Do not step on the scale when the surface is wet. There is a danger of slipping.
- Do not step on this scale if you weigh more than 550 lbs.
- Clean the scale with a slightly damp cloth. DO NOT immerse the scale in water or use chemical/abrasive cleaning agents.
- Do not heat or deform the batteries, or dispose of them in fire. Batteries should not be disposed of with household waste. Please check with your local authority for battery recycling advice. Please recycle where facilities exist.

FCC Regulations:
This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
This device has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution:
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC RF Exposure Information (SAR)
This device is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the United States. During SAR testing, this device is set to transmit at its highest certified power level in all tested frequency bands, and placed in positions that simulate RF exposure in usage near the body. Although the SAR is determined at the highest certified power level, the actual SAR level of the while operating can be well below the maximum value. The exposure standard for wireless employs a unit of measurement known as the Specific Absorption Rate, or SAR. The FCC has granted an Equipment Authorization for this model device with all reported SAR levels evaluated as in compliance with the FCC RF exposure guidelines. While there may be differences between the SAR levels of various devices and at various positions, they all meet the government requirement.

Dielines

