

Refills delivered

Stay fresh and healthy :)

Dentists recommend replacing your brush head every 3 months — before it gets gross, worn out, and ineffective.

Save time and money

Refill plans ship fresh brush heads (+ free battery), mint toothpaste (helps prevent cavities!), and other oral care refills every 3 months — \$5 each.

Ships free, covered for life!

Enjoy free shipping and a lifetime warranty on your brush as long as your refill plan is active (1 year if not).

Plastic
• Helps remove cavities

Want to share the love? Refer friends or connect a dentist to earn \$5 refill credits at getquip.com/referafriend

Get started

- 1. Unpack**
Please recycle the tube!
- 2. Download the app**
The quip® app is free on the App Store and Google Play. Create a new quip account, or use an existing one.
- 3. Connect your brush** Bluetooth
Turn on your phone's Bluetooth® setting, then follow the in-app steps to pair one or more brushes.
- 4. You're all set!**
The brush will automatically log your routine (no phone needed!). To review your brushing history, open the app with Bluetooth® on when it's close to your brush.

Learn more at getquip.com/startsmart

Pro-fresh-ional tips

Use slow, short strokes on every surface

Start at the upper back tooth, gently wiggle bristles over outer and inner gumline. Sweep the cheek, biting, and tongue surfaces of tooth to remove stains and debris.

Clean your whole mouth evenly

Repeat the steps above for each tooth, spending 30 seconds in each quadrant. Switch when quip pulses, continue for 2 minutes until vibrations stop.

Scrub and spit, but don't rinse right away

Clean tongue with bristles or scraper to fight bad breath. Spit paste, then rinse after 30 minutes to let the formula work its magic. Repeat AM and PM.

Floss along the curves of your teeth

Fend off plaque by guiding floss deep down to the gumline, following the natural c-shaped curve of your teeth. Repeat daily.

Flush out food throughout the day

Cut back on sugary, acidic foods that attack enamel, and hydrate often to stimulate saliva and clear out excess food.

Visit the dentist on time

Regular checkups can help catch and prevent problems (like cavities) before they get painful and expensive to fix. We'll send you reminders :)

More oral care tips at getquip.com/tips

Brush better

Start fresh

Wet bristles, add a pea-sized blob of paste, wet again. Press the "Q" button to start sensitive sonic vibrations with a 30-second pulses for 2 minutes.

Track your habits

The app shows when, how well, and how long you brush (go for 2 minutes, twice a day!), and awards points for a job well done.

Keep improving

Missed a day (or a pesky molar)? Don't fret, follow the in-app tips or set up brushing reminders to make a big impact on your oral health.

Turn this over for more brushing tips

Earn rewards

Stack up points

Consistency is key! Earn daily points for all your good habits (brushing 2 minutes, twice a day), and bonus points for completing challenges.

Redeem rewards

While a healthy mouth is its own reward, you can turn points into one-of-a-kind perks (like refills, exclusive discounts, and more) from quip and our growing list of partners :)

FCC ID: 2AT6D-85000070RA

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by removing the battery, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

By the toothbrush design the minimum distance from the Bluetooth® Radio antenna (located in the toothbrush handle) to user is 4mm.

Features you need

Replaceable brush head

Soft bristles, compact size (tongue scrub on back). Replace every 3 months, like dentists recommend.

Water-resistant handle

Keep for life. Every 3 months, replace AAA battery (free with refill) or use your own rechargeable.

Multi-use cover

To mount, press the suction strip firmly against a clean, shiny, dry, and flat surface (like glass or tile) for 5 seconds. Keep strip clean to restick anytime.

On the go? Slide the cover over the bristles to pack and protect. Twist off bottom cap to clean monthly

Brush:
• Helps remove plaque
• Helps prevent and reduce gingivitis

How to mount cover and change head at getquip.com/setup

quip

Meet your Smart Electric Toothbrush

Download the free quip® app

Here to help

We created quip with dentists and designers to help you keep your mouth healthy. By offering simple, enjoyable products, advice, and care services, we're making better oral health accessible to everyone. Have a question? Visit our help desk to get answers and toothful tips at getquip.com/help.

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