

K13 智能蓝牙手环用户指南

K13 Smart Bluetooth Bracelet User Guide

前言： 尊敬的用户:您好！感谢你选用本公司产品，请仔细阅读《k13 智能蓝牙手环用户指南》，本手册为您介绍它的功能，方便您在使用过程中更加轻松方便，通过它您可以获取有关产品的介绍，操作方法等，以便您有更好的体验感！

Dear Customer ,Thanks for choosing our product ,please refer to<<k13 Smart Bluetooth Bracelet User Guide>>,This guide may introduce the functions of the Bracelet, this may help you to know the functions well and have better experience of this Bracelet .

使用 K13 智能蓝牙手环，体验无线生活使您生活更精彩，更方便，更安全，提高您生活品质……Using K13 Smart Bluetooth Bracelet,experience wireless life , Make your life more exciting, more convenient, more secure, and improve your quality of life...

*如有任何印刷错误望广大用户谅解

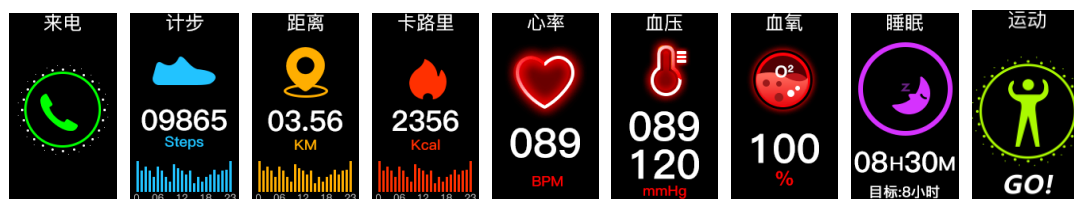
***If any typographical errors happens in this guide ,please kindly share understanding .**

1: 产品概述

1.Description

本机是一款外观高档，设计精美，佩戴实用的多功能智能蓝牙通话手环，生活中用于通话/听音乐/计步/测距/卡路里消耗管理/心率/血压/血氧/睡眠管理/运动/时间显示/闹钟提醒的智能产品给你身体健康的记录

This machine is a high-grade appearance, exquisite design, wear practical multi-functional smart Bluetooth phone bracelet, life for talking/listening to music/step counting/ranging/calorie consumption management/heart rate/blood pressure/oxygen/sleep management/exercise/time display/alarm clock reminder of the smart product to give you a record of health



2: 适用机型

适用于以下设备：IOS 和安卓以及各类智能手机

2:Suit for below models:

Available on the following devices: IOS, Android and all types of smartphones

3: 功能特点

3:About functions

3.1 通话/听音乐>分离通话，听音乐，让你可以把蓝牙佩戴再手上，安全护航

Calling/Listening music>Separation of call,listening music ,you can wear the bracelet on your leg.Security escort

3.2 计步》准确记录行走状态，记录你每一天行走步数

Walking step recorder》Keep track of your walking status and record your steps every day.

3.3 测距》精准记录你每一天行走的里程，计算行走的距离

Walking Distance>>>Accurately record the miles you walk each day and calculate the distance you traveled.

3.4 卡路里消耗》计算你每天消耗的卡路里，记录你每天消耗的热量

Calorie consumption management》Count the calories you burn each day and record the amount of calories you burn each day

3.5 心率，血压，血氧功能界面；长接触摸按键 3 秒传感器亮光，开始测试心率，血压，血氧，测试完成震动提示停止测试。

3.5: 3.5 Heart rate, blood pressure, blood oxygen function interface; Long press the touch button for 3 seconds and the sensor lights up to test the heart rate, blood pressure and blood oxygen. After the test is completed, The vibration indicates that the test is complete.

3.6 睡眠管理》戴着睡觉，自动睡眠监控，睡眠的质量，知道你睡的好不好

3.6Sleeping management》Wearing the bracelet when sleep ,auto monitoring ,this may know the quality of sleeping.

3.7 运动模式：长按进入多运动模式徒步，跑步，骑行，爬山，模式里长按退出

3.7Sport Mode: Long press to enter multi-sport mode: Hiking, running, cycling, climbing, and long press to exit

3.8 设置模式：

3.8 Setting the Mode

(1)屏幕亮度调节，息屏时长：长接触摸键进入调节

(1) Screen brightness adjustment, screen duration: long press the touch key to enter the adjustment

(2)抬手亮屏：长接触摸键可开关抬手亮屏

(2) Hand lifting screen: Long press the touch key to switch on and off the hand lifting screen

(3)闹钟设置：长按进入闹钟时间，设置好时间后在  界面长接触摸键，闹钟设置成功

闹钟到了震动提醒， 号位置长接触摸可增加多闹钟模式

(3) Alarm setting: Long press to enter the alarm time. After setting the time, press and

hold the touch button in the  screen to configure the alarm successfully. In the  screen, press and hold the touch button to configure multi-alarm mode

(4)时间设置，日期设置：长按进入测试

(4) Time setting and date setting: Long press to enter the test

(5)语言切换：长按进入，红色字体对应的语言，长按选择语言

(5) Language switch: Long press to enter the language corresponding to the red font, and long press to select the language

(6)恢复出厂设置：长接触摸恢复出厂设置

(6) Restore factory Settings: Long press and touch to restore factory Settings

4: 手环开关机方法：

4: Switching on and off a Smart Bluetooth Bracelet

4.1 长接触摸按键，显示 Welcome，手环开机； 也可以充电开机

4.1 Long press the touch button, the Welcome will be displayed, and the bracelet will start up; It can also be turned on by charging

4.2 关机界面，长按触摸手环关机；关机时间（3-5 秒）

4.2 Shutdown screen, long press touch bracelet to shut down; Shutdown time (3-5 seconds)

5: 手环蓝牙链接和来电接听:

5. Bluetooth connection and call answering of smart bracelet:

手机蓝牙界面，链接蓝牙名称：**K13** 即可；来电时震动提示，拿起手环自动接听，放下挂断;您还可以通过触摸按键接听和挂断来电.

Mobile phone Bluetooth interface, link Bluetooth name: **K13**; When a call comes, it will vibrate, pick up the bracelet and answer automatically, put it down and hang up; You can also answer and hang up calls with the touch of a button.

6: 充电:

手环长时间不使用时，请至少一个月为它充电一次，以免电池损坏，充电时间 120 分钟内可以充电完成

6Charging

If you not use this bracelet for long time ,please make sure charge it once every month ,this may avoid damage of battery .charging within 120mins will be ok .

7: 技术参数

1>采用 1.14 寸高清 TFT 屏显

2>电池容量：100mAh

3>直流 5V 充电

4>产品重量：30 克（腕带+耳机）

6>蓝牙版本:5.1 版本

7>腕带：硅胶腕带 底座 PC+ABS 耳机部分 PC+ABS

8>待机：7 天

7: echnical parameters

1>1.14" high resolution TFT screen

2>Battery capacity: 100mAh

3>DC 5V charging

4>Weight: 30g (Bracelet +Earphone)

6>Bluetooth version:5.1version

7>Bracelet: Silica gel watch band PC+ABS ,earphone: PC+ABS

8>Standby: 7days

8 包装配件: 充电线，耳机+耳帽，表带底座，说明书，合格证

8 Packing accessories: charging cable, earphone + ear cap, watchband base, manual, QC certificate

9: 检查非人为故障，质保修一年.

9::Check the non - person for the failure, the quality warranty for one year.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- ▶ -Reorient or relocate the receiving antenna.
- ▶ -Increase the separation between the equipment and receiver.
- ▶ -Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- ▶ -Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

产品保修卡

用户姓名: _____

用户电话: _____

购买日期: _____

E- mail: _____

通讯地址: _____

邮政编码: _____

Warranty Card

Name:

Phone number:

Date of purchase:

E-mail:

Address:

Postal code:

终：用户指南用于客户对产品体验，实际产品中的功能以及不同版本的产品拥有不同的解释权，最终解释权归本公司所有！不作为任何争议以及法律依据。

Statement: The actual functions of this product may differ from what is stated in this guide. Different models or versions of products have different performance and characteristics. The final interpretation of the company's products belongs to the company. This guide is for guidance only and is not intended as a basis for any dispute or law.