KW-B07说明书设计

正面英文



Strap Replacement

according to your preference. Toggle the metal switch on the back of the strap to remove and install the strap.

Basic operation

au interface: Click the side button under "Main interface" to

he menu interface. Double-click the side button in the interface to switch between various styles. In the nenu interface, click the side button to return to the "main

Anterface". 3.Split screen: Slide right on the "Main" screen to open the split Manual measurement:

screen function. 4.Bright screen: When the screen is resting, you can press the side button to brighten the screen or turn your wrist to brighten the screen.

the screen. 5.Shutdown: Press and hold the side button for 3 seconds in the automatic heart rate monity monitoring in the device or app, and the r power on state, the device will enter the "shutdown confirmation" interface, click "shutdown".

Touch operation





swipe right to return to the previous level Left swipe on the dial interface to enter the following function interface in turn: Phone - Activity - Sleep - Heart rate - Blood glucose od pressure - Blood oxygen - Body temperature - Weather



more dials from APP open APP ---- My ----



(click the side button to enter the r Sports: The B07 supports up duration, and the user can "pause/continue the exercise at any time.

Auto-exit: During the movement, the device will automatically determine whether the user is in the movement state. If it is determined that the current conditions have been met to exit the movement will automatically exit the movement mov

automatic monitoring of maximum and values, and "heart rate" 24-hour heart rate

e every 1 minute.) The data on the device side will be cleared at 0: he same day, and the user can connect to the App to upload all t

et "Heart Rate Monitoring" switch: Device: Click the side button to enter the menu, click "Settings" - "Health and Testing" - "Heart Rate Monitoring".

^h App:Open H Band connected device, click "More Operations "Settings" - "Switch Settings", turn on "Heart Rate Auto Monitoring".

Heart Rate Alert; The device will display "Heart Rate Alert" when the user's heart rate is too high; the app side can set the "Heart lert" switch and alarm threshold, while the device side can only set eart Rate Alert" switch.

e side: Click the side button to enter the menu, click "Settings" - and Detection - "Heart Rate Alarm". Open H Band and connect the device, click "More Operations" -ps" - "Heart Rate Alarm", set the resting heart rate limit and click

en: Left swipe on the dial interface to

icon to test, the result will be displayed when the test is completed, if the test fails, the "Test Failure" interface will be displayed.

App side:Display blood oxygen and apnea and data distribution graph.

Automatic monitoring: Turn on "Blood night monitoring" in device or App. Data at

connect to App to upload all data. Nighttime blood oxygen is detected once a minute, and the detection range is 0:00-7:00.



Specification Settings (1.29) (1.29) ck on II-· Antonio Antonio Antonio Antonio elect ntly call te, ne e lay: dial setting, screen brig nu style for personalized settir 8 **** * oubleshooting Loss of heart rate signal nartwatch will keep an eye on your heart rate data when sing or in daily life, occasionally it may happen that the does not get the proper heart rate signal, at this time the sart rate data will appear as a dotted line. If you fail to get art rate signal, first confirm the correct posture of wearing the and adjust the following to avoid being to be bid or too ler ng ta al is to hat rin ter, her eò. ∎la. Flashlight: Click "Flashlight" in the split screen interface or menu interface. Users can light up the device screen as a flashlight. a djust the following to avoid being too high or too t or too loose on your wrist. After the adjustment, time heart rate detection to get the heart rate data till no heart rate data, please check if the detection on H BAND APP is turned on. The poth ; or 3 Bluetooth connection problems If the phone can't pair the watch, check whether there is B07 signal in the phone's settings - Bluetooth, if there is, it means there is no problem with Bluetooth signal, please check whether the watch has been paired with other phones and unbind it. ios system users, you also need to ignore this device in the phone's settings - Bluetooth, and then re-pair it. ● 箇休中文 ○ 箇休中文 ○ 日本语 ○ English ○ Deutsch tor the nen rice ieir H T ght Exemption Clause 1. The heart rate and blood oxygen data obtained through B07 smart watch are for reference only and cannot be used as a basis cal treatment or diagnosis. For the treatment of hypertension, heart disease and other elated diseases, it is recommended to contact a doctor for more professional treatment of hypertension, heart disease and other elated diseases, it is recommended to contact a doctor for more professional diagnostic advice; do not make adjustments to your neclication and treatment based on the monitoring data provided by 807, you should follow medical advice when you ueed to take medication and treatment. We will not be held gaply responsible for any errors in monitoring data or misuse of poningruin data and information. **♦ ۲۰۰۰** (م_اریخ) (م k p s. d vice to make simple calculations data and information. he heart rate and blood pressure data of 807 smartwatch y not be completely accurate due to the influence of ironmental signal interference, wearing posture, changes in hate and human physical condition. nd and a second s MET: After entering the "MET" scree view the all-day MET curve, and displays the last test result and the M e App e 24h ew to North States Settings: Health monitoring, watch syst nany other device functions switch interf HRV (Heart Rate Variability): After entering the "HRV" screen, you can view the nighttime <u>১০০৬</u> আ elect n to mer. side:The interface displays the last Compliant 🕜 CE FC 🕸 💆

反面中文



		设置(菜单界面点击「设置」进入)	规格参数
呼 吸 训 练: 表盘界面点击侧键进入侧键菜 单,点击「呼吸训练」,选择训练时长后, 点击开始。	计时器: 莱单界面,点击「计时器」,计时 器界面显示常用计时,用户也可以点击"+"图 标自定义时长。开始倒计时后,点击暂停按 钮可暂停倒计时,此时点击取消可以取消计 时。	健康与监测:对心率、心率报警、血压、 血氧、温度、睡眠、血糖、压力项目设置自 动监测开关。开启后每隔一段时间时间自动 检测数据,每日数据0点清零。	屏幕 1.95* TFT 表盘尺寸 52.4 x 40.5 x 11.5 (mm) 表带尺寸 260x22 (mm) 重量 54g 电池 260 mAh Poly-Li
电话: 连接手机蓝牙后,可通过设备进行 通话。用户可在设备上拨号。或在添加常用 联系人后选择联系人进行通话,也可进入通 话记录界面回拨电话。 开启来电提醒后,当手机来电时,用户可以 在设备上对来电进行静音、接听或挂断操作。 设备连接手机后,可在 App 中添加常用联系 人到设备(层 410-0)	闹钟:点击「闹钟」后点击"+"可以依次设 置提醒时间,到点手表将振动提醒,振动时 点击手表屏幕停止振动。用户可在设备端添 加闹钟(最多10组)并在App中添加标签, 设置重复提醒或单次提醒。点击闹钟列表中 需要修改/删除的闹钟,进入闹钟详情界面, 点击删除/编辑。	屏幕与显示:可对表盘设置,屏幕亮度, 自动炮屏,菜单风格进行个性化设置。	充电电压/电流 5V/200mA 防水 IPX7
消息:表盘界面点击倾键进入侧键菜单、点 击「设置」「通知设置」,开启需通知的应 用。消息(短信、应用)提醒在设备连接手 机 App 状态下、设备会接收到手机端的短信 及应用消息(包括微信、QQ、Twitter、 Facebook、Instagram 等常用应用)。	手电筒: 分屏界面或者菜单界面点击「手 电筒」。用户可点亮设备屏幕作手电筒使用。	开关设置:可开关达标提醒、久坐提醒、 翻蕨亮屏。 在H Band APP中,「我的」「设定目标」 可以设定目标,手表端开启这标提醒后,则 会在完成目标时有振动提示。	心率信号丢失 807智能手表在运动时或日常生活中都会持续关注您的心率 数据。偶尔可能会出现手表未获取到合适的心率信号,此时 丢失的心率数据会出现虚线。如果未能得到心率信号,首先 确认佩戴手表的姿势是否正确,调整以下、避免在手腕上过 高或者过低,过紧求者过松。调整后,启动实时心率检测, 即可获得心率数据。如果依然没有心率数据,请检查H BAND APP上的检测功能是否已经打开。
音乐:菜单界面下,点击「音乐」。设备可 作为手机蓝牙音稍使用。用户可在设备上切 换上下曲或调整音量。 注:需确认蓝牙双楔5.3连接成功。	查找:在手机连接设备的状态下,用户使用设 备查找手机。点击「找手机」后,设备进入倒 计时状态,点击「取消」或右滑退出可停止查 找,倒计时结束后显示「正在响铃」界面,手 机将振动并响铃。	通知设定:设置手表允许接收哪些程序的 消息推送。 注:手机端需开放相应权限。	蓝牙连接问题 如果手机无法配对手表、在手机的设置蓝牙中查看是否有 807信号、如果有、则表示蓝牙信号没有问题、请检查手表是 否已经配对其他手机、并解除绑定。IOS系统用户,还需要在 手机设置-蓝牙-忽略此设备、再重新进行配对。
经期跟踪:此功能主要面向女性用户。若 用户性别设置为男性,则App「数据面板」 中不显示此模块,在设备连接App的状态下, 女性用户在App中可设置个人生理状态。打 开 H Band 连接设备 → 点击「数据面板」- 「女性」→点击右上角「铅笔」图标进行设 置。App 通过用户数据,对用户生理状态进 行预测和提醒。	语音助手:可在设备上启动手机语音助手 并进行语音操作。 注:需确认蓝牙双模5.3连接成功。	●简体中文 〇日本语 ○English ○Deutsch ○Forgate	豁免条款 1.通过807智能手表获取的心率和血氧数据仅做参考,不可做 为医疗和诊断依据; 2.自我诊断和治疗是很危险的,只有专业的医生才能诊断和 治疗高血压,心脏病等相关疾病,建议联系医生获取更专业。
相机: 打开 H Band 连接设备, 点击 「我的 设备」-「拍照」开启相机后, 点击手表屏幕 或摇晃设备即可拍照。 注: 手机需要开启 H Band 使用相机权限。	计算器:用户可在设备上开启计算器,进 行简单计算。	App 二维码: 扫码下载H Band应用程序。	的诊断意见;切勿私目根据60/提供的监测数据近行药物和 治疗调整、在需要服药和治疗时应存服医嘱执行,我司不对 监测数据的误差及滥用监测数据与信息导致的后果负法律责 任; 3.由于环境信号干扰,佩戴姿势,气候环境的变化以及人的 体质状况等因素的影响,807智能手表的心率,血压等数据可 能不会完全精确。
天气: 设备连接 App 开启天气推送后,可 同步 24 h 实时天气和 3 天天气概况到设备。 注: 手机需要开启定位并允许 H band 获取。	设置:健康监测、手表系统等多项设备功能 开关界面和设置。	系统菜单:控制开关机;抹除数据,恢复 出厂设置;查看设备信息、当手机端扫描出 多台807设备时,可通过设备信息中MAC地址 确认需要连接的设备。	
砂表:点击侧键,选择「秒表」点击 「开始」进行计时,再次点击可暂停。也 可点击「还原」图标重新计时。			

equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: -- Reorient or relocate the receiving antenna.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement in portable exposure condition without restriction.