- Oxygen Tracking (SPO2) Tap the SPO2 page to start measuring. On the SPO2 page you can see the previous data
- Note: The Value is only for reference, not for medical use





 $\underline{\textit{Bluetooth Calling}} \text{ - The watch supports bluetooth calling i.e}$  it enables you to make calls from the watch and even talk

through the watch



• <u>Breathe</u> - This function helps you to do breathing activity and ensure great health







 <u>Games</u> - You can now even play games on your wrist. This feature allows you to play wonderful games







 Weather - You can know the current weather and the forecast for next 5 days, this information is synced from your app. Scroll Up to see the forecast weather. It will not be updated if the phone is disconnected for a long time.





 <u>Camera</u> - You can remote control the camera of your phone once the watch is connected with your device.



 <u>Music</u> - You can remote control the music player of your phone once the watch is connected to the device



# Setting - Check out other features through this tab.



# Other Settings

### Watch Face

Replace the Watch Face on the Watch:

Long Press the screen, you shall get the options to change the watch face, scroll left and click on the watch face you want to select. The watch face will set.













Replace the Watch Face on the App:

Tap the Watch face settings entry in the "Profile" -> "FB BSW042" page, and then download and sync watch faces on the Watch Face Store. After that, the replacement is done



### **Notifications**

#### **Enable Notifications**

During use, you need to enable the corresponding "App alerts" on the Da Fit App, and keep the watch and the mobile phone connected.

If you are using an iOS device, you need to pair the watch with the Bluetooth of the mobile phone before use.

If you are using an Android device, you need to include the App into the whitelist or self-starting list of the mobile phone in background settings and keep the App running in the background to protect it from being detected and killed by the mobile phone's background processes. Such background processes could disconnect the watch and the App, and as a result no reminder will be received. See "Profile" -> "FB BSW042" -> "Run in background" settings for different mobile phone systems

## View Notifications

When the watch receives a notification alert, it will vibrate to remind you and automatically display the notification content. If you do not view the notification immediately, you may slide up in the watch face page to go to messages and check the notification.

### Workout

Sliding left in the watch face page can make the Activity app items visible. For more information, see the "Introduction to the Workout Function" section below

#### Weather

In the weather page, you can view the weather for the day and the weather information for the next 5 days. You can change location in the app.

The weather displayed by the watch comes from the server.

Therefore, you need to keep the Bluetooth of your mobile phone on and connect it with the watch to keep abreast of the latest weather information changes.

In addition, when a weather alert is received, the watch will receive the alert as well. You may toggle on the weather alert switch in the "Profile" -> "FB BSW042" -> " Weather settings " page on the Da Fit App

## Settings

In the settings page, the settings items of all stopwatch, alarm, timer, menu view, brightness, vibration off, theatre mode, reset, power off and app QR are provided.

**Stopwatch**: You can begin and close any time line and stop the watch





**Timer:** A countdown timer lets you count the time forward and allows the user to set goals and finish a particular event on time







Alarm: You can set 3 Alarm Clocks on the Da Fit App under the home screen, you can open and close it on the watch



**Menu View**: Choose the preferred menu style for you in this option



Brightness: The brightness is a bar that you may click to adjust,



 $\textbf{Theater}\text{:}\ \mathsf{This}\ \mathsf{is}\ \mathsf{a}\ \mathsf{mode}\ \mathsf{where}\ \mathsf{the}\ \mathsf{brightness}\ \mathsf{will}\ \mathsf{dim}\ \mathsf{and}$ 

vibration will shut.



Reset: This is a feature to reset all data, and you can press and hold the touch button to reset, you shall get a confirmation dialogue box after that. After a reset, you need to re-connect the watch before use.



**About**: You can view the firmware version and Bluetooth address of the watch in the about page.

