

Product Manual

Smart watch

Model: A09

Appearance description



Touch key G-sensor Charging hole

Functions introduction

- A. Pedometer Calculate the steps, walking time, distance, calorie consumption, moving trail,
- B. Sleep monitor Detect the sleep quality everyday
- C. Health detection Calculate current health information :Blood oxygen detection/Heart rate detection/Blood pressure detection/Fatigue.(Only for reference , can not treat it as a basis for diagnosis and treatment.)
- D. Clock alarm reminder /Messages reminder
Clock alarm reminder /Calls to reminder /SMS reminder/We-chat reminder/QQ message reminder/Facebook reminder/Whats-app message reminder /Twitter message reminder /Skype message reminder/Sedentary reminder/Drinking water reminder
- E. Remote camera Support remote camera

3. Operating instruction

Initial using instruction

- A. Initial using bracelet , need long press the touch key below the screen to turn on bracelet
- B. If it is not power on ,please make sure the bracelet be out of power or not .
- C. If bracelet is power off ,please use the matching charger to charge it .(Do not use adapter over 2A ,otherwise it will hurt bracelet when it charges bracelet .)

D. When the bracelet is power on ,need to bind it with Hero Band APP to synchronize time .

E. When bind with APP ,you could start the new style life .(Tips :Do not bind the bracelet at mobile phone 's blue-tooth interface directly.)

2. Operating instruction

When bracelet is power on ,operate it as below.

<p>Home screen Date,time,battery,Bluetooth state (When screen shows blue-tooth icon ,it means bracelet connected with mobile phone by blue-tooth)</p>	 <p>Short press touch key to enter into heart rate main interface .</p>
<p>Heart rate page :Show the detection data of heart rate .</p>	 <p>1.Short press touch key to enter into pedometer page . 2.Long press touch key to detect heart rate ,10 seconds later ,it will show the data ,and then if long press touch key ,the detection will be end up .</p>
<p>Pedometer page : Show the current steps</p>	 <p>Short press touch key to enter into the calories page .</p>
<p>Calories page :Show the current calories</p>	 <p>Short press touch key to enter into distance page</p>
<p>Distance page :Show the current sport distance</p>	 <p>Short press touch key</p>

	to enter into the calories page .
Sleep page : Show the sleep time for last night	 <p>Short press touch key to enter into the calories page .</p>
Show blood pressure detection data	 <p>Blood pressure Count down Show three -dimensional values</p> <ol style="list-style-type: none"> 1.Short press touch key to enter into taking photos page 2.Long press touch key to start detecting blood pressure
Take photo page : Use remote camera function by application	 <ol style="list-style-type: none"> 1.If application do not enter into taking photos page,long press touch key to enter into taking photos page 2.If APP turn taking photos function already ,long press touch key to take photos. 3.Short press touch key to enter into power off page
Power off page :Shut bracelet down	 <p>Long press touch key ,bracelet will show shutdown animation, Short press touch key to enter into home screen</p>





Hero Band

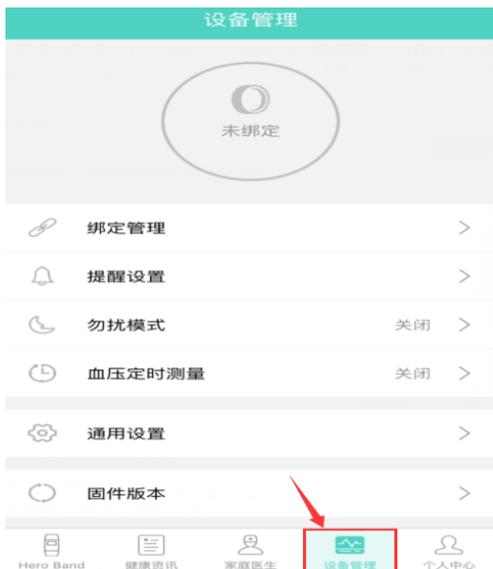
Application install introduction

Scan the QR code or download “Hero Band” from Android market or Apple store

1. Open the application “Hero Band APP” on mobile phone ,to enter into its home (Keep mobile phone ‘s blue-tooth on)



2. Click Connect Device, then click Binding Management, the application will search for the smart bracelet ,you will find a named blue-tooth, click it and bind with the bracelet .



1.App operate introduction

When finished the binding ,enter into the steps page ,drop the page down to synchronize information with bracelet ,check the current day's sport information .Click the running icon on steps page ,it will start to recording detail moving trail at same time .



Left slide the page to enter into the sleep page ,you could check the user's sleep information for last night including deep sleep time / light sleep



time / total sleep time

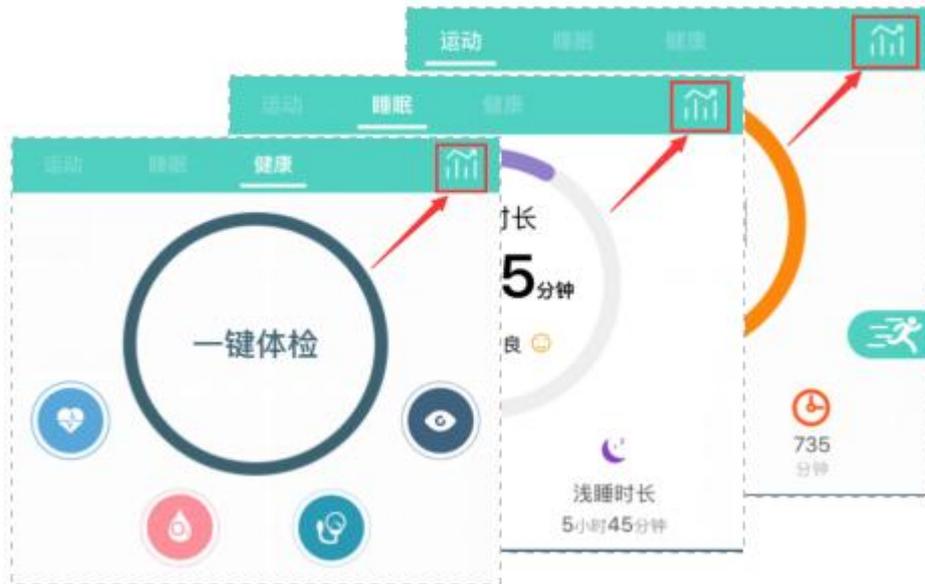
Left slide the page again to enter into health page ,click One-key Examination to check the current blood oxygen ,heart rate ,blood pressure ,fatigue



On health page,click blood oxygen ,heart rate ,blood pressure ,fatigue ,you could check detail data and detect data for every item



On Steps/Sleep/Health page ,click the upper right corner,you could check the historical data for every item .



Click connect device-Reminder Setting to set clock alarm/Sedentary /Drinking water/Calls coming /SMS coming/ We-chat /QQ message coming (Tips:clock alarm/Sedentary /Drinking water need be set with detail cycle reminder)

闹钟/提醒		闹钟/提醒	
闹钟		提醒	
07:18 闹钟一	<input checked="" type="checkbox"/>	来电提醒	<input checked="" type="checkbox"/>
09:00 闹钟二	<input checked="" type="checkbox"/>	短信提醒	<input checked="" type="checkbox"/>
10:00 闹钟三	<input checked="" type="checkbox"/>	QQ提醒	<input checked="" type="checkbox"/>
提醒		微信提醒	<input checked="" type="checkbox"/>
久坐提醒	<input checked="" type="checkbox"/>	Facebook提醒	<input checked="" type="checkbox"/>
喝水提醒	<input checked="" type="checkbox"/>	WhatsApp提醒	<input checked="" type="checkbox"/>
		Twitter提醒	<input checked="" type="checkbox"/>
		Skype提醒	<input checked="" type="checkbox"/>

Blood pressure timing measurement (Blood pressure timing measurement could be based on the time by user's setting .Users need to wear bracelet on

wrist closely when use this function ,if not the data of detecting would be not accurate.)



8、Palming bright screen function

Click connect device then click general setting ,it will turn palming bright screen function .



Frequently asked questions and answers

1.Bracelet cannot receive the calls/SMS/QQ/We-chat message reminder
Mobile phone with IOS system connects with bracelet for first time ,it will pop-up a message "Bluetooth pairing"on mobile phone ,users must click pairing .

Users use mobile phone with Android system to log in the application for first time ,it will pop-up alert notification on mobile phone,click sure,if it will pop-up corresponding authority notification ,allow "Hero Band" APP accessing .

2.Bracelet cannot detect data and data is not accurate .If you do not wear tightly , there will be ambient light influence the sensor, it will affect the measurement accuracy. Please note the arm posture is close to the chest

position.

3.Remote camera cannot be used by bracelet

When bracelet was bind with mobile phone ,make sure APP has authority which could turn the camera of mobile phone on ,and when user use the mobile phone with IOS system,users need enter into any page of Hero band App on mobile phone in advance ,then long press touch key of bracelet under taking phone page .

Bracelet 's calls coming reminder or SMS coming reminder didn't work or screen did not show the caller 's name.

Make sure all reminder function are turn on ,mobile phone with Android system need to open the corresponding authority for "Hero band"application, allow "Hero band" APP accessing calls,SMS, contacts and so on .

User can not search bracelet on APP.

Firstly ,Users make sure there is blue-tooth icon on bracelet screen .Mobile phone with Android system 6.0 version or above ,some of them need open its GPS function and allow APP to get location permission.If APP still can not search bracelet ,please shutdown bracelet and restart .

Pedometer can not be used

Bracelet need bind with APP before using it ,when users finish synchronizing time,bracelet will start recording steps and do other functions .

Palming bright screen function can not be used or not good

This function only can be used when users open this function at APP firstly .Palming or raising hand ,make screen face to the direction of eyes, try to keep them in the horizontal direction for a second, it will increase the probability of bright screen .

FCC Statement:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.