FCC ID: 2BDK2-WATCH4PRO

RF Exposure Evaluation

According to KDB 447498 D01 V06 and part 2.1093. Unless specifically required by the *published RF exposure KDB procedures*, standalone 1-g head or body and 10-g extremity SAR evaluation for general population exposure conditions, by measurement or numerical simulation, is not required when the corresponding *SAR Test Exclusion Threshold* condition(s), listed below, is (are) satisfied.

For 100 MHz to 6 GHz and test separation distances ≤ 50 mm, the 1-g and 10-g SAR test exclusion thresholds are determined by the following:

[(max. power of channel, including tune-up tolerance, mW) / (min. test separation distance, mm)] $\cdot [\sqrt{f_{(GHz)}}] \le 3.0$ for 1-g SAR, and ≤ 7.5 for 10-g extremity SAR, where

f_(GHz) is the RF channel transmit frequency in GHz

Power and distance are rounded to the nearest mW and mm before calculation

The result is rounded to one decimal place for comparison

EIRP=E_{Meas}+20log(d_{Meas})-104.7

EIRP is the equivalent isotropically radiated power, in dBm

 E_{Meas} is the field strength of the emission at the measurement distance, in dB μ V/m

d_{Meas} is the measurement distance, in m

Here, For BLE

Field strength	EIRP	Max tune-up	Frequency	Min.	Calc.	limit
(dBuV/m)	(dBm)	(mW)	(MHz)	distance(mm)	thresholds	
83.84	-11.32	0.07	2480	5	0.023	3.0

So a SAR test is not required