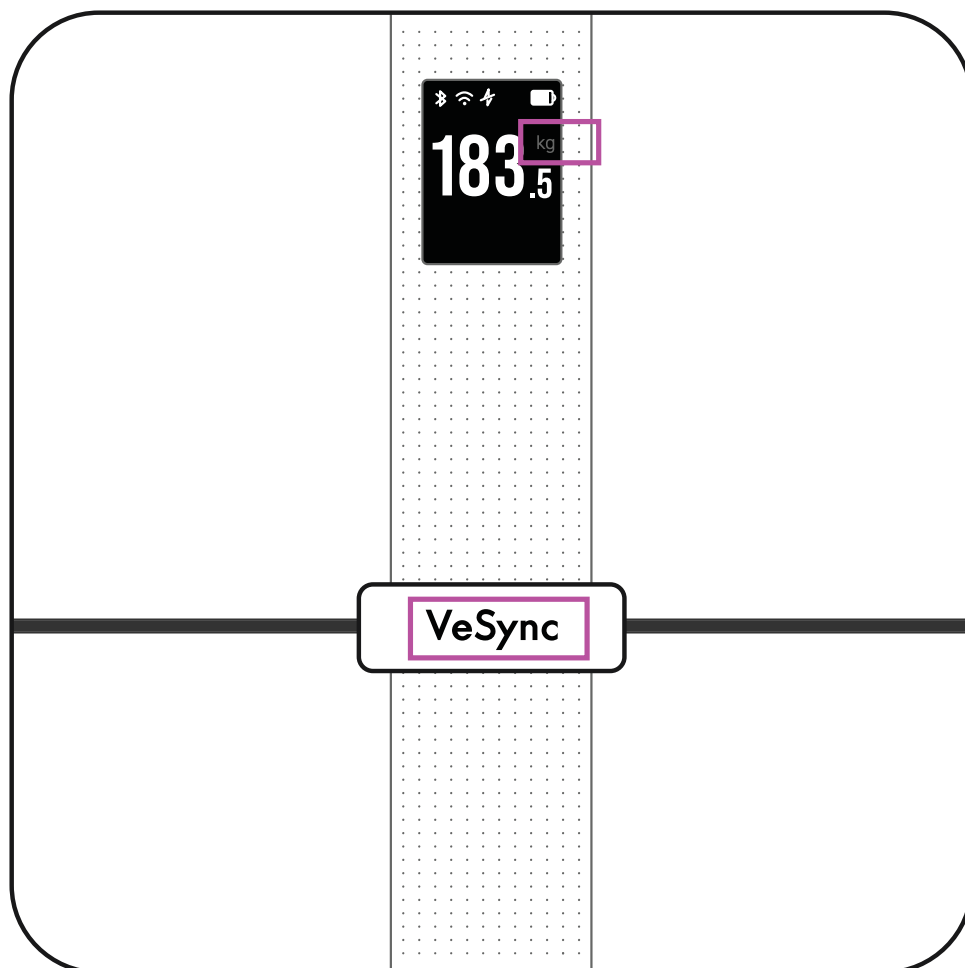




# Apex™ HR Smart Fitness Scale

**Model:** EFS-A591S-KUS

## User Manual



### Questions or Concerns?

Mon–Fri, 9:00 am–5:00 pm PST/PDT  
[support@etekcity.com](mailto:support@etekcity.com) • (855) 686-3835

# Thank you for purchasing the Apex™ HR Smart Fitness Scale by Etekcity.

If you have any questions or concerns, please reach out to our helpful Customer Support Team at **[support@etekcity.com](mailto:support@etekcity.com)**.  
We hope you enjoy your new scale!

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# Package Contents

1 x Apex™ HR Smart Fitness Scale  
1 x USB Type-C Charging Cable  
1 x Quick Start Guide

# Specifications

<b>Weight Capacity</b>	400 lb / 180 kg / 28 st
<b>Increments</b>	0.1 lb / 0.05 kg
<b>Weight Units</b>	lb / kg / st
<b>Platform</b>	Tempered Glass
<b>Battery</b>	500mAh Li-ion Battery
<b>Input</b>	5.0V==500mA (USB Type-C Charging)
<b>Auto-Off</b>	3 seconds (after displaying body indexes)
<b>Dimensions</b>	11.8 x 11.8 x 1.1 in / 30 x 30 x 2.9 cm
<b>Operating System</b>	iOS® 10.0+ or Android™ 5.0+



# READ AND SAVE THESE INSTRUCTIONS

## Safety Information

**Please read and follow all instructions and safety guidelines in this manual.**

### Medical

- This scale should not be used to diagnose or treat any medical condition.
- Scale data should not be used as a substitute for medical advice from a healthcare professional.
- This scale uses a harmless electrical current to measure body fat. Consult a healthcare professional before using the smart scale if you use electronic medical equipment such as a pacemaker.



## General Use

- Check the scale before using. **Do not** use the scale if it is damaged in any way.
- **Do not** strike or bang on the scale.
- **Do not** use the scale if there is a crack on the glass. While tempered glass is stronger and fractures more safely than ordinary glass, it may shatter unexpectedly after developing a slight crack. If you see a crack, contact **Customer Support** (see page 24).
- The glass platform is slippery when wet. **Always** make sure the platform and your feet are dry before stepping on for measurement.
- Place the scale on a hard, flat surface to avoid tipping.
- To weigh safely and accurately, stand with your feet shoulder-width apart while on the scale.
- **Do not** stand on the edge of the scale or jump on the scale.
- Avoid standing on the scale for a long period of time, or when not measuring yourself.
- **Do not** overload the scale. Maximum weight capacity is 400 lb / 180 kg / 28 st.

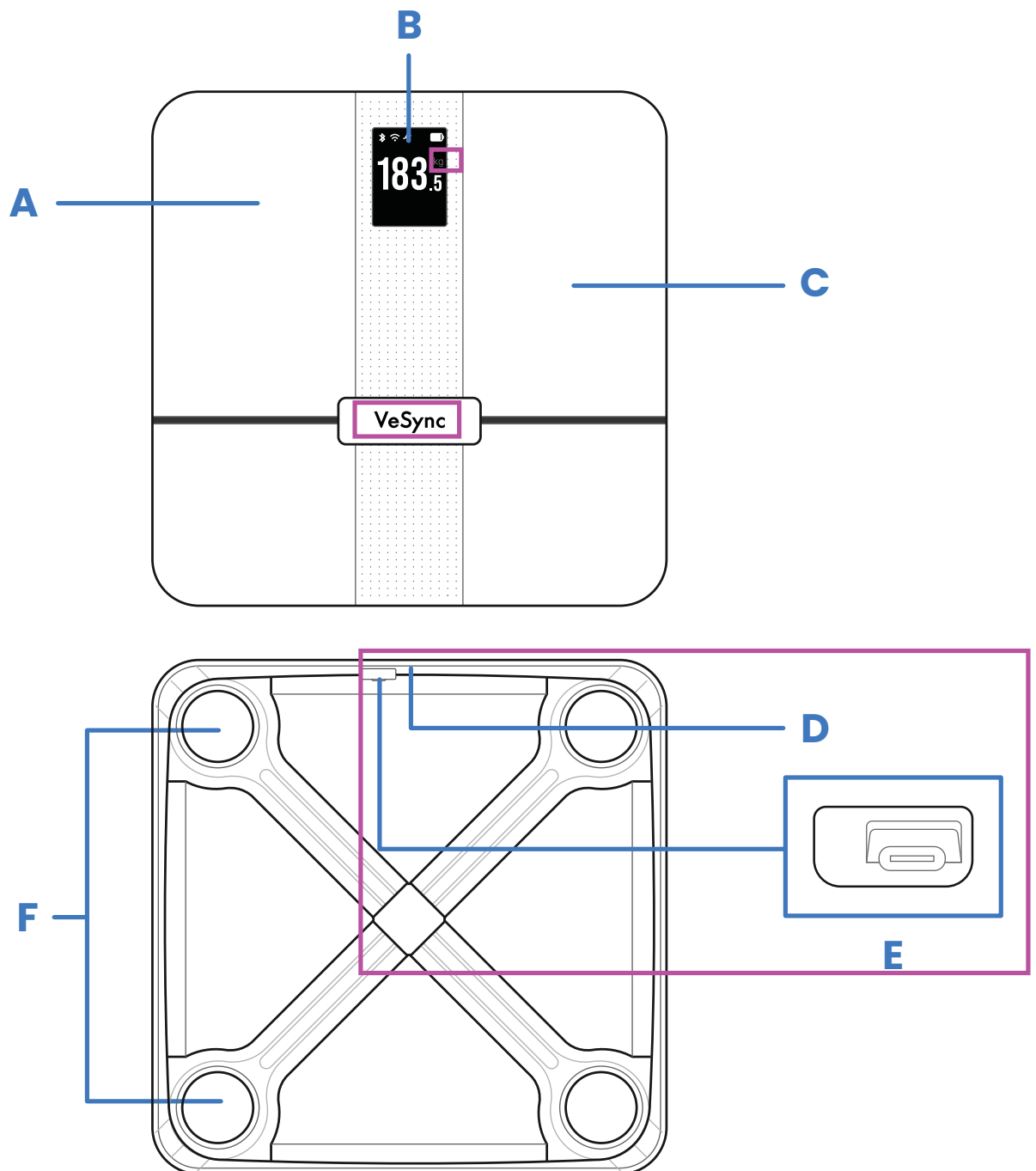


- Keep the scale in a cool area with low humidity.
- Keep the scale away from heat sources, such as ovens or heaters. Avoid temperature fluctuations.
- Store the scale in a horizontal position, not a vertical position.
- This scale is not to be used by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Handle with care. Not for commercial use. Household use **only**.

**SAVE THESE INSTRUCTIONS**



# Function Diagram



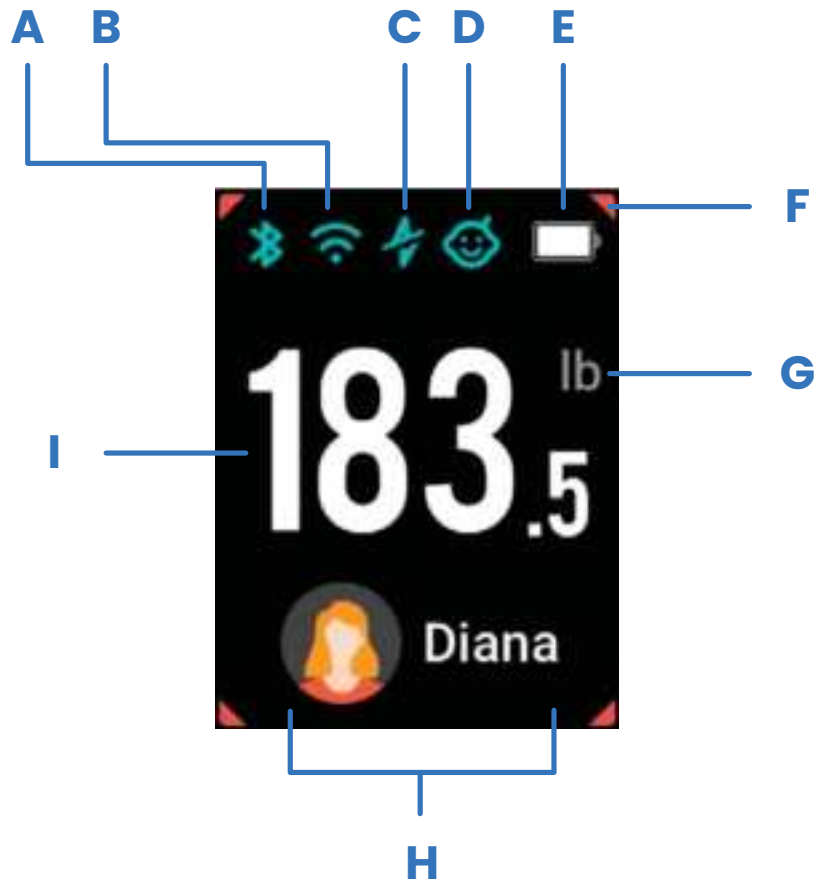
- A.** Conductive Areas
- B.** Display
- C.** Weighing Platform

- D.** Reset Button
- E.** USB Charging Socket
- F.** Anti-Skid Padding





# Display Diagram



- A.** Bluetooth® Icon
- B.** Wi-Fi® Icon
- C.** Zero-Current Mode
- D.** Baby Mode
- E.** Battery Indicator
- F.** 4 Corners Stability Indicator
- G.** Weight Unit
- H.** User Profile
- I.** Weight Measurement



# VeSync App Setup

**Note:** The VeSync app is continually being improved and may change over time. If there are any differences, follow the in-app instructions.

1. To download the VeSync app, scan the QR code or search “VeSync” in the Apple App Store® or Google Play Store.

**Note:**

- This scale uses the VeSync app, not the VeSyncFit app.
- For Android™ users, you may need to select **Allow** to use VeSync.



2. Open the VeSync app. If you already have an account, tap **Log In**. To create a new account, tap **Sign Up**.

**Note:** You must create your own VeSync account to use third-party services and products. These will not work with a guest account. With a VeSync account, you can also allow your family and friends to use your smart fitness scale.



3. Make sure your phone has Bluetooth® turned on.
4. Tap + in the VeSync app and select your smart fitness scale.
5. Follow the in-app instructions to connect to your smart fitness scale.

**Note:** *You can change the name and icon at any time in the smart fitness scale settings.*




## Creating a User

**Important:** Entering inaccurate information will make the scale's measurements less accurate.

If you are a new user, you will need to enter physical information before weighing yourself for the first time so the scale can calculate your body metrics. Follow the in-app instructions to create a user profile.

**Note:** *If you don't identify with the available gender options (or are unsure) pick the option that you think best physically matches you. This choice is used for physical measurements, such as body fat percentages.*

The scale only displays up to 10 user avatars. If there are more than 10 users, select the profiles you want to display as users on your scale by tapping Members, and then tapping the Choose Members icon.

If you need to change your avatar, click  in Edit Member, and select your new avatar.

## Weighing Children

- Children under 3 years old cannot measure body metrics other than weight.
- Minors will need a guardian's consent to create a VeSync account.



# Using the Smart Scale

**Note:**

- *Placing the scale on soft surfaces such as shaggy carpet may cause inaccurate measurements or tipping.*
- *This scale can be used on low-pile carpet with a fiber length of 0.4 inches / 10 mm or less.*

1. Place the scale on a hard, flat surface.
2. Step on the scale, then step off. Wait for the screen to display "0.0" before using.

**Note:** You can customize the scale's display by selecting *Customize Screens* in the *Device Settings* menu.

3. Place dry, bare feet on the scale's conductive areas. Continue standing on the scale until the digits on the display flashes several times, showing your final measurement. If your smart scale is connected to the VeSync app, additional metrics (such as body fat, heart rate, etc.) will show in the app and on the display.



## Weighing Modes

- **Zero-Current Mode:** Turn off the scale's electrical current and only provide measurements for weight and BMI. This mode can be helpful for users who are pregnant or who have implanted medical devices, such as pacemakers.
- **Baby Mode:** To measure your baby or pet, turn on this mode and follow the in-app instructions for weighing. Baby Mode will not measure other body metrics and will only measure weight and BMI.

## Switching Units

To switch between pounds (lb), stone (st), and kilograms (kg), open the VeSync app and select the weight unit in the Device Settings menu. To see measurements besides weight, you must connect the scale to the VeSync app (see page 10).

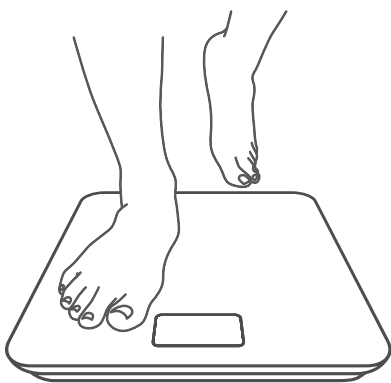


# Maintenance

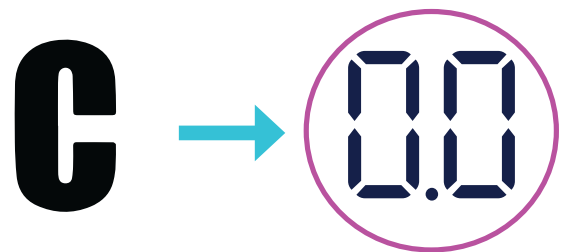
## Clearing the Smart Scale

If the scale has been moved or flipped upside down, it must be cleared to ensure accurate results.

1. Place the scale on a hard, flat surface.
2. Step on the scale until digits appear on the display, then step off. [\[Figure 1.1\]](#)
3. The scale will show “**C**” while clearing, then “**0.00**” when ready [\[Figure 1.2\]](#).



[\[Figure 1.1\]](#)




[\[Figure 1.2\]](#)





## Cleaning the Smart Scale

- Use a slightly damp cloth to clean the surface of the scale, followed by a soft, dry cloth to wipe away any remaining moisture.
- **Do not** use chemical or abrasive cleaning agents to clean the scale.

## Charging the Batteries

The display will show “” (Low Battery) when the batteries need to be charged.

1. Insert the USB charging cable into the USB charging socket.
2. Plug the USB charging cable into a DC 5V adapter and plug into an outlet. You can also plug the cable into a powered USB outlet.
3. The bars of the  will continuously fill as the scale charges. When completely charged, the  will be filled.





# Troubleshooting

## **The scale doesn't turn on.**

- The scale may need to be charged. Plug it in and charge for 3 hours.

## **When I stand on the scale or control it through the app, the scale doesn't respond.**

- The scale may need to be reset. Use a safety pin or paper clip to press the reset button next to the charging port.

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- The batteries are low and may need to be charged.

## **The smart scale doesn't connect to the VeSync app.**

- Make sure your phone's operating system is running on iOS® 10.0+ or Android 5.0+.
- Close and relaunch the VeSync app. Make sure you're using the latest version.
- Make sure your phone has Bluetooth turned on. For Android users, make sure your Location is turned on as well.
- Make sure your scale and phone are within 30 ft / 10 mm of each other.
- Make sure the scale is not currently connected to any other phone or app.



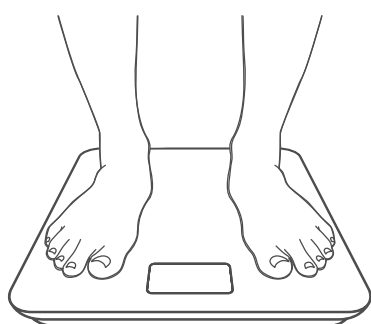
- Try turning off any VPN apps.
- The scale may need to be cleared. Follow instructions to clear the scale (see page 15).

### **The scale readings seem unstable or inaccurate.**

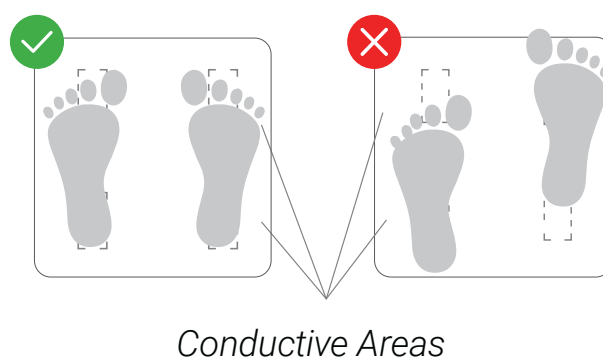
- Make sure the scale is on a hard, flat surface.
- The scale may need to be reset. Use a safety pin or paper clip to press the reset button next to the charging port.

### **My scale will only measure my weight, not my other biometrics.**

- If you're wearing shoes or socks, the scale cannot measure biometrics such as body fat. Step on the scale with bare feet. [\[Figure 2.1\]](#)
- Make sure to place your feet on the scale's conductive areas. [\[Figure 2.2\]](#)
- Make sure Bluetooth is turned on.
- Check if Zero-Current Mode is on. If it is, the scale will only provide measurements for weight and BMI, not other biometrics.



[Figure 2.1](#)



[Figure 2.2](#)

If you still need help, please contact **Customer Support** (see page 24).



# Attributions

iOS is a registered trademark of Cisco Systems, Inc. and/or its affiliates in the United States and certain other countries.

App Store is a trademark of Apple Inc.

Google, Android, and Google Play are trademarks of Google LLC.

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Wi-Fi® is a registered trademark of Wi-Fi Alliance®.



# Federal Communication Commission

## Interference Statement – Part 15

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**FCC Caution:** Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.



# FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

The portable device is designed to meet the requirements for exposure to radio waves established by the Federal Communications Commission (USA). These requirements set a SAR limit of 4 W/kg averaged over ten gram of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the limbs.



# Warranty Information

<b>Product</b>	Apex™ HR Smart Fitness Scale
<b>Model</b>	EFS-A591S-KUS
<i>For your own reference, we strongly recommend that you record your order ID and date of purchase.</i>	
<b>Order ID</b>	
<b>Date of Purchase</b>	

## TERMS & POLICY

Etekcitey Corporation ("Etekcitey") warrants this product to the original purchaser to be free from defects in material and workmanship, under normal use and conditions, for a period of 2 years from the date of original purchase.

Etekcitey agrees, at our option during the warranty period, to repair any defect in material or workmanship or furnish an equal product in exchange without charge, subject to verification of the defect or malfunction and proof of the date of purchase.

There is no other express warranty. This warranty does not apply:

- If the product has been modified from its original condition;
- If the product has not been used in accordance with directions and instructions in the user manual;
- To damages or defects caused by accident, abuse, misuse or improper or inadequate maintenance;
- To damages or defects caused by service or repair of the product performed by an unauthorized service provider or by anyone other than Etekcitey;
- To damages or defects occurring during commercial use, rental use, or any use for which the product is not intended;
- To damages or defects exceeding the cost of the product.

Etekcitey will not be liable for indirect, incidental, or consequential damages in connection with the use of the product covered by this warranty.



This warranty extends only to the original consumer purchaser of the product and is not transferable to any subsequent owner of the product regardless of whether the product is transferred during the specified term of the warranty.

This warranty does not extend to products purchased from unauthorized sellers. Etekcity's warranty extends only to products purchased from authorized sellers that are subject to Etekcity's quality controls and have agreed to follow its quality controls.

All implied warranties are limited to the period of this limited warranty.

This warranty gives you specific legal rights and you may also have other rights which vary from state to state. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

If you discover that your product is defective within the specified warranty period, please contact Customer Support via **support@etekcity.com**. **DO NOT** dispose of your product before contacting us. Once our Customer Support Team has approved your request, please return the product with a copy of the invoice and order ID.

Every Etekcity product automatically includes a 2-year warranty. To make the customer support process quick and easy, register your product online at [www.etekcity.com/warranty](http://www.etekcity.com/warranty).

This warranty is made by:

Etekcity Corporation  
1202 N. Miller St., Suite A  
Anaheim, CA 92806



# Customer Support

If you have any questions or concerns about your new product, please contact our helpful Customer Support Team.

## **Etekcite Corporation**

1202 N. Miller St., Suite A  
Anaheim, CA 92806

**Email:** [support@etekcity.com](mailto:support@etekcity.com)

**Toll-Free:** (855) 686-3835

## **Support Hours**

Mon–Fri, 9:00 am–5:00 pm PST/PDT

*\*Please have your invoice and order ID ready before contacting Customer Support.*







**Connect with us @Etekcitey**



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