
RF exposure

According to **FCC part 1.1310** : The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in § 1.1307(b)

According to **RSS-Gen 5.6** : Category I and II equipment shall comply with the applicable requirements of RSS-102

Friis transmission formula: $P_d = (P_{out} \times G) / (4 \times \pi \times R^2)$

Where,

P_d = power density

P_{out} = output power to antenna in mW

G = gain of antenna in linear scale

$\pi = 3.1416$

R = distance between observation point and center of the radiator in cm

P_d the limit of MPE, $f/1500 \text{ mW/cm}^2$. If we know the maximum gain of the antenna and the total power input to the antenna, through the calculation, we will know the distance where the MPE limit is reached.

Results

Operation mode / Data Rate	Frequency (MHz)	Peak output power (dBm)	Antenna gain (dBi)	Power density at 20 cm (mW/cm ²)	Power density at 20 cm (W/m ²)	Limit (mW/cm ²)	Limit (W/m ²)
Bluetooth / 1 Mbps	2 441	8.58	0	0.001 435	0.014 3	1	10
Bluetooth / 2 Mbps	2 441	7.55	0	0.001 132	0.011 3	1	10
Bluetooth / 3 Mbps	2 441	6.82	0	0.000 957	0.009 6	1	10

Result: The power density does NOT exceed the limit