

Quick Guide of Smart Ring

Overview and Packaging

Smart Ring, Charging Cable, Charging Dock and User Manual

SPO2  
Red Light

Heart Rate  
Green Light

Heart Rate  
Green Light

Power On

Put smart ring at charging dock. Connect the charging dock to USB to charge and activate smart ring.

Wearing Method

Wear the ring on your suitable finger and choose a comfortable size. Suggest wear it on the index finger, middle finger, and ring finger for better monitoring of data.

Please let the sensor on the inside of your fingers for more accurate measurement of heart rate and blood oxygen when wear it.

Connection APP

Search and download the app, open and pair rings.

Download on the  
App Store

Android app on  
Google Play

QRing

Présentation et emballage

Bague intelligente, câble de chargement, station de chargement et manuel d'utilisation

SpO2  
Lumière rouge

Fréquence cardiaque  
Feu vert

Fréquence cardiaque  
Feu vert

Mise sous tension

Placez la bague intelligente sur la station de charge. Connectez la station de charge à l'USB pour charger et activer la bague intelligente.

Wearing Method

Portez la bague au doigt approprié et choisissez une taille confortable. Il est recommandé de la porter à l'index, au majeur et à l'annulaire pour un meilleur suivi des données.

Portez le capteur à l'intérieur de votre doigt pour une mesure plus précise de la fréquence cardiaque et de l'oxygène dans le sang.

Application de connexion

Rechercher et télécharger l'APP, ouvrir et appairer la bague

Download on the  
App Store

Android app on  
Google Play

QRing

Übersicht und Verpackung

Smart Ring, Ladekabel, Ladestation und Benutzerhandbuch

SPO2  
Rotes Licht

Herzfrequenz  
Grünes Licht

Herzfrequenz  
Grünes Licht

Einschalten

Legen Sie den Smart Ring in die Ladestation. Schließen Sie die Ladestation an USB an, um den Smart Ring aufzuladen und zu aktivieren.

Tragestil

Tragen Sie den Ring an Ihrem passenden Finger und wählen Sie eine bequeme Größe. Es wird empfohlen, ihn am Zeige-, Mittel- und Ringfinger zu tragen, um die Daten besser überwachen zu können.

Bitte tragen Sie den Sensor auf der Innenseite Ihres Fingers, um eine genauere Herzfrequenz- und Blutsauerstoffmessung zu erhalten.

Verbindungs-App

Suche und lade die APP herunter, öffne und kopple den Ring

Download on the  
App Store

Android app on  
Google Play

QRing

Quick Guide of Smart Ring

Panoramica e imballaggio

Smart Ring, cavo di ricarica, dock di ricarica e manuale utente

SPO2  
Luce rossa

Frequenza cardiaca  
Luce verde

Frequenza cardiaca  
Luce verde

Accendi

Posiziona lo smart ring nella base di ricarica. Collega la base di ricarica alla porta USB per caricare e attivare lo smart ring.

Stile di utilizzo

Indossare l'anello sul dito adatto e scegliere una misura comoda. Si consiglia di indossarlo su indice, medio e anulare per un migliore monitoraggio dei dati.

Per una misurazione più accurata della frequenza cardiaca e dell'ossigeno nel sangue, indossare il sensore sul lato interno del dito.

APP di connessione

Cercare e scaricare l'APP, aprire e associare l'anello

Download on the  
App Store

Android app on  
Google Play

QRing

Descripción general y embalaje

Anillo inteligente, cable de carga, base de carga y manual de usuario

Sensor

SPO2  
Luz roja

Frecuencia cardiaca  
Luz verde

Encender

Coloque el anillo inteligente en la base de carga. Conecte la base de carga al USB para cargar y activar el anillo inteligente.

Estilo de uso

Póngase el anillo en el dedo que más le convenga y elija una talla cómoda. Se recomienda llevarlo en los dedos índice, corazón y anular para una mejor monitorización de los datos.

Lleve el sensor en la parte interior del dedo para obtener una medición más precisa de la frecuencia cardiaca y el oxígeno en sangre.

APP de conexión

Buscar y descargar APP, abrir y emparejar el anillo

Download on the  
App Store

Android app on  
Google Play

QRing

概要とパッケージ

スマートリング、充電ケーブル、充電ドック、ユーザーマニュアル

SPO2  
赤信号

心拍数  
緑色のライト

心拍数  
緑色のライト

電源オン

スマートリングを充電ドックに置きます。充電ドックをUSBに接続して、スマートリングを充電し、起動します。

装着方法

リングを指にはめて、快適なサイズをお選びください。データをより良く監視するには、人差し指、中指、薬指に着用することをお勧めします。

より正確な心拍数と血中酸素の測定結果を得るには、センサーを指の内側に装着してください。

接続する

QRing を検索してダウンロードし、リングを開いてペアリングします

Download on the  
App Store

Android app on  
Google Play

QRing

概览与包装清单

戒指、充电线、充电座和说明书

血氧红灯

心率绿灯

心率绿灯

开机

将戒指放入充电座并连接电源线即可开机。

佩戴方式

将戒指佩戴在自己适宜的手指上，选择舒适尺寸。建议佩戴在食指、中指、无名指上，能够更好的监测数据。

请将传感器佩戴在手指内侧，心率、血氧测量结果更准确。

APP 连接

搜索下载QRing，打开并配对戒指

Download on the  
App Store

Android app on  
Google Play

QRing

Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by ShenZhen YaWell intelligent Technology Co., Ltd. may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

**RF exposure statement:**

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.