

## Quick Start Guide

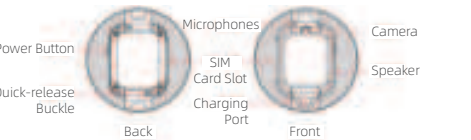


**IDK01**  
KIDS SMART WATCH



### 01 Watch Instructions

Package Contents: Kid's Watch \*1, Charging Cable \*1, Quick Start Guide (include Safety Manual )\*1  
Special Note: Long press power button for 15 seconds to force restart if any abnormalities.



Above instruction is for reference only and may be slightly different from the actual product due to updates and upgrades. Please refer to the actual product received.

### 02 Supported SIM Card Type: Nano-SIM Card

Supported Network Operators:  
Thank you for choosing IDK01 Kids Smart watch!The wrist phone supports 4G network. Make sure a SIM card is inserted.  
(1)Make sure the calling line identification presentation service has been activated.  
(2)Make sure the Internet service has been activated, with the data traffic of 200 MB and above.  
(3) Make sure the 4G service has been activated.For a new SIM card, please activate it by inserting the SIM card into the wrist phone or with the help of the carrier.Please use a standard Nano card (do not independently cut the card using a card cutter).

Note:  
Please choose the appropriate network operator. The positioning and calling functions of this product rely on

the signal quality provided by the network operator. It is prohibited to use a card cutter to insert the SIM card into the watch card slot, as this may cause waterproof failure, damage to the card slot, and the SIM card may not function properly. Damages caused by such actions are not covered by the product warranty.

Special Note:  
This operating system only supports official system updates provided by the manufacturer. If users flash third-party ROM systems or modify system files through any unauthorized parties, it may result in system instability, security risks, or dangers. Users are responsible for any of such actions.

### 03 Installation of SIM Card

1. Use a SIM card removal tool to pry the card tray out of the watch body.
2. Place the Nano-SIM card inside the tray, and then insert the tray back into the watch body. Make sure insert it firmly to ensure water-resistance effect



### 04 Install Mobile App

Search "VeryFit Kids" in the smart phone's app store, download and install.



### 05 Power on

Power on: Press the power button for 3 seconds, the watch will display an animation to indicate that it has successfully powered on.

Power off: Long press the power button for 3 seconds to bring up the confirmation page when it is in the powered-on state and then Click "power off".



### 06 Charging the Watch

Please correctly insert the Type-C charging cable into the charging port of the watch until the charging indicator appears on the watch screen.

Please use a power adapter that has been certified by the national 3C certification to connect the cable to charge the watch.

- Note:
1. Do not charge the watch in a damp or water-filled environment.
  2. Please make sure that there is no dirt or corrosion on the metal parts of the watch and the charging cable.
  3. This product does not come with a power adapter. To ensure the safety of your family and property, you can use a

computer's USB port or choose a power adapter with CCC certification for charging. Please purchase a power adapter from a reputable source and avoid using low-quality or counterfeit adapters to prevent explosions or fires.

### 07 Kids Watch Warranty Instructions

The after-sales service strictly follows the "Consumer Rights Protection Law of the People's Republic of China" and the "Product Quality Law of the People's Republic of China". The details are as follows:

1. If any of the performance failures (listed in the "Product Performance Failure List") happen within 7 days from the day you sign the package, and the failure has confirmed by the after-sales service center, we will provide return or exchange service for free.
2. If any of the performance failures (listed in the "Product Performance Failure List") happen within 8-15 days from the day you sign the package, and the failure has confirmed by the after-sales service center, we will provide exchange or repair for free.
3. If any of the performance failures (listed in the "Product Performance Failure List") happen within 12 months from the day you sign the package, and the failure has confirmed by the after-sales service center, we will provide repair service for free.

After-sales Service Website:

After-sales Service E-mail:

### 08 Product Performance Failure List

Item	Product Performance Failure
Watch Body	Calls cannot be made, or voice messages cannot be sent or received

Item	Product Performance Failure
Watch Body	Screen doesn't work
	Physical button doesn't work
	Speaker malfunction, no sound

Non-Warranty Circumstances:

1. Unauthorized repairs, misuse, tampering, negligence, abuse, liquid damage, accidents, modifications, incorrect use of non-original accessories, or removal or alteration of labels and anti-counterfeit marks.
2. Exceeded the warranty period.
3. Damage caused by force majeure.
4. Situations that do not match the performance failures listed in the "Product Performance Failure List".
5. Performance failures listed in the "Product Performance Failure List" caused by human factors.

### 09 Watch Binding

Open the VeryFit Kids app and scan the QR code on the watch, follow the tips to complete the watch binding process. Please make sure that the watch is powered on and displaying the time correctly, otherwise, the binding process will not be successful.

### 10 Solution for Failed Binding

If the binding process fails due to poor network or signal, try again in a different environment with better connectivity.

### 11 Activate SOS

Press the power button 5 times in succession and the watch can trigger an emergency call. After clicking to confirm, you can dial emergency contact numbers in sequence.

(Three emergency contact numbers can be set through VeryFit Kids APP)

### 12 Voice chat

Swipe to the voice chat interface in the function list. After entering, select the corresponding contact or group to send and receive voice messages.



### 13 Phone function

Make a call: Slide to the dialing function in the function list or enter the contact list to make a call.

Answer a call: When you receive an incoming call, tap the corresponding button on the screen to answer or hang up the call.



### Name and content of harmful substances in products

Harmful substances and elements	Part name				
	Plastic shell	Board assembly	Power cord	Battery	Touch screen
Lead (Pb)	○	X	X	X	○
Mercury (Hg)	○	○	○	○	○
Cadmium (Cd)	○	○	○	○	○
Chromium 6 (Cr (VI))	○	○	○	○	○
Polybrominated biphenyls (PBB)	○	○	○	○	○
Polybrominated diphenyl ether s (PBDE)	○	○	○	○	○

The environmental protection years marked on this product means the safe years of using the product without leakage of toxic and hazardous substances under the conditions of use specified in this user's manual.  
O: Indicates that the content of the toxic and hazardous substances in all homogeneous materials of the component is below the limit requirements specified in SJ/T11363-2006 standard.  
X: It means that the content of the toxic and hazardous substances in at least one homogeneous material of the component exceeds the limited requirements stipulated in SJ/T11363-2006 standard.  
Note: The lead content in a small number of special-purpose chip electronic components (such as high-voltage resistors, ceramic resistors, diodes, etc.) in the part marked "X" in the table may be >0.1%. Screws, data cables in the core due to the use of better performance alloys, the lead content may also be > 0.1%, these devices are in line with the EU RoHS Directive requirements of the exemption clause, at this stage due to the limitations of the level of global technological development there is no alternative technology and components, the lead content of the product's external accessibility are in line with the requirements of environmental protection.

### Warranty

Customer Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Customer Address: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Model: \_\_\_\_\_

IMEI/ESN/MEID: \_\_\_\_\_

Network Activation Number: \_\_\_\_\_

Place of Origin: \_\_\_\_\_

Purchased Store: \_\_\_\_\_

Store Contact Number: \_\_\_\_\_

Purchase Date: \_\_\_\_\_

Invoice Number: \_\_\_\_\_

If you have any after-sales service needs, visit the after-sales service website  
<https://www.idoocn.com>  
Manufacturer information:  
Company name: Shenzhen DO Intelligent Technology Co., Ltd  
Address: 1~2F, 4F & West of 3F of Building 1 and 10~11F of Building 3, Changyi Industrial Park, No. 1, Lirong Road, Xinshi Community, Dalang Sub-district, Longhua District, Shenzhen City, Guangdong Province, P.R. China

### IDK01 Kids Phone Watch Safety Manual

#### Product Statement

1. Before using this product, please read carefully and comply with the following instructions and warnings. The company does not assume any responsibility for the consequences caused by improper use or failure to comply with the relevant instructions of this product;
2. This product has a GPS positioning function. The GPS function is turned off before the watch is bound. After the user binds the watch, the watch can be GPS positioned;
3. In bad weather conditions, GPS positioning may not work due to the inability to search for satellite signals;
4. Please use the accessories that come with the package. If you do not use this product in the correct way and connect incompatible accessories, this behavior will automatically invalidate the warranty and may cause irreparable damage to the product and even endanger you and your children. Safety. The company does not assume any responsibility for this;
5. This product requires the use of original accessories. If you need to replace accessories, please purchase them from regular channels;
6. The color of the watch and its strap may fade over time. Fading does not affect the use of the product and is harmless to the human body;
7. If you disassemble this product without permission, the product will lose its warranty qualification;
8. This product must have a smooth network to function properly. The company does not assume any responsibility for any losses caused by service interruption due to network failure or any other force majeure reasons;
9. In line with the principle of continuous improvement and sustainable development, the company reserves the right to modify and improve any product details described in the document without prior notice. The information in this manual is provided based on the condition of the product at the time of manufacture. Unless otherwise provided by applicable laws,

no warranty of any kind, express or implied, is made as to the accuracy, reliability and content of the document;

10.To the maximum extent permitted by applicable law, under no circumstances shall the Company and its suppliers be liable for any legal, legal, legal, or statutory failure, regardless of the cause of such loss ;

11.The watch currently only supports the use of domestic SIM cards for overseas roaming (please consult the local operator for the corresponding countries and regions supported by the watch), and does not support the use of foreign local SIM cards;

12.Some functions of this product are provided by third parties (including but not limited to maps, weather, etc.);

13.This manual contains important information, please retain it for future reference.

**Precautions for use place and operating environment**

1.Any radio transmitting equipment (including this product) may cause interference to the functions of improperly protected medical equipment. Please comply with regulations where the use of wireless transmission functions of electronic equipment is prohibited;

2.Pacemaker, implantable cardioverter defibrillator: When using a watch, always keep the distance between the watch and the instrument greater than the required safety distance. Do not put the watch in your coat pocket to reduce potential interference. If you suspect interference, please turn off the watch immediately;

4.Other medical equipment: If you and others around you are using other medical equipment, check with the manufacturers of those devices to determine whether they are adequately shielding from surrounding RF signals. You can also ask your doctor for information;

5.It is strictly prohibited to use this product in gas stations, fuel depots, chemical plants, fuel or chemical transportation or storage facilities, etc., otherwise it may cause an explosion or fire;

6.Please turn off this product before taking off. It is prohibited to use this product during flight;

7.Please comply with any relevant regulations and do not use this product where blasting operations are performed;

8.All wireless devices are subject to interference, which can affect performance;

9.Do not place watches, batteries, chargers (cords) in and around heating equipment or high-voltage equipment (such as microwave ovens, ovens, radiators, electric heaters, etc.), otherwise it may cause circuit damage, fire and explosion, etc. Accident;

10.It is strictly prohibited to allow children or pets to bite this product or its accessories to avoid causing harm to them;

11.It is strictly prohibited to use this product in dusty, damp, dirty places or near magnetic fields;

12.It is strictly prohibited to use this product during thunderstorm weather;

13.Please do not subject this product and accessories to strong impact or vibration to avoid damaging the product;

14.Do not use the watch 's south speaker close to your ears. Excessive volume may cause hearing damage;

15.When using power-intensive applications or using certain applications on the device for a long time, if the device feels warm to the touch, this is normal and will not affect the performance or life of the device;

16.If your watch feels hot, remove it until it cools down . Prolonged skin contact with equipment that is too hot may cause low-temperature burns, such as red spots and pigmentation;

17.If you need to replace watch parts (such as touch screen, strap, strap fixing ring, buckle, etc.), please leave it to professional maintenance personnel for replacement. Do not let children come into contact with the parts to prevent children from accidentally swallowing small parts and causing asphyxiation. or other dangerous situations;

18.Contains small parts and not suitable for children three years and under.

19.Please use the product parts correctly according to the instructions and do not use them for other purposes.

**Maintenance and maintenance precautions**

1.Non-professionals are not allowed to disassemble watches and other accessories by themselves. When watches and accessories malfunction, please contact the local after- sales service center or official customer service;

2.Do not use chemical solvents or detergents to clean this product;

3.Please avoid dropping, knocking, bumping or shaking the watch. Treating the watch roughly may cause the screen to crack and damage the internal circuit boards and delicate structures;

4.If you encounter abnormal phenomena during use, please press and hold the power button until the watch turns on or restart the watch (or choose to restart the watch in the watch settings), which can solve common faults ;

5.To extend battery life, please keep the battery fully charged. If a charged battery is left unused for a long time, the battery will gradually discharge on its own. Long-term non-use may cause the battery to over-discharge, which is a normal phenomenon and can be used normally after charging: When not in use, please fully charge the watch battery and store it in a cool, dry and dark place;

6.The cleanliness of the watch strap does not have the same characteristics. The cleanliness is related to the user's usage environment and usage habits. It comes into direct contact with the skin when worn and should be kept clean. When the watchband is stained with sweat, dust, etc., please wipe it clean with a clean, dry soft cloth;

7.If the charging contacts on the bottom of the watch are dirty, please use a soft cloth to clean them. Do not use hard metal objects to scratch them;

8 When the strap is old or severely cracked, it must be replaced with a new one Please entrust your dealer or official after-sales service center to replace the strap. Please note that even if the watch is under warranty, you will be responsible for the replacement cost of the strap;

9.Before cleaning your watch, please turn it off. Do not clean the watch while charging;

10.It is strictly prohibited to use sharp objects to insert into the microphone hole and sound hole, as this may cause the product to malfunction.

11.Do not use pressurized air guns, cleaning machines and other mechanical tools to clean the watch;

12.Do not use heating methods such as hair dryers to keep or promote dryness of the watch.

**Charging and battery usage precautions**

1.Only batteries approved by the manufacturer are allowed to be used. Replacing the battery with the wrong type may invalidate the safety protection and cause explosion, fire, etc.;

2.Do not place the battery in an extremely high temperature environment, such as sunlight, fire, microwave oven, oven, etc., otherwise it may cause explosion or leakage of flammable liquid or gas, or even cause overheating, bursting, or fire;

3.Do not disassemble, impact, squeeze or cut the battery, heat or burn the battery, and do not use sharp objects, screw blades, etc. to touch or pry the battery. The above operations may cause the battery to catch fire or even explode;

4.Do not expose the battery to extremely low pressure, as this may cause the battery to explode or leak flammable liquids and gases;

5.If the battery is overheated, discolored, deformed, severely bulging, or leaking during use, charging, or storage, please do not continue to use it and ask a professional to replace it with a new one to avoid safety issues;

6.This product is not equipped with a power adapter. To ensure the safety of your family and property when charging, you can use the computer USB interface or choose a power adapter with CCC certification. Please purchase power supplies and adapters through regular channels , and avoid using low-quality or shoddy power adapters to avoid bursting or catching fire;

7.Before charging, please ensure that the metal charging contacts of the watch and charging cable are dry and free of dirt;

8.When charging, because the battery temperature will rise, please do not put the battery and flammable objects together (such as mattresses, clothes, books, etc.) to avoid causing a fire;

9.Do not use or store this product in environments such as high temperature, high pressure, moisture, strong static electricity and strong magnetic fields ;

10.Do not charge in high temperature and humid environments : Do not charge in conditions above 5 °C and below 35 °C to avoid degradation of battery performance and standby performance or causing accidents ;

11.To reduce the risk of electric shock to children, please charge the watch under the guidance of parents or other guardians ;

12.Do not swallow batteries as this may cause chemical burn hazard;

13.If you think a battery may have been swallowed or lodged in any part of the body, seek medical attention immediately;

14.If the battery compartment does not close securely, stop using the product and keep it away from children;

15.Keep new and used batteries away from children;

16.Please do not throw batteries into domestic garbage for disposal. Please follow the corresponding national regulations to safely dispose of used batteries ;

17.The volume of your watch may gradually decrease as the battery level decreases.

**Precautions for using SIM cards and charging cables**

1.When installing/removing the SIM card or connecting the charging cable to the charging contact, make sure that the insertion surface of the card or the connection surface of the charging cable is correct. Do not forcefully insert the SIM card or connect the charging cable;

2.Do not remove the SIM card while the watch is transmitting or accessing information, otherwise data may be lost and the SIM card may be damaged;

7.Before charging, please ensure that the metal charging contacts of the watch and charging cable are dry and free of dirt;

3.When the watch is in working mode, it will intermittently actively connect to the data network synchronization server (it will not actively apply for a data connection in testing mode). Please enable the caller ID function of the SIM card. The watch will consume a certain amount of data during normal use and upgrade services. Please ensure that the SIM card has call charges and data before use. Please refer to the operator's charging standards for call charges and traffic charges incurred when using a SIM card.

**Precautions for use by people prone to skin allergies**

1.Some people are prone to allergies and may feel uncomfortable when using wearable devices. Please pay special attention when wearing a watch;

2.If you feel discomfort, it may be caused by wearing it too tightly or for too long. It is recommended that you adjust the tightness of the strap appropriately or wear it on another hand and observe.

3.If the skin around or under the watch becomes red, swollen, itchy or has other uncomfortable symptoms, please stop wearing it immediately and consult a physician; 4.If you continue to wear it after symptoms disappear, it may induce or increase discomfort again.

5.If you need to replace the watch strap, please go to the company's regular after-sales point for replacement. Watch straps purchased through informal channels may cause skin allergies;

6.The company does not assume any responsibility for discomfort caused by personal physical factors.

**Precautions for using video calls**

1.Please use the video call function in an environment with good and stable network signal;

2.the watch is using functions such as video calls , the processor will generate a lot of heat when working at high speed. When the temperature of the watch reaches a threshold, the protection function will be automatically activated and the function used will be exited;

3.During use, make appropriate adjustments to the output video quality according to the actual functions;

4.When the battery of the watch is too low, the video call function cannot be used on the watch. Please charge it before use.

**Waterproof performance statement**

1.The water resistance level of the watch reaches 20 meters according to the national standard GB/T 30106-2013. Can be used for shallow water activities (such as in swimming pools or at the beach), but cannot be used for diving, water skiing, or other activities involving high-speed water, or submersion below shallow water;

2.Water resistance is not a permanent condition and may diminish over time. To ensure proper use of your watch, please observe the following tips:

1.Do not wear a watch when bathing, sauna, steaming (or in a steam room) and hot springs;

2.Avoid subjecting the watch to sudden temperature changes (such as using a hair dryer to blow the watch with hot air);

3.Avoid operating or disassembling the SIM card when the water is still wet;

4.Avoid contact with high-speed water, such as rafting, surfing and water skiing;

5.Avoid leaving your watch in your pocket and washing it in the washing machine;

6.Avoid dropping or hitting the watch (the waterproof performance of the device may be damaged);

7.Avoid contact with solvents (liquor, medical alcohol, etc.), acidic substances, detergents, soapy water, perfume, spray insecticides, lotions, sunscreen, oil, hair dye or bubble water, etc.;

8.If sweat adheres to the product for a long time, wipe it off in time;

9.Avoid immersing the watch in water for a long time. If the watch comes into contact with water, dry it thoroughly with a clean soft cloth;

10.After the watch comes into contact with water (such as washing hands), you need to drain the accumulated water from the speaker hole and microphone hole, or let it dry naturally before use to avoid affecting the sound.

**Precautions for wearing**

1.In a hot and humid environment or when children's skin is prone to allergies, do not wear the watch band too tightly for a long time, as it may cause rash or itching;

2.If the sound becomes smaller or the microphone picks up less sound after the watch is exposed to water, please use the water out of the speaker hole or microphone hole. The sound will return to normal after drying.

**Personal information security**

Please use this product with the consent of the wearer. In order to ensure the safety of your children, please ensure that your products are not ordered by unauthorized parties. The company promises to take strict security measures in accordance with the law to protect the information security of you and your children.

Basic parameters  
Product name: TD-LTE wireless data terminal  
Product Model:IDK01  
Input: 5V ≡ 0.5A Max.  
Working temperature: -10°C ~ 45°C  
Size: 55.7\*42.3\*14.9mm  
Battery capacity: 800 mAh (typical capacity)  
Nominal voltage: 3.8V  
Charging voltage: 4.35V  
Declaration of Conformity

Hereby, Shenzhen DO Intelligent Technology Co., Ltd declares that the radio equipment type IDK01 of TD-LTE Wireless Data Terminal is in compliance with Directive 2014/53/EU and this product is allowed to be used in all EU member states. The full text of the EU declaration of conformity is available at the following internet address: www.idoocn.com

Manufacturer information:

Company name: Shenzhen DO Intelligent Technology Co., Ltd

Address: 1F,2F, west of 3F,4F, 1st Building and 10~11F,3rd Building, Changyi Industrial Park, No.1 Lirong Road, Xinshi Community, Dalang Sub-district, Longhua District, Shenzhen City/Guangdong Province, P.R. China

Operation temperature: -10~45°C

Operation frequency:

Radio	Frequency	Max. power
GSM	900MHz	34dBm
	1800MHz	31dBm
LTE FDD	Bands 1/7	23dBm
	Band 3	24.5dBm
	Bands 8/20	23.5dBm
LTE TDD	Bands 38/41	23.5dBm
	Bands 40	24.5dBm
Satellite positioning	support BDS, GPS, GLONASS	

RF exposure statement

For the countries that adopt the SAR limit of 2.0 W/kg over 10 grams of tissue. The device complies with RF specifications when used at a distance of Limbs 0mm and Front of Face 5mm. The highest reported SAR value: Limbs SAR: 2.275W/kg, Front of face SAR: 1.469W/kg.

UKCA DOC

Hereby, Shenzhen DO Intelligent Technology Co., Ltd declares that the radio equipment type IDK01 of TD-LTE Wireless Data Terminal is in compliance with the UK Radio Equipment Regulations SI 2017 No. 1206. The full text of the system UK declaration of conformity is available at: www.idoocn.com

FCC regulatory conformance:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF Exposure

The SAR limit adopted by FCC is 1.6 W/kg averaged over one gram of tissue. The highest SAR value reported to the FCC for this device type

complies with this limit. The highest reported SAR value: Extremity: 0.9 W/kg, Front of face SAR: 0.59 W/kg.

IC regulatory conformance

This device complies with CAN ICES-003 (B)/NMB-003(B).

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions:

(1) this device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause undesired operation.

Cet appareil est conforme à la norme CAN ICES-003 (B)/NMB-003 (B).

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

(1) l'appareil ne doit pas produire de brouillage, et

(2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

RF Exposure

The SAR limit adopted by IC is 1.6 W/kg averaged over one gram of tissue. The highest SAR value reported to the IC for this device type complies with this limit. The highest reported SAR value: Extremity:0.9 W/kg, Front of face SAR: 0.59 W/kg.

La limite SAR adoptée par IC est de 1,6 W / kg en moyenne par gramme de tissu. La valeur SAR la plus élevée rapportée à IC pour ce type d'appareil respecte cette limite. Valeurs maximales de SAR rapportées: Extrême: 0.9 W/kg, das frontal: 0.59W/kg.