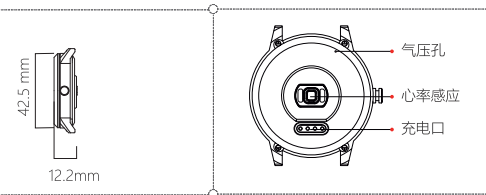


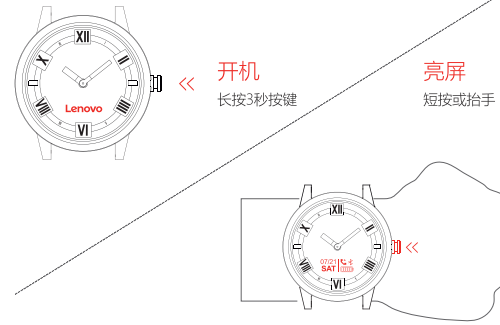
WATCH X PLUS

Lenovo

外观&配置



直 径: 42.5 mm 厚度: 12.2mm 表耳宽度: 20mm 防水等级: 80m
气压孔: 需定期清洗气压孔, 避免气压温度传感器因堵塞, 影响其功能准确度; 另外气压孔禁止硬物强力碰触。
传感器: 6轴传感器 (加速度计+陀螺仪), 地磁传感器, 心率传感器, 气压温度传感器。



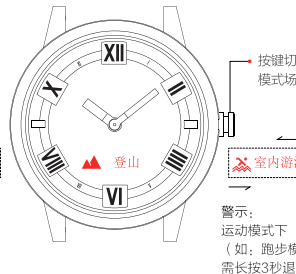
模式切换

亮屏时, 短按手表按键, 手表模式切换。

模式内容查看

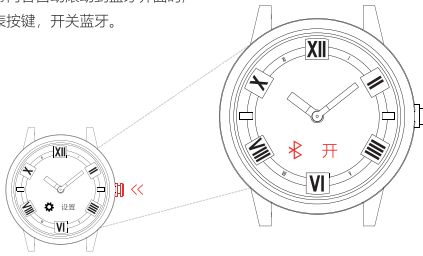
停留在想要查看的模式界面, 手表屏幕会自动滚动查看模式中的内容。

- 闹钟
- 户外跑步模式
- 登山模式
- 室内游泳
- 设置
- ...



蓝牙开关

当手表切换到设置模式下, 手表屏幕内容自动滚动到蓝牙界面时, 短按手表按键, 开关蓝牙。



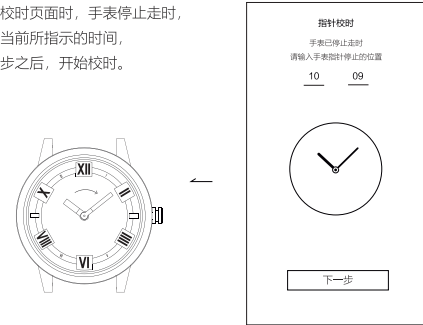
蓝牙连接

打开手机蓝牙, 将手表靠近手机, 进入App里的搜索手表界面, 选择手表蓝牙名, 手表收到蓝牙配对请求时, 手表震动, 根据App提示操作, 配对成功。



指针校时

进入指针校时页面时, 手表停止走时, 输入手表当前所指示的时间, 点击下一步之后, 开始校时。



查找手机

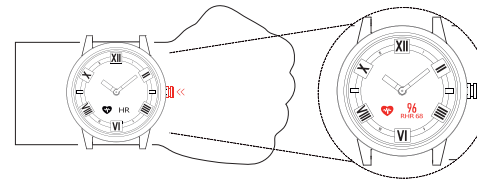
当手表与手机蓝牙连接时, 手表切换到设置模式下, 手表屏幕内容自动滚动到查找手机界面时, 短按手表按键, 触发查找手机。



实时心率监测

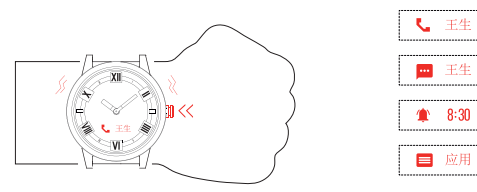
正确佩戴手表, 手表在心率检测状态下可实时监测您的心率。测量时, 请您参考下图佩戴手表, 将手表的心率检测区域贴合在手腕上, 保持舒适、贴合的佩戴状态。佩戴过紧或过松会影响检测数据。

警示: 需避免刮伤手表背面的心率感应区域, 该数据不做医疗用途。



来电、短信、闹钟、断开、久坐、应用提醒

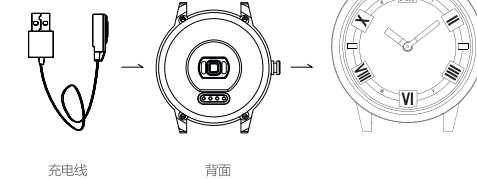
当您感到手表振动时, 抬起手腕即可知道提醒类别。来电提醒中, 您可以短按按键进行拒接。



充电

将充电口对准、贴合充电底座的金属触点, 直到手表屏幕出现电量图标。

- 警示:
- ① 充电前请擦干充电口, 以免汗液残留导致金属触点腐蚀或出现其它风险。
 - ② 充电线头需避免吸附金属, 以防短路进而引发意外。
 - ③ 由于充电头是磁吸充电头, 与手表背部的充电口具有同极相吸, 异极相斥的特点, 需在充电头与充电口相吸的情况下, 才能充电。



关于表带

本产品适用于20厘米宽的表带, 我们提供更多精美表带供您选择, 如需购买前请前往请前往lenvon.com或联系lenvon经销商。

- 警示:
- ① 手腕过于细小的用户, 米兰尼斯表带磁吸片离表头可能过近, 当距离小于2CM时, 会影响走时精度或出现停针现象, 这时请您通过联想手表APP重新校准指针;
 - ② 手表放置桌面或充电时, 请尽量保持米兰尼斯表带磁吸片距离表头2CM以上, 避免磁吸片被吸附在表头上。



iOS版APP下载
iOS APP QR code



安卓版APP下载
Android APP QR code

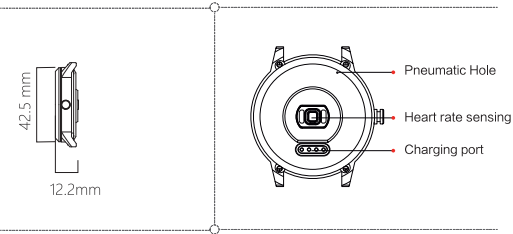
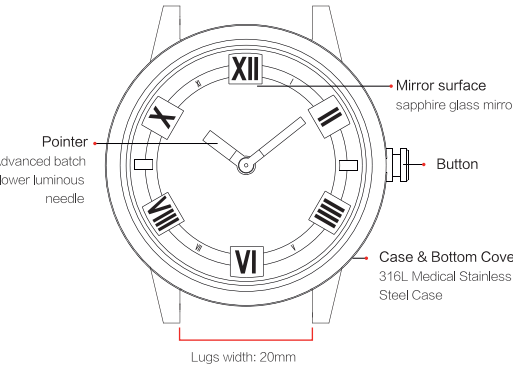


购买链接
Purchase link QR code

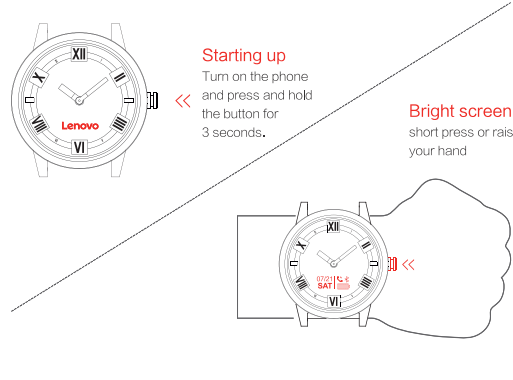


联想服务
Lenovo service QR code

Appearance & Configuration



Sensor: 6-axis sensor (accelerometer + gyroscope), geomagnetic sensor, heart rate sensor, air pressure, temperature sensor.



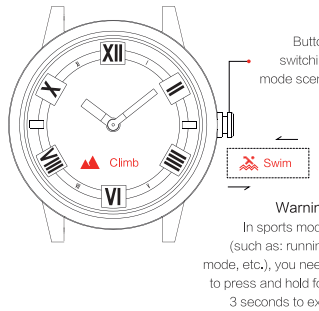
Mode switching

When the screen is bright, press the watch button briefly to switch the watch mode.

Mode content view

Staying in the mode program you want to view, the watch screen automatically scrolls through the contents of the mode.

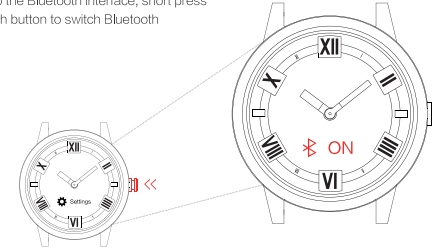
- Activity
- HR
- Sleep
- Alarm
- Run
- ...



Warning
In sports mode (such as: running mode, etc.), you need to press and hold for 3 seconds to exit.

Bluetooth switch

When the watch mode is switched to the setting mode, the watch screen content automatically scrolls to the Bluetooth interface, short press the watch button to switch Bluetooth

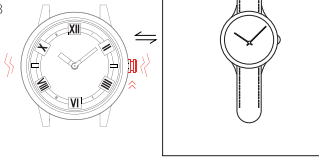


Bluetooth connection

Open the watch Bluetooth, close the watch to the phone, enter the search watch interface in the app, select the watch Bluetooth name, watch the watch when the watch receives the Bluetooth pairing request, according to the App prompt, the pairing is successful.

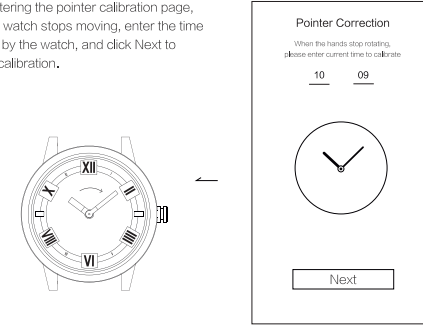
Warning

You need to use Android 4.3 or iOS 8.0 and above. The watch can only be paired with one phone at the same time. To pair another phone, please cancel the current pairing.



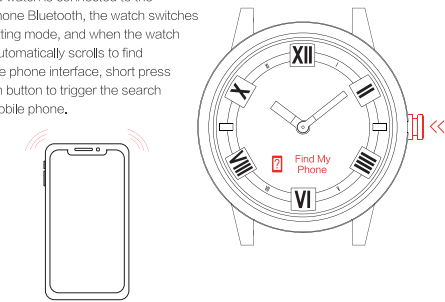
Pointer Correction

When entering the pointer calibration page, when the watch stops moving, enter the time indicated by the watch, and click Next to start the calibration.



Find my phone

When the watch is connected to the mobile phone Bluetooth, the watch switches to the setting mode, and when the watch screen automatically scrolls to find the mobile phone interface, short press the watch button to trigger the search for the mobile phone.

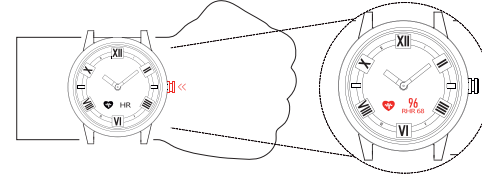


Real-time heart rate monitoring

When you wear the watch correctly, your watch can monitor your heart rate in real time during heart rate detection. When measuring, please wear the watch with reference to the following figure, and attach the heart rate sensing area of the watch to the wrist to maintain a comfortable and fit state. Wearing too tight or too loose will affect the test data.

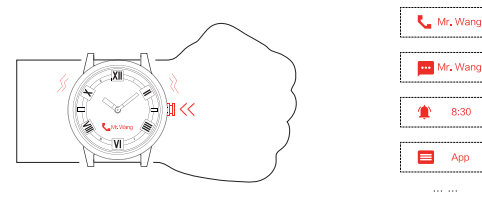
Note

Avoid scratching the heart rate sensing area on the back of the watch. This data is not for medical use.



Call, SMS, alarm, disconnect, sedentary, app reminder

When you feel the watch vibrate, Raise your wrist to know the reminder category. In the call alert, you can press the button to reject.

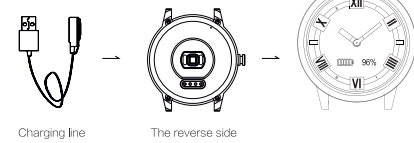


Charging

Align the charging port and fit the metal contacts of the charging base. Until the battery icon appears on the watch screen.

Caution:

- ① Wipe the charging port before charging to avoid corrosion of metal contacts or other risks due to sweat residue.
- ② The charging wire should avoid attracting metal to prevent short circuit and cause accident.
- ③ Since the charging head is a magnetic charging head, it has the same pole attraction and the opposite polarity of the charging port on the back of the watch. It needs to be charged when the charging head and the charging port are sucked.



About strap

[The item is only for 20mm strap. There are more choices. Please click [lenovo.com](#) or contact Lenovo distributors to buy.

Warning:

- ① For users with too small wrists, the Milanese strap magnetic sheet may be too close to the meter. When the distance is less than 2CM, it will affect the accuracy of the travel time or the needle stop phenomenon. Please recalibrate through the Lenovo watch APP. Pointer;
- ② When the watch is placed on the table or charged, please try to keep the Milanese strap magnetic sheet more than 2CM away from the meter to prevent the magnetic sheet from being attracted to the meter.

EU Regulatory Conformance

Hereby, We, LENOVO(BEIJING) ,LTD ,declares that the radio equipment type WATCH X PLUS is in compliance with the Directive 2014/53/EU.



RF exposure

This equipment complies with RED' s RF radiation exposure limits for general population without SAR evaluation.

Manufacture: LENOVO(BEIJING) ,LTD
Address: NO.6 CHUANGYE ROAD, SHANGDI INFORMATION INDUSTRY BASE, HAIDIAN DISTRICT,BEIJING, CHINA, 100085
Importer: Lenovo, Einsteinova 21, 851 01 Bratislava, Slovakia

Location to indicate: on the radio equipment or its packaging or manual.

The device operates with the following frequency bands and transmitting power:

Frequency bands	Maximum output power
Bluetooth 2402~2480MHz	-1.11 dBm

CAUTION RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS
The maximum operating ambient temperature of the equipment declared by the manufacturer is 50°C



Waste Electrical and Electronic Equipment (WEEE)
This symbol means that according to local laws and regulations your product and/or its battery shall be disposed of separately from household waste. When this product reaches its end of life, take it to a collection point designated by local authorities. Proper recycling of your product will protect human health and the environment.

Federal Communication Commission Interference Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Caution:

- Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.
- NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications or changes to this equipment. Such modifications or changes could void the user' s authority to operate the equipment.
- This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Radiation Exposure Statement:

This equipment complies with FCC' s RF radiation exposure limits for general population without SAR evaluation.
The full text of the EU declaration of conformity is available at the following internet address: <http://www.lenovo.com>.