

POWER DENSITY ESTIMATIONS BASED ON POWER OUTPUT, ANTENNA GAIN, AND DISTANCE FROM ANTENNA

$$(P G) / (4 R^2 \pi) = S$$

where:		S = maximum power density (mW/cm ²)	transmitter operating variables:		must be blank if dB values are entered	
P =	power input to the antenna ----->>	=	-0.8	(dBm) - or -		(mW)
G =	gain of the antenna - worst case ----->>	=	-12.6	(dBi) - or -		(numeric gain)
R =	distance to the center of the radiation of the antenna -->>	=	20			(cm)

(	P	)	/	(	4 * R ² * π	)	=	S	(mW/cm ²)
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(	0.83176377	0.05495	)	/	(	4 * 20 ² * π	)	=	S	(mW/cm ²)
	(mw)	(gain)				(cm)				

(	0.045708819	)	/	(	4 * 400 * π	)	=	S	(mW/cm ²)
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(	0.045708819	)	/	(	5026.548246	)	=	0.000009	(mW/cm ²)
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Power Density Based on 20 separation distance (cm)

345	Frequency (MHz)
-0.8	Power to Antenna (dBm)
-12.6	Antenna gain (dBi)

FCC

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

0.000009
Power Density (mW/cm²)

Canada	FCC	
0.14206	0.23000	Limit (mW/cm ²)
0.14205	0.22999	Margin
0.00006	0.00004	MPE Ratio

(General Population)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposure				
0.3-3.0	614	1.63	*100	6
3.0-30	1842/f	4.89/f	*900/f ²	6
30-300	61.4	0.163	1.0	6
300-1,500			f/300	6
1,500-100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3-1.34	614	1.63	*100	30
1.34-30	824/f	2.19/f	*180/f ²	30
30-300	27.5	0.073	0.2	30
300-1,500			f/1500	30
1,500-100,000			1.0	30

Device FCC ID XQC-GDZW7LR
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Prepared By Kyle Fujimoto

Canada

Frequency Range (MHz)	Electric Field (V/m rms)	Magnetic Field (A/m rms)	Power Density (W/m ²)	Reference Period (minutes)
0.003-10 ²¹	83	90	-	Instantaneous*
0.1-10	-	0.73/ f	-	6**
1.1-10	87/ f ^{0.5}	-	-	6**
10-20	27.46	0.0728	2	6
20-48	58.07/ f ^{0.25}	0.1540/ f ^{0.25}	8.944/ f ^{0.5}	6
48-300	22.06	0.05852	1.291	6
300-6000	3.142 f ^{0.3417}	0.008335 f ^{0.3417}	0.02619f ^{0.6834}	6
6000-15000	61.4	0.163	10	6
15000-150000	61.4	0.163	10	616000/ f ^{1.2}
150000-300000	0.158 f ^{0.5}	4.21 x 10 ⁻⁴ f ^{0.5}	6.67 x 10 ⁻⁵ f	616000/ f ^{1.2}
Note: f is frequency in MHz. *Based on nerve stimulation (NS). ** Based on specific absorption rate (SAR).				