

FOREO



PEACH™ 2

duo

USER MANUAL



Congratulations on taking the first step toward discovering smarter hair removal by acquiring PEACH™ 2 duo. Before you begin to enjoy all the benefits of its sophisticated technology in the comfort of your home, please take a few moments to carefully read the instructions in this manual.

Please **READ ALL INSTRUCTIONS BEFORE USE** and utilize this device only for its intended use as described in this manual.

INTENDED USE: PEACH™ 2 duo is an over-the-counter device intended for the removal of unwanted body hair and/or facial hair.

BODY AREAS: PEACH™ 2 duo is suitable for use on body hair and female facial hair below the cheek line.

SKIN TONE: PEACH™ 2 duo is suitable for use on light, medium and dark skin tones, up to and including skin tone 5.



HAIR COLOR: PEACH™ 2 duo is suitable for use on naturally black or brown hair. It may not be as effective on white, grey, blonde or red hair.



WARNINGS: NO MODIFICATION OF THIS EQUIPMENT IS ALLOWED.

GETTING TO KNOW PEACH™ 2 duo

FEATURES

SKIN COOLING DUCTS

Gently air cool skin for optimal comfort during treatment.

9 cm² TREATMENT WINDOW

Delivers a whopping 8 J/cm² of IPL energy to quickly and efficiently remove hair and prevent regrowth.

PROTECTIVE SHIELD

Innovative silicone shield protects eyes from intense light pulses.

SELF-ADJUSTING HEAD

Bendable to easily, evenly and comfortably treat hard-to-get-to creases and corners of the body.

DEVICE COOLING VENT

Ensures device is kept cool for optimal treatment.

FLASH BUTTON

Activates IPL flash. Press once for stamp mode, or press continuously for glide mode.

PLUS & MINUS BUTTONS

Adjust intensity of IPL treatment to perfectly suit your skin's needs on each area of your body.

INDICATOR LIGHTS

Indicate the IPL intensity level.



APP CONNECTED

Access more settings, treatment guidance & reminders.



4 PLUG ADAPTORS

Easily attach and detach from the power cable, for use at home or abroad.



CLEANING CLOTH

Keeps your device clean & dry.

HOW DOES PEACH™ 2 duo WORK?

PEACH™ 2 duo is designed to help break the cycle of hair growth. Light energy is transferred through the skin's surface and is absorbed by melanin present in the hair shaft. The absorbed light energy is converted to heat energy (below the surface of the skin), which disables the hair follicle. Treated hairs naturally fall out over the course of a few days to 1-2 weeks. Hair growth is cyclical and follows 3 distinct and consecutive phases. IPL treatment is only effective when hairs are in a particular phase (the Anagen – growth phase). Not all hairs are in the same phase at any one time. This is why you should follow the recommended treatment regimen of 1 treatment every 2 weeks, for 12 weeks.

WHAT TO EXPECT

Immediately post treatment, you should not see any significant side effects from treatment (Refer to section titled 'Side Effects' for more information on side effects).

In the first few weeks following the initial treatments, you will still see some hairs growing. These are likely to be hairs that were missed during treatment i.e. they were lying dormant and not in their growth phase (Anagen) during treatment; when IPL is most effective.

Around 6 weeks into the 12 week treatment programme you should see a reduction in hair growth. However, many hairs may still not have been treated in their growth phase. It is important to continue the treatments every 2 weeks. After the 12 week programme, you should see a significant reduction in hairs within the treated area. Any remaining hairs should be finer and / or lighter in color. Continued monthly treatments, or treatments as required, should maintain the reduction in unwanted hair.

IMPORTANT SAFETY INFORMATION

CONTRAINDICATIONS

Do NOT use the device:

- if your skin is darker than skin tone 5 shown on the skin tone chart above. Since dark skin absorbs more light energy, treating very dark skin may cause discomfort/pain and adverse effects (e.g., burns, blisters, discoloration or scarring) and injure your skin.

- you are pregnant, lactating, or under the age of 18 as this device has not been tested with these individuals.
- you have a history of skin cancer or precancerous lesions (e.g., nevi or a large number of moles).
- your skin has been artificially or naturally tanned recently, or is burned from sun overexposure. Your skin may be sensitive following sun exposure and particularly susceptible to side effects of IPL treatment (e.g., burn, blister, discoloration or scarring). Wait 1 week until sunburn or tan disappears before using the device.
- directly on the nipples, genitals or around the anus. These areas may have a darker skin color and/or greater hair density. Using the device in these areas may cause discomfort/pain or injure (burn, discolor or scar) your skin.
- on blisters, scars, dark brown or black spots such as birthmarks, moles or warts in the area you wish to treat. Or the device may injure your skin or make existing conditions worse, and you may particularly susceptible to side effects of IPL treatment (e.g., burn, blister, discoloration or scarring)
- if you have any skin condition in the treatment area, including psoriasis, vitiligo, eczema, acne, herpes simplex or active infections or wounds.

DO NOT expose treated areas to the sun. Wait at least 7 days after treatment before exposing treated skin to direct sunlight. Your skin may be extra sensitive following an IPL treatment and particularly susceptible to sunburn. Apply sunscreen (SPF 15 or greater) to the treated area or cover the treated area with suitable clothing.

If you are unsure whether this device is safe for you to use, please consult your physician or dermatologist.

If you take any kind of medication regularly and over a long period of time, please consult your physician for any potential impact on skin sensitivity to light.

WARNINGS



EYE SAFETY

PEACH™ 2 duo emits flashes of intense pulsed light. Direct exposure is potentially harmful to your eyes. Take care to follow the safety precautions below.

WARNING: Possible eye injury (potentially leading to loss of vision) or skin injury if instructions are not followed. Read and follow the instructions.

The device can only be activated (flashed) if it is in full contact with the skin.

However:

DO NOT:

- look directly into the treatment window of the device when it has electrical power and is switched on.
- attempt to activate (flash) the device towards the eye.
- treat areas around the eye (eyebrows or eyelashes). Misuse can lead to eye damage.
- use the device over the eyelids or close to the eye. ONLY attempt to activate (flash) the device when the treatment window is in full contact with the area you wish to treat.

WE RECOMMEND you look away from the device when firing onto your skin.

ELECTRICAL AND SAFETY

As with any electrical device, certain precautions must be taken in order to ensure your safety.

DO NOT:

- try to open the device, as this may expose you to dangerous electrical components.
- use if the PEACH™ 2 duo is damaged; for example, cracked device, cable damage (internal wires visible), cracked or broken glass on the device, etc. This may result in injury.
- use near bathtubs, showers, basins or other vessels containing water. If the device becomes wet, it should not be used.
- use if the device becomes uncomfortably hot to touch. This may indicate that the unit is damaged.
- use a power supply or other component, other than those provided for use with PEACH™ 2 duo. This may damage the device and cause it to stop working.
- attempt to activate (flash) the device on any surface other than skin.
- position the device so that it is difficult to disconnect from the mains supply.

GENERAL SAFETY

DO NOT:

- use if you have had a skin peel treatment on the area you wish to treat. Please wait 30 days after a skin peel before treating with the device. Treating tanned skin with Intense Pulsed Light (IPL) may result in permanent hyperpigmentation (darkening) or hypopigmentation (lightening) of the treated skin.
- use on areas where you have tattoos or permanent make up.

- use the device over any fillers or botox.
- use if you have a known sensitivity to sunlight (photosensitivity) or are taking medication that makes the skin more sensitive and causes photosensitivity, e.g., Retin A, Accutane and/ or other topical retinoids. Always check the instruction leaflet that comes with your medicinal product, to see if photosensitivity is listed as a side effect. Use of the device on photosensitive skin could result in skin damage such as swelling or blisters. Seek medical advice prior to use of the device as use may harm the skin. This device is not intended for the treatment of medical conditions. Medical advice should be sought to address, for example, moles, skin rash, itchy skin, skin fungus or infection, skin bumps, or skin tags.
- touch the treatment window during or directly after use. Regularly inspect the treatment window for damage.
- touch the device cooling vent (metal part) of the device during or directly after use.
- use the device if the treatment window is cracked or missing.
- Ensure that the treatment window is clean and free from debris. Any debris on or around the treatment window during operation may result in temporary skin changes such as redness or swelling.
- The device should be kept out of the reach of children under 18 years of age. Children should not use, play with, maintain or clean the device. There are a number of potential risks – exposure to the light output causing burns or eye damage, electrocution, strangulation from the cables.
- The device should be kept out of reach of pets and pests which could damage the device. Potential risks include reduced function and electrocution.
- The device is not intended for use by persons with reduced physical, sensory or mental capabilities. Unless they have been given supervision or instruction concerning safe and proper use of the device by a person responsible for their safety.
- The device's treatment window is a critical component that will get hot during use.

WARNING:

- DO NOT exceed the usage specified in the treatment regime.
- Damage of the skin may occur after prolonged or repeated application on one site. Avoid over-usage which includes excessive passes, stacking of flashes and/or increased frequency of use.
- Do not override the safety mechanisms inherent to the device.

PRECAUTIONS

- Hair removal by lasers or intense pulse light sources can cause increased hair growth in some individuals. Based upon currently available data, the highest risk groups for this response are females of Mediterranean, Middle Eastern,

- and South Asian heritage treated on the face and neck.
- DO NOT use the device on any area where you may want hair to grow back.
 - DO NOT use on the scalp, eyebrows or anywhere near or around the eyes. Use in these areas may permanently damage your eyes.
 - DO NOT use the device on man's face, jaw, or neck. The hair in a man's beard area is too dense and using an IPL device in these areas may result in skin injury.
 - This device is not recommended for use on red, grey, white or blonde hair. It is not effective on these hair colors.

POTENTIAL RISKS, SIDE EFFECTS AND SKIN REACTIONS

SIDE EFFECTS	HOW TO ASSESS & REACT
Mild pain / discomfort in the area being treated	This is expected and is normal for all IPL treatments. You can keep on using the device as instructed, and the pain should diminish with continued use
Warm feeling or tingling sensations during treatment, which typically disappear after a few seconds to a minute and decrease with continued use.	This is expected and is normal for all IPL treatments. You can keep on using the device as instructed.
Itchiness in the treatment area.	This is quite common for IPL treatments, and should subside after a short period. You can keep on using the device as instructed. Do not scratch the area.
Skin redness during or after treatment which disappears within minutes.	This is expected and is normal for all IPL treatments. You can keep on using the device as instructed once skin redness has disappeared.
Skin redness which does not disappear within minutes and lasts 24-48 hours.	Stop using the device immediately and consult your physician before using it again.
Pain or discomfort that is intense during treatment or persists after a treatment	Stop using the device immediately and consult your physician before using it again.
IN VERY RARE CASES	HOW TO ASSESS & REACT
Swelling and redness that does not disappear within two to three days.	Stop using the device immediately and consult your physician before using it again.
Temporary changes in skin color (lightening or darkening).	If your skin color changes, stop using the device immediately and consult your physician.
Blistering, scarring or burning of the skin.	Stop using the device immediately and consult your physician before using it again. Apply a cold pack to the area. Treat with antiseptic or burn cream.

HOW TO USE

WARNING: Follow each step in the treatment process ensuring you complete all aspects of each step before progressing to the next.

UNLOCK YOUR DEVICE

Download the FOREO app to unlock & register your PEACH™ 2 duo before first use. You can do this by scanning the QR code which can be found on the back of the device packaging, or on the Quick Start Guide that comes with your device.

PREPARE THE TREATMENT AREA

Remove any visible hair on the skin before using the device. We recommend shaving body hair and dermaplaning facial hair, for optimal results. Make sure there is no hair remaining above the surface of the skin as this may cause injury. This also prevents debris from covering the front of your device. Clean the treatment area and pat it dry.

TURN ON THE DEVICE

Attach the relevant plug adaptor to the power cable. Then use the power cable to connect the device to an electrical outlet. The device will turn on automatically. You can adjust to your preferred intensity level using the + and - buttons.

NOTE: Levels 1 - 3 on your device are intended for sensitive areas and first time users. With reduced light intensity, more treatments may be required to see the desired effects. As long as the treatment feels comfortable, increase the setting by one level within the recommended intensity range for your skin type.

PATCH TEST

Before your first treatment on each new body area, we RECOMMEND you test your skin in that area for a reaction to the device. The patch test area should be approximately 3cm x 3cm in size (equivalent to 1 flash from PEACH™ 2 duo). Perform the patch test as described below in the 'Treatment Methods' section, under 'Stamp Mode'. Wait 24 hours following the patch test, to ensure your skin is suitable for treatment and there is no adverse reaction to the light energy. If there is no reaction after 24 hours, you may treat the area around the patch test. The 'patch tested area' should NOT be re-treated for at least 2 weeks. If a skin reaction develops, discontinue using the device and consult your physician.

TREATMENT METHODS

The area to be treated must be hair-free, clean and dry. Before pushing the flash button, look away from the device to avoid the bright light. In rare cases, you may find the flash too bright. There is no safety risk associated with this. For increased comfort, we recommend treating in a well-lit room to help reduce the perceived brightness. However, if you find the light is still too bright, we recommend wearing sunglasses for extra eye protection. We also recommend wearing sunglasses for extra eye protection when using the device to remove hair on the face.

GLIDE MODE

For fast & efficient treatment of large areas - like the legs, arms, chest, back & stomach

1. Place the treatment window firmly on your skin, and select your preferred intensity level.
2. Press and hold the flash button. The device will begin to flash.
3. Glide the device slowly and continuously from the bottom to the top of the treatment area. Make sure to always keep full skin contact so that the device flashes continuously.
4. Once the gliding stroke is complete, lift the device off the treatment area.
5. Repeat to treat the next adjacent area in a parallel glide, until you have completed the entire area you wish to treat.

STAMP MODE

For treating small or hard-to-reach areas - like the face, bikini line & underarms

1. Place the treatment window firmly on your skin, and select your preferred intensity level.
2. Press and instantly release the flash button. The device will emit a flash.
3. Lift the device off the skin, and place it onto the next adjacent spot to be treated.
4. Continue treatment spot by spot, until you have completed the entire area you wish to treat.

NOTE:

- The treatment window on your PEACH™ 2 duo must be in full contact with your skin, or the flash won't work.

- For PEACH™ 2 duo to work effectively, you must use it evenly all over your skin, without missing any spots. Make sure you avoid missed areas by placing the treatment window directly next to the previously treated spot, without leaving any space between treated areas. However, make sure that you do not flash the same area more than once. This does not improve the effectiveness of the treatment, and can instead increase the risk of skin reactions.
- If you feel intense pain, stop treatment immediately and consult your physician before using the device again.

YOUR PEACH™ 2 duo TREATMENT SCHEDULE

For optimal results, the device should be used once every 2 weeks for 12 weeks to ensure all hair follicles are treated.

After the initial treatment phase (once every 2 weeks for 12 weeks), to maintain results we recommend using the device once a month, or as required.



Always wait 14 days before treating the same area again

- Treat yourself within 3 days before or after the planned treatment date. If you have not treated yourself within 3 days before or after the planned treatment date, restart the initial phase.

CLEANING, MAINTENANCE, STORAGE

After treatment, always switch off the device by unplugging the power supply from the device and the electrical outlet.

After each use, the treatment window should be thoroughly wiped with a slightly damp, lint free cloth. It is particularly important to keep the front of the device and reflector free from dirt, hair or other debris to ensure maximum performance.

WARNING: The treatment window can get hot during use. DO NOT touch or clean the treatment window for at least 5 minutes after use to allow it to cool down.

NOTE:

- Never use cleaning products containing alcohol, petrol or acetone, as they may irritate the skin and damage the silicone.
- Be careful to avoid getting water in any openings in the device, including the skin cooling ducts.

TROUBLESHOOTING

PROBLEM	SOLUTION
The device does not turn on.	<ul style="list-style-type: none">- Make sure the power supply is plugged in.- Your device is locked. To unlock it, register your device via the FOREO app (instructions above in the 'How To Use' section)
The flash button does not respond.	<ul style="list-style-type: none">- Make sure the treatment window is in full contact with your skin.- Unplug the device. Then plug it back in.
The device won't sync to the FOREO app.	<ul style="list-style-type: none">- Switch your Bluetooth off and then on again to try reconnecting.- Close the FOREO app and then reopen it to start the process over.- Check to see if the app needs to be updated in your mobile device's app store.
The device, treatment window, power supply or cable are damaged, broken, cracked or appear defective.	DO NOT USE. If you are in any doubt about the safety of the device or suspect it is damaged in any way, it must not be used. And you should refer to the website.

If you do not find the answer to your specific question, or if you have any other questions regarding the device's operation, please visit foreo.com/support.

WARRANTY TERMS AND CONDITIONS

REGISTER WARRANTY

To activate your 2-Year Limited Warranty, register through the FOREO For You app, or visit foreo.com/product-registration for more information.

2-YEAR LIMITED WARRANTY

FOREO warrants this device for a period of TWO (2) YEARS after the original

date of purchase against defects due to faulty workmanship or materials arising from Normal Use of the device. The warranty covers working parts that affect the function of the device. It does NOT cover cosmetic deterioration caused by fair wear and tear, or damage caused by accident, misuse or neglect. Any attempt to open or take apart the device (or its accessories) will void the warranty.

If you discover a defect and notify FOREO during the warranty period, FOREO will, at its discretion, replace the device free of charge. Claims under warranty must be supported by reasonable evidence that the date of the claim is within the warranty period. To validate your warranty, please keep your original purchase receipt together with these warranty conditions for the duration of the warranty period.

To claim your warranty, you must log in to your account at www.foreo.com and then select the option to make a warranty claim. Shipping costs are nonrefundable. This undertaking is in addition to your statutory rights as a consumer and does not affect those rights in any way.

DISPOSAL INFORMATION

Disposal of old electronic equipment (applicable in the EU and other European countries with separate waste collection systems).



EUROPEAN
CONFORMITY



UK DECLARATION
OF CONFORMITY



POLARITY OF
DC POWER
CONNECTOR



FEDERAL
COMMUNICATIONS
COMMISSION
CONFORMITY



TYPE BF
APPLIED PART



CLASS II
EQUIPMENT



PACKAGING IS
MADE OF
RECYCLABLE
MATERIAL



GARBAGE WASTE
ELECTRICAL &
ELECTRONIC
EQUIPMENT DIRECTIVE



CONSULT
INSTRUCTIONS
FOR USE

This device should not be treated as household waste, but rather be brought to the appropriate collection point for recycling of electrical and electronic equipment. By ensuring this device is disposed of correctly, you will help prevent the potential negative consequences for the environment and human health which could be caused by inappropriate waste handling of the device. The recycling of materials will also help conserve natural resources.

For more information about the recycling of your device, please contact your local household waste disposal service or your place of purchase.

FCC STATEMENT:

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

TECHNICAL SPECIFICATIONS

PEACH™ 2 duo is a filtered broadband Intense Pulsed Light system with the following technical specifications:

Repetition Rate	0.4 -1s
Pulse Length	Free discharge 3ms
Max Optical Output	8.1 J/cm ²
Wavelength	550 - 1100nm
Power Line Input	100 - 240V, 50/60Hz 5A
Operating Temperature	5 Celsius to +40 Celsius
Operating Humidity	40% to 80%
Operating Pressures	800 to 1,060 hPa
Treatment area (spot size)	9cm ²

TRANSPORT CONDITIONS:

Temperature	-10 Celsius to +50 Celsius
Humidity	30% to 80%
Pressures	500hPa to 1,060hPa

If the device has been stored at temperatures outside of the stated operating range, then please allow at least 30 minutes before use to allow the device to acclimatize.

PEACH™ 2 duo has unlimited flashes and is intended for a single user. Minimum expected service life is 10 years when following the recommended regimen.

CE marking certifies that this appliance conforms to the following EU Directives:

- Low Voltage Directive 2014/35/EU
- Electromagnetic Compatibility Directive 2014/30/EU
- Energy related Product Directive 2009 / 125 / EC.

This device complies with the latest EMC Standards and Amendments applicable to Household and Medical Devices. These are: EN 55014- 1:2021, EN 55014-2:2021, EN 61000-3-2:2019/A1:2021, EN 61000-3- 3:2013/ A1:2019/ A2:2021, IEC 60601-1-2:2014/AMD1:2020

This device complies with the latest Safety Standards and Amendments applicable to Household and Medical Devices. These are: IEC 60335-1:2010 + Ams, IEC 60335-2-113:2016, EN 62233:2008, IEC 60601-1:2005+A1:2012 +A2:2020, IEC 60601-2-57:2011, IEC 60601-1-6:2010 + Ams, IEC 62366-1:2015, IEC 60601-1-11: 2015+ Ams, IEC 62304:2006 + Ams, CAN/CSA - C22.2 No 60601-1:2008 and 2014, ANSI/AAMI ES 60601-1:2005 + Ams

Please take attention that changes or modification not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

l'appareil contient des émetteurs/récepteurs exempts de licence qui sont conformes aux CNR exempts de licence d'Innovation, Sciences et Développement économique Canada. L'exploitation est soumise aux deux conditions suivantes :

- (1) l'appareil ne doit pas produire de brouillage,
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

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