DFS Test Report

Applicant	:	iFIT Health and Fitness, Inc.
Product Name	:	Tablet
Trade Name	:	iFIT
Model Number	:	MP16-XENON-C
Applicable Standard	:	FCC 47 CFR PART 15 SUBPART E ANSI C63.10:2013
Received Date	:	Jun. 13, 2024
Test Period	:	Jun. 18, 2024
Issued Date	:	Jul. 10, 2024

Issued by

Eurofins E&E Wireless Taiwan Co., Ltd.
No. 140-1, Changan Street, Bade District,
Taoyuan City 334025, Taiwan (R.O.C.)
Tel：+886-3-2710188 / Fax：+886-3-2710190

Testing Laboratory
1330

Taiwan Accreditation Foundation accreditation number: 1330
Frequency Range: 9 kHz to 325 GHz
Bade test site：
Test Firm Registration Number: 226252
Test Firm Designation Number: TW0010
Wugu test site：
Test Firm Registration Number: 191812
Test Firm Designation Number: TW0034

Note:
1.The test results are valid only for samples provided by customers and under the test conditions described in this report.
2.This report shall not be reproduced except in full, without the written approval of Eurofins E&E Wireless Taiwan Co., Ltd.
3.The relevant information is provided by customers in this test report. According to the correctness, appropriateness or completeness of the information provided by the customer, if there is any doubt or error in the information which affects the validity of the test results, the laboratory does not take the responsibility.

Revision History

Rev.	Issued Date	Description	Revised By
00	Jul. 10, 2024	Initial Issue	Emma Chao

Verification of Compliance

Applicant	:	iFIT Health and Fitness, Inc.
Product Name	:	Tablet
Trade Name	:	iFIT
Model Number	:	MP16-XENON-C
FCC ID	:	OMC453084
Applicable Standard	:	FCC 47 CFR PART 15 SUBPART E ANSI C63.10:2013
Test Result	:	Complied
Performing Lab.	:	Eurofins E&E Wireless Taiwan Co., Ltd. No. 140-1, Changan Street, Bade District, Taoyuan City 334025, Taiwan (R.O.C.) Tel：+886-3-2710188 / Fax：+886-3-2710190 Taiwan Accreditation Foundation accreditation number: 1330

Testing Laboratory 1330

Eurofins E&E Wireless Taiwan Co., Ltd. tested the above equipment in accordance with the requirements set forth in the above standards. All indications of Pass/Fail in this report are opinions expressed by Eurofins E&E Wireless Taiwan Co., Ltd. based on interpretations and/or observations of test results. The test results show that the equipment tested is capable of demonstrating compliance with the requirements as documented in this report.

Approved By : Kai Yu Yang

TABLE OF CONTENTS

1 General Information

1.1. Summary of Test Result

Standard	Item	Result	Remark
15.407(h)(2)	Channel Availability Check Time	N/A	---
15.407(h)(2)	Channel Move Time	PASS	---
15.407(h)(2)	Channel Closing Transmission Time	PASS	---
15.407(h)(2)	Non-Occupancy Period	PASS	---
15.407(h)(2)	Non-Associated Test	N/A	---
15.407(h)(2)	U-NII Detection Bandwidth	N/A	---
15.407(h)(2)	Statistical Performance check	N/A	---

Decision Rule

■ Uncertainty is not included.

□ Uncertainty is included.

Standard	Description
CFR47, Part 15, Subpart E	Unlicensed National Information Infrastructure Devices
Canada RSS-247 Issue 3	Digital Transmission Systems (DTSs), Frequency Hopping Systems (FHSs) and Licence-Exempt Local Area Network (LE-LAN) Devices
ANSI C63. 10: 2013	American National Standard of Procedures for Compliance Testing of Unlicensed Wireless Devices
KDB789033: D02	Guidelines for Compliance Testing of Unlicensed National Information Infrastructure (U-NII) Devices Part 15, Subpart E
KDB 662911 D01 v02r01	Emissions Testing of Transmitters with Multiple Outputs in the Same Band (e.g., MIMO, Smart Antenna, etc)

1.2. Testing Location

Lab Name: Eurofins E&E Wireless Taiwan Co., Ltd.

Site Address: ☐ No. 140-1, Changan Street, Bade District, Taoyuan City 334025, Taiwan (R.O.C.)

Site Address: ■ No. 2, Wuquan 5th Rd. Wugu Dist., New Taipei City, Taiwan (R.O.C.)

1.3. Test Site Environment

Items	Required (IEC 60068-1)	Interval(*)
Temperature (°C)	15-35	20-30
Humidity (%RH)	25-75	45-75

(*)The measurement ambient temperature is within this range.

2 EUT Description

The product specifications of the EUT presented in the report are declared by the manufacturer who shall take full responsibility for the authenticity.

<table>
<tr><td>Applicant</td><td colspan="7">iFIT Health and Fitness, Inc.
1500 S 1000 W, Logan, Utah, United States, 84321</td></tr>
<tr><td>Product Name</td><td colspan="7">Tablet</td></tr>
<tr><td>Trade Name</td><td colspan="7">iFIT</td></tr>
<tr><td>Model Number</td><td colspan="7">MP16-XENON-C</td></tr>
<tr><td>FCC ID</td><td colspan="7">OMC453084</td></tr>
<tr><td rowspan="11">Operate Frequency</td><td colspan="2">Frequency Band</td><td colspan="3">Frequency Range (MHz)</td><td colspan="2">Number of Channels</td></tr>
<tr><td rowspan="2">802.11a</td><td>U-NII Band 2-A</td><td colspan="3">5260 – 5320</td><td colspan="2">4</td></tr>
<tr><td>U-NII Band 2-C</td><td colspan="3">5500 – 5700</td><td colspan="2">11</td></tr>
<tr><td rowspan="2">802.11n HT20 /
802.11ac VHT20</td><td>U-NII Band 2-A</td><td colspan="3">5260 – 5320</td><td colspan="2">4</td></tr>
<tr><td>U-NII Band 2-C</td><td colspan="3">5500 – 5700</td><td colspan="2">11</td></tr>
<tr><td rowspan="2">802.11n HT40 /
802.11ac VHT40</td><td>U-NII Band 2-A</td><td colspan="3">5270 – 5310</td><td colspan="2">2</td></tr>
<tr><td>U-NII Band 2-C</td><td colspan="3">5510 – 5670</td><td colspan="2">5</td></tr>
<tr><td rowspan="2">802.11ac VHT80</td><td>U-NII Band 2-A</td><td colspan="3">5290</td><td colspan="2">1</td></tr>
<tr><td>U-NII Band 2-C</td><td colspan="3">5530 –5610</td><td colspan="2">2</td></tr>
<tr><td>Modulation Type</td><td colspan="7">OFDM</td></tr>
<tr><td rowspan="10">Antenna information</td><td>Antenna</td><td>Brand</td><td>Model Number</td><td>Type</td><td colspan="2">Max. Gain (dBi)</td></tr>
<tr><td rowspan="2">Main
(ANT-0)</td><td rowspan="2">INPAQ</td><td rowspan="2">DC33002Y03H
(WA-P-LE-02-278)</td><td rowspan="2">PIFA
Antenna</td><td>U-NII Band 2-A</td><td>2.95</td></tr>
<tr><td>U-NII Band 2-C</td><td>2.97</td></tr>
<tr><td rowspan="2">Aux
(ANT-1)</td><td rowspan="2">INPAQ</td><td rowspan="2">DC33002Y04H
(WA-P-LE-01-077)</td><td rowspan="2">PIFA
Antenna</td><td>U-NII Band 2-A</td><td>2.90</td></tr>
<tr><td>U-NII Band 2-C</td><td>2.87</td></tr>
<tr><td rowspan="2">Main
(ANT-0)</td><td rowspan="2">PULSE</td><td rowspan="2">DC33002WZ3H
(TZ2890D)</td><td rowspan="2">PIFA
Antenna</td><td>U-NII Band 2-A</td><td>2.68</td></tr>
<tr><td>U-NII Band 2-C</td><td>2.84</td></tr>
<tr><td rowspan="2">Aux
(ANT-1)</td><td rowspan="2">PULSE</td><td rowspan="2">DC33002WZ4H
(TZ2890E)</td><td rowspan="2">PIFA
Antenna</td><td>U-NII Band 2-A</td><td>2.81</td></tr>
<tr><td>U-NII Band 2-C</td><td>2.77</td></tr>
<tr><td colspan="6">There are two brands of antennas, namely INPAQ & PULSE. It is confirmed that the Antenna Pattern is the same and the Antenna Gain is INPAQ Worst, so INPAQ is used as the main measurement.</td></tr>
<tr><td>Antenna Delivery</td><td colspan="7">2TX</td></tr>
<tr><td>EUT Power Rating</td><td colspan="7">DC 12 V, 2 A</td></tr>
</table>

Items	Description	
Communication Mode	■IP Based (Load Based)	□Frame Based
TPC Function	□With TPC	■Without TPC
Weather Band (5600 ~ 5650 MHz)	■With 5600 ~ 5650 MHz	□Without 5600 ~ 5650 MHz
Beamforming Function	□With Beamforming	■Without Beamforming
Equipment Type	□Outdoor access point	
	□Indoor access point	
	□Fixed point-to-point access points	
	■Client devices	
Operating mode	□Master	
	□Client with radar detection	
	■Client without radar detection	
	□Ad-Hoc	
	□Bridge	
	□MESH	
Test AP FCC ID	MSQ-RTBE6G00	

Note：DFS controls (hardware or software) related to radar detection are NOT accessible to the user. Manufacturer statement confirming that information regarding the parameters of the detected Radar Waveforms is not available to the end user.

3 Test Methodology

The tests documented in this report were performed in accordance with ANSI C63.10-2013, FCC CFR 47 Part 2, FCC CFR 47 Part 15.

The tests documented in this report were performed in accordance with FCC KDB request:

- FCC KDB 905462 D02 UNII DFS Compliance Procedures New Rules v02
- FCC KDB 905462 D03 UNII Clients Without Radar Detection New Rules v01r02

3.1. Mode of Operation

Decision of Test Eurofins has verified the construction and function in typical operation. All the test modes were carried out with the EUT in normal operation, which was shown in this test report and defined as:

Test Mode
802.11ac VHT80

802.11ac VHT80
Unless otherwise noted, all tests were performed with the radar burst at the channel center frequency of 5530 MHz

3.2. EUT Test Step

1.	Setup the EUT shown on 3.2.1
2.	Turn on the power of all equipment.
3.	Turn on Wi-Fi function link to Notebook.
4.	The EUT is operated in the engineering mode to fix the TX frequency for the purposes of measurement.

3.3. Test Instruments

Test Period: Jun. 18 , 2024
Testing Engineer: An Wu

Test Site		RF02-WG				
Use	Equipment	Manufacturer	Model Number	Serial Number	Cal. Date	Cal. Period
☒	Spectrum Analyzer (10 Hz~44 GHz)	R&S	FSV3044	101255	Nov. 30, 2023	1 year
☒	Signal Generator	R&S	SMM100A	101740	Jan. 26, 2024	1 year

Note: N.C.R. = No Calibration Request.

4 Dynamic Frequency Selection

4.1. Limits

§ 15.407 (h) and FCC KDB 905462 D02 UNII DFS Compliance Procedures New Rules v02 Compliance measurement procedures for unlicensed-national information infrastructure devices operating in the 5250-5350 MHZ and 5470-5725 MHZ bands incorporating dynamic frequency selection.

Table 1: Applicability of DFS Requirements Prior to Use of a Channel			
Requirement	Operational Mode		
	Master	Client (without radar detection)	Client (with radar detection)
Non-Occupancy Period	Yes	Not required	Yes
DFS Detection Threshold	Yes	Not required	Yes
Channel Availability Check Time	Yes	Not required	Not required
U-NII Detection Bandwidth	Yes	Not required	Yes

Table 2: Applicability of DFS requirements during normal operation		
Requirement	Operational Mode	
	Master Device or Client With Radar Detection	Client without Radar Detection
DFS Detection Threshold	Yes	Not required
Channel Closing Transmission Time	Yes	Yes
Channel Move Time	Yes	Yes
U-NII Detection Bandwidth	Yes	Not required

Additional requirements for devices with multiple bandwidth modes	Master Device or Client With Radar Detection	Client without Radar Detection
U-NII Detection Bandwidth and Statistical Performance Check	All BW modes must be tested	Not required
Channel Move Time and Channel Closing Transmission Time	Test using widest BW mode available	Test using the widest BW mode available for the link
All other tests	Any single BW mode	Not required
Note : Frequencies selected for statistical performance check (Section 7.8.4) should include several frequencies within the radar detection bandwidth and frequencies near the edge of the radar detection bandwidth. For 802.11 devices it is suggested to select frequencies in all 20 MHz channel blocks and a null frequencies between the bonded 20 MHz channel blocks		

Table 3: DFS Detection Thresholds for Master Devices and Client Devices With Radar Detection	
Maximum Transmit Power	Value (See Notes 1,2 and 3)
EIRP ≥ 200 milliwatt	-64 dBm
EIRP < 200 milliwatt and Power spectral density < 10 dBm/MHz	-62 dBm
EIRP < 200 milliwatt that do not meet the power spectral density requirement	-64 dBm
Note 1: This is the level at the input of the receiver assuming a 0 dBi receive antenna. Note 2: Throughout these test procedures an additional 1 dB has been added to the amplitude of the test transmission waveforms to account for variations in measurement equipment. This will ensure that the test signal is at or above the detection threshold level to trigger a DFS response. Note 3: EIRP is based on the highest antenna gain. For MIMO devices refer to FCC KDB Publication 662911 D01.	

Table 4: DFS Response Requirement Values	
Parameter	Value
Non-occupancy period	Minimum 30 minutes
Channel Availability Check Time	60 seconds
Channel Move Time	10 seconds See Note 1.
Channel Closing Transmission Time	200 milliseconds + an aggregate of 60 milliseconds over remaining 10 second period. See Notes 1 and 2.
U-NII Detection Bandwidth	Minimum 100 % of the U-NII 99 % transmission power bandwidth. See Note 3.
Note 1: Channel Move Time and the Channel Closing Transmission Time should be performed with Radar Type 0. The measurement timing begins at the end of the Radar Type 0 burst. Note 2: The Channel Closing Transmission Time is comprised of 200 milliseconds starting at the beginning of the Channel Move Time plus any additional intermittent control signals required to facilitate a Channel move (an aggregate of 60 milliseconds) during the remainder of the 10 second period. The aggregate duration of control signals will not count quiet periods in between transmissions. Note 3: During the U-NII Detection Bandwidth detection test, radar type 0 should be used. For each frequency step the minimum percentage of detection is 90 percent. Measurements are performed with no data traffic.	

Table 5: Short Pulse Radar Test Waveforms					
Radar Type	Pulse Width (μsec)	PRI (μsec)	Number of Pulses	Minimum Percentage of Successful Detection	Minimum Number of Trials
0	1	1428	18	See Note 1	See Note 1
1	1	Test A: 15 unique PRI values randomly selected from the list of 23 PRI values in Table 5a Test B: 15 unique PRI values randomly selected within the range of 518-3066 μsec, with a minimum increment of 1 μsec, excluding PRI values selected in Test A	$\text{Roundup}\left\{\left(\frac{1}{360}\right)\cdot\left(\frac{19\cdot 10^6}{\text{PRI}_{\mu\text{sec}}}\right)\right\}$	60 %	30
2	1-5	150-230	23-29	60 %	30
3	6-10	200-500	16-18	60 %	30
4	11-20	200-500	12-16	60 %	30
Aggregate (Radar Types 1-4)				80 %	120
Note 1: Short Pulse Radar Type 0 should be used for the detection bandwidth test, channel move time, and channel closing time tests.					

Table 5a: Pulse Repetition Intervals Values for Test A		
Pulse Repetition Frequency Number	Pulse Repetition Frequency (Pulses Per Second)	Pulse Repetition Interval (Microseconds)
1	1930.5	518
2	1858.7	538
3	1792.1	558
4	1730.1	578
5	1672.2	598
6	1618.1	618
7	1567.4	638
8	1519.8	658
9	1474.9	678
10	1432.7	698
11	1392.8	718
12	1355	738
13	1319.3	758
14	1285.3	778
15	1253.1	798
16	1222.5	818
17	1193.3	838
18	1165.6	858
19	1139	878
20	1113.6	898
21	1089.3	918
22	1066.1	938
23	326.2	3066

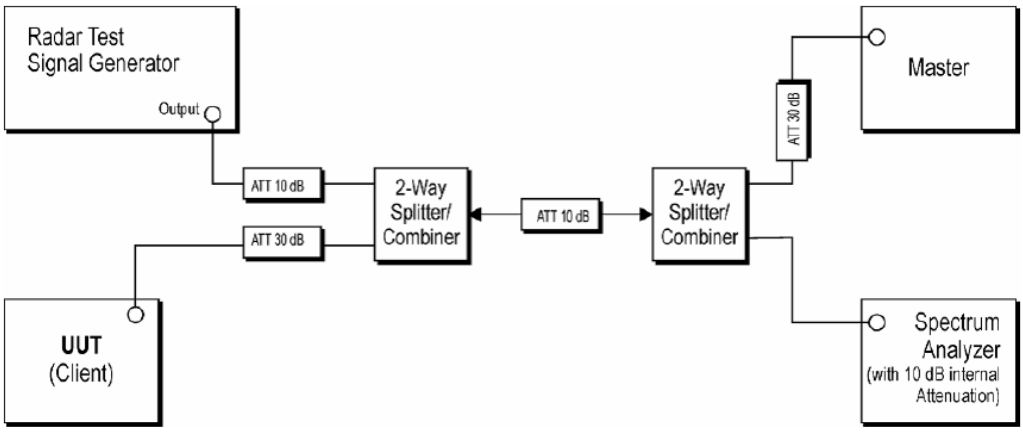
Table 6 – Long Pulse Radar Test Signal							
Radar Waveform	Bursts	Pulses per Burst	Pulse Width (µsec)	Chirp Width (MHz)	PRI (µsec)	Minimum Percentage of Successful Detection	Minimum Trials
5	8-20	1-3	50-100	5-20	1000-2000	80 %	30

Table 7 – Frequency Hopping Radar Test Signal							
Radar Waveform	Pulse Width (µsec)	PRI (µsec)	Burst Length (ms)	Pulses per Hop	Hopping Rate (kHz)	Minimum Percentage of Successful Detection	Minimum Trials
6	1	333	300	9	0.333	70 %	30

4.2. Test and Measurement System

4.2.1. Setup for Client with injection at the Master

Example Radiated Setup where UUT is a Client and Radar Test Waveforms are injected into the Master



Tested System Details

The types for all equipments, plus descriptions of all cables used in the tested system (including inserted cards) are:

Product		Manufacturer	Model No.	ID
1.	Access Point	ASUS	RT-BE96U	FCC：MSQ-RTBE6G00

4.2.2. System Calibration

The short pulse types 0,1,2, 3 and 4, and the long pulse type 5 parameters are randomized at run-time. The hopping type 6 pulse parameters are fixed while the hopping sequence is based on the May 2014 NTIA Hopping Frequency List. The initial starting point randomized at run-time and each subsequent starting point is incremented by 475. Each frequency in the 100-length segment is compared to the boundaries of the EUT Detection Bandwidth and the software creates a hopping burst pattern in accordance with Section 7.4.1.3 Method #2 Simulated Frequency Hopping Radar Waveform Generating Subsystem of FCC KDB 905462 D02 UNII DFS Compliance Procedures New Rules v02 The frequency of the signal generator is incremented in 1 MHz steps from FL to FH for each successive trial. This incremental sequence is repeated as required to generate a minimum of 30 total trials and to maintain a uniform frequency distribution over the entire Detection Bandwidth.
The signal monitoring equipment consists of a spectrum analyzer. The aggregate ON time is calculated by multiplying the number of bins above a threshold during a particular observation period by the dwell time per bin, with the analyzer set to peak detection and max hold.

4.2.3. System Calibration

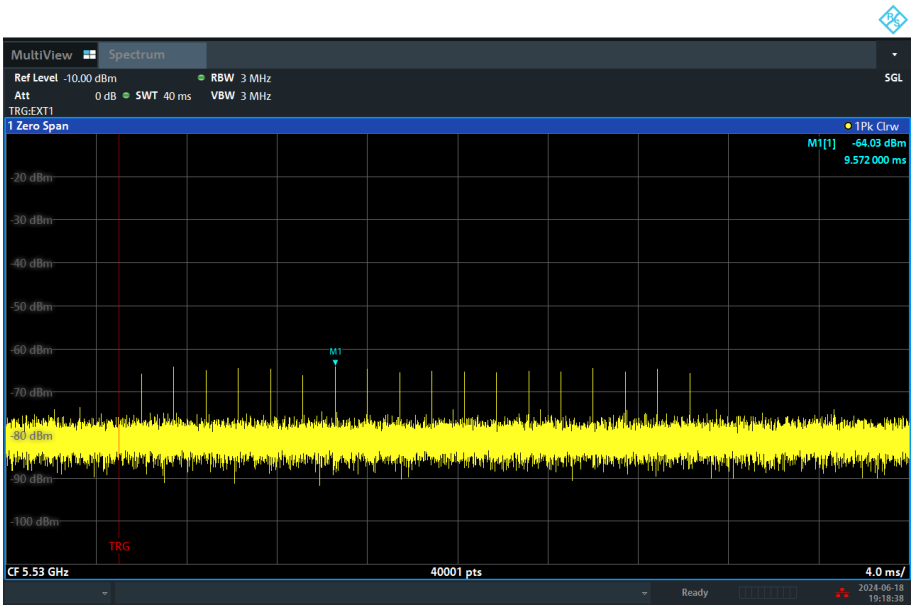
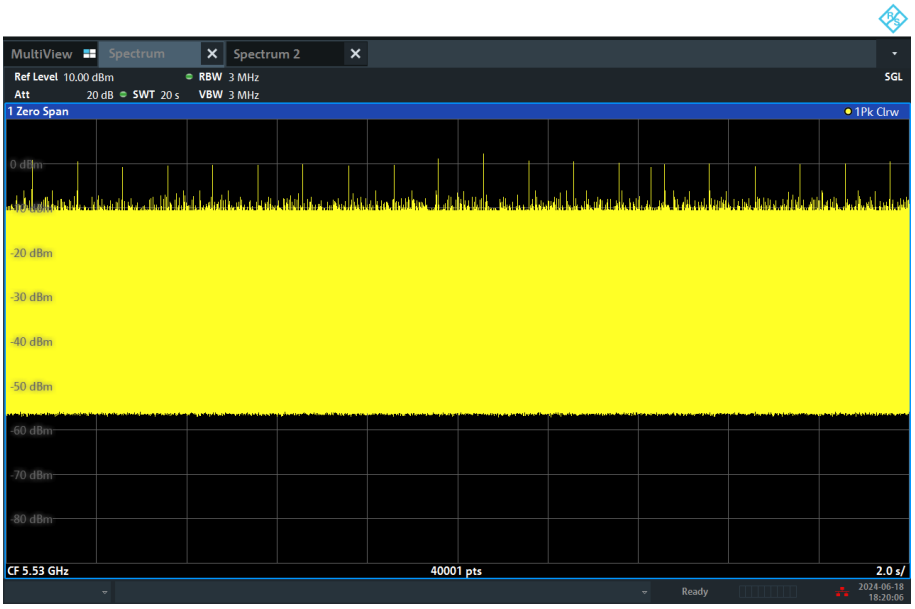
The Interference Radar Detection Threshold Level is (-64 dBm), The above equipment setup was used to calibrate the radiated Radar Waveform. A vector signal generator was utilized to establish the test signal level for each radar type. During this process there were replace 50 ohm terminal form Master and Client device and no transmissions by either the Master or Client Device. The spectrum analyzer was switched to the zero span (Time Domain) at the frequency of the Radar Waveform generator. Peak detection was used.The spectrum analyzer resolution bandwidth (RBW) and video bandwidth (VBW) were set to at least 3 MHz.
The vector signal generator amplitude was set so that the power level measured at the spectrum analyzer was (-64 dBm). Capture the spectrum analyzer plots on short pulse radar types, long pulse radar type and hopping radar waveform.

4.2.4. Adjustment of Displayed Traffic Level

A link is established between the Master and Slave and the distance between the units is adjusted as needed to provide a suitable received level at the Master and Slave devices. Software to ping the client is permitted to simulate data transfer but must have random ping intervals. The monitoring antenna is adjusted so that the WLAN traffic level, as displayed on the spectrum analyzer, is at lower amplitude than the radar detection threshold.

5 Test Results

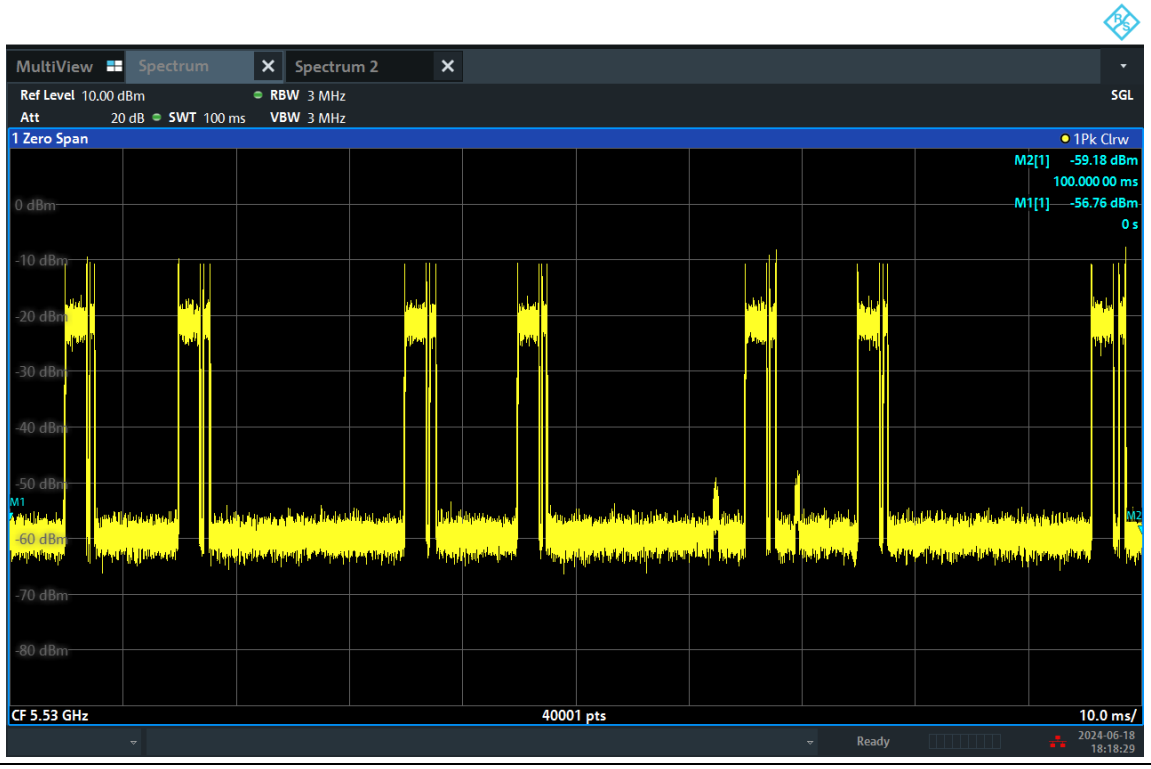
5.1. Radar Waveforms and Traffic

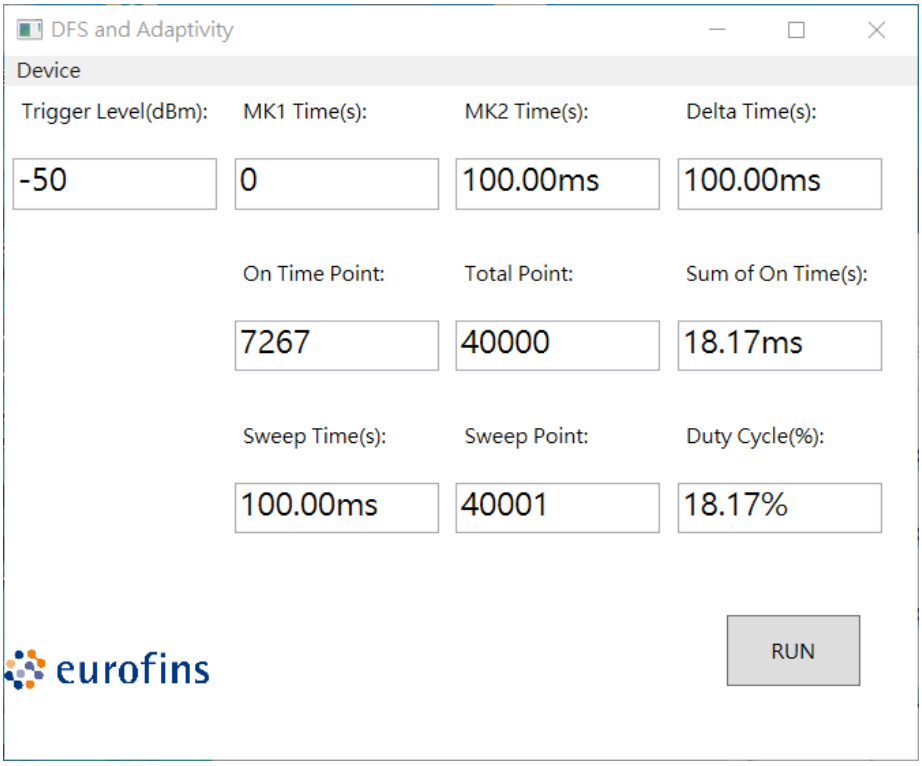
802.11ac VHT80 _ 5530 MHz	
Radar Waveforms	
Traffic	

5.2. Channel Loading

■ **Duty cycle≧17 %**

802.11ac VHT80 _ 5530 MHz





5.3. Channel Move Time and Channel Closing Transmission Time

5.3.1. Reporting Notes

The reference marker is set at the end of last radar pulse.

The delta marker is set at the end of the last WLAN transmission following the radar pulse.
This delta is the channel move time.

The aggregate channel closing transmission time is calculated as follows:
Aggregate Transmission Time = (Number of analyzer bins showing transmission) * (dwell time per bin)

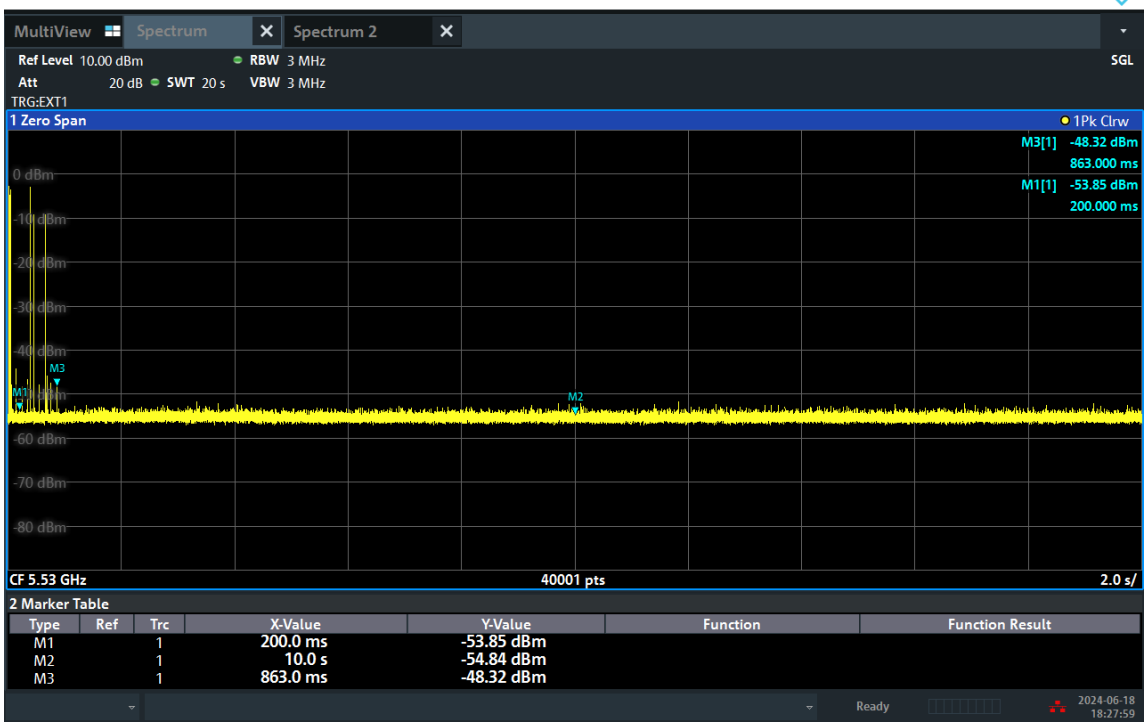
The Channel Closing Transmission Time is comprised of 200 milliseconds starting at the beginning of the Channel Move Time plus any additional intermittent control signals required to facilitate a Channel move (an aggregate of 60 milliseconds) during the remainder of the 10 second period. The aggregate duration of control signals will not count quiet periods in between transmissions.

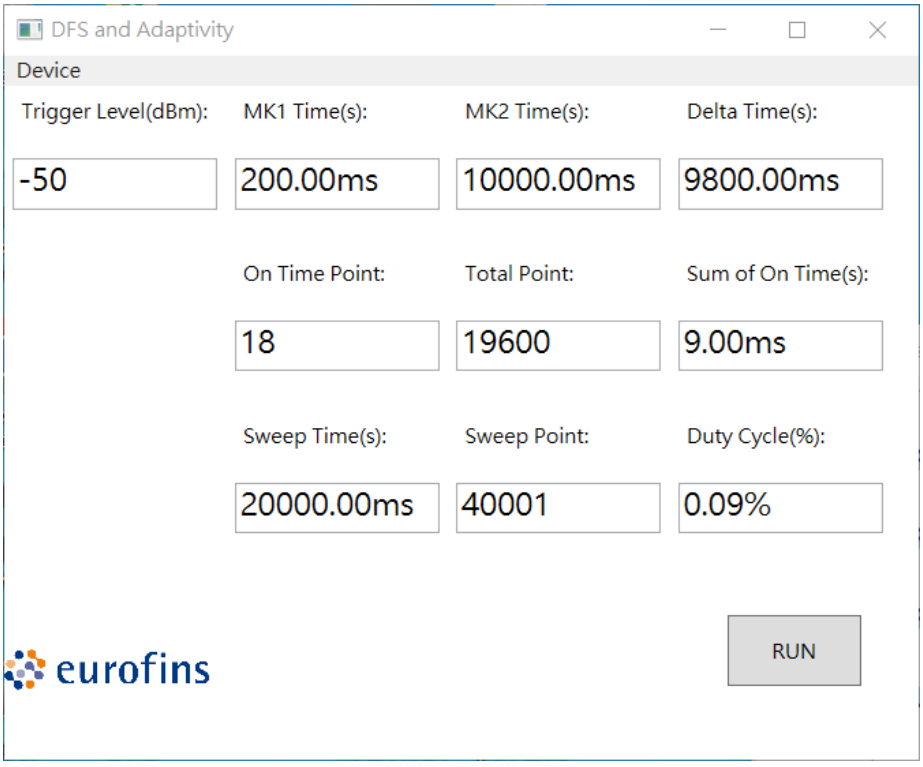
Results

Frequency (MHz)	Radar Type	Channel Move Time (sec)	Limit (sec)
5530	Type 0	0.863	10

Frequency (MHz)	Radar Type	Aggregate Channel Closing Transmission Time (msec)	Limit (msec)
5530	Type 0	9	60

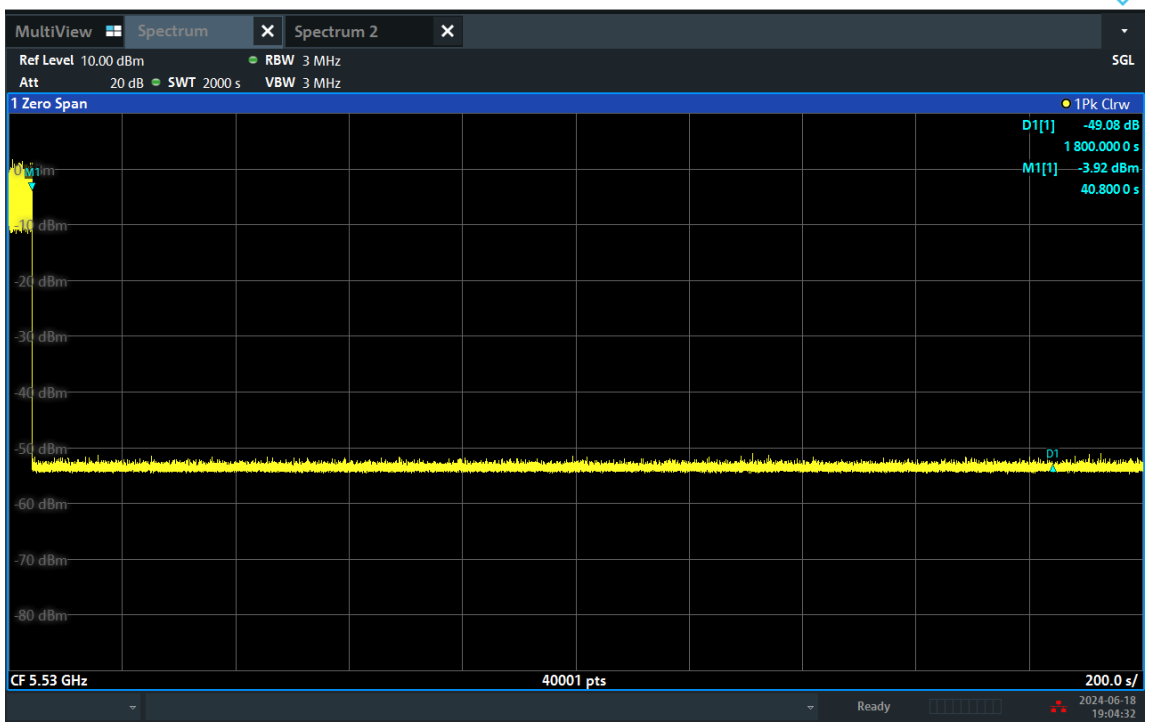
802.11ac VHT80 _ 5530 MHz





5.4. Non-Occupancy Period

802.11ac VHT80 _ 5530 MHz



Note: Non-Occupancy Period time is 30 minute during which a Channel will not be utilized after a Radar Waveform is detected on that Channel.

---END---