

### User Guide

#### Smart Bracelet



ID130Plus Color HR  
Thanks for choosing our device, please read the user guide carefully before using.

#### Setting

Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:  
**Note: hardware and system of devices should meet the requirements:**





iOS 7.0 & Above    Android 4.4 & Above    Support Bluetooth 4.0

#### 1. Download VeryFitPro

##### Search and download

Search and download "VeryFitPro" from the Apple Store or Android App store.

##### Scan the QR code and download

It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.



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#### 2. Product activation and installation

The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.

Take out: Pull open the strap and take out the bracelet body



Charge the battery: Insert the chip-mounted end of the bracelet body into the USB interface to activate the product by charging (be cautious not to reverse the polarity, and comply with the required voltage and current: 5V / 500mA)



Installation: Mount the bracelet body into the slot of the wrist strap.



Wear on: Adjust the length of the wrist strap until it is appropriate to wear on the wrist.



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#### 3. Touch key



Single click the touch key: Interface switch  
Press and hold the touch key: Enter

#### 4. Make sure the Bluetooth of smart phone is ON, open app "VeryFitPro"



When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.

#### Know your Device

#### 1. Wearing Method

Wear the device on your wrist horizontally, about 2cm to carpal, the same method as wearing watches.

#### 2. Heart Rate Monitoring

To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.

#### 3. Heart Rate Monitoring

Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically.

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#### 4. Working Time

Continuously working for 8 days under normal conditions

#### 5. Interface

Click the touch key to display successively



Time    Data Mode    Heart Rate Mode    Alarm Clock Mode    Sports Mode

#### Function Introduction

#### 1.1 Time Mode

Instructions  
Time dial can be switched as follows:  
APP Devices Mode-More  
[Click the touch key] to enter the next mode: Data Mode  
(you can customize the shortcut through the app)



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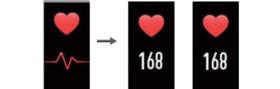
#### 1.2.1 Data Reading Sub-Mode



[Click the touch key] to enter the next sub-mode

Note: To go back to the Data Reading Mode by clicking the touch key on the final interface of Data Reading Sub-Mode

#### 1.3 Heart Rate Mode



Before Data Is Displayed    After Data Is Displayed    Change in 0.5s

Note: Upon staying at the Heart Rate interface for 1s, start to monitor the heart rate, and a fig. like "—" is displayed before the correct data is monitored, and upon the correct data being monitored, data is displayed. [Click the touch key] to enter the next mode: Alarm Clock Mode

#### 1.4 Alarm Clock Mode



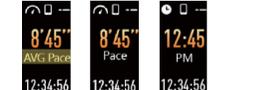
Note: Alarm clock function should be turned on in App for the alarm clock to be displayed.

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#### 1.5 Sports Mode



[Click the touch key] to enter the next mode: Sports Mode  
[Press and hold the touch key for 2s] to start/close alarm clock



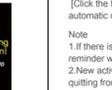
Average pace    Pace/Speed    Pm

[Click the touch key] to enter the next sub-mode of "Sports Underway" [Press and hold the touch key for 2s] to enter any interface of Data Reading, press and hold 2s to exit the sports mode.

Note: The speed and distance of riding can be displayed, but App need to be connected and the riding and App needs to start at the same time.

#### 1.5.3 Sports Stop Mode

1) If the sports last less than 1 minute, the user will be reminded of not saving the data.



Short training session! Not save!

[Click the touch key] to enter the main interface of sports mode (the data reading interface of sports data display mode is not displayed)

2) If the sports last more than 1 minute, the Sports End Reminder will be displayed



[Click the touch key] to enter the sports data display mode

3) Sports data display mode

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Step, Distance    Duration, Calories    Pace, Heart Rate

789 Steps    789 kcal    8'45" Pace

34.5 km/h    345 kcal    89 bpm

8'45" Pace    8'45" Pace    8'45" Pace

12:34:56    12:34:56    12:34:56

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#### 3) Reminder of force quit for low-battery

[Click the touch key] to accept the force quit from the sports mode

Note: During the sports activities, when the power is too low, the sport mode will pause, and remind the user of force quit from the sports mode.



#### 4) Reminder of inaccessible sport mode for low-battery

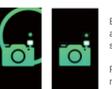


[Click the touch key] to accept the inaccessible sports mode for low-battery

Note: The reminder will occur when a user tried to start the sports mode with the battery of device is in low.

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#### 1. Camera mode control



Entry mode: Start the camera entry by App, and the device will get in the camera mode successfully.

Photo taking methods: shake/wrist lifting/click the touch key

Modes of exit:  
1. Press and hold the touch key to exit from the camera mode  
2. Exit through App will make the wrist strap quit from the camera mode.

#### 2. More modes of reminders

#### 1) Call Reminder



Click the touch key to remove the call reminder  
Press and hold the touch key to hang up the call

Note: The call reminder in the App needs to be set open.

#### 2) Message Reminder



In case of pages of messages, Click the touch key to read the remained ones.

Note: The relevant settings need to done in the App.

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#### 3) Alarm Clock



Alarm Clock: The relevant settings need to done in the App.

Alarm Clock Types:



Wake up    Medicine taking    Sleeping    Party

Appointment    Exercise    Meeting

#### 4) Long Sitting Reminder



Alarm Clock Reminder: The relevant settings need to done in the App.  
Click the touch key: It will remove the reminder.

#### 5) Target completion reminder



When some goals are achieved, shake the wrist strap to get the interface of target completion reminder displayed. Click the touch key to quit from the reminder

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#### 6) Low battery reminder



Low-Battery! Please recharge timely!

#### 7) Device Error Notification



Note: When the device is detected with an abnormality, the interface herein will be displayed each time the device is opened.

Status Code:  
-01 means the abnormality of acceleration sensor  
-02 means the abnormality of heart rate sensor  
-03 means the abnormality of touch key IC  
-04 means the abnormality of flash

#### Basic Specifications

Model No.: ID130Plus Color HR  
Battery Capacity: 70mAh  
Working Voltage: 3.7V  
Heat weight: about 22.5g  
Sync: Bluetooth 4.0  
Working temperature: -10 C ~ 45 C  
Waterproof: IP67  
Working Time: 7days  
Product frequency band: 2402-2480MHz  
Maximum transmit power: -4.05dBm

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#### Declaration of toxic and hazardous substances in electronic information products



The device meets the EU RoHS criterion. Please refer to IEC 62311; EU RoHS Directive 2011/65/EU and revised directive.

#### FAQ

#### Failed to find the device when pairing

- Make sure the Bluetooth of smart phone is ON, and smart phone OS Android 4.4 & Above, iOS 7.0 & Above.
- Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairing finished.
- Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.

#### Failed to connect with Bluetooth occasionally

- Caused by the abnormality of Bluetooth service when it restarted on the phone.
- Reboot mobile phone or re-start the Bluetooth service, then it works normal.

#### How to restore factory defaults

Make sure the device is connected with smart phone, go in the App, enter "device--System setting", and choose "reboot device".

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This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1) this device may not cause harmful interference, and  
(2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:  
-- Reorient or relocate the receiving antenna.  
-- Increase the separation between the equipment and receiver.  
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
-- Consult the dealer or an experienced radio/TV technician for help.

CAUTION  
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.  
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS



Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible for bringing the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

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名称	ID130Plus Color HR说明书	材质	105g铜板纸
尺寸	70x120mm	装订方式	胶装
颜色	四色 双面		
版本号	20171102V1.0		