# **USER MANUAL**

### Watch Introduction

Full screen touch; slide down to enter the status setting bar, slide up to view to

POWER key: wake up the screen/enter the function menu/return to the dial.



Before using the watch for the first time, it can be

activated by charging. Use the equipped magnetic

charger to attach it to the metal contact on the back of

the watch. Connect the other end of the charging line

to the 5V1A USB charging head or the computer USB

## Charging guide

**15** SMART WATCH

notice, slide left to enter the main function interface, and slide right to enter the split screen menu;



Binding device

Open the FitCloudPro

device page, and dick

....

App-Download

. Download and



Click the device

with Bluetooth

name S5 on the

search device page



You need to agree to

When this non-up window i

you need to click

Agree on the

complete th

device binding.

watch to

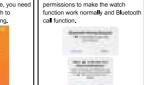
displayed on the App page.



2. Binding devices with iOS mobile Click the device with Bluetooth na S5 on the search device page to Use iOS mobile phone to bind device Open FitCloudPro application, ente the device page, click bind device.



When this pop-up window is You need to agree to the following displayed on the App page, ye to click Agree on the watch to complete the device binding.



### Audio setup

Open the watch Bluetooth call function and play mobile media audio function







# Function Introduction











Support daily calories, steps, distance data and

supports recording the total steps in 24 hours and port to view the history of steps in the past seve

Support 24-hour detection Support heart rate interval keeping duration record

Support measuring current heart rate data

Heart rate monitoring

Support daily light sleep and deep sleep records

Support to view sleep history of nearly seven days

Before heart rate monitoring, first make sure that the watch is

correctly worn on the wrist (the best position is at a finger wid

During the detection process, the wrist is required to remain

above the wrist bone). Heart rate detection requires that the

watch be worn tightly to avoid light leakage and cannot be

effectively detected. Then enter the heart rate detection.

stationary. When entering the heart rate measurement

interface, the bottom green light lights up to start the measurement. Whe

the measurement is completed, there will be a vibration reminder.

Support to view the blood oxygen history data for the last seven time:

Support to measure the current blood oxygen data

light up to start measuring for 30~60 seconds, and there will be a vibration reminder when the measurement is completed. The measurement is based

Sport mode

The watch supports 8 built-in sports

Before blood oxygen monitoring, first make sure that the

finger width above the wrist bone). The blood oxygen

watch is correctly worn on the wrist (the best position is at a

detection requires that the watch be worn tightly to avoid ligh

oxygen detection. During the detection process, the wrist is

required to remain stationary. When entering the blood

oxygen measurement interface, the bottom green light will

leakage and unable to detect effectively. Then enter the blood

modes+100+sports modes pushed by Ap

on PPG technology;

Blood oxygen monitoring

records, women's health, blood pressure monitoring, breathing training stopwatch, timer, alarm clock, message push, calendar, rest screen

Other functions

display and other functions

1. Why is there a reminder on QQ. WeChat and other information, but not or

are designed to provide reasonable protection against harmful 1 Confirm whether the messages can be displayed normally in the mobile notification bar. The device pushes messages by reading the messages in the mobile notification bar: If there is n

will display the real-time weather temperature and weather message in the mobile notification bar, the device cannot receive the push (You need to find the notification and status bar in the mobile phone settings, and turn on the phone, SMS, etc.

When the phone plays music, you can use the watch control phone to

Bluetooth calls, common contacts, call records, voice assistant, sports



Weathe

Music control

play/pause, the previous song, and the next song.

# Support to view the weather data of the day.

fter the watch is connected to the APP, this weather interface

After the watch is connected to the APP, you can control the

pause and start of the mobile music player, volume adjustme

### .3 The Bluetooth connection between the device and the mobile phone is always maintained 2 How can the device be unbound from the phone?

1.2 Open the APP and enter the APP device bar - click the message reminder - open the

reminders such as information and phone calls.

that the APP will not be forced to close

3. Why are Android phones easy to disconnect?

orresponding application switch button to receive message push.

On the "Device" page of the APP, click the "Unbind" button and select OK to unl

The APP must be running in the background so that Bluetooth will not automatically

APP to close. We need to manually turn off the power saving mode of the mobile

phone system or add the APP to the green background of system management s

disconnect, but the Android mobile phone system memory management will force the

be unbound, click the blue "!" sign at the back, and then click "Ignore this device Note: If the iPhone does not ignore the device, it will not be able to search the device when it is bound again, and it will still receive a reminder notice when there are

connecting to computer or peripheral devices). This equipment complies with Part 15 of the FCC Rules. Operation is

which the receiver is connected.

biect to the following two conditions

erference to radio or television reception, which can be determined

onnect the equipment into an outlet on a circuit different from that

onsult the dealer or an experienced radio/TV technician for hel

the interference by one or more of the following measures

increase the separation between the equipment and receiver

Recrient or relocate the receiving antenna.

rning the equipment off and on, the user is encouraged to try to corre