

RF EXPOSURE EVALUATION

According to FCC 1.1310: The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency(RF) Radiation as specified in §1.1307(b)

FCC ID: 2ADFS-LR01

EUT Specification

EUT	QuattroPod
Frequency band (Operating)	☐ WLAN: 2.412GHz ~ 2.462GHz ☒ WLAN: 5.18GHz ~ 5.24GHz ☒ WLAN: 5.745GHz ~ 5.825GHz ☐ Others: 2.402GHz~2.480GHz (BLE)
Device category	☐ Portable (<20cm separation) ☒ Mobile (>20cm separation) ☐ Others ____
Exposure classification	☐ Occupational/Controlled exposure (S = 5mW/cm ²) ☒ General Population/Uncontrolled exposure (S=1mW/cm ²)
Antenna diversity	☐ Single antenna ☒ Multiple antennas ☐ Tx diversity ☐ Rx diversity ☐ Tx/Rx diversity
Max. output power	5.1GHz WIFI: 15.55dBm (0.0359W) 5.8GHz WIFI: 15.48dBm (0.0353W)
Antenna gain (Max)	WiFi 5.1G: 2.78dBi WiFi 5.8G: 2.83dBi
Evaluation applied	☒ MPE Evaluation ☐ SAR Evaluation

Limits for Maximum Permissible Exposure(MPE)

Frequency Range(MHz)	Electric Field Strength(V/m)	Magnetic Field Strength(A/m)	Power Density(mW/cm ²)	Average Time
(A) Limits for Occupational/Control Exposures				
300-1500	--	--	F/300	6
1500-100000	--	--	5	6
(B) Limits for General Population/Uncontrol Exposures				
300-1500	--	--	F/1500	6
1500-100000	--	--	1	30

Friis transmission formula: $P_d = \frac{P_{out} * G}{4 * \pi * R^2}$

Where

P_d = Power density in mW/cm²

P_{out} = output power to antenna in Mw

G = gain of antenna in linear scale

π = 3.1416

R = distance between observation point and center of the radiator in cm

P_d the limit of MPE, 1mW/cm². If we know the maximum gain of the antenna and total power input to the antenna, through the calculation, we will know the distance where the MPE limit is reached.

Measurement Result

5.1GHz & 5.8GHz WiFi:

ANT A:

Operating Mode	Channel Frequency	Measured Power	Tune up tolerance	Max. Tune up Power	Antenna Gain	Power density at 20cm	Power density Limits
	(MHz)	(dBm)	(dBm)	(dBm)	(dBi)	(mW/ cm ²)	(mW/cm ²)
802.11a	5180	11.18	11.18±1	12.18	2.78	0.0062	1
	5200	11.53	11.53±1	12.53	2.78	0.0068	1
	5240	11.67	11.67±1	12.67	2.78	0.0070	1
802.11n20	5180	10.87	10.87±1	11.87	2.78	0.0058	1
	5200	11.43	11.43±1	12.43	2.78	0.0066	1
	5240	11.99	11.99±1	12.99	2.78	0.0075	1
802.11ac20	5180	11.14	11.14±1	12.14	2.78	0.0062	1
	5200	11.71	11.71±1	12.71	2.78	0.0070	1
	5240	12.56	12.56±1	13.56	2.78	0.0086	1
802.11n40	5190	12.89	12.89±1	13.89	2.78	0.0092	1
	5230	12.63	12.63±1	13.63	2.78	0.0087	1
802.11ac40	5190	12.10	12.10±1	13.10	2.78	0.0077	1
	5230	12.36	12.36±1	13.36	2.78	0.0082	1
802.11ac80	5210	11.90	11.90±1	12.90	2.78	0.0074	1
802.11a	5745	12.14	12.14±1	13.14	2.83	0.0079	1
	5785	11.86	11.86±1	12.86	2.83	0.0074	1
	5825	11.59	11.59±1	12.59	2.83	0.0069	1
802.11n20	5745	12.61	12.61±1	13.61	2.83	0.0088	1
	5785	12.35	12.35±1	13.35	2.83	0.0083	1
	5825	11.99	11.99±1	12.99	2.83	0.0076	1
802.11ac20	5745	12.53	12.53±1	13.53	2.83	0.0086	1
	5785	12.21	12.21±1	13.21	2.83	0.0080	1
	5825	11.98	11.98±1	12.98	2.83	0.0076	1
802.11n40	5755	12.38	12.38±1	13.38	2.83	0.0083	1
	5795	11.97	11.97±1	12.97	2.83	0.0076	1
802.11ac40	5755	12.34	12.34±1	13.34	2.83	0.0082	1
	5795	12.34	12.34±1	13.34	2.83	0.0082	1
802.11ac80	5775	11.84	11.84±1	12.84	2.83	0.0073	1

5.1GHz &5.8GHz WiFi:**ANT B:**

Operating Mode	Channel Frequency	Measured Power	Tune up tolerance	Max. Tune up Power	Antenna Gain	Power density at 20cm	Power density Limits (mW/cm ²)
	(MHz)	(dBm)	(dBm)	(dBm)	(dBi)	(mW/ cm ²)	
802.11a	5180	11.05	11.05±1	12.05	2.78	0.0060	1
	5200	11.29	11.29±1	12.29	2.78	0.0064	1
	5240	11.72	11.72±1	12.72	2.78	0.0071	1
802.11n20	5180	11.38	11.38±1	12.38	2.78	0.0065	1
	5200	11.94	11.94±1	12.94	2.78	0.0074	1
	5240	12.34	12.34±1	13.34	2.78	0.0081	1
802.11ac20	5180	11.36	11.36±1	12.36	2.78	0.0065	1
	5200	11.95	11.95±1	12.95	2.78	0.0074	1
	5240	12.35	12.35±1	13.35	2.78	0.0082	1
802.11n40	5190	11.72	11.72±1	12.72	2.78	0.0071	1
	5230	12.45	12.45±1	13.45	2.78	0.0084	1
802.11ac40	5190	11.99	11.99±1	12.99	2.78	0.0075	1
	5230	11.98	11.98±1	12.98	2.78	0.0075	1
802.11ac80	5210	11.85	11.85±1	12.85	2.78	0.0073	1
802.11a	5745	12.10	12.10±1	13.10	2.83	0.0078	1
	5785	11.58	11.58±1	12.58	2.83	0.0069	1
	5825	11.36	11.36±1	12.36	2.83	0.0066	1
802.11n20	5745	12.32	12.32±1	13.32	2.83	0.0082	1
	5785	12.20	12.20±1	13.20	2.83	0.0080	1
	5825	12.21	12.21±1	13.21	2.83	0.0080	1
802.11ac20	5745	12.18	12.18±1	13.18	2.83	0.0079	1
	5785	12.23	12.23±1	13.23	2.83	0.0080	1
	5825	11.91	11.91±1	12.91	2.83	0.0075	1
802.11n40	5755	12.21	12.21±1	13.21	2.83	0.0080	1
	5795	11.98	11.98±1	12.98	2.83	0.0076	1
802.11ac40	5755	12.55	12.55±1	13.55	2.83	0.0086	1
	5795	12.58	12.58±1	13.58	2.83	0.0087	1
802.11ac80	5775	12.40	12.40±1	13.40	2.83	0.0084	1

ANT A+ANT B:
5.1GHz WiFi

Operating Mode	Channel Frequency	ANT A Power density at 20cm	ANT B Power density at 20cm	ANT A+ANT B Power density at 20cm	Power density Limits
	(MHz)	(mW/ cm ²)	(mW/ cm ²)	(mW/ cm ²)	(mW/cm ²)
802.11n20	5180	0.0058	0.0065	0.0123	1
	5200	0.0066	0.0074	0.0140	1
	5240	0.0075	0.0081	0.0156	1
802.11ac20	5180	0.0062	0.0065	0.0127	1
	5200	0.0070	0.0074	0.0144	1
	5240	0.0086	0.0082	0.0168	1
802.11n40	5190	0.0092	0.0071	0.0163	1
	5230	0.0087	0.0084	0.0171	1
802.11ac40	5190	0.0077	0.0075	0.0152	1
	5230	0.0082	0.0075	0.0157	1
802.11ac80	5210	0.0074	0.0073	0.0147	1

5.8GHz WiFi:

Operating Mode	Channel Frequency	ANT A Power density at 20cm	ANT B Power density at 20cm	ANT A+ANT B Power density at 20cm	Power density Limits
	(MHz)	(mW/ cm ²)	(mW/ cm ²)	(mW/ cm ²)	(mW/cm ²)
802.11n20	5745	0.0088	0.0082	0.0170	1
	5785	0.0083	0.0080	0.0163	1
	5825	0.0076	0.0080	0.0156	1
802.11ac20	5745	0.0086	0.0079	0.0165	1
	5785	0.0080	0.0080	0.0160	1
	5825	0.0076	0.0075	0.0151	1
802.11n40	5755	0.0083	0.0080	0.0163	1
	5795	0.0076	0.0076	0.0152	1
802.11ac40	5755	0.0082	0.0086	0.0168	1
	5795	0.0082	0.0087	0.0169	1
802.11ac80	5775	0.0073	0.0084	0.0157	1

Note:

5.1G WiFi +5.8G WiFi simultaneous (worst case):
 $0.0092(802.11n40)+0.0087(802.11ac40)=0.0179 < 1$