

Downloading the App

Scan the following QR code, download and install the App.



Scan QR Code and Download



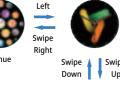
To charge your device, plug the charging cable into the

Charging and Active

adapter or USB port on your computer. to the「Device」, Click「Add a Device

The MAC address on the "Setting"-"About" page could help you identify your device on the scanning list.





Use the Touch Screen











Smart Watch Features







our sleep , it can provide the hours slept and quality of sleep stats on both the screen and the APP.

Heart Rate Test

heart rate all day .



Smart Watch Features

teps taken on the screen.

o start a new training measure

modes to be chosen.

recording, there are 123 sport



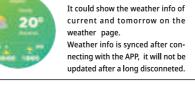
Tap the SpO2 page to start measuring your SpO2. On the SpO2 page, It can show the SpO2 measured data of the last

data of the last times.

Smart Watch Features

Smart Watch Features

Tap on the blood pressure page On the blood pressure page, It can show the blood pressure measured







Smart Watch Features



Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off

Smart Watch Features







Smart Watch Features





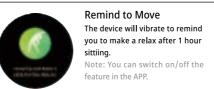








Smart Watch Features



"Time to Drink Some Water" at the

手表功能简介

Smart Watch Features

Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout. Covering global city time, it NOTE: Do not swim with your Smart Bracelet. We also don't supports checking the time recommend showering with your wristband; though the water difference and date difference won't hurt the device, wearing it 24/7 does not give your skin

of each place to meet all your

city needs

2.Using Quick View With Quick View you can check the time or the message form your phone on your Smart Bracelet without taping. Just turn your wrist towards you and the time screen will appear for a few seconds.

it thoroughly before putting it back on.

Getting to Know Your Device

a chance to breathe. Whenever you get your bracelet wet, dry

General Info & Specifications

1.Environmental Conditions limits are designed to provide reasonable protection against Operating temperature: 14°F to 122°F (-10°C to 50°C) Non-operating temperature: -4°F to 140°F (-20°C to 60°C) residential installation. This equipment generates,

Fits a wrist between 5.5 and 7.7 inches in circumference.

waste and should be disposed of at your local electronic

3.Disposal and Recycling Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Bracelet and accompanying components. Do not dispose of Smart Bracelet with common household waste, the Smart Bracelet unit is considered electronic

equipment collection facility. For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

Reorient or relocate the receiving antenr - Increase the separation between the equipment and receiver. -Connect the equipment into an outlet on a circuit

to comply with the limits for a Class B digital

uses and can radiate radio

device, pursuant to part 15 of the FCC Rules. These

frequency energy and, if not installed and used in

accordance with the instructions, may cause

harmful interference to radio communications

However, there is no guarantee that interference

will not occur in a particular installation. If this Operation is subject to the following two equipment does cause harmful interference to radio or television reception, which can be

NOTE: This equipment has been tested and found different from that to which the receiver is

(1) this device may not cause harmful interference, and (2) this device must accept any interference determined by turning the equipment off and on the user is encouraged to try to correct the received, including interference that may cause interference by one or more of the following undesired operation.

Wearable device BW693J2P

-Consult the dealer or an experienced radio/TV

Changes or modifications not expressly approved

by the party responsible for compliance could void

This device complies with Part 15 of the FCC Rules.

the user's authority to operate the equipment.

technician for help

USER MANUAL

手表客户端下载



扫描下方二维码下载并安装手表客户端。



手表充电与激活



首次使用手表之前需要充电激活; 使用配备的磁吸充电器吸附到手表背面的金属触点,充电器 另一端接入USB充电头或者电脑USB接口即可。



手表绑定成功后,今后每次打开客户端,手表会自动与手机连 接,在客户端数据页面下拉可以同步数据。

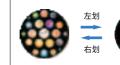




绑定完成 在手表设置菜单—关于界面,将显示手表MAC地址,可以通过 设备列表中的MAC地址来确定你的设备:







手表操作指导















手表可以记录并显示全天24h心率值。 在客户端中查看。

点击心率界面,可测量当前心率值。 更多详细信息分析以及数据记录可以

手表功能简介



跑步、骑行、篮球、足球、羽毛球、跳绳、

手表功能简介

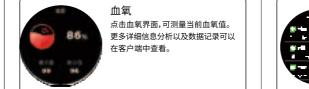
手表可记录并显示每天行走的步数 更多详细信息分析以及数据记录可以









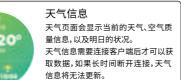


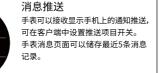
手表功能简介











连接手机后,手表可以作为手机相机

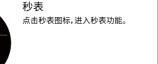
手表功能简介



手表功能简介







在客户端中可以设置手表的智能闹钟, 最多可以设置3个闹钟。

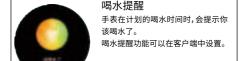


手表功能简介

打开勿扰模式后,将关闭手机振动,并 ● ● ® □ ® ●

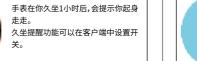
最多可以设置3个闹钟。

在设定时间时,手表将会显示闹钟图



手表功能简介





在手机APP里面的世界时钟添加 需要显示的地区,添加成功后手表上 会显示对应地区的时间

手表与Hyundai Fit的APP绑宝好

中以下部位处于受压状态,暂时血液无法顺畅的向下面的动脉 分支流动;血管紧张感增加,将使上下血压测量值偏差会更大。

常见问题与解答

血压数值为什么跟血压计有偏差?

为什么不能佩戴手表洗热水澡? 洗澡水的温度比较高,会产生很多的水蒸气,而且水蒸气是气

相的,其分子半径小,容易从手表的壳体空隙渗进去,当温度

短路,损伤手表电路板,进而损坏手表。

降下来后又会重新凝结成液相的水滴,容易造成手表内部线路

手表和血压计测量数值出现的偏差是由多种因素决定的,血压

分支,正常情况下主动脉血压测量值和微动脉血压测量值会相

差三到四十;如果你使用手表和血压计同时进行测量,由于动

脉里流动的是离心方向的血液,血压计测量时绑带使你的肘正

计测量部位是在肱动脉,手表测量部位是在微动脉的两个主要

1.确认在手机客户端开启了消息推送的开关 2.确认消息在手机通知栏都可以正常显示,手表消息推送是通 过读取手机通知栏消息进行推送;若手机通知栏没有消息,手 表将无法接收推送。 (需要在手机设置中找到通知设置,开启微信、QQ、电话、短信、

(在手机设置中找到辅助功能,打开手环客户端的辅助功能设置)

手机客户端的通知开关)

常见问题与解答

为什么手表接收不到消息推送?

手机客户端的通知开关)

3.打开手环客户端的辅助功能设置

1.确认在手机客户端开启了消息推送的开关 2.确认消息在手机通知栏都可以正常显示 (需要在手机设置中找到通知设置,开启微信、QQ、电话、短信、