



ANC Wireless Headphones Quick Start Guide Model JHM-B1

What's in the box

- Headphones
- Quick Start Guide
- USB Type-C Charging Cable

Things to keep in mind with Wireless Headphones

- Wireless Headphones should not be used in extreme temperatures.
- Before using the headphones for the first time, make sure to charge them using a 5V, 24W or lower USB-C charger.
- The Max. Input Watt for AUX is 50 mW.

Pairing Wireless Headphones with your phone

1. Turn on the headphones by pressing MFB for 2 seconds. You'll then hear a "Power-on" notification and the LED will flash blue and red alternately.
2. On your phone, go to Settings, turn Bluetooth on, and then pair with "JHM-B1". Check your phone user guide to find out how to access Bluetooth settings.
3. Once paired, the headphones will automatically connect to your phone whenever you turn on the headphones.

Performing a factory reset

When the headphones are on and not pairing with your phone, press MFB quickly for 5 times to complete the factory reset. It can be connected and used normally when be powered on.

Components



Controls

MFB	<ul style="list-style-type: none">• Press and hold (for 2 seconds) to turn the headphones on• Press and hold (for 3 seconds) to turn the headphones off• Press quickly (for 3 times) to turn Voice Assistant on• Press briefly to pause or resume playback• Press briefly to answer or end the call• Press and hold (for 1 second) to reject the call• Press quickly (for 2 times) to turn ANC on• Press quickly (for 2 times) to turn ANC off
Volume"+"	<ul style="list-style-type: none">• Press and hold (for 1.5 seconds) to play the next song• Press briefly to increase the volume
Volume"-"	<ul style="list-style-type: none">• Press and hold (for 1.5 seconds) to play the previous song• Press briefly to decrease the volume

LEDs

Charging	Red light always on
Charging completed / Paired	LED off
Low battery warning	Red light flashes one time every 5 seconds
Powered on and waiting for pairing	Red and blue light flashing alternately
ANC on	Green light always on
ANC off	LED off

Specifications

Product model	JHM-B1
Bluetooth version	5.4
Bluetooth range	≤10 m
Play time (ANC off)	Approx. 35.0 hours (Volume level 50%)
Play time (ANC on)	Approx. 20.0 hours (Volume level 50%)
Talk time	Approx. 25.0 hours (Volume level 50%)
Standby time (ANC off)	Up to 200 hours
Standby time (ANC on)	Up to 26 hours
Battery capacity	300mAh
Charging port	USB Type-C
Power input rating	5V / 200mA
Charging time	2.5 hours
Net weight	163.5 g

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.