



SGS-CSTC Standards Technical Services Co., Ltd. Shenzhen Branch

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Report No.: SZEM170600670502

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SAR Evaluation Report

Application No.: SZEM1706006705CR
Applicant: Shenzhen Medica Technology Development Co., Ltd
Address of Applicant: 2F Building A, Tongfang Information Harbor, No. 11, East Langshan Road, Nanshan District, Shenzhen, China
Manufacturer: Shenzhen Medica Technology Development Co., Ltd
Address of Manufacturer: 2F Building A, Tongfang Information Harbor, No. 11, East Langshan Road, Nanshan District, Shenzhen, China
Factory: Apexto electronics Co., Ltd
Address of Factory: 2F, A block, Nanchang road 59, Gushu Xixiang, Baoan District, Shenzhen 518216
Equipment Under Test (EUT):
EUT Name: RestOn Sleep Tracker
Model No.: Z400T, Z400T-2, Z400, Z400T-2 ♣
♣ Please refer to section 4 of this report which indicates which model was actually tested and which were electrically identical.
FCC ID: 2ADIOZ400T
Standards: 47 CFR Part 1.1307
47 CFR Part 2.1093
KDB447498D01 General RF Exposure Guidance v06
Date of Receipt: 2017-06-30
Date of Test: 2017-07-01 to 2017-07-06
Date of Issue: 2017-07-14

Test Result :	PASS*
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* In the configuration tested, the EUT complied with the standards specified above.



Jack Zhang
EMC Laboratory Manager

The manufacturer should ensure that all products in series production are in conformity with the product sample detailed in this report. If the product in this report is used in any configuration other than that detailed in the report, the manufacturer must ensure the new system complies with all relevant standards. Any mention of SGS International Electrical Approvals or testing done by SGS International Electrical Approvals in connection with, distribution or use of the product described in this report must be approved by SGS International Electrical Approvals in writing.

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Shenzhen Branch

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2 Version

Revision Record				
Version	Chapter	Date	Modifier	Remark
01		2017-07-14		Original

Authorized for issue by:				
				
		Leo Li /Project Engineer		
				
		Eric Fu /Reviewer		



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4 General Information

4.1 General Description of EUT

Product Name:	RestOn Sleep Tracker
Model No.:	Z400
Operation Frequency:	2402MHz~2480MHz
Bluetooth Version:	V4.0 Signal mode
Modulation Type:	GFSK
Number of Channel:	40
Antenna Type:	Chip Antenna
Antenna Gain:	2.5dBi
Power Supply	Lithium Ion Battery: 3.7V 900mAh rechargeable battery which charged by USB port

Remark:

Model No.: Z400-1, Z400-2, Z400T-1, Z400T-2

Only the model Z400-1 was tested, since the electrical circuit design, layout, components used, internal wiring and functions were identical for all the above models, only different on sensor type.

Product Name	Model No.	Sensor type		Serial No.
RestOn sleep tracker	Z400	sensor	1. Piezoelectric film 2. Bedside judgment	Z400-1
			1. Piezoelectric film	Z400-2
			1. Piezoelectric film 2. temperature 3. humidity 4. Bedside judgment	Z400T-1
			1. Piezoelectric film 2. temperature 3. humidity	Z400T-2



4.2 Test Location

All tests were performed at:

SGS-CSTC Standards Technical Services Co., Ltd. Shenzhen Branch

No. 1 Workshop, M-10, Middle section, Science & Technology Park, Shenzhen, Guangdong, China
518057

Telephone: +86 (0) 755 2601 2053 Fax: +86 (0) 755 2671 0594

No tests were sub-contracted.

4.3 Test Facility

The test facility is recognized, certified, or accredited by the following organizations:

- **CNAS (No. CNAS L2929)**

CNAS has accredited SGS-CSTC Standards Technical Services Co., Ltd. Shenzhen Branch EMC Lab to ISO/IEC 17025:2005 General Requirements for the Competence of Testing and Calibration Laboratories (CNAS-CL01 Accreditation Criteria for the Competence of Testing and Calibration Laboratories) for the competence in the field of testing.

- **A2LA (Certificate No. 3816.01)**

SGS-CSTC Standards Technical Services Co., Ltd., Shenzhen EMC Laboratory is accredited by the American Association for Laboratory Accreditation(A2LA). Certificate No. 3816.01.

- **VCCI**

The 10m Semi-anechoic chamber and Shielded Room of SGS-CSTC Standards Technical Services Co., Ltd. have been registered in accordance with the Regulations for Voluntary Control Measures with Registration No.: G-823, R-4188, T-1153 and C-2383 respectively.

- **FCC – Registration No.: 556682**

SGS-CSTC Standards Technical Services Co., Ltd., Shenzhen EMC Laboratory has been registered and fully described in a report filed with the (FCC) Federal Communications Commission. The acceptance letter from the FCC is maintained in our files. Registration No.: 556682.

- **Industry Canada (IC)**

Two 3m Semi-anechoic chambers and the 10m Semi-anechoic chamber of SGS-CSTC Standards Technical Services Co., Ltd. Shenzhen Branch EMC Lab have been registered by Certification and Engineering Bureau of Industry Canada for radio equipment testing with Registration No.: 4620C-1, 4620C-2, 4620C-3.

4.4 Deviation from Standards

None.

4.5 Abnormalities from Standard Conditions

None.

4.6 Other Information Requested by the Customer

None.



5 SAR Evaluation

5.1 RF Exposure Compliance Requirement

5.1.1 Standard Requirement

According to KDB447498D01 General RF Exposure Guidance v06

4.3.1. Standalone SAR test exclusion considerations

Unless specifically required by the published RF exposure KDB procedures, standalone 1-g head or body and 10-g extremity SAR evaluation for general population exposure conditions, by measurement or numerical simulation, is not required when the corresponding SAR Exclusion Threshold condition, listed below, is satisfied.

5.1.2 Limits

The 1-g and 10-g SAR test exclusion thresholds for 100 MHz to 6 GHz at test separation distances ≤ 50 mm are determined by:

$$\left[\frac{(\text{max. power of channel, including tune-up tolerance, mW})}{(\text{min. test separation distance, mm})} \right] \cdot \sqrt{f(\text{GHz})} \leq 3.0 \text{ for 1-g SAR and } \leq 7.5 \text{ for 10-g extremity SAR, where}$$

$f(\text{GHz})$ is the RF channel transmit frequency in GHz

Power and distance are rounded to the nearest mW and mm before calculation¹⁷

The result is rounded to one decimal place for comparison

The test exclusions are applicable only when the minimum test separation distance is ≤ 50 mm and for transmission frequencies between 100 MHz and 6 GHz. When the minimum test separation distance is < 5 mm, a distance of 5 mm is applied to determine SAR test exclusion

5.1.3 EUT RF Exposure

The Max Conducted Peak Output Power is	-4.95 dBm on the lowest channel	2.48 GHz
-4.95 dBm logarithmic terms convert to numeric result is nearly 0.32 mW		
According to the formula. calculate the test exclusion thresholds:		
$\left[\frac{(\text{max. power of channel, including tune-up tolerance, mW})}{(\text{min. test separation distance, mm})} \right] \cdot \sqrt{f(\text{GHz})}$		
General RF Exposure = $(0.32 \text{ mW} / 5 \text{ mm}) \times \sqrt{2.48 \text{ GHz}} = 0.10$	(1)	
SAR requirement:		
$S = 3.0$		(2)
$(1) < (2)$		
So the SAR report is not required.		