



Maestra

User Guide

Thank you for your confidence in us. We hope that the Tomatis® Maestro headphones will accompany many successes throughout your Tomatis® journey. By choosing the Tomatis® Method, you have opted for a natural, effective and safe stimulation.

We advise you to read this brochure carefully. You will find it together with an educational booklet and video tutorials, on tomatis.com/en/resources/maestro.



Happy about your
Tomatis® Maestro
headphones?
Share your feedback!

<https://Link to feedback>

CONTENTS

Maestro P4

The two functions of the headphones P5

The two functions of the headphones P6

Quick start P7

Interface P8

Settings P9

Troubleshooting and specifications P10

Precautions and limitations P11

MAESTRO

Tomatis® Maestro are your personal headphones of the Tomatis® Method. It is an original technological device that stimulates the brain in two ways:

Bone conduction

Sound is transmitted to you through the speakers and through a bone conduction in the arch of the headphones. It is therefore important that the headphones are in good contact with the top of the head.

Air conduction

Air conduction oppitibus, venderupti repediost, utati beaquo que dolecus, cone issequa tectate dolupta sitate porerei.

Audio-vocal work

The sound is processed through a dynamic filter system. You thus perceive the music or the sound of your voice modified with sound contrasts effects.



The Maestro pack includes the headphones, a carry case and a USB-C charging cable.



THE TWO FUNCTIONS OF THE HEADPHONES



Music listening function: your custom listening program

Our Tomatis® Professional will create an exclusive listening program based on your individual needs. Throughout the sessions, you'll utilize Maestro, either at the Tomatis® Center or in the convenience of your home. Each program typically extends in three loops for 60 minutes or more across a 14-day period.



Audio-vocal training function: train your own voice

Harness the audio-vocal training function to fortify language, communication, and learning prowess. Optimal usage involves dedicating a few minutes daily for several days: 5 minutes for children, 10 minutes for adults, or as directed by your Tomatis® Professional. Engage in reading, singing, or speaking activities.

YOUR LISTENING PROGRAM

1

TEQ (TOMATIS® EVALUATION QUESTIONNAIRE)

To begin Tomatis® Method program, you'll need to fill out the TEQ preliminary evaluation questionnaire sent by your Tomatis® Practitioner via email. This online platform assesses various aspects such as behavior, emotions, language, attention, balance, coordination, and more.

Time taken: Approx. 30 minutes

2

PRELIMINARY INTERVIEW

Following is an interview with a Tomatis® Professional who will discuss the TEQ results and may assess your complete listening profile using the Tomatis® Listening Test (TLT). The TLT evaluates the ear-to-brain connection's effectiveness in processing auditory information beyond hearing ability. Emotional factors, trauma, or stress can impact effective listening.

Time taken: Approx. 02 hours

3

INTENSIVE LISTENING & AUDIOVOCAL SESSIONS

Our Tomatis® professional will customize an exclusive listening program based on your individual needs. During the listening sessions, you will use one of our devices – either the Maestro by Tomatis® or TalksUp®, either at the Tomatis® Center or Clinic or in the comfort of your own home.

The standard program lasts for 14 days

4

CONSOLIDATION PROGRAM

After completing the listening sessions, a Tomatis® professional typically advises a 4-week consolidation phase to allow the intensive listening experience to fully integrate. This period is crucial for continuing to stimulate the ear and brain, maximizing the benefits.

The standard program lasts for 4 weeks

5

INTERMEDIARY OR EXIT INTERVIEW

Following every session with a break of around 4 weeks, you and/or your child will undergo an interim interview and assessment. Based on the results of this evaluation, a decision will be made regarding the continuation of the program, as well as the scheduling of new listening sessions.

Time taken: 1.5 hours

QUICK START



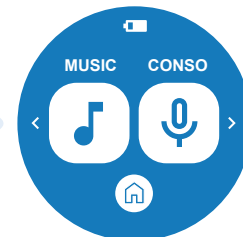
Step 1:

Turn the headphones on by pressing the blue power button on the right earphone.



Step 2:

Select the user.



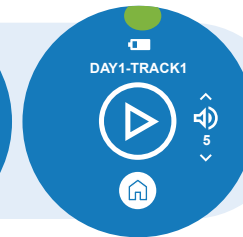
Step 3:

Select your program.

Listening session

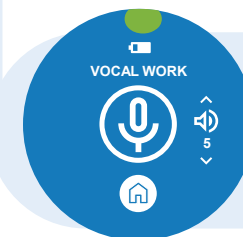


Ongoing intensive and consolidation listening session



Paused intensive and consolidation listening session

Audio-vocal work




Ongoing audio-vocal work session

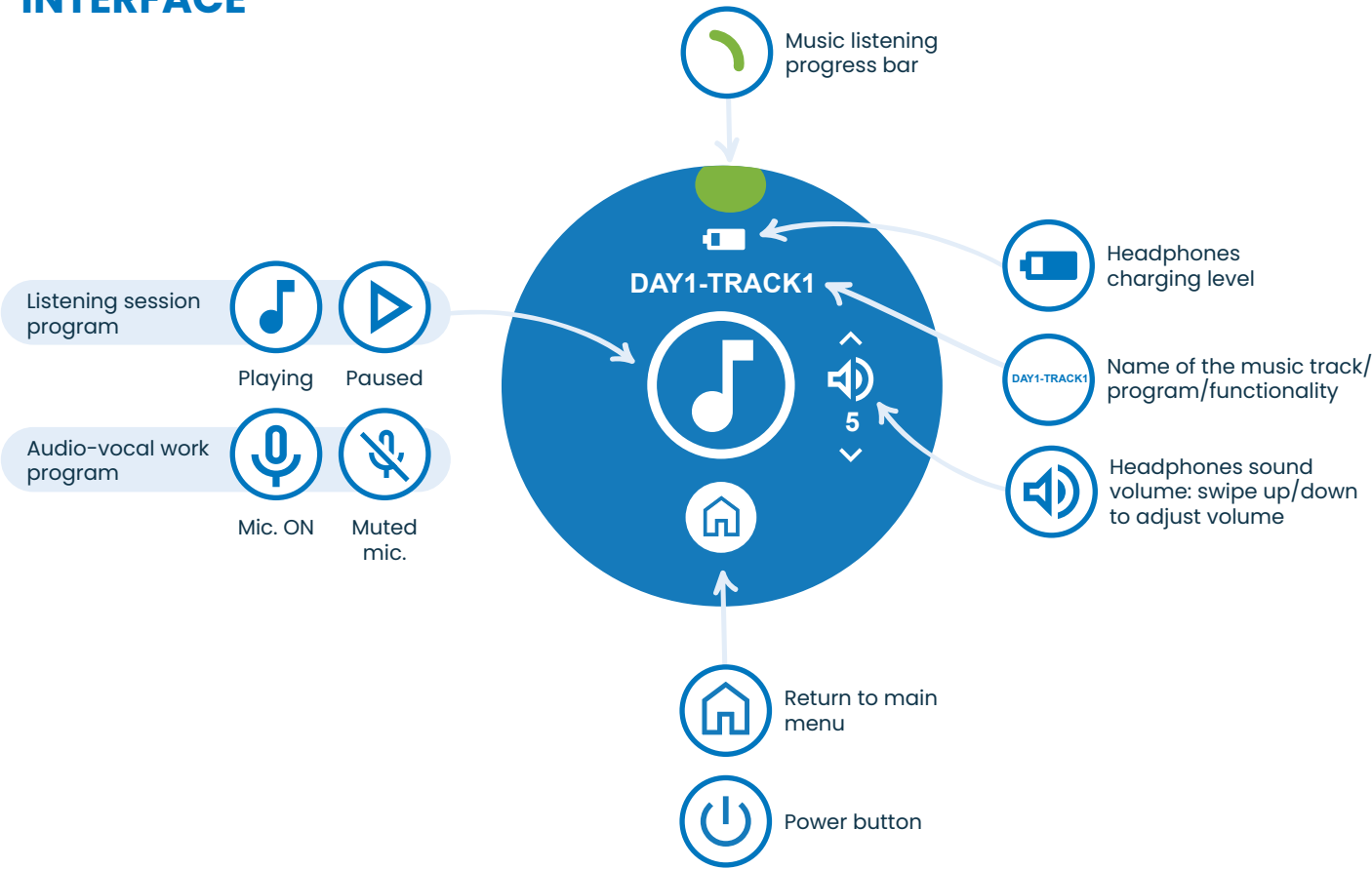


Muted microphone



To turn the headphones off, press 8 sec the power button or the  icon.

INTERFACE







SETTINGS



Once you clicked on the 'Setting' button, swipe with your finger on the screen to see all the setting options.

	Screen lock ON		Screen lock OFF	Screen lock	Screen lock function description text here. Screen lock function description text here.
	Auto-pause ON		Auto-pause OFF	Music auto-pause	Music auto-pause function description text here. Music auto-pause function description text here.
	Bluetooth ON		Bluetooth OFF	Bluetooth function	Bluetooth function description text here. Bluetooth function description text here.
	1-Day previous ON		1-Day previous OFF	1-Day previous function	1-Day previous function description text here. 1-Day previous function description text here.
	Demo ON		Demo OFF	Demo function	Demo function description text here. Press the 'Home' button to exit from the demo.

TROUBLESHOOTING AND SPECIFICATIONS

The audio-vocal training doesn't work	.Make sure to plug the microphone into the correct socket first and then press the  button on the left speaker .1 .Charge the battery .2 .Speak out loud to hear your own voice modified .3
The microphone is working during the .music listening session	.Switch off the audio-vocal training by pressing the  button on the left speaker
The volume is too high or too low during the music listening session	You can adjust the volume with the  /  buttons located below the right speaker. The volume is displayed on the .12 screen. When you switch the headphones off and on again, the default volume displayed is
Nothing happens when I turn the dial on the left speaker	.This specification can only be set by a Professional
I notice changes in the timber and intensity of the musical programs and my own voice	.It's not a problem. It's the Electronic Gating® system of the Tomatis® Method

SPECIFICATIONS

Speaker	1Khz@ 3dB→1 15dB 32ohm- sensitivity
Bone Conduction	3W – 200Hz @ %15→ 8ohm
Wireless Bluetooth	(33ft) meters 10 EDR Spec – operation + 2.1

PRECAUTIONS AND LIMITATIONS

PRECAUTIONS FOR USE

Volume: Use the default volume unless you have a hearing disorder or hyperacusis. The .volume should not be uncomfortable
If you are adjusting the volume for a child, make sure it is not too loud. To return to the .default volume on the audio-vocal function, turn the device off and on again
Duration: Use the headphones according to the instructions provided in the user guide. Do .not extend the music listening program beyond the recommended time for daily sessions
Discomfort: If you feel pain or discomfort, immediately stop using the headphones. We advise you to contact your Tomatis® Professional to better understand the reasons for this .discomfort and to start using the headphones again once you feel better
Children: Children must use the headphones under constant adult supervision
If you are accompanied by a Tomatis® Professional, always give priority to his/her instructions
Connecting to another device: You can use Tomatis® Infinite either independently or by connecting to the TalksUp® device. Do not connect the headphones to other equipment. These headphones are not suitable for use with any sensory stimulation training program other than the Tomatis® Method. These headphones are also not suitable for listening to .music or movies

LIMITATIONS AND DISCLAIMER

Tomatis® *Infinite* is a natural and non-invasive educational tool. It is not meant for treatment of a known disease, nor is it a mean to formulate a diagnosis for any medical or .psychological disorder, nor is it a therapeutic or medical device
It is not approved by Federal Drug Administration in the USA or any other national regulatory authorities for medical products. Tomatis® Infinite can never replace a .therapeutic treatment. No results are guaranteed. The customer is solely responsible

Tomatis® *Infinite* can be used stand-alone and, although it is recommended, it is not essential for the application of the Tomatis® Method and the functioning of the TalksUp®. Conversely, the use of the Tomatis® *Infinite* headphones alone without recourse to a certified Tomatis® Professional and having Tomatis® professional equipment, cannot be assimilated to the application of the Tomatis® Method. The contents of this .documentation cannot be considered as medical advice and cannot replace it
Tomatis® *Infinite* should never be used without the guidance of a Tomatis® Professional
tinnitus, degenerative diseases ,4 in the following cases: children under the age of .(Parkinson's, Alzheimer's...), psychiatric disorders, presence of cochlear implants, epilepsy

STORAGE AND MAINTENANCE

Store the headphones in a cool and dry place and clean them with a F).°113-32) C°45-0 soft dry cloth. The working temperature should be Working in cold/hot environments or highly humid areas will reduce the battery life. The headphones are not water resistant and can't be .submerged into water

PERSONAL USE

The Tomatis® *Infinite* h headphones a re d esigned f or p ersonal u se only and strictly limited to the family who purchased it. The specified content is protected by copyright laws and the headphones cannot be .rented out, borrowed or used for professional use

CONTACT US

If you need to return a product under warranty, please send a detailed explanation describing the problem to infinite@tomatis.com and .simply wait for the instructions

.TOMATIS DEVELOPPEMENT S.A
avenue de la liberté 76
Luxembourg 1930-L

Find more information on the dedicated website
[in inite.tomatis.com](http://in.inite.tomatis.com). You can find all the terms and conditions of sale on
[in inite.tomatis.com/legal](http://in.inite.tomatis.com/legal)



This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment.

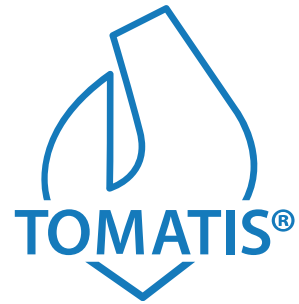
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement in portable exposure condition without restriction.



Maestro