

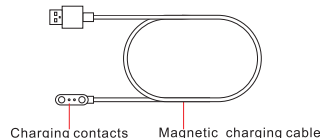
# USER MANUAL

★ SMART WATCH ★

## ► Charging and Active

Please fully charge the watch before using it for the first time. If the charging icon does not appear, please keep charging for 10 minutes.

1. Please use the charging stand provided with the product to charge the charging contacts on the back of the bracelet.
2. Plug the USB tap into the USB adapter(excluding in the packaging).
3. Do not use an adapter with an output of more than 5V /2A to charge, otherwise the watch may be damaged.



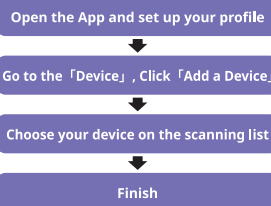
## ► Downloading the App

Scan the QR code, download and install the App



Da Fit

## ► Pairing



The MAC address on the "Setting"-> Info "page could help you identify your device on the scanning list.

Note :

When the phone is connected to the bracelet, it needs to keep the BT of the phone open, and there is no other matching device in the BT of the phone. don't connect your android phone directly to your mobile phone in BT.

## ► Smart Watch Features



**Steps** : Smart Watch automatically tracks Steps taken, Calories burned, Distance traveled and displays on the screen.  
NOTE: Your movement stats reset to zero at midnight.



**Sleep** : If you keep wearing Smart Watch in your sleep , it can provide the hours slept and quality of sleep stats on both the screen and the APP.  
Note: Sleep stats reset to zero at 8:00 PM



**Measure BP** : Tap the blood pressure icon to start measuring your blood pressure.  
App for more details



**Weather**: It could show the weather info of current and tomorrow on the weather page.  
Weather info is synced after connecting with the APP.



**Breathe training**: Click the breathe icon to measure the current vital capacity.



**Shutter** : After connecting the device can remote control the camera on your phone.



**Measure HR** : Tap the heart rate icon to start measuring your heart rate.  
App for more details



**Training**: Tap the training icon to start a new training measure recording , there are 7 sport modes to be chosen.  
App for more details



**SPO2**: Tap the SPO2 icon to start measuring your SPO2.  
App for more details



**Messages Reminder**: The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.



**Music Play Controller**: After connecting the device can remote control the music player on your phone.



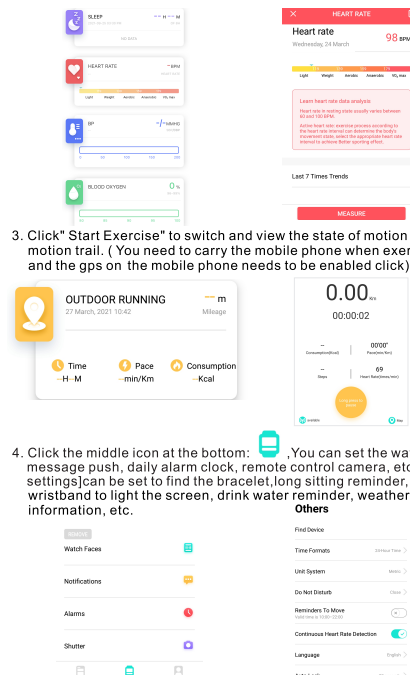
**Alarm Clock**: Click the icon to enter the function to set alarm clock. More settings can be found in the app.

## ► App Operating Instructions

1. Enter the homepage of the App and view the current synchronized data of the watch. Slide the screen down to refresh the synchronized data manually. Click the [Step Count Icon] to view the sports data and history on the watch.



2. Click the Heart Rate, Blood Pressure , Blood Oxygen and Sleep Record modules to view the heart rate record of the whole day (the automatic heart rate monitoring function needs to be enabled), blood pressure measurement record , Blood oxygen saturation and yesterday's sleep record and analysis Click the calendar icon on the top right corner to view the history.



3. Click " Start Exercise" to switch and view the state of motion and motion trail. ( You need to carry the mobile phone when exercising and the gps on the mobile phone needs to be enabled click).

4. Click the middle icon at the bottom: . You can set the watch dial, message push, daily alarm clock, remote control camera, etc [other settings] can be set to find the bracelet, long sitting reminder, wristband to light the screen, drink water reminder, weather information, etc.

## ► Attention

1. Do not charge in condition of water stains.
2. This product is an electronic monitoring product, which is not used as medical treatment. The data is for reference only.
3. Don't wear this device when bathing or swimming for a long time.
4. Use the matching charging cable for charging.

## ► Frequently Question And Answers

The bracelet can't receive the reminder.

**Android phone Settings:**

A: make sure the APP has an alert switch on.

B: confirm whether the message can be displayed normally on the notification bar, and the notification push of the bracelet can be read Mobile phone notification message ; If there is no message in the notification bar , the bracelet will not receive the push (need find notification and status bar in mobile phone settings, and open WeChat, QQ, phone, SMS)

**iOS phone Settings:**

Open the phone: "Settings" -> "notification", click "WeChat", QQ, SMS, phone -> open "allow notification", and display it in the notification center. For more detailed questions, please go to the bracelet app: "personal center" to find out.

# FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- ▶ -Reorient or relocate the receiving antenna.
- ▶ -Increase the separation between the equipment and receiver.
- ▶ -Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- ▶ -Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.