

TWS WATCH

既是手表；也是耳机

内置TWS耳机



用户使用指南

01/前言

感谢您选择我们的产品，初次使用，请您先给手表充电；使用前请仔细阅读用户手册。多功能智能手表，能给您带来更多的可能性，丰富您的生活。如果您有任何疑问，请通过购买平台信息与我们联系，我们优秀的客户服务团队将迅速解决您的问题。

02/包装清单

整机x1 表带x1 充电线x1
蓝牙耳机x1对 用户指南x1

03/产品展示图



04/基本参数

主体重量	157g	单耳耳机重	2.4g
主芯片	RTL8762D	电池类型	聚合物电池
充电电压	5V	手表电池容量	280mAh
充电电流	200mA	耳机电池容量	25mAh
工作温度	-5~45℃	手表蓝牙版本	蓝牙 5.0
耳机蓝牙版本	蓝牙 5.0		

设备要求：
Android 4.4及以上系统手机，并支持蓝牙4.0及以上安卓手机IOS8.0及以上系统，iphone 4S及以上苹果手机。

05/初次使用

1.设备功能界面介绍
长按按键开机后，上下左右划动进入相应的菜单。



2.在主界面状态下双击手表旋钮按键可进入子菜单，共有15种风格可供选择。在主界面下，长按屏幕画面或者旋转旋钮按键，可切换手表的主题画面。



3.软件下载，安装APP：
安卓手机可扫描二维码，或应用宝中搜索“Powerband”进行下载并安装；

苹果手机可扫描二维码，或进APP Store 搜索“Powerband”进行下载安装；

4.手表与手机蓝牙连接（手表时间自动校准）
1）手表蓝牙打开方式：手表开机默认会自动开启，并保证手机蓝牙是开启状态。
打开手机APP “Powerband”，在“设备”界面下“添加设备”



参考图1

2）搜索到设备型号“Watch-R6”点击进行连接。连接成功后在APP的“设备”下会显示设备型号“Watch-R6”（已连接）”



参考图1

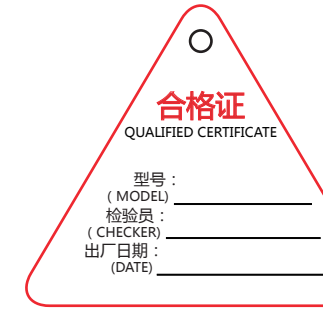
5. 耳机与手机蓝牙连接（参考图3）
1）先将耳机从手表中取出来，耳机的蓝牙将会自动开启。
2）接下来打开手机，设置选项，打开蓝牙，手机蓝牙将自动搜索附近的蓝牙设备，然后在下方可用设备中找到手表的蓝牙名称“TWS-S6”，点击进行配对，完成耳机与手机的连接



参考图2

6.连接及配对注意事项
1)确保手机蓝牙为开启状态；
2)确保设备电量充足，使用前请先开机或充电；
3)配对连接时确保设备离手机50cm以内；
4)若在APP里搜不到设备，请在手机权限设置里检查是否允“Powerband”使用蓝牙；
5)耳机配对时需确保耳机从手表底座中取出来

6.剧烈运动时佩戴耳机可能会在运动中脱落导致产品损坏或丢失。
5.光电传感器属高敏感元器件，要小心硬物碰伤。佩戴一段时间可能会有汗渍、灰尘附着在表面可用软布定期清洁。
6.为确保驾驶安全，请不要在开车时拨打电话，若需使用耳机接听来电，请务必在开车前从手表底座中取出耳机戴上，勿在开车过程中做此操作。
7.在车上使用耳机功能请先在手机蓝牙设置里忽略与车载蓝牙的连接。
08/常见问题以帮助
Q:心率(睡眠)测试为什么不准?
A:首先手表设备是通过电子传感器来监测人体活动的，属于消费级产品出现一定的误差属正常现象，请客观对待数据。
Q:在哪里设置APP权限?
A:安卓手机-设置-权限管理-找到“Powerband”应用-信任此软件。
1.如果手机安装了安全管理类或清理加速类应用，请将“Powerband”设置为白名单(信任名单)。
2.在手机系统的权限管理程序里，请将“powerband”设为信任应用，来电显示等功能需要获取权限来实现功能。



产品保修卡
凭此产品保修卡作为保修凭证

产品名称	
产品型号	
产品SN码	
购买日期	
用户姓名	
用户电话	
用户地址	
销售单位电话	
销售单位名称或公章	

因产品质量问题：
1.签收之日起7日内，可退换。
2.签收之日起15日内，可换。
3.购买之日起12个月，保修。
因意外因素或人为行为导致产品损坏，不纳入产品保修政策。

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TWS WATCH

Two in One

insideTWS



User guide

01/ Preface

Thank you for choosing our product. Please charge your watch for the first time. Please read the user manual carefully before use. Multifunctional smartwatch can bring you more possibilities and enrich your life. If you have any questions, please contact us through the purchase platform information, our excellent customer service team will quickly solve your problem.

02/ Packing list

Whole x1 watch strap x1 Charging cable x1
Bluetooth Headset x1 vs User Guide x1

03/ Product display drawing



04/ Basic parameters

Net weight	157g	Weight per earphone	2.4g
Master chip	RTL8762D	Type of battery	Polymer battery
Charging voltage	5V	Watch battery capacity	280MAH
Charge current	200MA	Headphone battery capacity	25MAH
Operating temperature	-5~45℃	Bluetooth version	Bluetooth5.0

Equipment requirements:
Android 4.4 or later operating system phones, and support Bluetooth 4.0 or later Android phones IOS8.0 And above system, iphone 4S and above.

05/ First use

1. Describes the device functions
Long press the key to start up, swipe up and down left and right to enter the corresponding menu.



2. Double-click the watch knob on the main interface to enter the sub-menu, which has 15 styles to choose from. Under the main interface, long press the screen screen or rotate the knob button to switch the theme screen of the watch.



3. Download software and install APP:
For Android phones, you can scan the QR code or search “Powerband” in the app to download and install.

For iPhone, you can scan the QR code or search “Powerband” in the APP Store to download and install.

4. Bluetooth connection between watch and mobile phone (automatic watch time calibration)
1) Turn on the Bluetooth of the watch: By default, the watch will automatically turn on when it is turned on, and ensure the Bluetooth of the mobile phone Yes is enabled.
Open the Powerband APP and click Add Device on the Device interface.



Reference picture1

2) Search for the device model “Watch-R6” and click to connect. After the connection is successful, the device model “Watch-R6” will be displayed under “Device” in the APP. (Connected)



Reference picture1

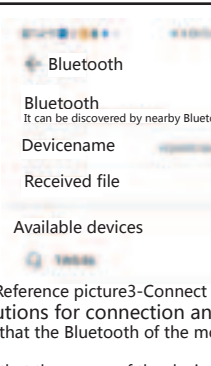
5. Bluetooth connection between headset and mobile phone (refer to Figure 3)
1) Take the earphone out of the watch first, and the Bluetooth of the earphone will be turned on automatically.
2) Next, open the phone, set the options, turn on the Bluetooth, the Bluetooth of the phone will automatically search for attachment
Then find the Bluetooth name of the watch “TWS-S6” in the available devices below, click to pair, complete the connection between the headset and the mobile phone



Reference picture2

6. Precautions for connection and pairing
1) Ensure that the Bluetooth of the mobile phone is enabled;
2) Ensure that the power of the device is sufficient. Please turn on or charge the device before use;
3) When pairing and connecting, ensure that the device is within 50cm of the mobile phone;
4) If you cannot find the device in the APP, please check whether the “Powerband” is allowed to use Bluetooth in the phone permission Settings;
5) When pairing headphones, make sure they are removed from the base of the watch
6) If the watch or mobile phone has been paired with other Bluetooth devices, it needs to be connected again.

7. If there are multiple watch-R6 watches, pay attention when the APP connects the Bluetooth of the Watch Whether the ID address of the Bluetooth of the watch in the APP is consistent with that of the watch.
7. Headset operation instructions
1. Long press for 2 seconds to turn on the phone, long press for 2 seconds to reject the call, long press for 6 seconds to turn off the phone, when the call comes, the earphone will be automatically answered from the earphone; Put into the watch automatically hang up; 2.double click the touch button -- answer/hang up the call;
3.4 touch the button -- wake up Siri;
4.double-click the touch button: play/pause;
5. Hit the left ear touch key three times: previous song; Next song
8.Watch operation instructions
* Note: In order to ensure the validity of the data, please enter the real gender, age, height and weight in the APP profile.
A. On/off
Long press the multifunction button for 3 seconds to start the device in the off state. On state, long press 3 seconds to enter shutdown option.
B. Motion monitoring
Enter the movement monitoring interface, display the current steps, distance, calories consumed and heart rate of the last test;
C. Sleep monitoring
Enter the sleep monitor interface and display the total sleep time last night.
D. Heart rate/oxygen test
Switch to the interface of heart rate/blood oxygen test, the LED light on the back of the watch will be on, and the heart rate/blood oxygen test will start. After 1-2 minutes, the current heart rate/blood pressure/blood oxygen value will be displayed. You can also test the heart rate/blood oxygen complete items at the same time through the mobile APP.
E. Find the watch
Just click the “Find bracelet” function in the mobile APP, and you can quickly and easily identify your location by the vibration emitted by the watch.
F. Alarm clock
You can set the alarm clock on the alarm clock setting interface of APP terminal, and the device will remind you accordingly.
G. Message reminder/push
When there is a new message, the device will vibrate to alert and display the message content; The corresponding message displays the corresponding icon.
Note: Please turn on the APP reminder switch first; H. Remote control photography
Enter the “Shake to take photos” interface through the APP and quickly shake the watch to take photos remotely.
Watch use precautions



Reference picture3-Connect earphone

1. The watch is prohibited from using charging voltage >5V, charging current >2A adapter
2 watch is prohibited in the case of water stains charging, if there is water in the watch earphone slot, please dry after use
3. This product is an electronic monitoring product, not as a medical reference, the data is for reference only;
4. Wearing headphones during strenuous exercise may fall off during exercise, resulting in product damage or loss.
5. The photoelectric sensor is a highly sensitive component, so be careful of hard objects. Wear for a period of time may have sweat stains, dust attached to the surface can be cleaned regularly with a soft cloth.
6. In order to ensure driving safety, please do not make phone calls while driving. If you need to use headphones to answer calls, please take out the earphones from the base of the watch and put them on before driving.
7. When using the headset function in the car, please ignore the connection with the car Bluetooth in the Bluetooth setting of the mobile phone first.
08/ Frequently Asked Questions to help
Q: Why is the heart rate (sleep) test inaccurate?
A: First of all, watch devices monitor human activities through electronic sensors. It is normal for consumer products to have certain errors. Please treat the data objectively.
Q: Where do I set APP permissions?



Product warranty card
The warranty card of this product is the proof of warranty

Product name	
Product Model	
Product SN code	
Date of purchase	
User name	
Subscriber telephone	
User address	
Sales unit telephone	
Sales unit Name or seal	

Due to product quality problems:
1. It can be returned or exchanged within 7 days from the date of receipt.
2. It can be replaced within 15 days from the date of receipt.
3. 12 months from the date of purchase, warranty.
Products damaged due to accidents or human actions are not included in the product warranty policy.

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DongGuan Hongqiang packaging material co., LTD

REV.	A
APPD:	
CHKD:	
DRAW:	LEOXU 20230525

料号：R6-ZYSMS
品名：R6中英文说明书
材质：157双铜
规格：60*80mm（折叠后成品）
印刷颜色：4c
折叠方式：风琴折
特别说明：
印刷排版
正面A1对应反面B13
正面A13对应反面A1
方向顺序不可颠倒



This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.ct.

The device has been evaluated to meet general RF exposure requirement.