# KR10 User manual





Welcome to use our high-performance wrist-band smart watch which creates thoughtful and health experience for you.

Please make a full charge before use it.

APP: Da Fit

#### 1.Download & Pairing

- 1.1 Long press side button "OPEN" to turn on.
- 1.2 Scan below QR code to install Da Fit APP, or download "Da Fit" from App Store, Google Player then install it.



Compatible System: Android4.4 and above, iOS 8.0 and above

1.3 Open the mobile APP, select the device to be bound in the APP device list

Step1: Turn on mobile phone Bluetooth

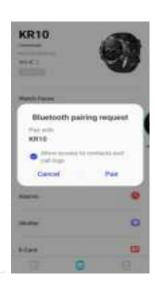
Step2: Open "Da Fit" APP, tap "Add a device" to connect.

Step3: Turn on phone menu on the watch.



Step 4: Find "About" in the watch settings, click to open, and check the MAC number of the watch, such as "00:00:00:00:00:00", then open the APP, click "TO ADD", and find the For devices with the same MAC number, click on the device to complete the Bluetooth connection. After connecting to Bluetooth, wait for about 5 seconds, and a "Bluetooth pairing request" window will pop up on the APP. First, click the circle in front of "Allow access to contacts and call logs". Click "Pair" again. The connection is complete.





#### 2.Smart bracelet Functions

#### 2.1 Time Interface

- 2.1.1 Power on: press and hold the button on the side for 3 seconds.
- 2.1.2 Power off: On the time interface, press side button for 3 seconds, then click "  $\sqrt{\phantom{a}}$ " icon to turn off
- 2.1.3 Switch surface: based on the main surface, long press the screen, 7 interface options, the first dial can manually replace the customized pictures or photos on the APP, and the eighth dial can be selected from the dial library

#### 2.2 Functions menu

2.2.1 Activity records (Step records)



#### 2.2.2 Sleep monitor

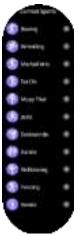
Sleep monitor period: 20:00 PM to 10:00 AM. Pls make sure wore the bracelet device



2.2.3 Heart Rate monitor(If need 24-hour monitor pls turn On "Full-day Heart rate" on Da Fitapp under "Other" menu



2.2.4 Exercise (107 sport modes: Walking, Running, Cycling, Skipping, Badminton, Basketball, Football, all exercise data will be sync to mobile phone Da FitApp)



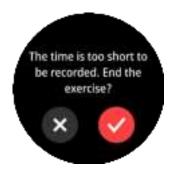




Select the sport mode you want, start to test and show all exercise data: mileage, calorie, heart-rate as below picture; Slide screen on left can exit or pause the sport testing.







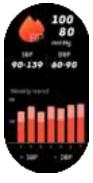
#### 2.2.5 Bluetooth call





# 2.2.6 Blood Pressure Detection (click screen to monitor)

NOTICE: This measurement data is for reference only, please do not use it in medical use.



# 2.2.7 Blood Oxygen Detection (click screen to monitor)

NOTICE: This measurement data is for reference only, please do not use it in medical use.



2.2.8 Weather (Slide up screen can check this week weather information)



#### 2.2.9 Shutter

Android: Turn on Da Fitapp, from smart bracelet enter "shutter" shake the bracelet or click to take photo.

IOS: Enter smart bracelet "shutter", make sure turn on mobile's camera, shake the bracelet or click icon.



2.2.10 Player (Enter BT music, click middle icon to pause or continue, tap left icon to play last song, tap right icon to play next song)



2.2.11 Notifications push (Turn on Da Fitapp "Notifications" social app like Facebook, Twitter, Skype etc.,

Pay attention on Android mobile phone setup: Da Fitapp/Notification/Accessibility to turn on "Da Fit"



## 3.Pop-up menu (Slide down screen from main watch dial)



Do not disturb mode
Remaining battery
APP connection status
Call switch
Brightness adjust
PM /AM display
Quick display of QR code
Power saving mode
Settings

#### 4. Functions on Da FitApp

## 4.1 Data sync

All measured data from smart bracelet will be sync on mobile phone Da Fitapp eg: step, sleep monitor, heart rate, blood pressure, blood oxygen and other data as below Pic.

#### 4.2 Smart bracelet connection interface

4.2.1 Watch Faces (6 interface options, 1 custom dial, and users can manually replace user-defined pictures or photos)



4.2.2 Notifications (Turn on social apps message push like WeChat, Facebook, Whatsapp, Twitter etc.)

# 4.2.3 Alarms (3 options)







#### 4.2.4 Shutter

- 4.2.5 Others (Find my smart bracelet, Time formats, Setting time of no disturbing, Sedentary reminder, Full-day hear-rate monitor, All day pressure, Power saving mode, unit format, bright screen time, Quick View screen, Heart rate warning, Hand washing reminder, Weather, Drink Water reminder, Physiological cycle reminder)
- A. Turn on the "Find my watch" mode. After the Bluetooth connection between mobile phone and smart watch is successful, the watch will vibrate and ring
  - B. Time format (2 options of 12&24 hours system)
  - C. Setting mode of no disturbing
  - D. Sedentary reminder (Valid period10:00AM-22:00PM)
  - E. Full day heart—rate monitor (Turn on it can detect your whole day heart-rate)
  - F . All day pressure: (After opening, the smart watch will record your pressure in real time)
  - G . Power-saving mode: (the brightness of the screen will be reduced and the call switch will be turned off)
  - H . Unit format: metric/imperial Selection
  - I . Setting of bright screen time: (the bright screen time can be selected from 5-30 seconds)
  - J. Heart rate warning: (your maximum heart rate is 187BPM by default. If it exceeds the default value, you will be warned)
  - K . Hand-washing reminder: (After it is enabled, you can customize the start time, number of hand-washing times, and number of hand-washing times)
  - L. Quick view screen: wake up screen (turn on it and choose valid time period)
  - M. Drink water reminder: It is recommended to drink at least 1955mL of water every day (after opening, you can customize the start time, the number of times to drink water, and the interval between drinks)
  - N. Weather (Turn on the weather, choose the city you want or automatic location, the band will show the located city's weather)
  - O. Physiological cycle reminder

(Notes: Please kindly note above functions are working based on activated and

## Frequently Asked Questions (FAQs)

# 1. Why does the smart bracelet automatically disconnect Bluetooth when the Android screen goes out?

1>Lock background APP. When the Da Fit process is cleared, the smart bracelet will be disconnected from the mobile phone.

- 2 > Set APP self-startup
- 3 > Unrestricted background operation. The Android mobile phone installed with APP intelligently restricts the background operation by default, and App should be set manually without any restriction.

## 2. Why cannot the smart bracelet receive message push?

- 1> Please confirm that you have turned on the switch for message push at the mobile phone client.
- 2 > Please 'confirm that messages can be displayed normally in the mobile phone notification bar. The message push on the smart bracelet is completed by reading the message from the mobile phone notification bar. The smart bracelet will not receive the message push if there is no message in the mobile phone notification bar. (You need to find notification settings in the mobile phone settings, and turn on the notification switch of WeChat, QQ, call, SMS and mobile phone client).
- 3 > Turn on the mobile phone --- Settings. Enter "Notification use right" on the top search box, re-open Da Fit.

# 3. Why can't take a hot bath with the smart bracelet?

Answer: the bath water has a relatively high temperature, and generates a lot of vapor which is in the gas phase with small molecular radius and can easily infiltrate into the smart bracelet from the shell gap. When the temperature drops down, the vapor will condensate into liquid-phase droplets which will easily cause the short circuit inside the smart bracelet and damage the circuit board and then damage the smart bracelet.

#### **FCC Statement**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -Reorient or relocate the receiving antenna.
- -Increase the separation between the equipment and receiver.
- -Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).

This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

#### RF warning statement:

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.