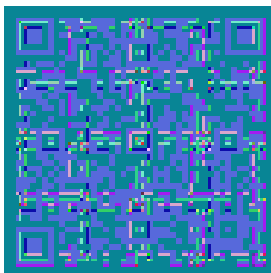


仅限APP使用



App only  
APP Download

**Not waterproof and cannot come into contact with water; If it comes into contact with water, it needs to be treated immediately.**

1、注意：本设备已经过测试，符合 FCC 规则第 15 部分对 B 类数字设备的限制。这些限制旨在为住宅安装提供合理的保护，防止有害干扰。本设备会产生、使用并辐射射频能量，如果不按照说明进行安装和使用，可能会对无线电通信造成有害干扰。但是，不能保证在特定安装中不会发生干扰。如果本设备确实对无线电或电视接收造成有害干扰（可通过关闭和打开设备来确定），建议用户尝试通过以下一种或多种措施来纠正干扰：重新调整或重新定位接收天线。增加设备和接收器之间的距离。将设备连接到与接收器连接的电路不同的电路插座上。请咨询经销商或经验丰富的无线电/电视技术人员寻求帮助。

2、重要提示：未经负责合规性的制造商明确批准的变更或修改可能会使用户操作该设备的权限失效。



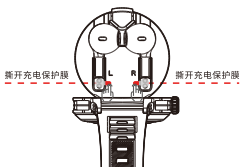
操作视频在线说明

# 首次操作连接说明

## 手表连接

01

打开手表  
撕开充电保护膜



02

合上手表  
充电, 直至满电状态



03

长按按键,  
开机



04

选择语言



05



扫码下载APP



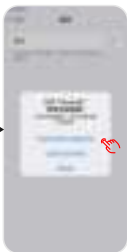
## 06 手机APP安装



## 07 APP安装完毕， 登陆APP

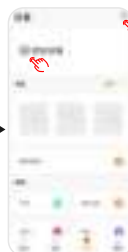


## 08 打开手机系统蓝牙

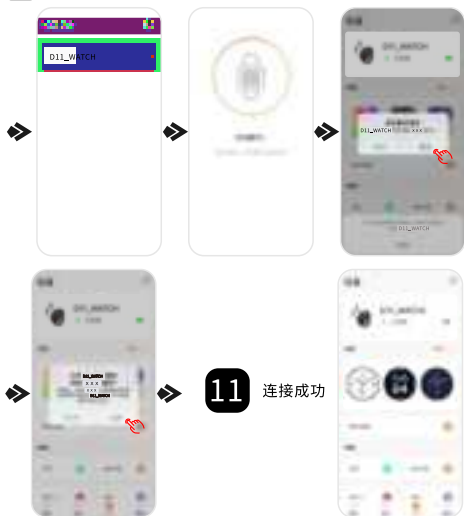


## 09

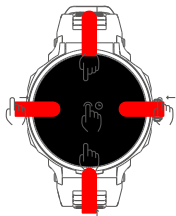
回到APP，  
选择设备-添加设备；  
或者选择右上角的扫码  
连接。



**10** 选择D11\_WATCH，  
进行配对



## 屏幕操作



下滑:消息通知

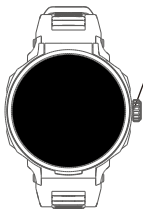
上滑:控制中心

右滑:快捷功能

左滑:功能菜单

长按:表盘切换

## 按键操作



### 功能键 电源键

- ① 开机:长按3秒至屏幕亮起
- ② 关机:长按3秒,选择滑动关机
- ③ 短按亮屏
- ④ 亮屏状态,单击按键,进入菜单模式
- ⑤ 菜单模式,双击按键,进入菜单风格选择模式

- ※ 如长按电源键3秒后开机失败,请充电后再尝试
- ※ 配对前请保持手表电量高于20%,以免因电量不足导致配对失败
- ※ 配对与连接中,确保手表蓝牙开启,且与手表在有效连接距离内
- ※ 本设备要求Android7.0及其以上系统,IOS12及其以上系统, Homony3.0及其以上系统
- ※ 低版本系统,如蓝牙连接不成功,需手动到手机设置中找到 D11\_WATCH,进行手动连接

## 注意事项

- ❶ 请勿擅自拆卸、修理、改造产品。
- ❷ 请勿暴力碰撞产品，以免导致产品损坏。
- ❸ 请避开强磁场、直射光线或高温环境使用。
- ❹ 本产品不作为疾病诊断、治疗及预防用途。
- ❺ 本产品防水等级为不防水，不能浸没在水中。
- ❻ 请避免表带佩戴过紧，且手表与皮肤接触位置保持洁净。
- ❼ 儿童请在家长的指导下使用本产品，以免造成危害。

## 性能参数

产品名称:智能手表

型号:D11

显示屏:1.46TFT彩屏, 360x360像素分辨率

防水等级:不防水

传感器:三轴G-sensor

续航时间:5-7天

工作温度:-10°C~50°C

电池类型:聚合物锂电池

## 手表蓝牙和手机蓝牙出现断连

需要手动重新连接：

方法一：

- 1 确保手表蓝牙和手机蓝牙是打开状态；
- 2 打开手机蓝牙，选择忽略D11\_WATCH；
- 3 手机打开Facelink，选择设备-选择添加设备-找到D11\_WATCH；
- 4 如果本地蓝牙还没连接，需要打开手机后台蓝牙，选择D11\_WATCH进行手动连接本地蓝牙。

方法二：

- 1 确保手表蓝牙和手机蓝牙是打开状态；
- 2 打开手机蓝牙，选择忽略D11\_WATCH；
- 3 手表显示主表盘情况下，右划打开扫码二维码或者功能菜单找到扫码二维码；
- 4 手机打开Facelink，找到扫码连接，进行扫码连接；
- 5 如果本地蓝牙还没连接，需要打开手机后台蓝牙，选择D11\_WATCH进行手动连接本地蓝牙。

当上述方法无效时，需在蓝牙中选择忽略D11\_WATCH后，重启手机再进行上述操作。

## 手表无法开机

请按住电源键时间超过3秒；  
可能电池电量过低请及时充电。

## 蓝牙未连接或无法连接

请尝试重启手表，重新连接；  
请尝试重启手机蓝牙后再次连接；  
手机不要同时连接其它蓝牙设备。

## 测量的数据不准确

一般为测量时，手表的感应器与人体接触不良导致；  
测量时请注意感应器与手腕充分接触；  
测量时请保持身体静止且手表贴紧手腕；  
对于肤色较深且手臂毛发较多的人，请在App[设备>加强测量]中，开启加强测量。

## 睡眠数据不够准确

睡眠监测是模拟人的自然入睡及起床时间状态，需要正常佩戴；  
入睡太晚或入睡时才佩戴，可能出现误差；  
白天不监测睡眠数据，默认睡眠监测为晚上9:30至次日中午12:00。

**本应用并非医疗设备，使用本应用过程中获取的数据仅供参考，不得用于临床诊断、医学研究、诊断或治疗目的。**



## **FCC Statement**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).

This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

## **RF warning statement:**

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.



Istruzioni online per l'operazione video

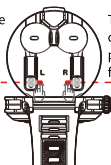
# First time operation connection instructions

## Watch connection

01

Open the watch,  
Tear off the charging  
protective film.

Tear off the  
charging  
protective  
film.



Tear off the  
charging  
protective  
film.

02

Close the watch,  
Charge until fully  
charged.



03

Long press  
the button,  
Power on.



04

Choose  
language.



05

Scan the code  
to download  
the APP.



**06** Mobile app installation.



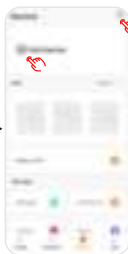
**07** The APP installation is complete, Log in to the app.



**08** Open the Wireless system on the phone.

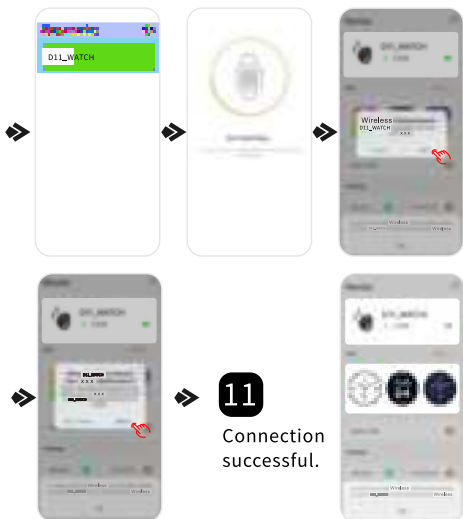


**09**  
Returning to the app, Select Device - Add Device; Or select the scan code connection in the upper right corner.



10

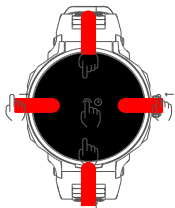
Select D11\_WATCH,  
Pairing.



11

Connection  
successful.

# Screen operation



Slide down: message notification

Swipe up: Control Center

Swipe right: shortcut function

Swipe left: function menu

Long press: switch dials

# Key operation



Function keys Power key

- ❶ Power on: Press and hold for 3 seconds until the screen lights up
- ❷ Power on: Press and hold for 3 seconds until the screen lights up
- ❸ Short press to light up the screen
- ❹ On screen status, click the button to enter menu mode
- ❺ Menu mode, double-click the button to enter menu style selection mode

- ※ If power on fails after long pressing the power button for 3 seconds, please charge and try again.
- ※ Please keep the watch battery above 20% before pairing to avoid pairing failure due to insufficient power
- ※ During pairing and connection, make sure the watch wireless is turned on and within the effective connection distance
- ※ This device requires Android 7.0 and above, iOS 12 and above, HarmonyOS 3.0 and above
- ※ For low version systems, if the wireless connection fails, you need to manually find D11-WATCH in the phone settings and connect manually

## Precautions

- ❶ Please do not disassemble, repair, or modify the product without authorization.
- ❷ Please do not violently collide with the product to avoid damage to the product.
- ❸ Please avoid using it in strong magnetic fields, direct light or high temperature environments.
- ❹ This product is not intended for disease diagnosis, treatment or prevention.
- ❺ The waterproof level of this product is not waterproof and cannot be immersed in water.
- ❻ Please avoid wearing the watch strap too tightly, and keep the contact area between the watch and the skin clean.
- ❼ Children should use this product under the guidance of their parents to avoid causing harm.

## Performance parameters

Product name : Intelligent separated call wristband

Model: D11

Display: 1.46TFT color screen, 360x360 pixel resolution

Waterproof level: Not waterproof

Sensor: three-axis G-sensor

Battery life: 5-7 days

Working temperature: -10°C~50°C

Battery type: polymer lithium battery

## Watch Wireless and phone Wireless are disconnected

Need to manually reconnect:

Method 1:

1. Ensure that the Wireless on the watch and the Wireless on the phone are turned on;
2. Turn on your phone's Wireless and select ignore D11\_WATCH; Open Facelink on your phone, select the device - choose Add Device - findD11\_WATCH;

If the local Wireless is not connected yet, you need to turn on the Wireless in the background of your phone and select D11\_WATCH to manually connect to the local Wireless.

Method 2:

1. Ensure that the Wireless on the watch and the Wireless on the phone are turned on;
2. Turn on Wireless on your phone and choose to ignore D11\_WATCH:When the watch displays the main dial, swipe right to open the QR code or find the QR code in the manual; Open Facelink on your phone, find the scan code connection, and proceed with the scan code connection;If the local Wireless is not connected yet, you need to turn on the Wireless in the background of your phone and select D11\_WATCH to manually connect to the local Wireless.

When the above methods are ineffective, you need to choose to ignore D11\_WATCH in Wireless and restart the phone before performing the above operations.

### Watch cannot be turned on

Please press and hold the power button for more than 3 seconds;  
The battery may be too low, please charge it in time.

### Wireless is not connected or cannot connect

Please try to restart the watch and reconnect;  
Please try to restart your phone's Wireless and connect again;  
Do not connect your phone to other Wireless devices at the same time .

### The measured data is inaccurate

It is generally caused by poor contact between the sensor of the watch and the human body during measurement;

Please pay attention to the full contact between the sensor and the wrist when measuring;

Please keep your body still and the watch close to your wrist when measuring;

For people with darker skin and more arm hair, please turn on enhanced measurement in the App [Device>Enhanced Measurement].

### Sleep data is not accurate enough

Sleep monitoring simulates a person's natural sleep and wake-up time and needs to be worn normally;

If you fall asleep too late or wear it just before falling asleep, errors may occur;

Sleep data is not monitored during the day, and the default sleep monitoring is from 9:30 pm to 12:00 noon the next day.

**This app is not a medical device. Data obtained during the use of this app is for reference only, and should not be used for clinical diagnosis, medical research, diagnostic, or treatment purposes.**