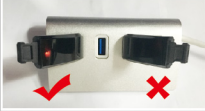
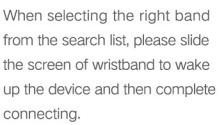
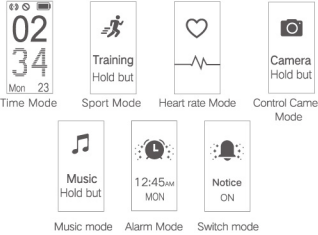
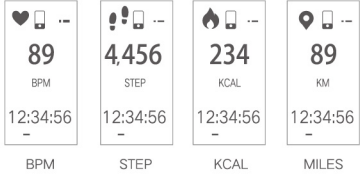
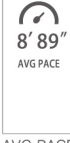
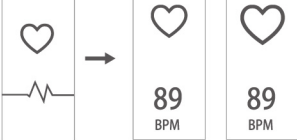
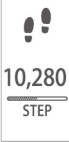
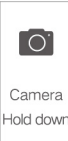
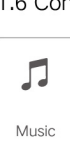
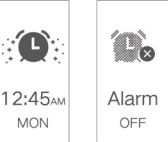
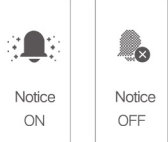
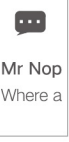
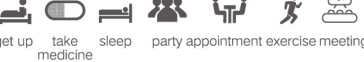


HEART RATE SMART WRISTBAND User Guide  Thanks for choosing our device, please read the user guide carefully before using.	Setting Use VeryFitPro on iOS or Android smart phone to set the wristband as follows: Please note: hardware and system of devices should meet the requirements:  iOS 7.0 & Above Android4.4 & Above Support Bluetooth4.0 1 .Download VeryFitPro Search and download Search and download "VeryFitPro" from the Apple Store or Android App store. Scan the QR code and download It probably has a problem to open the link with Wechat or other scan tools, please copy the link and open it through browser. 	2、Device Activate & Install Please activate the device by charging before initial use, and make sure power is working normally. Then the device will automatically boot up. Take out: Stretching the strap, and take out the host.  Charge: Plug it into USB port to charge and active device. (Don't plug the wrong side, Voltage/Current: 5V/500mA)  Install: To put the host into the slot of strap. 	 Wear: Adjusting the length of strap, and wear it on the wrist. 3.Touch key  Single click the touch key, back to the main interface/Back 4.Make sure the Bluetooth of smart phone is ON, open app"VeryFitPro"  When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting. 	Know your Device 1.Wearing Method Wear the device on your wrist horizontally, about 2cm to carpal,the same method as wearing watches. 2.Heart Rate Monitoring To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise. 3.Heart Rate Monitoring Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically. 4.Stand by time Normal use of about 8 days 5.Interface 	Function Introduction 1.1 Time Mode  Description: The time dial is switched in the app device module> more Click the touch button] enter the next mode:Sport Mode [Long press the touch button for 2s] quickly into other functions (you can customize the shortcut through the app) 1.2 Sport Mode  Training Hold but 1.2.1 Sport Start Mode Click the touch button] to switch the next movement type:Sport Mode [Press the touch button for 2s] Return to Sport Mode [Double-click the touch button] enter the motion start mode 	1.2.2 Sport Going Mode  BPM STEP KCAL MILES  PACE AVGE PACE TIME [Click the touch button] to enter the next motion for sub mode [Press the touch button for 2s] to exit the motion mode and enter the motion end mode [Double-click the touch button] to enter the motion pause mode Icon Description : ●●● : is connected to app ●●● : is moving	1.2.3 Sport Paused Mode  [Click the touch button] enter the next motion pause sub mode. [Double-click the touch button] enter the motion start mode [Press the touch button for 2s] exit the motion mode and enter the motion end mode. 1.2.4 Sport Stop Mode At the end of the exercise, the following different data interfaces are displayed depending on the type of motion  STEP/KM MIN/KCAL KM/BPM  AVG PACE [Click the touch button] enter the motion and data display mode	1.2.5 Abnormal Process of Motion Reminder 1) Inactive exit Motion Mode Prompt a、brace detection wait 10 minutes without movement, will automatically exit the movement b、pop-up prompt box waiting for 30S countdown did not click the screen, will force to exit [Click the touch button] to cancel the automatic exit of the motion mode prompt, exit this mode, the movement is normal. 2) Memory Full Forced out of the Movement Mode Prompt  Description: 1. The movement mode can be up to 6 hours. 2.When the memory is full, it will prompt the movement mode will force to exit 3) low power forced out of the movement mode prompt Click the touch button] to determine the full memory forced out of the movement mode prompt, exit the movement mode, enter the end of the movement data display mode. 
1.2.6 Movement of the Operation of the Abnormal Situation In the app and bracelet in the disconnected state, the interface will appear waiting for the interface. Waiting for a prompt  Waiting... [Click the touch button] exit the wait prompt 1.3 Heart Rate Mode  Before the data appears After the data appears (0.5s interval beating) Note: After the heart rate interface 1s, start monitoring the heart rate, before monitor the correct data,—V— After monitor the correct data, display data [Click the touch button] enter the next mode: Data Show Mode	1.4 Data Show Mode [Click the touch button] enter the next mode: Alarm Mode [Press the touch button for 2s] enter the data view sub mode.  10,280 STEP 1.4.1 Data Show Sub Mode [Click the touch button] enter the next sub-mode: Data Show Sub Mode [Long press the touch button for 2s] exit the data view sub mode.  234 STEP 234 MIN 34.5 KM 204 KCAL	1.5 Control Camera Mode [Click the touch button] enter the next mode: Control Music Player Mode [Press the touch button for 2s] enter the control shoot sub mode.  Camera Hold down 1.5.1 Control the camera sub mode [Click the touch button] control the camera. [Press the touch button for 2s] exit the control shoot sub mode, return to the camera mode.  1.6 Control Music Player Mode [Click the touch button] enter the next mode:Alarm Mode [Long press touch button for 2s] control the next one  Music Hold down	1.7 Alarm Mode [Click the touch button] enter the next mode: Control Notification Mode [Press and hold button for 2s] disable / enable the alarm function.  12:45 AM MON Alarm OFF Description: The app needs to set the alarm function before it is displayed 1.8 Control Notification Mode Click the touch button] enter the next mode: Time Mode [Long press touch button for 2s] on / off notification reminder.  Notice ON Notice OFF	1.81 Notifications Mode a) Incoming Call Notification When there is a call, it is displayed  Father Hold down Contact name in contact list  025-45 Double-click Stranger display number b) SMS Notification When the information (including: SMS, Wechat, QQ, facebook, whatsapp, Twitter, Instagram, Facebook Messenger, linked in, Email, mail, calendar) to show the current interface  Mr Nop Where a	c) Alarm Notification Mode  09:12 AM Alarm reminder: need to set in the APP Alarm type:  get up take medicine sleep party appointment exercise meeting d) Device Error Notification  -01 Description: In the discovery of equipment abnormal time, each time the boot, it will display the interface; Status code: -01 indicates acceleration sensor abnormality; -02 indicates that the heart rate sensor is abnormal; -03 means touch ic exception; -04 indicates flash exception	Basic Specifications Model No.: ID115Plus HR Battery Capacity: 65mAh Working Voltage: 3.7V Host weight: about 30g Sync: Bluetooth 4.0 Working temperature: - 10℃- 45℃ Waterproof: IP67 Working Time: Normal use of about 8 days Frequency bands: 2402-2480MHz Maximum output power: 0dBm Electronic Information Products Poisonous and Harmful Statement  Declaration of toxic and hazardous substances in electronic information products The device meets the EU ROHS criterion. Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.	FAQ ◆ Failed to find the device when pairing ① Make sure the Bluetooth of smart phone is ON, and smart phone OS Android 4.4 & Above, iOS 7.0 & Above. ② Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairing finished. ③ Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us. ◆ Failed to connect with Bluetooth occasionally ① Caused by the abnormality of Bluetooth service when it restarted on the phone. ② Reboot mobile phone or re-start the Bluetooth service, then it works normal. ◆ How to restore factory defaults Make sure the device is connected with smart phone, go in the App, enter "mine-system setting", and choose "reboot device".	 This product conforms with the EU ROHS standard, refers to the IEC 62321 and the European Union ROHS code 2011/65/EU and its revised codes. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device complies with Part 1.5 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: -- Reorient or relocate the receiving antenna. -- Increase the separation between the equipment and receiver. -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. -- Consult the dealer or an experienced radio/TV technician for help.



名称

ID115PLUSHR说明书

材质

105G铜板纸

尺寸

60x95mm

备注

颜色

四色双面

版本号

20170629V.1.0