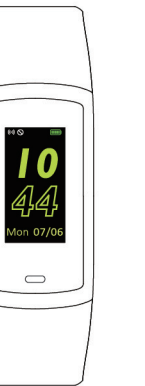


User Guide

Smart Bracelet ID133Color HR



Thanks for choosing our device, please read the user guide carefully before using.

Setting

Use VeryFitPro on iOS or Android smart phone to set the wristband as follows:

Note: hardware and system of devices should meet the requirements:



1 Download VeryFitPro

Search and download

Search and download "VeryFitPro" from the Apple Store or Android App store.

Scan the QR code and download

It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.



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2 Product activation and installation

The product must be activated by charging before initial use, and then charge the product to ensure normal power supply. The hand ring will automatically power on.

Take out: Pull open the strap and take out the bracelet body



Charge the battery: Insert the chip-mounted end of the bracelet body into the USB interface to activate the product by charging (be cautious not to reverse the polarity, and comply with the required voltage and current: 5V / 500mA)



Installation: Mount the bracelet body into the slot of the wrist strap.



Wear on: Adjust the length of the wrist strap until it is appropriate to wear on the wrist.



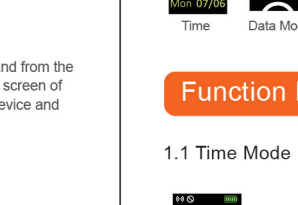
13

3 Touch key



Single click the touch key:
Interface switch
Press and hold the touch key:
Enter

4 Make sure the Bluetooth of smart phone is ON, open app "VeryFitPro"



When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.

Know your Device

1 Wearing Method

Wear the device on your wrist horizontally, about 2cm to carpal, the same method as wearing watches.

2 Heart Rate Monitoring

To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.



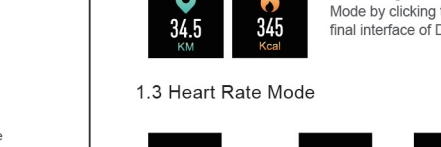
14

3 Heart Rate Monitoring

Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically.

4 Interface

Click the touch key to display successively



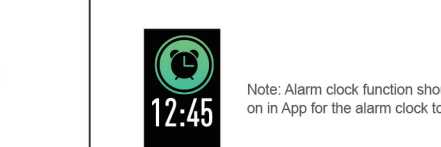
Note: To go back to the Data Reading Mode by clicking the touch key on the final interface of Data Reading Sub-Mode

Function Introduction

1.1 Time Mode

Instructions
Time dial can be switched as follows:
APP Devices Mode>More
[Click the touch key] to enter the next mode:
Data Mode
(you can customize the shortcut through the app)

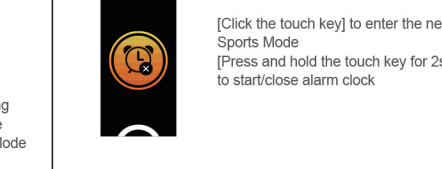
1.2 Data Mode



[Click the touch key] to enter the next mode: Heart Rate Mode
[Press and hold the touch key for 2s] to enter the sub-mode of "Data Reading"

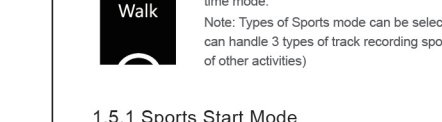
15

1.2.1 Data Reading Sub-Mode



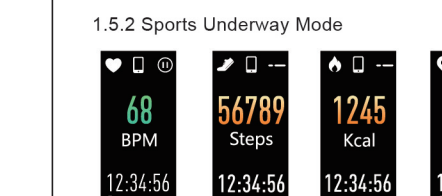
[Click the touch key] to enter the next sub-mode
Note: To go back to the Data Reading Mode by clicking the touch key on the final interface of Data Reading Sub-Mode

1.3 Heart Rate Mode



Before Data Is Displayed
After Data Is Displayed
Change in 0.5s

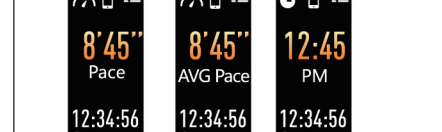
1.4 Alarm Clock Mode



Note: Alarm clock function should be turned on in App for the alarm clock to be displayed.

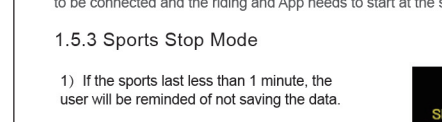
16

1.5 Sports Mode



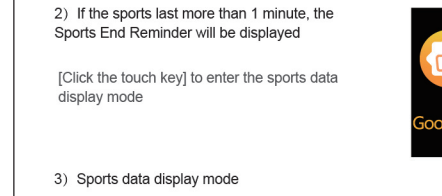
[Press and hold the touch key for 2s] to enter the Sports Mode
[Click the touch key] to enter the next sports mode; and in case there are no other sports modes, it will go back to the time mode.
Note: Types of Sports mode can be selected in App (App can handle 3 types of track recording sports and 11 types of other activities)

1.5.1 Sports Start Mode



After the countdown interface of 3-2-1-GO is the sports underway mode.

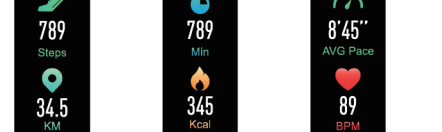
1.5.2 Sports Underway Mode



Heart Rate
Steps
Calories
Distance

17

1.5.3 Sports Stop Mode

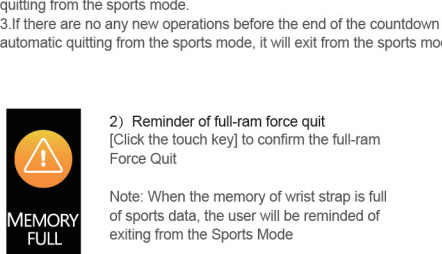


1) If the sports last less than 1 minute, the user will be reminded of not saving the data.
[Click the touch key] to remove the reminder of automatic quitting from sports mode.
Note: The reminder will occur when a user tried to start the sports mode with the battery of device is in low.

1.5.4 Event Reminder in Sports Mode

Note: The reminder will occur when a user tried to start the sports mode with the battery of device is in low.

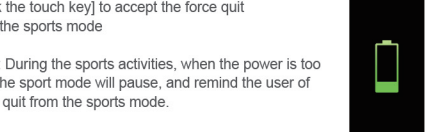
1.5.5 Abnormal operations during activity



NO action quit in 15s

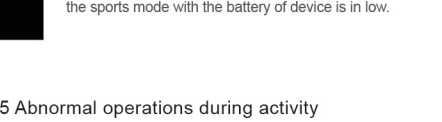
18

1.5.6 Abnormal operations during activity



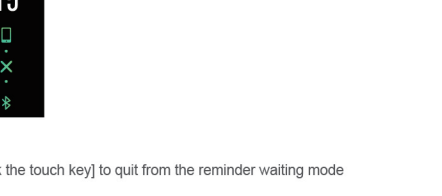
1) If the sports last less than 1 minute, the user will be reminded of not saving the data.
[Click the touch key] to remove the reminder of automatic quitting from sports mode.
Note: The reminder will occur when a user tried to start the sports mode with the battery of device is in low.

1.5.7 Abnormal operations during activity



Short training session! Not save

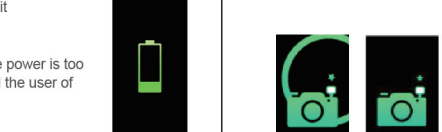
1.5.8 Abnormal operations during activity



Short training session! Not save

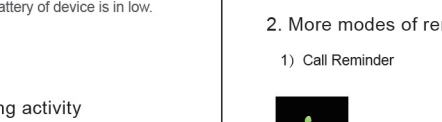
19

1.5.9 Abnormal operations during activity



Short training session! Not save

1.5.10 Abnormal operations during activity



Short training session! Not save

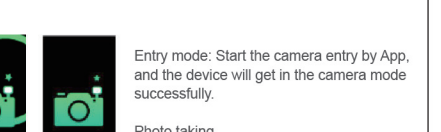
1.5.11 Abnormal operations during activity



Short training session! Not save

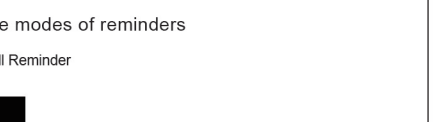
20

1.5.12 Abnormal operations during activity



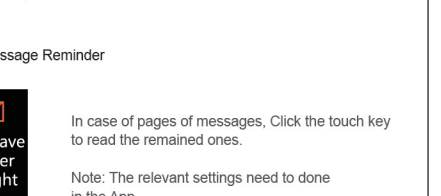
Short training session! Not save

1.5.13 Abnormal operations during activity



Short training session! Not save

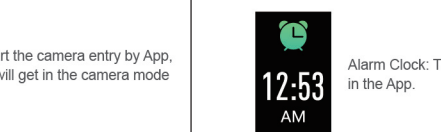
1.5.14 Abnormal operations during activity



Short training session! Not save

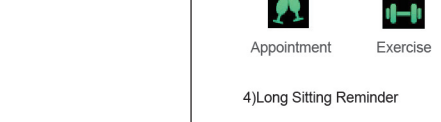
21

1.5.15 Abnormal operations during activity



Short training session! Not save

1.5.16 Abnormal operations during activity



Short training session! Not save

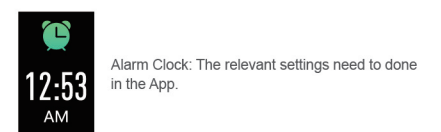
1.5.17 Abnormal operations during activity



Short training session! Not save

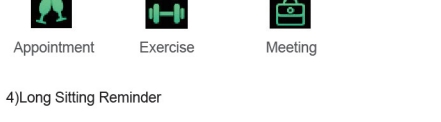
22

1.5.18 Abnormal operations during activity



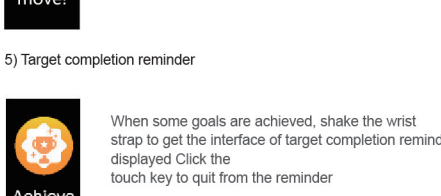
Short training session! Not save

1.5.19 Abnormal operations during activity



Short training session! Not save

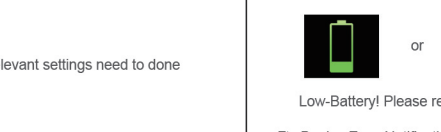
1.5.20 Abnormal operations during activity



Short training session! Not save

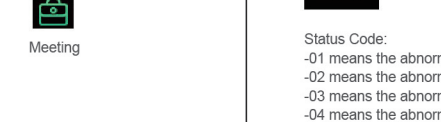
23

1.5.21 Abnormal operations during activity



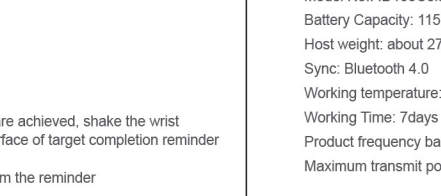
Short training session! Not save

1.5.22 Abnormal operations during activity



Short training session! Not save

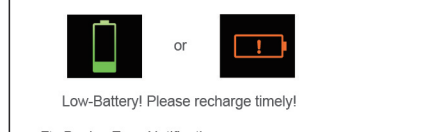
1.5.23 Abnormal operations during activity



Short training session! Not save

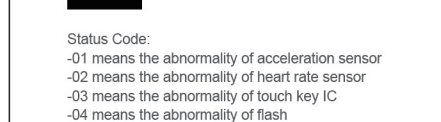
24

1.5.24 Abnormal operations during activity



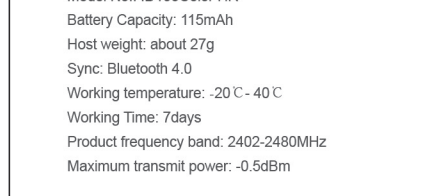
Short training session! Not save

1.5.25 Abnormal operations during activity



Short training session! Not save

1.5.26 Abnormal operations during activity



Short training session! Not save

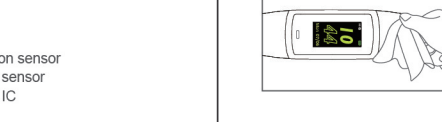
25

1.5.27 Abnormal operations during activity



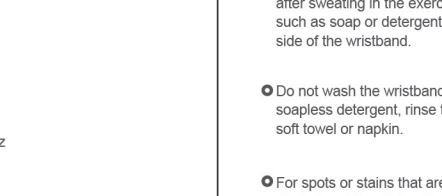
Short training session! Not save

1.5.28 Abnormal operations during activity



Short training session! Not save

1.5.29 Abnormal operations during activity



Short training session! Not save

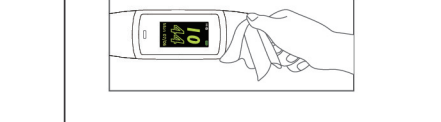
26

1.5.30 Abnormal operations during activity



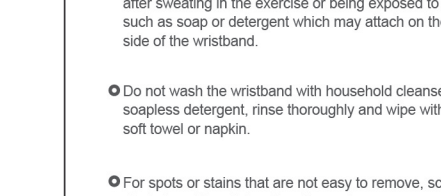
Short training session! Not save

1.5.31 Abnormal operations during activity



Short training session! Not save

1.5.32 Abnormal operations during activity



Short training session! Not save

27

1.5.33 Abnormal operations during activity



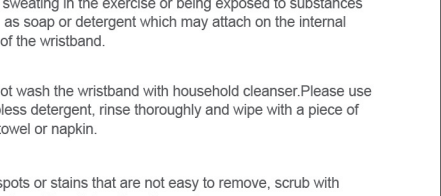
Short training session! Not save

1.5.34 Abnormal operations during activity



Short training session! Not save

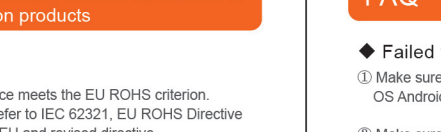
1.5.35 Abnormal operations during activity



Short training session! Not save

28

1.5.36 Abnormal operations during activity



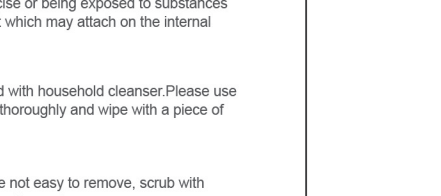
Short training session! Not save

1.5.37 Abnormal operations during activity



Short training session! Not save

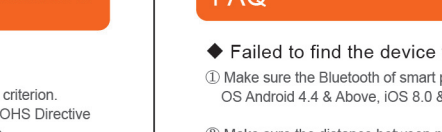
1.5.38 Abnormal operations during activity



Short training session! Not save

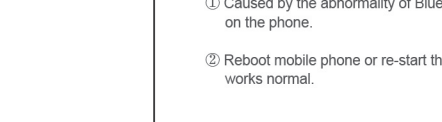
29

1.5.39 Abnormal operations during activity



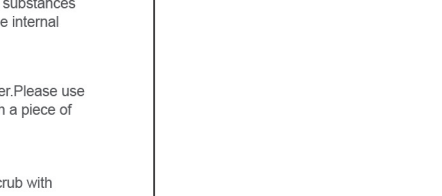
Short training session! Not save

1.5.40 Abnormal operations during activity



Short training session! Not save

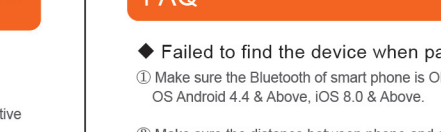
1.5.41 Abnormal operations during activity



Short training session! Not save

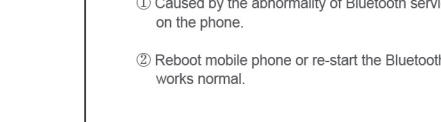
30

1.5.42 Abnormal operations during activity



Short training session! Not save

1.5.43 Abnormal operations during activity



Short training session! Not save

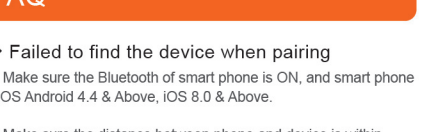
1.5.44 Abnormal operations during activity



Short training session! Not save

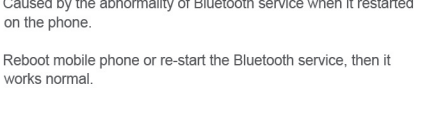
31

1.5.45 Abnormal operations during activity



Short training session! Not save

1.5.46 Abnormal operations during activity



Short training session! Not save

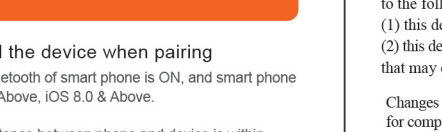
1.5.47 Abnormal operations during activity



Short training session! Not save

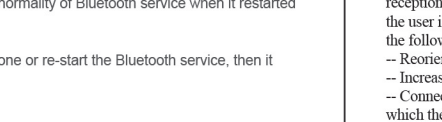
32

1.5.48 Abnormal operations during activity



Short training session! Not save

1.5.49 Abnormal operations during activity



Short training session! Not save

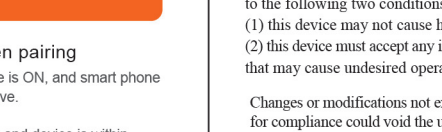
1.5.50 Abnormal operations during activity



Short training session! Not save

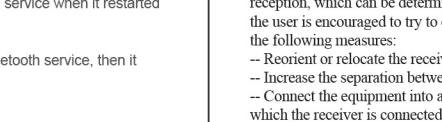
33

1.5.51 Abnormal operations during activity



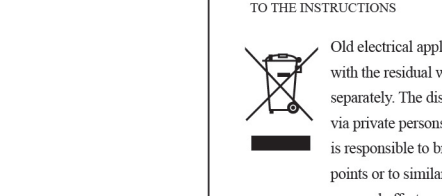
Short training session! Not save

1.5.52 Abnormal operations during activity



Short training session! Not save

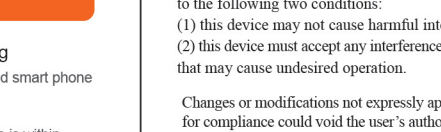
1.5.53 Abnormal operations during activity



Short training session! Not save

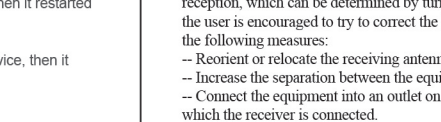
34

1.5.54 Abnormal operations during activity



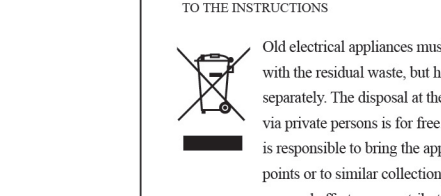
Short training session! Not save

1.5.55 Abnormal operations during activity



Short training session! Not save

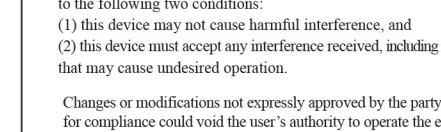
1.5.56 Abnormal operations during activity



Short training session! Not save

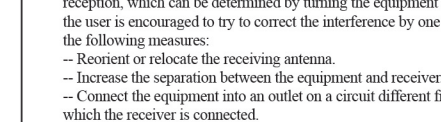
35

1.5.57 Abnormal operations during activity



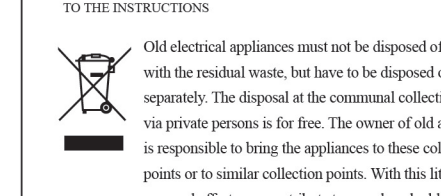
Short training session! Not save

1.5.58 Abnormal operations during activity



Short training session! Not save

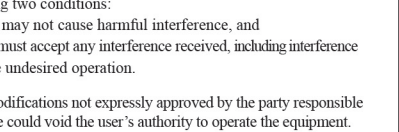
1.5.59 Abnormal operations during activity



Short training session! Not save

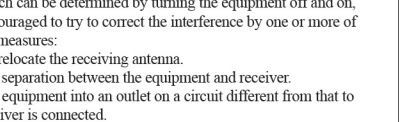
36

1.5.60 Abnormal operations during activity



Short training session! Not save

1.5.61 Abnormal operations during activity



Short training session! Not save

1.5.62 Abnormal operations during activity

