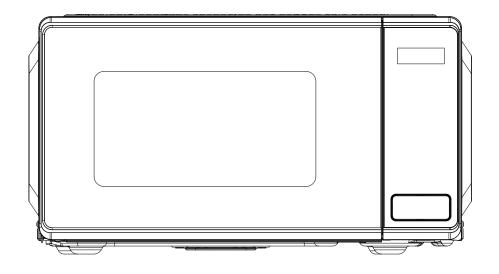


0.7 cu.ft. Microwave Oven



Customer Assistance: 1-866-321-9509

Model No. MSF0B100072352 MSF0R100072352 MSF0W100072352 MSF0T100072352



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IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should be followed, including the following:

WARNING- To reduce the risk of burns, electric shock, fire, injury to persons or exposure to excessive microwave energy:

- 1. Read all instructions before using the appliance.
- 2. Read and follow the specific "PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY" on page 3.
- 3. This appliance must be grounded. Connect only to properly grounded outlet. See "GROUNDING INSTRUCTIONS" on page 4.
- 4. Install or locate this appliance only in accordance with the provided installation instructions.
- 5. Some products such as whole eggs and sealed containers -for example, closed glass jars- are able to explode and should not be heated in this oven.
- 6. Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook, or dry food. It is not designed for industrial or laboratory use.
- 7. As with any appliance, close supervision is necessary when used by children.
- 8. To reduce the risk of fire in the oven cavity:
 - 1) Do not overcook food. Carefully attend appliance when paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.
 - 2) Remove wire twist-ties from paper or plastic bags before placing bag in oven.
 - 3) If materials inside the oven should ignite, keep oven door closed, turn oven off, and disconnect the power cord or shut off power at the fuse or circuit breaker panel.
 - 4) Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
- 9. Liquids, such as water, coffee, or tea are able to be overheated beyond the boiling point without appearing to be boiling due to surface tension of the liquid. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID. To reduce the risk of injury toperson:
 - 1) Do not overheat the liquid.
 - 2) Stir the liquid both before and halfway through heating it.
 - 3) Do not use straight-sided containers with narrownecks.
 - 4) After heating, allow the container to stand in the microwave oven for a short time before removing the container.
 - 5) Use extreme care when inserting a spoon or other utensil into the container.
- 10. **DO NOT** heat oil or fat for deep-frying.
- 11. Pierce foods with heavy skins such as potatoes, whole squash and apples before cooking.
- 12. The contents of feeding bottles and baby jars should be stirred or shaken and the temperature should be checked before serving in order to avoid burns.

IMPORTANT SAFETY INSTRUCTIONS

- 13. Cooking containers may become hot because of heat transferred from the heated food. Potholders may be needed to handle the containers.
- 14. Do not cover or block any openings on the appliance.
- 15. Do not store or use this appliance outdoors. Do not use this product near water, for example, near a kitchen sink, in a wet basement, near a swimming pool, or similar locations.
- 16. Do not operate this appliance if it has a damaged cord or a plug, if it is not working properly or if it has been damaged or dropped.
- 17. Do not immerse cord or plug in water. Keep cord away from heated surface. Do not let cord hang over edge of table or counter.
- 18. Use only thermometers, which are specifically designed for use in microwave ovens.
- 19. Do not operate any heating or cooking appliance beneath this appliance.
- 20. Be certain the glass tray and roller ring are in place when you operate the oven.
- 21. This appliance should be serviced only by qualified service personnel, contact nearest authorized service facility for examination, repair, or adjustment.
- 22. When cleaning surfaces of door and oven that comes together when closing the door, use only mild, nonabrasive soaps, or detergents applied with a sponge or soft cloth.
- 23. This appliance is intended for household use only.

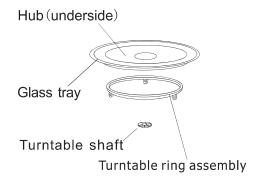
SAVE THESE INSTRUCTIONS

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- 1. Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
- 2. Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- 3. Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the:
 - 1) Door (bent),
 - 2) Hinges and latches (broken or loosened),
 - 3) Door seals and sealing surfaces.
- 4. The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

INSTALLATION GUIDE

- 1. Remove all packing materials and accessories. Examine the oven for any damage such as dents or broken door. If there is any damage, do not operate the oven but contact qualified service personnel.
- 2. Select a level surface that provides enough open space for ventilation. Allow for 3 inches of open space next to the sides and back of the microwave. Allow for 12 inches of open space above the microwave. Do not place any items on the top of the microwave and do not remove the legs from the bottom of the microwave.
- 3. Place the microwave as far away as possible from radios and televisions. Microwave may cause interference to these appliances.
- 4. Plug the microwave into a grounded household outlet. Check the rating label of the microwave to ensure the voltage and frequency are compatible with the outlet.
- 5. Do not install microwave oven over a range cook top or other heat-producing appliance. Heat can damage the microwave and void the warranty.



- 1. Never place the glass upside down. The glass tray should never be restricted.
- 2. Both glass tray and turntable ring assembly must always be used during cooking.
- 3. All food and containers of food are always placed on the glass tray for cooking.
- 4. The glass tray rotates either clockwise or counter-clockwise; this is normal.
- 5. If the glass tray or turntable ring assembly cracks or breaks, contact service support: 1-866-321-9509

To order a replacement turntable, pls call service support: 1-866-321-9509

GROUNDING INSTRUCTIONS

This appliance must be grounded. In the event of an electrical short circuit, grounding reduces risk of electric shock by providing an escape wire for the electric current.

WARNING: Improper use of the grounding plug can result in a risk of electric shock.

Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if doubt exists as to whether the appliance is properly grounded, and either:

- 1) If it is necessary to use an extension cord, use only a 3-wire extension cord that has a 3-blade grounding plug and a 3-slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord shall be equal to or greater than the electrical rating of the appliance.
- 2) Do not use an extension cord. If the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the appliance.

Three-pronged (grounding)plug



properly polarized and grounded outlet

ELECTRICAL REQUIREMENTS

- The electrical requirements are a 120 volt 60 Hz, AC only, 15 amp.
- It is recommended that a separate circuit serving only the oven be provided.
- The oven is equipped with a 3-prong grounding plug. It must be plugged into a wall receptacle that is properly installed and grounded.

POWER SUPPLY CORD

- A short power supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.
- Longer cord sets or extension cords are available and may be used if care is exercised in their use.
- If long cord or extension cord is used
 - a) The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance.
 - b) The extension cord must be a grounding-type 3-wire cord, and the longer cord should be arranged so that it will not drape over the counter top or table top where it can be pulled on by children or tripped over unintentionally.

Note:

- If you have any questions about the grounding or electrical instructions, consult a qualified electrician or service person.
- Neither manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the electrical connection procedures.

RADIO OR TV INTERFERENCE

Should there be any interference caused by the microwave oven to your radio or TV, check that the microwave oven is on a different circuit, relocate the radio or TV as far away from the oven as feasible, or check position and signal of receiving antenna. This device complies with part 18 of the FCC Rules.

COOKING UTENSILS GUIDE

This section lists which utensils can be used in the microwave, which ones have limited use for short periods, and which ones should not be used in the microwave.

RECOMMENDED

Microwave browning dish — Use to brown the exterior of small items such as steaks, chops, or pancakes. Follow the directions provided with your browning dish.

Microwaveable plastic wrap — Use to retain steam. Leave a small opening for some steam to escape and avoid placing it directly on the food.

Paper towels and napkins — Use for short-term heating and covering; these absorb excess moisture and prevent spattering. Do not use recycled paper towels, which may contain metal and could ignite.

Glass and glass-ceramic bowls and dishes — Use for heating or cooking.

Paper plates and cups — Use for short-term heating at low temperatures. Do not use recycled paper, which may contain metal and could ignite.

Wax paper — Use as a cover to prevent spattering.

Thermometers — Use only those labeled "Microwave Safe" and follow all directions. Check the food in several places. Conventional thermometers may be used on microwave food once the food has been removed from the oven.

LIMITED USE

Aluminum foil — Use narrow strips of foil to prevent overcooking of exposed areas. Using too much foil can damage your oven, so be careful. You should keep at least 1 inch (2.54cm) of distance between the aluminum foil and the cavity wall to reduce the risk of arcing.

Ceramic, porcelain, and stoneware — Use these if only they are labeled "Microwave Safe".

Plastic — Use only if labeled "Microwave Safe". Other plastics can melt.

NOT RECOMMENDED

Glass jars and bottles — Regular glass is too thin to be used in a microwave. It can shatter and cause damage and injury.

Paper bags — These are a fire hazard, except for popcorn bags that are designed for microwave use.

Styrofoam plates and cups — These can melt and leave an unhealthy residue on food.

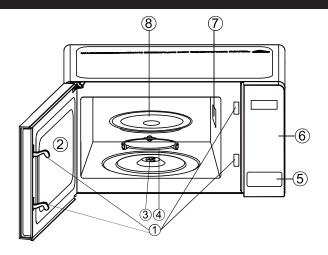
Plastic storage and food containers — Containers such as margarine tubs can melt in the microwave.

Metal utensils — These can damage your oven. Remove all metal before cooking.

Note:

 Should you wish to check if a dish is safe for microwaving, place the empty dish in the oven and microwave on HIGH for 30 seconds. A dish which becomes very hot should not be used.

PRODUCT DIAGRAM



- 1. Safety Interlock System
- 2. Oven Window
- 3. Turntable Shaft
- 4. Roller Ring
- 5. Door Release Button
- 6. Control Panel
- Wave Guide(Please do not remove the mica plate covering the wave guide)
- 8. Glass Tray

CONTROL PANEL



MENU ACTION SCREEN

Cooking time, power, indicators and present time are displayed.

AUTO COOK MENUS

Instant settings to cook popular foods.

CLOCK

Press to set clock time.

Time COOK

Press to set microwave cooking program.

KITCHEN TIMER

Press to set timer function.

TIME DEFROST

Press to set defrost program based on time.

WEIGHT DEFROST

Press to set defrost program based on weight.

POWER LEVEL

Press to set microwave cooking power level.

NUMBER PADS (0-9)

Press to set time or food weight. But use the number pads from 1-6 to set express cooking program.

STOP/CLEAR

Press once to temporarily stop cooking, or twice to cancel cooking altogether.

It is also used to set child lock.

START/+30 SEC

Press to start a cooking program. It is also used to set quick start function or to increase cooking time during cooking.

INSTALLING THE TURNTABLE

- Never place the glass tray upside down.
- The glass tray should never be restricted cooking.
- Both the glass tray and turntable ring assembly must always be used during cooking.
- All food and containers of food should always be placed on the glass tray for cooking.
- If the glass tray or turntable ring assembly cracks or breaks, contact your nearest authorized service center.

OPERATION INSTRUCTIONS

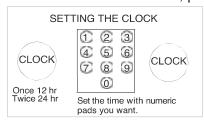
If you want to pause a cooking program, please press STOP/CLEAR pad once, then press START/+30 SEC. pad to restart the cooking program, but if you press STOP/CLEAR pad twice, the cooking program will be cancelled.

SETTING THE CLOCK

This is a 12 or 24 hour clock, and you can select it by pressing CLOCK pad. During cooking, the current time can be seen by touching CLOCK pad.

FOR EXAMPLE: Suppose you want to set the oven clock time to 8:30.

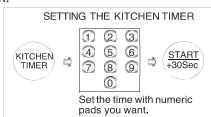
1. In standby mode, touch CLOCK pad once to select 12 hour clock, press again to select 24 hour clock.



- 2. Use the number pads to enter the correct time (touch number pads $8 \times 3 \times 0$ in order to enter 8:30).
- 3. Press CLOCK pad to confirm.

SETTING THE KITCHEN TIMER

- 1. In standby state or during cooking, touch KITCHEN TIMER pad once.
- 2. Enter the amount of time you want to count down by touching the number pads. The maximum time is 99 min. 99 sec.
- 3. Press START/+30 SEC. pad to confirm.



Note:

When the countdown ends, the buzzer will beep to remind you. You can check the countdown time
by pressing KITCHEN TIMER pad, if STOP/CLEAR pad is pressed when the display shows the
time, the function can be cancelled.

QUICK START

This function can help you to set a microwave cooking program quickly without setting the power level.

- 1. In standby mode, press START/+30 SEC. pad repeatedly to enter cooking time.
- 2. The oven will start automatically at full power level (each press to increase 30 seconds, up to 99 min. 99 sec.)
- During cooking, (microwave cooking and express cooking) you can add cooking time by touching START/+30 SEC. pad.

MICROWAVE COOKING

- 1. In standby mode, press TIME COOK pad once.
- 2. Use number pads to set cooking time. The longest time is 99 min. 99 sec.
- Press POWER LEVEL pad once (default 100% power level), and then use the number pads to set other power level.
- 4. Press START/+30 SEC. pad to start.

Use the number pads to set a cooking power level:

Number pad	Power Level	Number pad	Power Level
1,0	P100 (100%)	4	P-40 (40%)
9	P-90 (90%)	3	P-30 (30%)
8	P-80 (80%)	2	P-20 (20%)
7	P-70 (70%)	1	P-10 (10%)
6	P-60 (60%)	0	P-00 (0%)
5	P-50 (50%)		

NOTE:

- During cooking, you can press POWER LEVEL pad to check the cooking power.
- During cooking, you can press START/+30 SEC. pad continually to increase the cooking time.
 The longest cooking time you can set is 99 min. 99 sec.

MULTISTAGE COOKING

Your oven can be programmed up to 3 automatic cooking sequences. It can be composed of time defrost with one or two microwave cooking program, or composed of two microwave cooking program.

A. Time defrost with one or two-stage microwave cooking.

- 1. Open the door and place the food into the oven, close it.
- 2. Press TIME DEFROST pad once. Set desired defrosting time.
- 3. Press TIME COOK pad once to set desired cooking time.
- 4. Press POWER LEVEL pad to set power level.
- 5. Input the second microwave cooking program.(Repeat Step3-Step4)
- 6. Press START/+30 SEC. pad to confirm.

NOTE:

 Step 5 is not necessary if you just need one microwave cooking program. Time defrost can only be set in the first stage.

B. Two-stage microwave cooking.

Some recipes require different stages of cooking at different temperatures.

- 1. Input the first microwave cooking program.
- 2. Input the second microwave cooking program.
- 3. Press START/+30 SEC. pad to confirm.

TIME DEFROST

- 1. Place food into oven and close the door.
- 2. Press TIME DEFROST pad once.
- 3. Enter desired defrosting time by pressing correct number pads. The longest time is 99 min. 99 sec.
- 4. Press START/+30 SEC. pad to start the program.

NOTE:

 During defrosting, the system will pause and sound beeps to remind user to turn food over, and then press START/+30 SEC. pad to resume.

WEIGHT DEFROST

The defrosting time and power level are automatically set once the food weight is programmed. The maximum frozen food weight is 5 LB.16 oz.

- 1. Place food into oven and close the door.
- 2. Press WEIGHT DEFROST pad once.
- 3. Enter the weight of food by pressing number pads.
- 4. Press START/+30 SEC. pad to start the program.

NOTE:

 During defrosting, the system will pause and sound beeps to remind user to turn food over, and then press START/+30 SEC. pad to resume.

EXPRESS COOK

This function can help you to set a microwave cooking program quickly without setting the power level. Place food into oven and close the door, then press any EXPRESS COOK pad (1-6), the oven will start automatically at full power level.

Touch number pad	Time minutes	Touch number pad	Time minutes
1	1 Minute	4	4 Minutes
2	2 Minutes	5	5 Minutes
3	3 Minutes	6	6 Minutes

SETTING CHILD LOCK

The lock prevents unsupervised operation by children.

To set the child lock: In standby mode, press and hold STOP/CLEAR pad for 3 seconds, then a beep will sound. In the lock state, all pads are disabled.

To cancel the child lock: Press and hold STOP/CLEAR pad for 3 seconds, then a beep will sound.

AUTO COOK

The auto cook setting allows you to cook or reheat food automatically without entering power level or time. For small portions, simply press the applicable pad and start. For large portions, push the pad twice. FROZEN DINNER, POTATO and BEVERAGE allow you to cook multiple amounts of the same food.

1) Potato

For potatoes (4 to 6 oz/serving):

- 1. Press POTATO once.
- 2. Set number of potatoes by pressing number pads from 1 to 4.
- 3. Press START/+30 SEC. pad to confirm.

For large potatoes (8 to 10 oz/serving):

- 1. Press POTATO twice.
- 2. Set number of potatoes by pressing number pads from 1 to 4.
- 3. Press START/+30 SEC. pad to confirm.

2) Popcorn

- 1. Press POPCORN once. Popcorn automatically sets the cooking time for a 3.5 oz bag of microwave popcorn.
- 2. Press START/+30 SEC. pad to confirm.

NOTE:

- To change the preset popcorn time: Press POPCORN twice. Press number pads to set minutes and seconds. Press START/+30 SEC. pad. The longest cooking time is 99 minutes and 99 seconds. This new cooking time will be set as the default one until next power on.
- For a better cooking effect, when you cook popcorn, you need to fold the four corners of the package (As the figure shown), then put it in the center of the microwave oven.

3) Pizza

Reheating a slice of pizza (about 5 oz)

- 1. Press PIZZA once.
- 2. Press START/+30 SEC. pad to confirm.

Heating a whole frozen pizza (about 16 oz):

- 1. Press PIZZA twice.
- 2. Press START/+30 SEC. pad to confirm.

4) Beverage

For cups (5 to 7 oz/serving):

- Press BEVERAGE once.
- 2. Set number of cups by pressing number pads from 1 to 4.
- 3. Press START/+30 SEC. pad to confirm.

For large cups (9 to 11 oz/serving):

- 1. Press BEVERAGE twice.
- 2. Set number of cups by pressing number pads from 1 to 4.
- 3. Press START/+30 SEC. pad to confirm.

5) Frozen Dinner

For one or two small (7~9 oz/serving) frozen dinners:

- 1. Press FROZEN DINNER once.
- 2. For 1 entree, press the number pad "1". For 2 entrees, press the number pad "2".
- 3. Press START/+30 SEC. pad.

Microwaving one or two large (10~12 oz/serving) frozen dinner:

- 1. Press FROZEN DINNER twice.
- 2. For 1 entree, press the number pad "1". For 2 entrees, press the number pad "2".
- 3. Press START/+30 SEC. pad to confirm.

6) Reheat

To reheat a plate of leftover (12~18 oz):

- 1. Press REHEAT pad once.
- 2. Press START/+30 SEC. pad to confirm.

COOKING TECHNIQUES

Your microwave makes cooking easier than conventional cooking, provided you keep these considerations in mind.

STIRRING

- Stir foods such as casseroles and vegetables while cooking to distribute heat evenly.
- Food at the outside of the dish absorbs more energy and heats more quickly, so stir from the outside to the center.

ARRANGEMENT

- Arrange unevenly shaped foods, such as chicken pieces or chops, with the thicker, meatier parts toward the outside of the turntable where they receive more microwave energy.
- To prevent overcooking, place delicate areas, such as asparagus tips, toward the center of the turntable.

SHIELDING

- Shield food with narrow strips of aluminum foil to prevent overcooking.
- Areas that need shielding include poultry wing tips, the ends of poultry legs, and corners of square baking dishes.
- Use only small amounts of aluminum foil. Larger amounts can damage your oven.

COOKING TECHNIQUES

TURNING

- Turn foods over midway through cooking to expose all parts to microwave energy.
- This is especially important with large foods such as roasts.

STANDING

- Foods cooked in the microwave build up internal heat and continue to cook for a few minutes after heating stops.
- Let foods stand to complete cooking, especially foods such as cakes and whole vegetables.
- Roasts need this time to complete cooking in the center without overcooking the outer areas.
- All liquids, such as soup or hot chocolate, should be stirred when cooking is complete. Let liquids stand a moment before serving. Use caution when stirring hot liquids after being removed from the microwave.
- When heating baby food, stir well at removal and test the temperature before serving.

ADDING MOISTURE

- Microwave energy is attracted to water molecules.
- Food that is uneven in moisture content should be covered or allowed to stand so that the heat disperses evenly.
- Add a small amount of water to dry food to help it cook.

BEFORE CALLING FOR SERVICE

Before asking for service, please check each item below:

- Check to ensure the microwave is plugged in securely. If not, remove the plug from the outlet, wait 10 seconds, and plug it in again securely.
- Check for a blown circuit fuse or a tripped main circuit breaker. If the outlet appears to be working properly, test the outlet with another appliance.
- Check to ensure the control panel is programmed correctly and the timer is set.
- Check to ensure the door is securely closed, engaging the door lock system. If the door is not properly closed, the microwave energy will not flow inside.

CLEANING AND CARE

- 1. Turn off the oven and remove the power plug from the wall socket before cleaning.
- 2. Keep the inside of the oven clean. When food splatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. Avoid the use of spray and other harsh cleaners as they may stain, streak or dull the door surface.
- 3. The outside surfaces should be cleaned with a damp cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation openings.
- 4. Wipe the window on both sides with a damp cloth to remove any spills or spatters.
- 5. Do not allow the control panel to become wet. Clean with a soft, damp cloth. When cleaning the control panel, leave oven door open to prevent oven from accidentally turning on.
- 6. If steam accumulates inside or around the outside of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity conditions. In such case, it is normal.
- 7. It is occasionally necessary to remove the glass tray for cleaning. Wash the tray in warm sudsy water or in a dishwasher.
- 8. The roller ring and oven floor should be cleaned regularly to avoid excessive noise. Simply wipe the bottom surface of the oven with mild detergent. The roller ring may be washed in mild sudsy water or dishwasher. When removing the roller ring from cavity floor for cleaning, be sure to replace in the proper position.
- 9. Remove odors from your oven by combining a cup of water with the juice and skin of one lemon in a deep microwaveable bowl, microwave for 5 minutes. Wipe thoroughly and dry with a soft cloth.
- 10. If the light bulb burns out, please contact a certified electrician to have it replaced.
- 11. The oven should be cleaned regularly and removed any food deposits. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- 12. If you discard this unit, please do not dispose of it with your normal trash. It should be disposed of at your nearest recycling center.

SPECIFICATIONS

Power Consumption:	120V~60Hz, 1100W (microwave)
Output:	700W
Operation Frequency:	2450MHz
Outside Dimensions (H×W×D):	9.6 × 17.6 × 12.7 in.
Oven Cavity Dimensions (H×W×D):	7.9 × 12.1 × 11.7 in.
Oven Capacity:	0.7 cu. ft.
Cooking Uniformity:	Turntable System
Net Weight:	Approx. 21 lbs.

ONE YEAR LIMITED WARRANTY

This product carries a warranty that it will be free from defects in material and workmanship for a period of one year from the date of purchase. This warranty is valid for the original retail purchaser from the date of initial retail purchase and is not transferable. Keep your original sales receipt.

IMPORTANT: This warranty does not cover damages resulting from accident, misuse or abuse, lack of reasonable care, the affixing of any attachments not provided with the product, loss of parts, or subjecting the appliance to any but the specified voltage. (Read directions carefully.)

If service is required during the warranty period, properly pack your unit. We recommend using the original carton and packing materials. Return the product to your nearest Wal-Mart store with the sales receipt. A replacement or refund may be offered at the discretion of Wal-Mart. If additional assistance is needed, please contact customer assistance at: 1-866-321-9509.

Wal-Mart expressly disclaims all responsibility for consequential damages or incidental losses caused by use of the appliance. Some states do not allow this exclusion or limitation of incidental or consequential losses so the foregoing disclaimer may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which may vary from state to state.

SAVE THIS FOR YOUR RECORDS

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Made in China

GARANTÍA LIMITADA DE UN AÑO

Este producto tiene una garantía de que estará libre de defectos de material y mano de obra durante un período de un año a partir de la fecha de compra es válida para el comprador minorista original a partir de la fecha de compra minorista inicial y no es transferible. Conserve su recibo de compra original.

IMPORTANTE: Esta garantía no cubre daños resultantes de accidentes, mal uso o abuso, falta de cuidado razonable, la colocación de accesorios no provistos con el producto, pérdida de piezas o someter el aparato a cualquier voltaje que no sea el especificado. (Lea las instrucciones con atención).

Si se requiere servicio durante el período de garantía, empaquete adecuadamente su unidad. Recomendamos utilizar la caja y los materiales de embalaje originales. Devuelva el producto a su tienda Wal-Mart más cercana con el recibo de compra. Se puede ofrecer un reemplazo o reembolso a discreción de Wal-Mart. Si necesita ayuda adicional, comuníquese con asistencia al cliente al: 1-866-321-9509.

Wal-Mart renuncia expresamente a toda responsabilidad por daños consecuentes o pérdidas accidentales causadas por el uso del electrodoméstico. Algunos estados no permiten esta exclusión o limitación de pérdidas incidentales o consecuentes, por lo que es posible que la exención de responsabilidad anterior no se aplique en su caso. Esta garantía le otorga derechos legales específicos y también puede tener otros derechos que pueden variar de un estado a otro.

GUARDE ESTE DOCUMENTO PARA SU ARCHIVI

Mainstays® es una marca registrada de Wal-Mart Stores, Inc., Bentonville, AR 72716.

Hecho en China

Cuidado y limpieza

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- Apague el microondas y desconecte el enchufe del tomacorrientes cuando lo limpie.
- 2. Mantenga limpio el interior del horno. Cuando la comida salpique líquidos derramados se adhieran a las paredes del microondas, límpialos con un paño húmedo. Si el mic- roondas está muy sucio, puede utilizar detergentes suaves para limpiarlo. Evite utilizar limpiadores en aerosol y abrasivos ya que pueden manchar, rayar o volver opaca la superfide de la puerta.
- Bl exterior del microondas se puede limpiar con un paño húmedo. Para prevenir que se dañen las partes que operan dentro del microondas, no permita que el aqua se filtre por las reiillas de ventilación.
- partes que operan dentro del microondas, no permita que el agua se filtre por las rejillas de ventilación.
 4. Para remover comida salpicada o líquidos derramados, limpie la ventana en ambos lados con un paño húmedo.
- 5. No permita que el panel de control se moje. L'impielo con un paño suave húmedo. Cuando limple el panel de control, deje la puerta abierta para evitar que se active por accidente.
- 6. Si vapor se acumula dentro o al alrededor de la parte exterior de la puerta, limpie con un paño húmedo. Esto puede ocurrir cuando el microondas opera bajo un alto nivel de humedad. Esto es
- normal.

 7. Puede ser necesario quitar el plato de vidrio para limpiarbo. Lávelo con agua jabonosa tibia o en el lavaplatos. El aro del plato giratorio y el piso del horno de microondas se deben limpiar con regularidad
- para evitar ruido excesivo. Limpie la superficie del piso con un detergente suave.

 8. El aro del plato giratorio se puede lavar con agua jabonosa tibia o en el lavaplatos. Cuando lo remueva
- del horno, asegúrese de volverlo a poner en la posición correcta.

 9. Remueva olores del microondas combinando una taza de agua con el jugo y la cáscara de un limón.
- S. Remueva olores del microondas por 5 minutos. Limpie y seque el homo con un paño seco..
 Caliente en el microondas por 5 minutos. Limpie y seque el homo con un paño seco..
- 10. Si la bombilla se quema, comuníquese con un electricista certificado para que la reemplace.
- 31. Se debe limpiar el microondas con regularidad y los depósitos de alimentos se deben retirar. De lo contrario, las superficies del horno pueden deteriorarse y consecuentemente la vida de la unidad dismisuirá lo suel padrío segulitor on una dismisuirá la suel padrío segulitor on unidad dismisuirá la suel padrío segulitor on una dismisuirá la suel padrío segulitor on unidad dismisuirá la suel padrío segulitor on unidad dismisuirá la suel padrío segulitor de segulitor de suel padrío segulitor de segulito
- disminuirá, lo cual podría resultar en una situación peligrosa. 12. Por favor no tire esta unidad a la basura común. Verifique dónde se encuentra un centro de acopio para aparatos de este tipo.

Antes de llamar al servicio

Antes de solicitar servicio, verifique cada elemento a continuación:

- Verifique para asegurarse de que el microondas esté enchufado de manera segura. Si no es así, retire el enchufe del tomacorriente, espere 10 segundos y vuelva a enchufarlo de manera segura.
- Compruebe si hay un fusible de circuito fundido o un disyuntor principal disparado. Si el tomacorriente parece funcionar correctamente, pruebe el tomacorriente con otro aparato.
- Verifique que el panel de control esté programado correctamente y que el temporizador esté configurado.
 Verifique que la puerta esté bien cerrada, activando el sistema de bloqueo de la puerta. Si la puerta no
- está bien cerrada, la energía de microondas no fluirá hacia adentro.

Técnicas de cocina

- Todos los líquidos, como la sopa o el chocolate caliente, deben agitarse cuando se complete la cocción. Deje reposar los líquidos un momento antes de servir. Tenga cuidado al remover líquidos
- calientes después de sacarlos del microondas.
 Cuando caliente alimentos para bebés, revuelva bien al retirarlos y pruebe la temperatura antes de servirlos.

Añadiendo humedad

- La energía de microondas es atraída por las moléculas de agua.
- Los alimentos que tienen un contenido de humedad desigual deben cubrirse o dejarse reposar para que el calor se disperse uniformemente.
- Agregue una pequeña cantidad de agua a los alimentos secos para ayudarlos a cocinar.

Especificaciones

21 libras	Peso neto
Sistema de plato giratorio.	Uniformidad de cocción
Socidus seiq 7.0	Capacidad del horno
sebegluq 7.11 × 1.21 × 9.7	Dimensiones de la cavidad del horno
sabagluq 7.51 × 3.71 × 3.9	Dimensiones exteriores
Z450MHz	Frecuencia de operación
W007	Potencia de salida
120V~60Hz, 1100W (microondas)	El consumo de energía

Técnicas de cocina

Su microondas hace que cocinar sea más fácil que la cocción convencional, siempre que tenga en cuenta estas consideraciones:

Revolver

- Revuelva alimentos como guisos y verduras mientras se cocina para distribuir el calor de manera uniforme
 La comida en el exterior del plato absorbe más energía y se calienta más rápidamente, así que revuelva
- desde el exterior hacia el centro.

Disposición

- Coloque los alimentos de formas desiguales, como trozos de pollo o chuletas, con las partes más gruesas y carnosas hacia el exterior del plato giratorio, donde reciben más energía de microondas.
- Para evitar que se cocine demasiado, coloque las áreas delicadas, como las puntas de los espárragos, hacia el centro del plato giratorio.

Proteger

- Proteja los alimentos con tiras estrechas de papel de aluminio para evitar que se cocinen demasiado.
- Las áreas que necesitan protección incluyen las puntas de las alas de las aves, los extremos de las patas de las aves y las esquinas de los platos cuadrados para hornear.
- Utilice solo pequeñas cantidades de papel de aluminio. Cantidades mayores pueden dañar su horno.

Torneado

- Dé la vuelta a los alimentos a la mitad de la cocción para exponer todas las partes a la energía de microondas.
- Esto es especialmente importante con alimentos grandes como asados.

Keposar

- Los alimentos cocinados en el microondas acumulan calor interno y continúan cocinándose durante unos minutos después de que se detiene el calentamiento.
- Deje reposar los alimentos para completar la cocción, especialmente alimentos como pasteles y verduras enteras
- Los asados necesitan este tiempo para completar la cocción en el centro sin cocinar
- demasiado las áreas externas.

Instrucciones de operación

4) Bebidas

Para tazas (5 a 7 onzas/ porción):

- 1. Presione BEVERAGE una vez.
- Configure el número de tazas presionando los botones numéricos del 1 al 4.
- 3. Presione la Tecla START/+30 SEC.

Para fazas más grandes (9 to 11 onzas/ porción):

- Presione BEVERAGE dos veces.
- Configure el número de tazas presionando los botones numéricos del 1 al 4.
- 3. Presione la Tecla START/+30 SEC.

5) Cena congelada

Para una o dos cenas congeladas pequeñas ($7 \sim 9$ oz / porción):

- 1. Presione FROZEN DINNER una vez.
- 2. Para una porción, presione la tecla numérica "1". Para dos porciones, presione la tecla numérica "2".
- 3. Presione la Tecla START/+30 SEC.

Calentar en el microondas una o dos cenas congeladas grandes ($10 \sim 12$ oz / porción):

- 1. Presione FROZEN DINNER dos veces.
- 2. Para una porción, presione la tecla numérica "1". Para dos porciones, presione la tecla numérica "2".
- 3. Presione la Tecla START/+30 SEC.

6) Recalentar

Para recalentar un plato de sobras (12 \sim 18 oz):

- . Presione REHEAT una vez.
- Presione la Tecla START/+30 SEC.