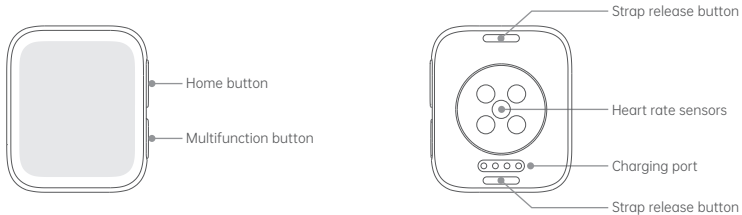


# OPPO Watch 46mm (LTE)

Quick Start Guide



## Overview



※ Wear your watch one finger above your wrist bone (towards your elbow) with its back touching your skin so that the sensors can collect heart rate data.

# Buttons

## Home button

- Press to go to the Home screen or watch face.
- Press and hold for 1.5 s to wake Google Assistant.



## Multifunction button

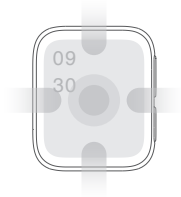
- Power on: Press and hold for 2 s until the OPPO logo appears.
- Power off: Press and hold for 1.5 s and drag the Power Off slider to the right.
- Force restart: Press and hold for 12 s.
- Turn on Power Saver: Press and hold for 1.5 s and drag the Power Saver slider to the right.
- Press once to call up the app assigned to this button.

※ If your watch fails to power on, charge it and try again.

※ To assign an app to call up, go to "Settings > Personalization".

## Operations

- > Swipe up:  
Call up the Notification Center.
- > Swipe down:  
Call up the Control Center.
- > Swipe left:  
Go to the Tiles screen.
- > Swipe right:  
Open the Google Assistant feed.
- > Touch and hold:  
Edit a watch face.



## Charge OPPO Watch

Align the charging port of your watch with the gold pins on the charging base and set your watch into place. The charging icon will then appear on your watch screen.



- ※ Watch VOOC flash charge works only when the battery temperature is between 20-35°C and a proper adapter is used.  
Adapter for OPPO Watch 46mm: rated output of 5V = 1.5A or above.
- ※ Make sure the charging port is clean and dry before charging your watch to prevent risks such as corrosion of the gold pins.

## Pair OPPO Watch

When using your watch for the first time, download the Wear OS by Google app to pair it with your phone.

- 1 Power on your watch, follow the onscreen instructions, and stay on the pairing screen.
- 2 Use your phone to scan the QR code on the right, or go to your phone's app store to download and install the Wear OS by Google app.
- 3 Open the Wear OS by Google app on your phone and follow the onscreen instructions to complete pairing.



Wear OS by Google

- ※ Charge your watch to at least 20% to ensure you have enough battery to complete pairing.
- ※ Throughout the pairing process, keep your phone's Bluetooth on and your watch within Bluetooth range.

## Manage OPPO Watch

The HeyTap Health app is your watch's best friend. Check your watch connection status, manage your watch faces, check your health data, and more all in one place.

- 1 Use your phone to scan the QR code on the right, or go to your phone's app store to download and install the HeyTap Health app.
- 2 Open the HeyTap Health app and log in to your HeyTap account, or register an account if you don't have one.
- 3 Go to the Manage tab and tap the Add button. On the page displayed, tap "OPPO Watch" and then tap the device you would like to add.



HeyTap Health

## Activate eSIM

Open the HeyTap Health app and go to "Manage > More > eSIM and mobile network". Alternatively, open the Wear OS by Google app and follow the onscreen instructions to complete the activation.

## Package Contents

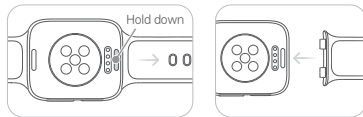
You are provided with the following standard accessories:

- Watch body (without strap) × 1
- Fluororubber strap × 1
- Charging base × 1
- Quick Start Guide × 1
- Safety Guide × 1

## Change the watch strap

- 1 Hold down the strap release button and pull out the strap.
- 2 Insert the new strap into the slot. Then, gently pull the new strap into place.

※ Do not use third-party straps as they may cause the communication, heart rate, GPS, and Bluetooth features to not work as intended.



## Software information

Software version: Wear OS by Google 2.18

For the most recent information about accessories and software, please see the Declaration of Conformity (DoC) at [www.oppo.com/en/certification](http://www.oppo.com/en/certification).



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## Radio waves specifications

Radio	Frequency	Max. output power
WCDMA	Bands 1/8	23±2.7 dBm
LTE FDD	Bands 1/3/7/8/20	23±2.7 dBm
LTE TDD	Bands 38/41	23±2.7 dBm
Bluetooth	2400-2483.5 MHz	11.5 dBm
Wi-Fi	2400-2483.5 MHz	17.5±2 dBm
NFC	13.56 MHz	≤42 dBuA/m @ 10 m

## Specifications

Model: OW19W12

Dimensions: 46 × 39 × 11.35 mm

Display: 1.91 inch (48.51 mm), resolution 402 × 476

Battery type: rechargeable Li-ion polymer battery

Battery capacity: 430 mAh (typical), 416 mAh (rated)

Input: 5 V  $\overline{\text{---}}$  1.5 A

Water resistance: 5 ATM

Operating temperatures: 0-35°C

System requirements: Android6.0 or later

Memory: 1GB RAM + 8GB ROM

Bluetooth: BT4.2, BLE

WLAN: Wi-Fi b/g/n

GPS: A-GPS/GPS/GLONASS

CE SAR: 0.571 W/kg (head) / 1.712 W/kg (limb)

※ The SAR values above are the highest values reported for this device.

※ This Quick Start Guide is for reference only. The specific functions and appearance of the watch may be slightly different.



Model: OW19W12

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