

Installationsmethode 1:
Klettverschluss



1. Kleben Sie den kurzen Streifen auf die Rückseite der Maschine



3. Kleben Sie die Rückseite in einer angemessenen Höhe

Installationsmethode 1:
Klettverschluss



2. Kleben Sie den Streifen an die Wand



4. Installation abgeschlossen

Sticker installation, Klettverschluss installation
Easy to install, remove stickers, and install directly, saving time and effort
Supports one click Bluetooth for faster connection,
Can play any music you like



Bluetooth-Verbindung: Halten Sie die Taste "Ein/Aus" drei Sekunden lang gedrückt, um ein- oder auszuschalten, und klicken Sie dann nach dem Einschalten des Geräts auf die Ein-/Aus-Taste.

Wechseln Sie in den Bluetooth-Modus, dann aktivieren Sie Bluetooth auf Ihrem Telefon und Sie können es finden

Das Bluetooth des Boxrings. Wenn Sie den Bluetooth-Modus nicht wünschen, klicken Sie zum Umschalten auf

Volume adjustment: A total of 5 volume levels, click on the "vOLUME" button to adjust Volume level, if you feel the sound is loud, you can quickly click to switch Sound Size

Speed adjustment: Click on the "SPEED" button to adjust the speed for a total of 9 gear speeds
The higher the gear, the faster the corresponding hitting speed to exercise reaction ability

Méthode d'installation 1:

Poster magique



1. Collez la bande courte à l'arrière de la machine



2. Coller la longue bande au mur



3. Collez le dos à la bonne hauteur



4. Installation terminée

**Installation d'autocollants, installation d'autocollants magiques,
Installation facile, déchirer l'autocollant,
installation directe, gain de temps et d'effort
Support Bluetooth à une touche,
connexion plus rapide,
Peut jouer votre musique préférée
comme vous le souhaitez**



Connexion Bluetooth: cliquez sur la clé on après avoir appuyé longuement sur la touche On / off pendant 3 secondes

Devenez le mode Bluetooth, puis le téléphone Bluetooth est activé et vous pouvez le trouver Bluetooth pour "boxer disc", si vous ne voulez pas le mode Bluetooth, cliquez pour basculer

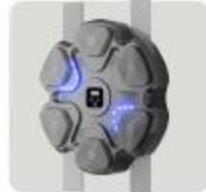
Réglage du volume: 5 tailles de volume au total, touche "volume" Cliquez pour régler La taille du volume, les mots qui se sentent forts peuvent être commutés par un clic rapide Taille du son

Réglage de la vitesse: cliquez sur la touche "speed" pour régler la vitesse, 9 vitesses au total Plus le rapport est élevé, plus la vitesse de frappe correspondante est rapide, exerce la réactivité

설치 방법 1:
마술 스티커



1. 쪽지를 기계
뒷면에 붙이기



3. 적당한 높이에
뒷면 붙여넣기

설치 방법 1:
마술 스티커

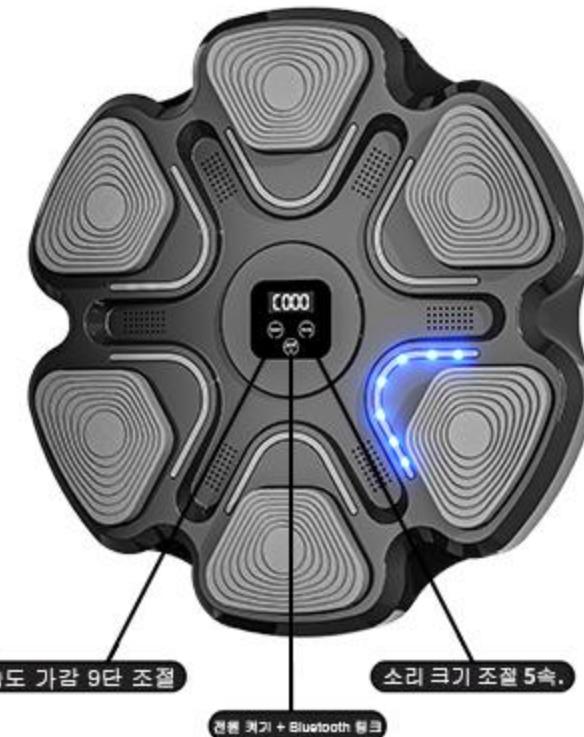


2. 벽에 긴 막대를
붙인다



4. 설치 완료

스티커 설치, 매직 스티커 설치,
간단한 설치, 스티커 찢기, 직접 설치, 시간 절약
클릭 한 번으로 Bluetooth를 지원하여 더욱
빠르게 연결할 수 있습니다.
원하는 음악을 마음대로 틀어도 돼요.



Bluetooth 연결: 3초 동안 스위치 "on/off" 키를 길게 눌러 전원을 켜 후 키보드 키를
블루투스 모드로 바꾸고 핸드폰 블루투스를 켜면 찾을 수 있다
"링 킁"의 Bluetooth, Bluetooth 모드를 원하지 않으면 전환 클릭

볼륨 조절: 총 5개의 볼륨 크기, "VOLUME" 키를 눌러 조절
볼륨 크기, 소리가 크다고 생각되면 빠르게 클릭하여 전환할 수 있습니다
소리 크기

속도 조절: SPEED 키를 클릭하여 총 9가지의 기어 속도 조절
기어가 높을수록, 대응하는 타격 속도가 빠르고, 반응 능력을 단련해야 한다.

インストール方法1:
マジックシール



1. 短冊を機械の
背面に貼り付ける



3. 背面を適切な高
さに貼り付ける



インストール方法1:
マジックシール



2. 壁に短冊を貼る



4. 設置完了

シール取り付け、マジックシール取り付け、
取り付けが簡単で、シールを引き裂いて、
直接取り付けて、
時間と労力を省くことができます
ワンタッチBluetoothをサポートし、
接続がより迅速で、
好きな音楽を自由に再生することができます



Bluetooth接続：スイッチのオン/オフボタンを3秒間押し続けて電源を入れたら、キーをクリックしてオンにします

Bluetoothモードになり、携帯電話のBluetoothをオンにすると、見つけることができます
「ポクシングディスク」のBluetooth。Bluetoothモードが必要でない場合は、「切り替え」
をクリックします

音量調節：合計5つの音量サイズ、「VOLUME」キークリック調節

音量の大きさ、音が大きいと感じたら素早くクリックして切り替えることができます
サウンドサイズ

速度調節：「SPEED」ボタンをクリックして速度を調節して、全部で9個のギア速度
ギアが高いほど、対応する打撃速度が速くなり、反応能力を競える

Método de instalación 1:
Pegatinas mágicas



1. pegue la tira corta en la parte posterior de la máquina



3. pegue la parte posterior a la altura adecuada

Método de instalación 2:
Pegatinas mágicas



2. pega tiras largas a la pared



4. se completa la instalación

Instalación de pegatinas, instalación
de pegatinas mágicas,
Instalación simple, rasgar la pegatina,
instalación directa, ahorro de tiempo y esfuerzo
Soporte bluetooth con un solo
clic, conexión más rápida,
Puede reproducir su música favorita a voluntad.



Conexión bluetooth: presione la tecla "on / off" durante 3 segundos y haga clic en la tecla encendido

Se convierte en modo bluetooth, y luego se abre el Bluetooth del teléfono móvil, se puede encontrar

Bluetooth del "disco de boxeo", si no desea el modo bluetooth, haga clic para cambiar

Volume adjustment: There are a total of 5 volume sizes, which can be adjusted by clicking the "VOLUME" button

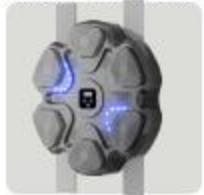
Volume level, if you feel the sound is loud, you can quickly click to switch Sound Size

Speed adjustment: Click the "SPEED" button to adjust the speed, for a total of 9 gear speeds. The higher the gear, the faster the corresponding hitting speed, which helps to improve reaction ability

wall sticker



1. Stick the short strip on the back of the machine



3. Affix the back to the appropriate positionHeight of

wall sticker



2. Stick the strip to the wall



4. installation is complete

Sticker installation,wall sticker installation
Easy to install,remove stickers,
and install directly,saving time and effort
Supports one click Bluetooth
for faster connection,
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Bluetooth connection: Press and hold the "on/off" button for 3 seconds to turn on or off, then click the power button after turning on the device

Switch to Bluetooth mode, then turn on Bluetooth on your phone and you can find it The Bluetooth of the boxing ring. If you don't want Bluetooth mode, click to switch

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**安装方法 1:
魔术贴**



1. 将短条贴在机器背面



3. 将背面粘贴在合适的高度

**安装方法 2:
魔术贴**



2. 将长条贴墙上



4. 安装完成

**贴纸安装、魔术贴安装、
安装简单，撕开贴纸，直接安装，省时省力
支持一键蓝牙，连接更快捷，
可以任意播放自己喜欢的音乐**



蓝牙连接: 长按3秒开关机“on/off”键开机后单击开关键变成蓝牙模式，然后手机蓝牙打开，就可以找到“拳击盘”的蓝牙，如果不想要蓝牙模式，单击切换

音量调节: 总共5个音量大小，“VOLUME”键单击调节音量大小，觉得声音大的话可以快速单击切换声音大小

速度调节: 单击“SPEED”键调节速度，总共9个档位速度档位越高，对应的击打速度要越快，锻炼反应能力

Warning:

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and**
- (2) this device must accept any interference received,**

including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

--Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver

--Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

--Consult the dealer or an experienced radio/TV technician for help

NOTE: This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter

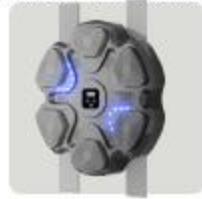
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.



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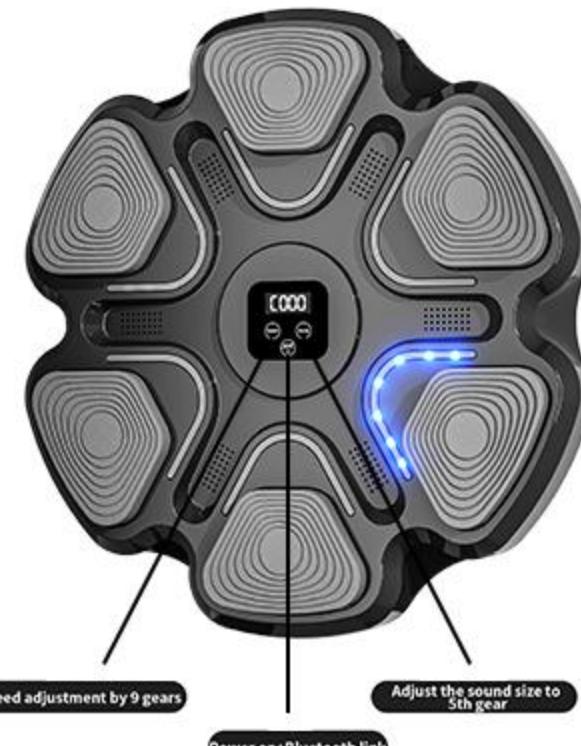


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