

WELCOME TO THE LAB

The Lab is where you'll find real people, developing really great products, in a real place called San Diego.

PERSONAL TECH DONE BETTER

Designed for You
We actually listen to what you want and we're always looking for ways to make everything easier and better for you.

Lab Quality Sound
Choose from preset settings and customize your sound style to match exactly what you're doing.

Surprisingly Awesome Value
We always think of the most functionality and fun into every product at a truly accessible price.

#yourkindoftech

WITH LOVE FROM THE LAB

We have lots of different ways to show we care.

GET STARTED + FREE GIFT

Product updates | How-to tips | FAQs & more

Go to [lab.com/setup](#) to unlock your customer benefits including a free gift. (US or US only. For APAC and other regions.)

WE GOT YOUR BACK

We're obsessed with creating the best possible experience around owning our products. If you have any questions, concerns, or feedback, we're here for you. Contact a real human on our US-based customer support team.

Website: [lab.com/contact](#)
Email: support@lab.com
Phone U.S.: +1 (609) 445-7219
Phone U.K./EU: +44 (0) 8142 9381 (Check hours [lab.com/hrs](#))
Visit [lab.com/returns](#) to initiate a return or exchange.

JLAB®

BUDDIES ANC 2in1

WIRELESS • WIRED

NOTE HEADPHONES

QUICK START GUIDE

LATEST AND GREATEST



157g 双铜板纸,表面过哑油, 正反印刷
Size:126(252)*156mm

BLUETOOTH

- Press and hold **Bluetooth** for 8 seconds. Lights will flash.
- Open your Bluetooth device settings and select a lab Buddy ANC.

CHARGING

Connect your Buddy ANC to a USB-C cable and plug it into a USB port or a wall charger.

SHARE MODE (Share between two Buddies ANC Stereo Headphones)

- Hold **Bluetooth** to share.
- Bluetooth** is powered on. Press **Share** and pairing is started.
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CONTROLS

VOLUME **TRACK**

PLAY/PAUSE **ANSWER/HANG UP** **REJECT** **POWER** **BLUETOOTH PAIRING** **SIRI/OK GOOGLE**

GO WIRED

Connect your Buddy ANC to a USB-C cable and plug it into a USB port or a wall charger.