Smart Watch
TWS Combo 2 in 1
User Manual

TWS Bluetooth headset
Power On/Off Button
Heart Rate Sensor
Charging Pin

Charging Diagram   Charging Interface

Quick-use Instructions

Note: When testing heart rate/blood pressure/blood oxygen, the heart rate sensor is required to be in full contact with the skin.

Charging & Activating

Charging watch is required before using the watch at the first time. Using the magnetic charging cable to contact the charging pin on the back of the watch, and connect with the charger or USB port.

Power On/Off Method

Power On: long pressing the Power On/Off button or charging to power on the watch.
Power Off: long pressing the Power On/Off button to power off the watch.

Watch App Downloading

Scan the QR code below to download and install the App.

- Open the mobile client to set personal information
- Switch to the "Device" page and click "Device Binding"
- Click on your device in the scanned device list
- Binding complete

In other options, you can determine your device by the MAC address in the options
After the watch bound successfully, the watch will be automatically connected with App as it runs, and the data can be synchronized by refreshing the app data page.

Watch Operating Guide

slide up   slide down
slide left   slide right

Sports
The watch is able to record and display your daily steps, calories burned and mileage information.
More detailed information analysis and data records can be viewed in the client.

Sleep
The watch is able to record and display the total length of your sleep last night and the length of deep sleep and light sleep.
More detailed information analysis and data records can be viewed in the client.

Heart Rate
Click the heart rate icon to measure the current heart rate.
More detailed information analysis and data records can be viewed in the client.

Exercise
Multiple sports modes are available, including: walking, running, cycling, basketball, football, badminton and rope skipping.
More detailed information analysis and data records can be viewed in the client.

Phone Calling
This interface can control the phone to make calls, View recent calls, etc.

Blood Oxygen
Click on the blood oxygen icon to measure the current blood oxygen value.
More detailed information analysis and data records can be viewed in the client.

Weather
The weather page displays current weather, air quality information, and tomorrow's conditions. The weather information needs to be connected to the client to obtain the data. If the connection is disconnected for a long time, the weather information will not be updated.

Message Notification
The watch is able to receive the notification push displayed on the mobile phone, and the push item switch can be set in the client.
The watch message page can store the latest message records.

Camera control
After connecting the phone, the watch can be used as a remote control for the phone camera. After opening the camera on the phone, click on the watch camera control page to trigger the phone camera shutter.
The delayed photo opportunity can be set to 6 seconds, 3 seconds, and 10 seconds

Alarm Clock
The smart alarm clock of the watch can be set in the client, and up to 3 alarm clocks can be set.
When setting the time, the watch will display the alarm icon and vibrate.

Other features
Other features of the watch include silent mode, brightness adjustment, factory reset, and shutdown operation.

Music Control
You can control phone play back/pause on the music control interface: Music, Previous/Next, Volume of Music+/-

Special Notes
Please ensure that the phone must be opened in the smartwatch according to the diagram
Audio can only be used for audio and call functions

TWS Status
You can see the headset state here，including three states: headset removal，charging and full power

Instructions for using the Bluetooth headset func

A：TWS pairing

1. Headset pairing. Take the headset out of the wristband host, there will be a power-on prompt, turn on Bluetooth in the phone settings, find the corresponding Bluetooth name "G-Pods" for Bluetooth connection, the TWS headset has been paired before the factory. Only the Bluetooth name "G-Pods" is displayed. If the phone is connected, it means that the product has been successfully connected.

2. The TWS headsets have been paired successfully at the factory. When the headsets are removed from the main unit of the bracelet, they will automatically turn on and automatically pair and connect.

3. If the headset is disconnected from the phone during use or the headset is not connected, the phone needs to be reconnected to Bluetooth. There is a previously connected Bluetooth mode in the Bluetooth under the phone settings, please clear it first, and then search for Bluetooth G-Pods to connect.

Attention: This app is not a medical device. Data obtained during the use of this app is for reference only, and should not be used for clinical diagnosis , medical research, diagnostic, or treatment purposes.

B: The middle surface of the headset is a touch surface, which is used to touch control the answer/hang up the phone, control the previous/next song, AI voice assistant.

Touch key
MIC silicon

C: Answer and hang up calls
When you call, remove the headset from the bracelet, and touch the left ear or right ear for two consecutive times. Answer the phone, then touch the phone two and hang up

D: Music operation
Double click to pause / play, triple Click to previous / next

E: AI voice assistant and call
When the headset is connected to Bluetooth, press and hold the touch button for knock-bar times to activate the siri of the iphone and the voice assistant of the Android phone. The voice assistant can be used to make calls, query the weather, navigate maps and other functions. Voice activation is only effective when the phone is in the standby interface or the main time interface.

Frequently Asked Questions and Answers

Q: Why is there a deviation between the blood pressure value and the sphygmomanometer?
A. The deviation of the measured values between the watch and the sphygmomanometer is determined by many factors. The measurement site of the sphygmomanometer is in the brachial artery, and the measurement site of the watch is in the two main branches of the arterioles. Under normal circumstances, the difference between the aortic blood pressure measurement value and the micro-arterial blood pressure measurement value will be three times to forty. When the watch and the sphygmomanometer are measured for the same time, because the blood flowing in the artery is in the centrifugal direction, the slope will cause the just below the middle of the elbow to be compressed when the sphygmomanometer measures, causing the blood to temporarily fail to flow smoothly to the branch of the artery below. At the same time, the vascular tension will increase, so that the deviation of the upper and lower blood pressure measurements will be greater.

Q: Why can't the watch be worn while taking a hot bath?
A. The temperature of the bath water is relatively high, which will generate a lot of water vapor. Since water vapor is in the gas phase, its molecular radius is small, and it is easy to penetrate into the gap of the watch case. When the temperature drops, it will re-condense into water droplets in the liquid phase, causing a short circuit in the watch's internal circuit, damaging the watch's circuit board, and then damaging the watch.

Q: Why can't the watch receive message push?
A. Android phone settings:
1. Confirm that the message push switch is turned on in the mobile client;
2. Confirm that the message can be displayed normally in the mobile phone notification bar, the watch message push is pushed by reading the mobile phone notification bar message; if there is no message in the mobile phone notification bar, the watch will not be able to receive the push; it is required to find the notification settings in the phone settings, turn on the notification switch of WeChat, QQ, phone, SMS, mobile client)
3. Open the accessibility settings of the bracelet client (it is required to find the auxiliary function in the phone settings, open the auxiliary function settings of the bracelet client)
A. Apple phone settings:
1. Confirm that the message push switch is turned on in the mobile client;
2. Confirm that the message can be displayed normally in the notification bar of the mobile phone (it is required to find the notification setting in the mobile phone settings, turn on the notification switch of WeChat, QQ, phone, SMS, mobile client)

Q: Why is the earphone not sensitive to touch when slightly put in
A. The headset is touched, and sometimes it wears ears, which makes the touch insensitive. Just turn the headset in its direction.

How to connect to a smartwatch and use call answering and dialing functions

Step 1: Download the DAFIT App (scan the QR code in the user manual or search for "DAFIT" in the App Store)

Step 2: Turn on Phone's Bluetooth on Setting

Step 3: Open the DAFIT, click "Add Peripheral Now"

GT95

Step 4: Search the "GT95" device, tap to bind. (Please fully charged it when the first time to use.)

Step 5: After the mobile phone is successfully connected, please click to allow "Pair" and "Allow" notification.

Step 6: Swipe down the watch homepage,tap and turn on the "Call" function.

Step 3: You can now use your watch to receive and make calls.

*Note：Please do not connect the watch to the phone's Bluetooth directly，otherwise some functions may not be available.

English